




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>1</p> <p>6:00 Activities of Daily Living 7:30 Breakfast 9:00 Beauty Salon 10:00 Monday Manicure 11:30 Lunch 1:00 Helping Hands –Fill the Bird Feeder 2:00 Hydration Station:     Apple of my Eye—Infused Water 3:30 Memories in the Making 4:30 Dinner 5:30 Monday Night Word Scramble</p>	<p>2</p> <p>6:00 Activities of Daily Living 7:30 Breakfast 9:00 Happy Birthday to Helen 9:30 Morning Headlines 10:30 Move that Body– Chair Zumba 11:30 Lunch 12:30 Virtual Vacation—Honolulu 2:30 Hydration Station:     Summer Squeeze Squeeze—     Infused Water 3:30 Memory Card Game 4:30 Dinner 5:30 Animal Word Find</p>	<p>3</p> <p>6:00 Activities of Daily Living 7:30 Breakfast 9:00 Crafting Corner—Summer Chimes 10:30 Musical Inspirations 11:30 Lunch 12:30 Facetime with Family 1:30 Mid-day Stretch 2:15 Memory Magic 3:00 Hydration Station:     Citrus Burst—Infused Water 4:30 Dinner 5:30 Word Puzzles</p>	<p>4</p> <p>6:00 Activities of Daily Living 7:30 Breakfast 9:00 Spiritual Study 9:30 Daily Chronicle 10:00 Helping Hands—Planting Herbs 11:30 Lunch 12:30 Virtual Vacation—Italy 1:30 Window Visits 2:00 Hydration Station:     Rain Water—Infused Water 3:30 Tell me a Story 4:30 Dinner 5:00 USA Word Find</p>	<p>5</p> <p>6:00 Activities of Daily Living 7:30 Breakfast 9:00 Daily Chronicle 9:30 Morning Tai Chi 10:15 Scents Make Sense-Lavender 10:30 Water Color Painting 11:30 Lunch 12:30 Bingo 2:00 Facetime With Family 3:00 Hydration Station:     Cinna-Sparkle—Infused Water 3:30 Dancin’ to the Oldies 4:30 Dinner 5:00 Jigsaw Puzzles</p>	<p>6</p> <p>6:00 Activities of Daily Living 7:30 Breakfast 9:00 Morning in Motion 10:30 Trivia Challenge 11:00 Facetime with Family 11:30 Lunch 12:30 Helping Hands -Watering the Garden 2:00 Photos &amp; Reminiscing 3:00 Hydration Station:     Life’s a Breeze—Infused Water 3:30 Name That Tune 4:30 Dinner 5:30 Word Puzzles</p>
<p>7</p> <p>6:00 Activities of Daily Living 7:30 Breakfast 9:00 Nourish the Spirit—Devotions 10:00 Facetime with Family 10:30 Sit &amp; Be Fit - Chair Exercise 11:30 Lunch 12:30 Pray the Rosary 2:00 Hydration Station:     Melon-Berry Bliss—Infused Water 3:30 Window Visits 4:30 Dinner 5:30 Jigsaw Puzzles</p>	<p>8</p> <p>6:00 Activities of Daily Living 7:30 Breakfast 9:00 Beauty Salon 10:00 Outdoor Horse and Pony Show - White Horse Community Center 11:30 Lunch 12:30 Memories in the Making 2:00 Monday Manicure 3:30 Would you Rather? 4:30 Dinner 5:30 Crosswords</p>	<p>9</p> <p>6:00 Activities of Daily Living 7:30 Breakfast 8:30 Move that Body– Chair Zumba 9:30 Virtual Vacation-Niagara Falls 10:30 Hydration Station:     Apple Cider Sipper– Infused Water 11:30 Lunch 12:30 Family Connections—Chit Chat 3:00 Virtual Vacation—Alaska 4:30 Dinner 5:30 Reminisce Magazines</p>	<p>10</p> <p>6:00 Activities of Daily Living 7:30 Breakfast-Eggs to Order 9:00 Crafting Corner-Sharpie Craft Mug 10:30 Musical Inspirations 11:30 Lunch 12:30 Facetime with Family 1:30 Me, you and the Fencepost Chit Chat 2:15 Peanut Butter Bird Feeder 3:00 Hydration Station:     Citrus Burst—Infused Water 4:30 Dinner 5:30 Jigsaw Puzzles</p>	<p>11</p> <p>6:00 Activities of Daily Living 7:30 Breakfast 9:00 Spiritual Study 10:00 Virtual Vacation—Paris 11:30 Lunch 12:30 Walking it Out 