

Dover CONNECTIONS JANUARY 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			7:00 Activities of Daily Living 1 8:00 Breakfast 9:00 Morning Gathering 9:30 Walk and Talk 10:00 Morning Exercise 11:00 Your Pace or Mine 11:30 Lunch 1:00 This or That 1:30 Creation Club 2:30 Bingo with Lorenzo 3:30 Music Club 6:00 Bingo! 7:00 Movie Night (Romance)	7:00 Activities of Daily Living 2 8:00 Breakfast 9:00 Dover News 9:30 Daily Chronicle 10:00 Devotions with Pastor 11:00 Neighbor Visits 11:30 Lunch 1:00 Happy Hour with Donna 2:30 Crafts Mania 3:30 Goody Cart 5:30 Adventures with Lorenzo 6:30 The Price is Right 7:00 Animal Kingdom with Lorenzo	7:00 Activities of Daily Living 3 8:00 Breakfast 9:00 Morning Inspiration 9:30 Beauty Club 10:15 Tea Time 11:00 This or That 11:30 Lunch 1:00 Jewelry Club 2:30 Bingo 3:30 What's Up Today? 5:30 Musical Entertainment by Holly 6:30 Brain Games 7:00 Feed Our Fish!	7:00 Activities of Daily Living 4 8:00 Breakfast 9:00 Walk and Talk 9:30 Meditation Club 10:00 Helping Hands 11:00 Walk & Make Music 11:30 Lunch 12:45 Musical Entertainment with Mick 2:00 I Hear Memories 3:00 Bingo! 5:00 Evening Gathering 6:00 Game Shows! 7:00 Memory Lane in History
			New Year's Day			
7:00 Activities of Daily Living 5 8:00 Breakfast 9:00 Walk and Talk 9:30 Morning Stretches 10:15 Fitness with Lorenzo 11:00 Helping Hands 11:30 Lunch 1:00 Afternoon Workout 2:30 Juke Box Social/Fruit Tray 3:00 Church Service 5:30 Evening Movie (TCM) 6:30 Evening Gathering 7:00 Evening Music	7:00 Activities of Daily Living 6 8:00 Breakfast 9:00 Morning Inspiration 9:30 Dover News 10:15 Helping Hands 11:00 Daily Chronicle 11:30 Lunch 1:00 Fitness with Friends 2:30 Fruit Tray Social 3:00 Musical Entertainment by the Sunshine Ladies 5:30 Musical Entertainment by Leo 6:30 Walk and Talk 7:00 Evening Movie	7:00 Activities of Daily Living 7 8:00 Breakfast 9:00 Morning Gathering 9:30 Inspirational Group 10:00 Devotions w/ Pastor 11:00 Walk and Talk 11:30 Lunch 1:00 Sing Along w/ Sue 2:30 Crafts Mania 3:15 Creatures Great and Small 5:30 Bingo! 6:30 Brain Games 7:00 Evening Gathering	7:00 Activities of Daily Living 8 8:00 Breakfast 9:00 Morning Gathering 9:30 Walk and Talk 10:00 Morning Exercise 11:00 Your Pace or Mine 11:30 Lunch 1:00 Afternoon Social 1:30 Crafts Mania (Framed Words) 2:30 Baking Club (Banana Pudding) 3:30 Trivia 6:00 Bingo! 7:00 Movie Night (Classic)	7:00 Activities of Daily Living 9 8:00 Breakfast 9:00 Your Pace or Mine 9:30 Helping Hands 10:00 Devotions w/ Pastor 11:00 Neighbor Visit 11:30 Lunch 1:00 Happy Hour w/ Bruce 1:30 Yoga by Ally 3:00 Bible Study with Pastor 5:30 The Price is Right 6:30 Feed Our Fish! 7:00 Evening Movie (Suspense)	7:00 Activities of Daily Living 10 8:00 Breakfast 9:00 Dover News 9:30 Daily Chronicle 10:15 Men's Social 11:00 Walk and Talk 11:30 Lunch 1:00 Color Me Calm 2:30 Bingo 3:30 What's Up Today? 5:30 Animal Kingdom with Lorenzo 6:30 Brain Games 7:00 Popcorn Social	7:00 Activities of Daily Living 11 8:00 Breakfast 9:00 Your Pace or Mine? 9:30 Chair Yoga 10:00 Beauty Club 11:00 Walk with Maracas 11:30 Lunch 1:00 Motor Skills Club (Matching) 2:00 Cheese & Fruit Tray Social 3:00 Musical Entertainment by Bruce 5:00 Evening Gathering 6:00 Our Planet 7:00 Goody Social

