

Focus on Wellness

COVID-19 and Procedures at Providence Place

Our top priority at every campus is to ensure the safety & health of our residents & team members. The outbreak of COVID-19 has tightened our procedures and increased communications to prevent the spread of the virus within our communities.

Here's some steps to staying healthy during this uncertain time and ways our communities are taking necessary precautions.

For up-to-date information on our procedures & precautions, please ask your receptionist or visit: <https://www.providence-place.com/news/covid-19-notices/>

- **Wash your hands.** One of the easiest ways to prevent germs and infections is frequently washing your hands. For instances where there is not soap and water, use an alcohol-based sanitizer.
- **Keep social distance.** Ensure a healthy distance between persons, avoid large gatherings & prevent contact with anyone with symptoms or exposure.
- **Drink plenty of water.** Staying hydrated helps keep your body strong and ready to fight off infections.
- **Get plenty of rest.** Getting adequate sleep (7-9 hours) keeps your immune system strong to fight off germs.
- **Cover your mouth and nose when sneezing or coughing.** This prevents droplets from reaching others, which helps prevent the spread of germs. Best practice is to cough into your elbow and not your hands where you are more likely to spread germs from touching.



Providence Place

SENIOR LIVING

News

Q2: April 2020



Dimensions of Wellness

Welcome New Residents

Russell & Anna Mae Koons
Elizabeth Gatti
Kenneth Hunter

Resident Birthdays

April

Catherine Hildebrand
Joseph Marchese
Betty Porpiglia
Doris Yurchak
Thomas Brogan
Jane Heisey
Sue Brazzo
Mildred Kavlick
Norma Tapper
George Gombeda
Sylvia Byorek
Marie Yori
Edith DeAngelo

May

Marlie Morgan
Grace Marchese
Eleanor Barth
Virginia Backora
Jeanette Micene

June

Helen George
Joanne Bard
Wilma Scaran
Allen Welkie
Alfred Carl
Elizabeth Duffy
James Fisher
Lillian Curry
Harriet Mannel

A Note from the Executive Director

We would like to thank all of our co-workers, residents and families that have been extremely understanding during this time -- we are doing our very best in the uncertainty around COVID-19. We realize this is hard for many to be away from your loved ones.

Providence Place is prepared to ensure residents and families have the resources needed to stay in contact. We have iPads, cell phones, computers & equipment that will allow your loved one to stay connected via FaceTime and Skype. Please call our community if you are interested in coordinating this.

Our community life programs have been working harder to offer many extra internal activities to be sure your loved one gets the social stimulation they need to not feel isolated. We are still committed to be sure everyone is having fun while remaining healthy & safe. We have asked our teams to provide some additional support to residents by checking on them frequently throughout the day, as well as reminding and encouraging them to attend many of our internal activities.

Now let's all focus on Spring. The blue skies, trees budding, and shining sun makes us all feel good. As the weather gets warmer, we will be spending time outside walking, relaxing on our decks & patios. Enjoy this season and remember we have one another.

We are all in this together. We wish everyone a safe, healthy and happy Spring season. Please contact us with any questions or concerns!

Rick Barley, Chief Operating Officer

Kim Perchak, Executive Director

Upcoming Events

April

- 3 – Cooking Club @ 1:45 pm
Baking “Hummingbird Cupcakes”
- 6 – Art Exploration @ 2:30 pm
Goldfinch Canvas Painting
- 18 – Learn Origami @ 3:00 pm
- 24 – iN2L @ 2:00 pm (*Connections*)
Exploring Yellowstone National Park
- 28 – Dining Demo with Chef Ashely
Crystals @ 2:00 pm

May

- 6 – Cinco de Mayo Celebration @ 2:30 pm
3:00 pm
- 10 – Family Portraits for Mother's Day
- 23 – American Legion Presentation
Honoring Veterans for Memorial Day

