

# Collegeville CONNECTIONS FEBRUARY 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<p>7:00 Activities of Daily Living            8:00 Breakfast            9:00 Stretch &amp; Tone Exercise            10:00 Matching Game            10:45 Hydration            11:00 Today in History            12:00 Lunch            1:00 Word Searches            2:30 Creation Craft            3:30 Corn Hole            5:00 Dinner            6:00 I Love Lucy Show            7:00 Evening Wind Down</p>
<p>7:00 Activities of Daily Living            8:00 Breakfast            9:00 Sunday Hymns            10:00 Bible Trivia            10:45 Hydration            11:00 Chair Exercises            12:00 Lunch            1:00 Matching Games            2:30 Super Ice Cream Social            3:30 Tic-Tac-Toe            5:00 Dinner            6:00 Super Bowl Party            7:00 Evening Wind Down</p>	<p>7:00 Activities of Daily Living            8:00 Breakfast            9:00 Ball Toss Exercise &amp; Stretch            10:00 Brain Aerobics / Trivia            10:45 Hydration            11:00 Travel to Switzerland            12:00 Lunch            1:00 Memories in the Making            2:30 Bingo            3:30 Walking Club /Happy Hour            5:00 Dinner            6:00 Gun Smoke            7:00 Evening Wind Down</p>	<p>7:00 Activities of Daily Living            8:00 Breakfast            9:00 Exercise with Suzie Q            10:00 Happy Neuron Brain Teasers            10:45 Hydration            11:00 Ring Toss            12:00 Lunch            1:00 Word Searches            2:30 Dunkin Donuts Ride            3:30 Price is Right            5:00 Dinner            6:00 Classic TV Shows            7:00 Evening Wind Down</p>	<p>7:00 Activities of Daily Living            8:00 Breakfast            9:00 Stretch &amp; Tone            10:00 Word Games            10:45 Hydration            11:00 Dipping Chocolate Pretzels            12:00 Lunch            1:00 Team Trivia            2:30 Ring Toss            3:30 Walking Club/ Happy Hour            5:00 Dinner            6:00 Finish the Lyrics            7:00 Evening Wind Down</p>	<p>7:00 Activities of Daily living            8:00 Breakfast            9:00 Stretch Bands            10:00 Brain Fitness            10:45 Hydration            11:00 Ladder Ball            12:00 Lunch            1:00 Flower Arranging            2:30 Travel to Europe            3:30 Stencils            5:00 Dinner            6:00 Game Night            7:00 Evening Wind Down</p>	<p>7:00 Activities of Daily Living            8:00 Breakfast            9:00 Chair Aerobics            10:00 Name That Sound            10:45 Hydration            11:00 Men's Club            12:00 Lunch            1:00 Bingo            2:30 How Much Does it Cost            3:30 Walking Club/ Happy Hour            5:00 Dinner            6:00 Brain Fitness Teasers            7:00 Evening Wind Down</p>	<p>7:00 Activities of Daily Living            8:00 Breakfast            9:00 Exercise with Suzie Q            10:00 Word Searches            10:45 Hydration            11:00 World Travel : Google Earth            12:00 Lunch            1:00 Card Games            2:30 Hot Chocolate Social            3:30 Common Sayings            5:00 Dinner            6:00 Saturday Night Movie            7:00 Evening Wind Down</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Sacred Hymns 10:00 Chair Exercises 10:45 Hydration 11:00 News of The Day 12:00 Lunch 1:00 Music with Mary Sue Video 2:30 Travel to USA National Parks 3:30 Matching Games 5:00 Dinner 6:00 Evening Good News 7:00 Evening Wind Down</p>	<p>10</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Ball Toss / Body Stretches 10:00 Bubble Popper 10:45 Hydration 11:00 Time Slips &amp; Discussion 12:00 Lunch 1:00 Sing Along with Susie Q 2:30 Animal Kingdom 3:30 Walking Club/ Happy Hour 5:00 Dinner 6:00 Game Shows 7:00 Evening Wind Down</p>	<p>11</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Stretch &amp; Bend Exercises 10:00 Ladder Ball 10:45 Hydration 11:00 Name 5 of.... 12:00 Lunch 1:00 Millionaire Game 2:30 Painting 3:30 Bob Ross Painting 5:00 Dinner 6:00 Karaoke Time 7:00 Evening Wind Down</p>	<p>12</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Chair Exercises 10:00 Valentine Cup Cakes 10:45 Hydration 11:00 St. Eleanor's / Word Searches 12:00 Lunch 1:00 Price is Right 2:30 Ring Toss 3:30 Walking Club/ Happy Hour 5:00 Dinner 6:00 Famous Commercials 7:00 Evening Wind Down</p>	<p>13</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Stretch Bands &amp; Weights 10:00 Men's Club 10:45 Hydration 11:00 Valentine Craft 12:00 Lunch 1:00 Family Feud 2:30 Animal Kingdom 3:30 Ice Cream Sunday's 5:00 Dinner 6:00 Carol Burnett Show 7:00 Evening Wind Down</p>	<p>14</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Exercises/ Walking Club 10:00 Valentines Day Trivia 10:45 Hydration 11:00 Manicures 12:00 Lunch 1:00 Bingo 2:30 Game Shows 3:30 Walking Club/ Happy Hour 5:00 Dinner 6:00 Roy Rodgers Show 7:00 Evening Wind Down</p>	<p>15</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Exercise with Suzie 10:00 Saturday Trivia 10:45 Hydration 11:00 Word searches 12:00 Lunch 1:00 Travel Video 2:30 Puzzle Time 3:30 Hot Chocolate Social 5:00 Dinner 6:00 Shirley Temple 7:00 Evening Wind Down</p>