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00 Activities of Daily Living 12 8:00 Breakfast 9:00 Morning Stretches 9:30 Dover News 10:15 Aromatherapy & Meditation 11:00 Daily Chronicle 11:30 Lunch 1:00 Musical Entertainment with Bryan 2:00 Donut Social 3:00 Church Service 5:30 Evening Gathering w/Music 6:30 Bill Nye The Science Guy 7:00 Movie Night: Comedy	7:00 Activities of Daily Living 13 8:00 Breakfast 9:00 Morning Social 9:30 Daily Chronicle 10:15 Helping Hands 11:00 Dover News 11:30 Lunch 1:00 Fitness with Friends 2:30 Sports Madness 3:00 Musical Entertainment by the Sonshine Ladies 5:30 Entertainment w/ Leo 6:30 Walk and Talk 7:00 Evening Social	7:00 Activities of Daily Living 14 8:00 Breakfast 9:00 Morning Inspiration 9:30 Inspirational Group 10:00 Devotions with Pastor 11:00 Your Pace or Mine? 11:30 Lunch 1:00 Sing Along with Sue 2:30 Cooking Club: Spanish Rice 3:30 Health & Wellness with Lorenzo 5:30 Gardening Club 6:30 Color Me Calm 7:00 Popcorn Social	7:00 Activities of Daily Living 15 8:00 Breakfast 9:00 Morning Gathering 9:30 Walk and Talk 10:00 Morning Exercise 11:00 Your Pace or Mine 11:30 Lunch 1:00 Trivia 1:30 Crafts Mania: Framed Words 2:30 Cooking Club: Spaghetti-wich 3:30 Trivia 6:00 Bingo! 7:00 Movie Night: Drama	7:00 Activities of Daily Living 16 8:00 Breakfast 9:00 Dover News 9:30 Morning Inspiration 10:00 Devotions with Pastor 11:00 Neighbor Visit 11:30 Lunch 1:00 Happy Hour with Donna 2:30 Juke Box Social 3:00 Bible Study with Pastor 5:30 Musical Entertainment by Danny 6:30 Adventures with Lorenzo 7:00 Goody Cart	7:00 Activities of Daily Living 17 8:00 Breakfast 9:00 Morning Inspiration 9:30 Morning Movie 10:15 Goody Cart 11:00 Dover News 11:30 Lunch 1:00 The Price is Right 2:30 Bingo 3:30 What's Up Today? 5:30 Musical Entertainment by Holly 6:30 Popcorn Social 7:00 Curly Sue Marathon	7:00 Activities of Daily Living 18 8:00 Breakfast 9:00 Morning News 9:30 Daily Chronicle Social 10:00 Beauty Club 11:00 Daily Chronicle 11:30 Lunch 1:00 Men's Social 2:00 Jewelry Club 3:00 Musical Entertainment by Tom & Randi 5:00 Evening Social 6:00 Evening Movie (Comedy) 7:00 Walk and Talk
7:00 Activities of Daily Living 19 8:00 Breakfast 9:00 Morning Gathering 9:30 Dover News 10:15 Service by Nicholas James 11:00 Daily Chronicle 11:30 Lunch 1:00 Brain Games with Lorenzo 2:30 Book Club with Lorenzo 3:00 Church Service 5:30 Evening Gathering 6:30 Popcorn Social 7:00 Movie Night: Romance	7:00 Activities of Daily Living 20 8:00 Breakfast 9:00 Morning Stretches 9:30 Morning Inspiration 10:15 Morning Workout 11:00 Daily Chronicle 11:30 Lunch 1:00 Fitness w/ Friends 2:30 Food Network 3:00 Musical Entertainment by the Sonshine Ladies 5:30 Musical Entertainment by Leo 6:30 Your Pace or Mine 7:00 Evening Gathering	7:00 Activities of Daily Living 21 8:00 Breakfast 9:00 Morning Gathering 9:30 Inspirational Group 10:00 Devotions w/ Pastor 11:00 Walk and Talk 11:30 Lunch 1:00 Sing Along w/ Sue 2:30 Baking Club (Sweet Apple Rolls) 3:30 Ted Talk/ Words of Wisdom 5:30 Juke Box Social 6:30 Fitness Club 7:00 Goody Cart	7:00 Activities of Daily Living 22 8:00 Breakfast 9:00 Morning Gathering 9:30 Walk and Talk 10:00 Morning Exercise 11:00 Your Pace or Mine 11:30 Lunch 1:00 Afternoon Social 1:30 Crafts Mania: Star Ornament 2:30 Cooking Club: Pizza 3:30 Gardening Club 6:00 Magazine Social 7:00 Popcorn Anyone?	