June

- 6 – D-Day Presentation @ 2:00 pm
- 20 – Father's Day Fishing Trip




For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email. Please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Calendar Key: Chapel (Ch), Dining Room (DR), Terrace Connections (T) Main Lobby (ML), Sunroom (SR), Café (C), (1st) First Floor, (2nd) Second Floor, (3rd) Third Floor **Registration Required \$\$Cost Involved	1 9:00 Daily Chronicle & Headlines (1st) 9:30 Shopping Run: Dollar Tree**\$\$ (OOB) 10:00 Mass & Rosary by Father Mike (DR) 1:30 Sit & Be Fit Exercise (2nd) 2:45 Bingo (3rd) 4:00 Confident Cruisers (ML) 5:00 Cocktail Hour (1st) 6:00 iN2L: Price is Right (T)	2 9:00 Daily Chronicle & Headlines (1st) 10:00 Craft Club: Bunny Candy Jar (3rd) 1:30 Balance in Action Exercise (2nd) 2:30 Educational Presentation by Dr. Alicia Powell (3rd) 3:30 iN2L: Spiritual Songs (T) 5:00 Technology Committee (3rd) 6:30 Pinochle Players Club (3rd)	3 9:00 Daily Chronicle & Headlines (1st) 10:00 Stretch Exercise (2nd) 1:45 Cooking Club: Hummingbird Cupcakes (C) 3:00 Stations of the Cross (Ch) 3:30 Coffee & Tea 101 (1st) 5:00 Jeopardy (T) 6:30 Musical Entertainment By The Shoreliners (DR)	4 9:00 Daily Chronicle & Headlines (1st) 10:00 Strength Exercise (2nd) 1:45 Confident Cruisers (ML) 2:30 "Polish Bingo" Card Game (3rd) 4:00 Cocktail Hour (1st) 6:00 Widow to Widowers Club (3rd) 7:00 Friends Helping Friends: Scrabble (1st)
		5 9:00 Worship Service (3rd) 10:30 Chair Dance Fitness (2nd) 11:15 Wine & Dine (DR) 1:30 Mass by Deacon Beverly (Ch) 2:30 Children's Easter Egg Hunt (ML) 5:30 Brain Teasers (1st) 7:00 Knit & Crochet Club (3rd) <i>Palm Sunday</i>	6 9:00 Daily Chronicle & Headlines (1st) 10:00 Yoga by Bill (Ch) 1:30 Music Class with Cynthia (2nd) 2:30 Art Exploration: Goldfinch Canvas Painting (C) 3:30 Confident Cruisers (ML) 6:00 March Madness Championship Game Party (3rd) 6:30 Pinochle Players Club (C)	7 9:00 Daily Chronicle & Headlines (1st) 10:00 Low Vision Club with Lori Lesante (3rd) 1:45 iN2L: Fit Xpress Exercise (T) 2:30 Hymn Sing with Deacon Beverly (Ch) 3:30 Welcome Ambassadors Committee (3rd) 4:00 Cocktail Hour (1st) 6:30 iN2L: Google Earth (T)	8 9:00 Daily Chronicle & Headlines (1st) 10:00 Shopping Run: Aldi's**\$\$ (OOB) 10:00 Rosary & Communion (Ch) 1:45 Balance in Action Exercise (2nd) 2:30 Musical Entertainment by John Stevens Polka Band (DR) 3:30 iN2L: Today in History (T) 4:30 April Birthday Celebration Dinner (DR) 6:00 Confident Cruisers (ML)	9 9:00 Daily Chronicle & Headlines (1st) 10:00 Bank Run** (OOB) 10:30 Sit & Be Fit Exercise (2nd) 1:45 Rosary & Communion (Ch) 2:00 Chef's Pairings (DR) 2:45 Bingo (3rd) 3:30 World Spotlight: Easter Traditions (C) 4:00 Confident Cruisers (ML) 6:30 Pinochle Players Club (3rd)
12 9:00 Worship Service (3rd) 10:00 Spring Flower Bingo (3rd) 11:15 Easter Celebration Dinner (DR) 1:30 Sit & Be Fit Exercise (2nd) 2:30 Musical Entertainment by George Rittenhouse (DR) 5:30 Reminisce in Song (T) 7:00 Knit & Crochet Club (3rd) <i>Easter</i>	13 9:00 Daily Chronicle & Headlines (1st) 10:00 Yoga by Bill (Ch) 1:30 Confident Cruisers (ML) 2:00 Providence Place Senior Living Employee Recognition Ceca Awards (1st) 3:00 Art Exploration: Goldfinch Canvas Painting (C) 4:00 Brain Games (1st) 6:30 Pinochle Players Club (3rd)	14 9:00 Daily Chronicle & Headlines (1st) 10:00 Musical Entertainment by Jimmy Edwards (3rd) 1:30 iN2L: Fit Xpress Exercise (T) 2:00 Bible Study with Deacon Beverly (Ch) 2:45 Bingo (3rd) 4:00 Cocktail Hour (1st) 6:30 Expressions of Prayer (T)	15 9:00 Daily Chronicle & Headlines (1st) 10:00 Rosary & Communion (Ch) 10:30 Balance in Action Exercise (2nd) 1:30 Garden Club (3rd) 2:00 Musical Entertainment by Jay Daniels on Piano (2nd) 3:00 iN2L: Sing-Along with Susie Q (T) 6:00 Confident Cruisers (ML) 7:00 Community Puzzle Club (1st)	16 9:00 Daily Chronicle & Headlines (1st) 10:00 Sit & Be Fit Exercise (2nd) 10:00 Shopping Run: Wal-Mart**\$\$ (OOB) 1:45 Rosary & Communion (Ch) 2:30 Dining Service Committee (3rd) 3:30 iN2L: Animal Kingdom about Horses of the Kentucky Derby (T) 4:00 Cocktail Hour (1st) 6:30 Pinochle Players Club (3rd)	17 9:00 Daily Chronicle & Headlines (1st) 10:00 Stretch Exercise (2nd) 1:30 Painting Class with Jennie (2nd) 2:30 Ochs Farm Cherry Pie Social (3rd) 3:30 Confident Cruisers (ML) 5:30 Veterans Club (3rd) 7:00 Family Feud (T)	18 9:00 Daily Chronicle & Headlines (1st) 10:00 Manicures (SR) 1:30 Strength Exercise (2nd) 2:00 Dessert & Discussion (DR) 3:00 Origami (3rd) 4:00 Community Choir (1st) 7:00 Friends Helping Friends: Boggle (1st)
19 9:00 Worship Service (3rd) 10:30 Chair Dance Fitness (2nd) 11:15 Wine & Dine (DR) 1:30 Mass by Deacon Beverly (Ch) 2:45 Bingo (3rd) 5:30 The Price is Right (T) 7:00 Knit & Crochet Club (3rd)	20 9:00 Daily Chronicle & Headlines (1st) 10:00 Yoga by Bill (Ch) 10:00 Craft Club: Butterfly Garden Jars (3rd) 1:30 Music Class with Cynthia (2nd) 2:30 Dealing with Loss Support Group (Ch) 3:00 Art Exploration: Watercolors (C) 6:30 Pinochle Players Club (3rd)	21 9:00 Daily Chronicle & Headlines (1st) 10:00 Low Vision Club with Lori Lesante: Earth Day Craft (3rd) 10:00 Fitness Therapy with Lisa (2nd) 1:30 Community Life Committee (3rd) 2:30 Educational Presentation by "The Butterfly Lady" (3rd) 5:30 Bingo (3rd) 6:30 Friends Helping Friends: UNO (1st)	22 9:00 Daily Chronicle & Headlines (1st) 10:00 Rosary & Communion (Ch) 10:00 Retail Shopping: Bosco's**\$\$ (OOB) 1:30 Sit & Be Fit Exercise (2nd) 2:30 Educational Presentation by David Mead (3rd) 3:30 Community Recycling Program (ML) 6:00 Confident Cruisers (ML) <i>Earth Day</i>	23 9:00 Daily Chronicle & Headlines (1st) 10:00 Cooking Club: Parmesan Asparagus Pastry Twists (C) 10:30 Balance in Action Exercise (2nd) 1:45 Rosary & Communion (Ch) 2:00 Alzheimer's Support Group (SR) 2:30 Craft with Kim (3rd) 4:00 Moving Arts Aficionados (3rd) 6:30 Pinochle Players Club (3rd)	24 9:00 Daily Chronicle & Headlines (1st) 10:00 Plant Arbor Day Tree (ML) 10:30 Stretch Exercise (2nd) 1:30 Mass by Deacon Larry (Ch) 2:00 iN2L: Yellowstone National Park (T) 2:30 Musical Entertainment by Glenn Faul (DR) 4:00 Confident Cruisers (ML) 6:30 Brain Aerobics (T) <i>Arbor Day</i>	25 9:00 Daily Chronicle & Headlines (1st) 10:00 Spring Flowers 101 (3rd) 10:30 Strength Exercise (2nd) 1:30 Country Ride: Francis E. Walter Dam** (OOB) 2:00 Chef's Pairings (DR) 3:30 Confident Cruisers (ML) 7:00 Circles of Friends (3rd)
26 9:00 Worship Service (3rd) 10:30 Chair Dance Fitness (2nd) 11:15 Wine & Dine (DR) 1:30 Mass by Deacon Beverly (Ch) 2:45 Bingo (3rd) 5:30 Brain Teasers (1st) 7:00 Knit & Crochet Club (3rd)	27 9:00 Daily Chronicle & Headlines (1st) 10:00 Yoga by Bill (Ch) 1:45 Confident Cruisers (ML) 2:30 Red or Black Game (2nd) 3:00 Art Exploration: Watercolors (C) 4:00 Sing-along (1st) 6:30 Pinochle Players Club (3rd)	28 9:00 Daily Chronicle & Headlines (1st) 10:00 Voting: Butler Township Polls** (OOB) 1:30 iN2L: Fit Xpress Exercise (T) 2:00 Dining Demo with Chef Ashley (DR) 3:00 Fireside Chat (1st) 5:30 Sports Club (3rd) 7:00 Friends Helping Friends: Pokeno (T)	29 9:00 Daily Chronicle & Headlines (1st) 10:00 Rosary & Communion (Ch) 10:45 Diners Caravan: Olive Garden**\$\$ (OOB) 1:30 Stretch Exercise (2nd) 2:30 Musical Entertainment by Gary Dee (DR) 6:00 Confident Cruisers (ML)	30 9:00 Daily Chronicle & Headlines (1st) 10:00 Balance in Action Exercise (2nd) 10:30 Craft Club: Kentucky Derby Hats (3rd) 1:45 Rosary & Communion (Ch) 2:30 Lottery/Prize Bingo with Colleen (3rd) 4:00 Uncorked** (1st) 6:30 Pinochle Players Club (3rd)	<h1>April 2020</h1>	