



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
7:00 Activities of Daily Living 8:00 Breakfast 9:00 Sacred Hymns 10:00 Yoga & Meditation 10:45 Hydration 11:00 Today in History 12:00 Lunch 1:00 Corn Hole 2:30 Hot Chocolate Social 3:30 Picture Trivia 5:00 Dinner 6:00 News & Discussion 7:00 Evening Wind Down	7:00 Activities of Daily Living 8:00 Breakfast 9:00 Morning Stretch 10:00 March Fun Facts 10:45 Hydration 11:00 Time Slips & Discussion 12:00 Lunch 1:00 Bingo 2:30 Animal Kingdom 3:30 Walking Club 5:00 Dinner 6:00 I love Lucy Show 7:00 Evening Wind Down	7:00 Activities of Daily Living 8:00 Breakfast 9:00 Stretch Bands & Weights 10:00 Brain Teasers 10:45 Hydration 11:00 Ring Toss 12:00 Lunch 1:00 Country Ride 2:30 Slide Shows 3:30 Music Memories 5:00 Dinner 6:00 News & You 7:00 Evening Wind Down	7:00 Activities of Daily Living 8:00 Breakfast 9:00 Exercise with Suzie Q 10:00 St. Eleanor Communion 10:45 Hydration 11:00 Cooking Class 12:00 Lunch 1:00 Jingo 2:30 March Trivia 3:30 Ice Cream Social 5:00 Dinner 6:00 Bonanza 7:00 Evening Wind Down	7:00 Activities of Daily Living 8:00 Breakfast 9:00 Chair Exercises 10:00 On This Day 10:45 Hydration 11:00 Nail Salon 12:00 Lunch 1:00 Corn Hole 2:30 Who Wants to be a Millionaire 3:30 Fresh Flower Arranging 5:00 Dinner 6:00 The Price is Right 7:00 Evening Wind Down	7:00 Activities of Daily Living 8:00 Breakfast 9:00 Ball Toss & Stretches 10:00 Sing-Along with Susie Q 10:45 Hydration 11:00 Mind Teasers 12:00 Lunch 1:00 Bingo 2:30 Color Therapy 3:30 Music & Happy Hour 5:00 Dinner 6:00 Game Shows 7:00 Evening Wind Down	7:00 Activities of Daily Living 8:00 Breakfast 9:00 Swing Twist & Bend 10:00 Saturday Trivia 10:45 Hydration 11:00 Saturday Trivia 12:00 Lunch 1:00 The Price is Right 2:30 Word Searches 3:30 Balloon Toss 5:00 Dinner 6:00 Name That Tune 7:00 Evening Wind Down
8	9	10	11	12	13	14
7:00 Activities of Daily Living 8:00 Breakfast 9:00 Day Light Savings Time 10:00 Yoga & Meditation 10:45 Hydration 11:00 Ladder Ball 12:00 Lunch 1:00 International Women's Day 2:30 Color Therapy 3:30 Sing- Along with Susie Q 5:00 Dinner 6:00 Game Shows 7:00 Evening Wind Down	7:00 Activities of Daily Living 8:00 Breakfast 9:00 Reach & Stretch 10:00 Power of The Mind 10:45 Hydration 11:00 Ladder Ball 12:00 Lunch 1:00 Price is Right 2:30 Tea Social & Jingo 3:30 Walking Club 5:00 Dinner 6:00 Bob Ross Show 7:00 Evening Wind Down	7:00 Activities of Daily Living 8:00 Breakfast 9:00 Chair Aerobics 10:00 Team Trivia 10:45 Hydration 11:00 Disc Throw 12:00 Lunch 1:00 Dairy Queen 2:30 Google Earth 3:30 Cross Word Puzzles 5:00 Dinner 6:00 News Events 7:00 Evening Wind Down	7:00 Activities of Daily Living 8:00 Breakfast 9:00 Ball Toss & Exercise 10:00 St. Eleanor Communion 10:45 Hydration 11:00 Baking Class 12:00 Lunch 1:00 Jingo 2:30 Name 5 of... 3:30 Hot Chocolate Social 5:00 Dinner 6:00 Brain Teasers 7:00 Evening Wind Down	7:00 Activities of Daily Living 8:00 Breakfast 9:00 Stretch to The Stars 10:00 Good News of The Day 10:45 Hydration 11:00 Nail Salon 12:00 Lunch 1:00 Name 5 Of..... 2:30 Fresh Flower Arranging 3:30 Ball Toss & Soccer 5:00 Dinner 6:00 Carol Burnett Show 7:00 Evening Wind Down	7:00 Activities of Daily Living 8:00 Breakfast 9:00 Balance & Tone 10:00 Travel To Europe 10:45 Hydration 11:00 State Trivia 12:00 Lunch 1:00 Bingo 2:30 Canvas Painting 3:30 Music & Happy Hour 5:00 Dinner 6:00 Name That Tune 7:00 Evening Wind Down	7:00 Activities of Daily Living 8:00 Breakfast 9:00 Weights & Stretch Bands 10:00 Saturday Fun Trivia 10:45 Hydration 11:00 Today in History 12:00 Lunch 1:00 Creations 2:30 Ice Cream Social 3:30 Travel to USA 5:00 Dinner 6:00 Lawrence Welk Show 7:00 Evening Wind Down