7:00 Activities of Daily Living 23 8:00 Breakfast 9:00 Daily Chronicle 9:30 Dover News 10:00 Devotions with Pastor 11:00 Neighbor Visit 11:30 Lunch 1:00 Happy Hour with Bruce 2:30 Foods Around the World 3:00 Yoga by Ally 5:30 Karaoke Night 6:30 Goody Cart 7:00 Evening Stretches	7:00 Activities of Daily Living 24 8:00 Breakfast 9:00 Dover News 9:30 Men's Social 10:15 Helping Hands 11:00 Daily Chronicle 11:30 Lunch 1:00 Bingo 2:30 Brain Games with Lorenzo 3:30 What's Up Today? 5:30 Musical Entertainment by Holly 6:30 Evening Stretches 7:00 Goody Cart	7:00 Activities of Daily Living 25 8:00 Breakfast 9:00 Morning Gathering 9:30 Walk and Talk 10:00 Helping Hands 11:00 Daily Chronicle 11:30 Lunch 1:00 Music Club 2:00 Games Mania with Lorenzo 3:00 Paint Like Picasso 5:00 Evening Gathering 6:00 Sugar Rush! 7:00 Goody Cart
7:00 Activities of Daily Living 26 8:00 Breakfast 9:00 Walk and Talk 9:30 Chair Yoga 10:15 Aromatherapy/Meditation 11:00 Daily Chronicle 11:30 Lunch 1:00 Art Time with Bob Ross 2:30 Reminisce with Lorenzo 3:00 Church Service 5:30 Bill Nye The Science Guy 6:30 Trivia 7:00 Movie Night: Comedy	7:00 Activities of Daily Living 27 8:00 Breakfast 9:00 Dover News 9:30 Walk and Talk 10:15 Helping Hands 11:00 Goody Cart 11:30 Lunch 1:00 Ted Talk/Words of Wisdom 2:30 Earth (Netflix Original) 3:00 Musical Entertainment by the Sonshine Ladies 5:30 Musical Entertainment by Leo 6:30 Brain Games 7:00 Walk and Talk	7:00 Activities of Daily Living 28 8:00 Breakfast 9:00 Morning Gathering 9:30 Inspirational Group 10:00 Devotions w/ Pastor 11:00 Daily Chronicle 11:30 Lunch 1:00 Sing Along w/ Sue 2:30 Cooking Club (Grilled PBJ) 3:30 Health and Wellness 5:30 Bingo w/ Lorenzo 6:30 Goody Cart 7:00 Evening Gathering	7:00 Activities of Daily Living 29 8:00 Breakfast 9:00 Morning Gathering 9:30 Walk and Talk 10:00 Morning Exercise 11:00 Your Pace or Mine 11:30 Lunch 1:00 Poetry Club 1:30 Jewelry Club 2:30 Games Mania with Lorenzo 3:30 Goody Cart 6:00 Evening Workout 7:00 Evening Music	7:00 Activities of Daily Living 30 8:00 Breakfast 9:00 Daily Chronicle 9:30 Morning Inspiration 10:00 Devotions with Pastor 11:00 Neighbor Visit 11:30 Lunch 1:00 Happy Hour with Donna 2:30 Juke Box Social 3:00 Bible Study with Pastor 5:30 Gardening Club 6:30 Jukebox Social 7:00 Evening Gathering	7:00 Activities of Daily Living 31 8:00 Breakfast 9:00 Walk and Talk 9:30 Morning Stretches 10:15 Helping Hands 11:00 Your Pace or Mine 11:30 Lunch 1:00 Juke Box Social 2:30 Bingo 3:30 What's Up Today? 5:30 Musical Entertainment by Holly 6:30 Bill Nye The Science Guy 7:00 Evening Social	

EVENTS AND PROGRAMMING ARE SUBJECT TO CHANGE.