<p>16</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Sacred Hymns/ Bible Stories 10:00 Stretch It Out 10:45 Hydration 11:00 Neighborhood Walks 12:00 Lunch 1:00 Music Memories 2:30 Happy Neuron 3:30 Travel Through Google Earth 5:00 Dinner 6:00 Sunday Movie Choice 7:00 Evening Wind Down</p>	<p>17</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Chair Exercise / Stretching 10:00 Brain Teasers 10:45 Hydration 11:00 Short Stories 12:00 Lunch 1:00 Music Memories 2:30 Matching Game 3:30 Walking Club / Happy Hour 5:00 Dinner 6:00 The Price is Right 7:00 Evening Wind Down</p>	<p>18</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Ball Toss / Leg Lifts 10:00 Paint- IN2L 10:45 Hydration 11:00 Jingo 12:00 Lunch 1:00 Country Ride 2:30 Animal Video 3:30 Balloon Toss 5:00 Dinner 6:00 Name That Tune 7:00 Evening Wind Down</p>	<p>19</p> <p>7:00 Activities of daily Living 8:00 Breakfast 9:00 Suzie Q Exercises 10:00 Baking Chocolate Chip Cookies 10:45 Hydration 11:00 St. Eleanor's / Word Searches 12:00 Lunch 1:00 Ladder Ball 2:30 Name 5 of..... 3:30 Walking Club / Happy Hour 5:00 Dinner 6:00 Karaoke Sing Along 7:00 Evening Wind Down</p>	<p>20</p> <p>7:00 Activities of Daily living 8:00 Breakfast 9:00 Weights &amp; Bend 10:00 Men's Club 10:45 Hydration 11:00 State Trivia 12:00 Community School of Music 1:00 Movie Time 2:30 Hot Chocolate Social 3:30 Sensory Scenes 5:00 Dinner 6:00 Bob Ross Painting Show 7:00 Evening Wind Down</p>	<p>21</p> <p>7:00 Activities of daily Living 8:00 Breakfast 9:00 Stretch it Out 10:00 Ball Toss / leg Lifts 10:45 Hydration 11:00 Manicures 12:00 Lunch 1:00 Bingo 2:30 Today in History 3:30 Walking Club / Happy Hour 5:00 Dinner 6:00 Evening Good News 7:00 Evening Wind Down</p>	<p>22</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Exercise with Suzie 10:00 Saturday Word Searches 10:45 Hydration 11:00 Crafty Corner 12:00 Lunch 1:00 Game Time 2:30 Water Colors 3:30 What Did it Cost 5:00 Dinner 6:00 Classic TV Shows 7:00 Evening Wind Down</p>
<p>23</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Sacred Hymns 10:00 Chair Exercises 10:45 Hydration 11:00 News of the Day 12:00 Lunch 1:00 Music with Mary Sue Video 2:30 Travel Around the World 3:30 Card Games 5:00 Dinner 6:00 Evening Good News 7:00 Evening Wind Down</p>	<p>24</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Stretch Bands &amp; Weights 10:00 Fun Facts 10:45 Hydration 11:00 Ladder Ball 12:00 Lunch 1:00 Reminisce &amp; Visual Cues 2:30 Animal Kingdom 3:30 Music Entertainment 5:00 Dinner 6:00 Games 7:00 Evening Wind Down</p>	<p>25</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Ball Toss / Leg Lifts 10:00 Brain Teasers 10:45 Hydration 11:00 Bob Ross Painting 12:00 Lunch 1:00 Movie Time Theater 2:30 Corn Hole 3:30 Game Shows 5:00 Dinner 6:00 How Much Does it Costs 7:00 Evening Wind Down</p>	<p>26</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Chair Exercises 10:00 Corking / Easy Chicken Dip 10:45 Hydration 11:00 St. Eleanor's / Puzzles 12:00 Lunch 1:00 Seasonal Trivia 2:30 Puzzles / Word Searches 3:30 Walking Club / Happy Hour 5:00 Dinner 6:00 Carol Burnett Show 7:00 Evening Wind Down</p>	<p>27</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Stretch Bands 10:00 Men's Club 10:45 Hydration 11:00 Animal Kingdom 12:00 Lunch 1:00 Holiday Trivia 2:30 Balloon Toss 3:30 Name 5 of .....</p>	<p>28</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Exercises with Suzie Q 10:00 Winter Trivia 10:45 Hydration 11:00 Manicures 12:00 Lunch 1:00 Bingo 2:30 Ice Cream Social 3:30 Matching Game 5:00 Lunch 6:00 Friday Night at The Movies 7:00 Evening Wind Down</p>	<p>29</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Sit and Stand Exercises 10:00 Saturday Game Shows 10:45 Hydration 11:00 Stencils &amp; Pencils 12:00 Lunch 1:00 Matching Game 2:30 Neighborhood Walks 3:30 Ice Tea Social &amp; Pretzels 5:00 Dinner 6:00 Karaoke Sing Along 7:00 Evening Wind Down</p>