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>15</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Sacred Music & Sermons 10:00 Stretch it Out 10:45 Hydration 11:00 Travel to a Beach IN2I 12:00 Lunch 1:00 Brain Trivia 2:30 Corn Hole 3:30 Hot Chocolate and Puzzles 5:00 Dinner 6:00 Common Sayings 7:00 Evening Wind Down</p>	<p>16</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Balance & Tone 10:00 Healthy Brain Teasers 10:45 Hydration 11:00 Karaoke 12:00 Lunch 1:00 Slide Shows 2:30 Make Your Own Sundae 3:30 Walking Club 5:00 Dinner 6:00 Wellness Sensory IN2I 7:00 Evening Wind Down</p>	<p>17</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Irish Music Exercise Class 10:00 St. Patrick's Fun Facts 10:45 Hydration 11:00 Word Searches 12:00 Lunch 1:00 St. Patrick's Bus Ride 2:30 Animal Slide Show 3:30 Balloon Toss 5:00 Dinner 6:00 Dick Van Dyke 7:00 Evening Wind Down</p>	<p>18</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Bend & Stretch 10:00 St. Eleanor Communion 10:45 Hydration 11:00 Apple Pie Baking 12:00 Lunch 1:00 Bowling 2:30 Root Beer Social 3:30 How Much Does It Costs 5:00 Dinner 6:00 Game Shows 7:00 Evening Wind Down</p>	<p>19</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Stretch your Legs 10:00 Dear Abby 10:45 Hydration 11:00 Nail Care 12:00 Lunch 1:00 Community School of Music 2:30 Fresh Flower Arranging 3:30 Name 5 of.... 5:00 Dinner 6:00 I love Lucy Show 7:00 Evening Wind Down</p>	<p>20</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Swing To Music 10:00 Trivia of the Day 10:45 Hydration 11:00 Word Searches 12:00 Lunch 1:00 Bingo 2:30 Travel Around The World 3:30 Music & Happy Hour 5:00 Dinner 6:00 Evening News 7:00 Evening Wind Down</p>	<p>21</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Chair Exercises & Weights 10:00 Saturday Trivia 10:45 Hydration 11:00 Color Creations 12:00 Lunch 1:00 Bob Ross Painting 2:30 Price is Right 3:30 Name That Tune 5:00 Dinner 6:00 Lawrence Welk Show 7:00 Evening Wind Down</p>
<p>22</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Sacred Music & Sermons 10:00 Exercise Video & Flex 10:45 Hydration 11:00 News of the Day 12:00 Lunch 1:00 Corn Hole 2:30 Creation Craft 3:30 Movie Matinee 5:00 Dinner 6:00 Game Shows 7:00 Evening Wind Down</p>	<p>23</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Chair Exercises & Ball Toss 10:00 Brain Fitness 10:45 Hydration 11:00 Puzzles 12:00 Lunch 1:00 TV Games 2:30 Travel to Europe 3:30 Court Yard Walking Club 5:00 Dinner 6:00 Nature Video 7:00 Evening Wind Down</p>	<p>24</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Exercise with Suzie Q 10:00 Sports Trivia 10:45 Hydration 11:00 Sing A Long 12:00 Lunch 1:00 Bus Trip to Dunkin Donuts 2:30 Travel to New York 3:30 Name That Tune 5:00 Dinner 6:00 Classic Movie Time 7:00 Evening Wind Down</p>	<p>25</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Music & Stretch Bands 10:00 St. Eleanor Communion 10:45 Hydration 11:00 Jingo 12:00 Lunch 1:00 Let's Go Golfing 2:30 Ice Cream Social 3:30 Ring Toss 5:00 Dinner 6:00 News of the Day 7:00 Evening Wind Down</p>	<p>26</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Stretch & Bend 10:00 Today in Time 10:45 Hydration 11:00 Nail Care 12:00 Lunch 1:00 Puzzles IN2L 2:30 Fresh Flower Arranging 3:30 Popcorn Social 5:00 Dinner 6:00 Gardening Slide Shows 7:00 Evening Wind Down</p>	<p>27</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Suzie Q Exercise Video 10:00 Nature Sensory 10:45 Hydration 11:00 Finish the Phrase 12:00 Lunch 1:00 Bingo 2:30 Music & Memories 3:30 Music & Happy Hour 5:00 Dinner 6:00 Dick Van Dyke 7:00 Evening Wind Down</p>	<p>28</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Chair Exercises 10:00 Happy Neuron 10:45 Hydration 11:00 Color Creations 12:00 Lunch 1:00 Who Wants to be a Millionaire 2:30 Puzzles 3:30 Hot Chocolate Social 5:00 Dinner 6:00 Lawrence Welk Show 7:00 Evening Wind Down</p>
<p>29</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Sacred Music & Sermons 10:00 Chair Exercises 10:45 Hydration 11:00 News of the Day 12:00 Lunch 1:00 Balloon Toss 2:30 Price is Right 3:30 Movie Matinee 5:00 Dinner 6:00 Movie of the Evening 7:00 Evening Wind Down</p>	<p>30</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Sit & Be Fit 10:00 Healthy Brain Trivia 10:45 Hydration 11:00 Jingo 12:00 Lunch 1:00 Ball Toss 2:30 The Prize is Right 3:30 Walking Club- Trail 5:00 Dinner 6:00 Game Shows 7:00 Evening Wind Down</p>	<p>31</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Balance & Tone 10:00 News of the Day 10:45 Hydration 11:00 How Much Does It Costs 12:00 Lunch 1:00 Bus Trip to Rita's Water Ice 2:30 Memories in the Making 3:30 Canvas Painting 5:00 Dinner 6:00 Evening Good News 7:00 Evening Wind Down</p>	<p>CONNECTIONS</p>  <p>MARCH 2020</p>			