1:30 Window Visits 2:00 Hydration Station:     Fresh Rain Water—Infused Water 3:30 Memorable Memoirs 4:30 Dinner 5:00 Flowers Word Find</p>	<p>12</p> <p>6:00 Activities of Daily Living 7:30 Breakfast 9:00 Daily Chronicle 9:30 Morning Tai Chi 10:15 Scents Make Sense—Mint 10:30 Time Slips 11:30 Lunch 12:30 Color me Calm 2:00 Face time with Family 3:00 Hydration Station:     Cinna-Sparkle—Infused Water 3:30 Summertime Clothesline 4:30 Dinner 5:00 Jigsaw Puzzles</p>	<p>13</p> <p>6:00 Activities of Daily Living 7:30 Breakfast 9:00 Morning in Motion 10:30 Sing Along—Hymns 11:00 FaceTime with Families 11:30 Lunch 12:30 Helping Hands—Feed the Birds 2:00 Card Club 3:00 Hydration Station:     Life’s a Breeze—Infused Water 3:30 Name That Tune 4:30 Dinner 5:30 Word Puzzles</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>14</p> <p>6:00 Activities of Daily Living 7:30 Breakfast 9:00 Nourish the Spirit—Devotions 10:00 Facetime with Family 10:30 Sit &amp; Be Fit - Chair Exercise 11:30 Lunch 12:30 Patriotic Music 2:00 Flag Day Snack Cart with Uncle Sam Red, White &amp; Blue Berry Bites 3:30 Window Visits 4:30 Dinner 5:30 Jigsaw Puzzles</p> <p>Flag Day</p>	<p>15</p> <p>6:00 Activities of Daily Living 7:30 Breakfast 9:00 Monday Manicure 9:30 Beauty Parlor 11:30 Lunch 1:00 Helping Hands—Watering Plants 2:30 Dancing Doorways 3:00 Hydration Station: Citrus Burst 4:30 Dinner 5:30 Monday Night Trivia 7:00 Reminisce Magazines</p>	<p>16</p> <p>6:00 Activities of Daily Living 7:30 Breakfast 8:30 Move that Body— Chair Zumba 9:30 Sounds of the '40's &amp; Trivia 10:30 Apple Cider Sipper— Infused Water 11:30 Lunch 12:30 Family Connections—Photos, Letters, Cards 3:30 Craft Corner—Clay Pots 4:30 Dinner 5:30 Evening Meditation</p>	<p>17</p> <p>6:00 Activities of Daily Living 7:30 Breakfast 9:00 Crafting Corner—Kindness Rocks 11:00 Musical Inspirations 11:30 Lunch 12:30 Facetime with Family 1:30 Mid-day Stretch 2:15 Memory Card Game 3:00 Hydration Station: Citrus Burst- Infused Water 4:30 Dinner 5:30 Word Puzzles</p>	<p>18</p> <p>6:00 Activities of Daily Living 7:30 Breakfast 9:00 Spiritual Study 9:30 Virtual Vacation—Florida 10:00 Helping Hands— Gathering Herbs 11:30 Lunch 12:30 Walking it Out 1:30 Window Visits 2:00 Hydration Station: Fresh Rain - Infused Water 3:30 Tell me a Story 4:30 Dinner 5:00 Seasons Word Find</p>	<p>19</p> <p>6:00 Activities of Daily Living 7:30 Breakfast 9:30 Morning Tai Chi 10:15 Hydration Station: Cinna-Sparkle—Infused Water 10:30 Time Slips 11:30 Lunch 12:30 Bingo 2:00 Facetime with Family 2:45 Jay Daniels Outside Piano Concert 3:30 Photos and Reminiscing 4:30 Dinner 5:00 Jigsaw Puzzles</p>	<p>20</p> <p>6:00 Activities of Daily Living 7:30 Breakfast 9:00 Daily Chronicle 9:30 Morning in Motion 11:00 Birdwatching 11:30 Lunch 12:30 Praying the Rosary 2:00 Finish my Sentence—Game 3:00 Hydration Station: Life's a Breeze—Infused Water 3:30 Name That Tune 4:30 Dinner 5:30 Word Puzzles</p> <p>First Day of Summer</p>	
<p>21</p> <p>6:00 Activities of Daily Living 7:30 Breakfast 9:00 Dad's Goodie Bags &amp; TV 10:00 Facetime With Family 10:30 Sit &amp; Be Fit - Chair Exercise 11:30 Luncheon- Celebrate Father's 12:30 All About Dad—Questionnaire 2:00 Hydration Station: Melon-Berry Bliss—Infused Water 3:30 Window Visits 4:30 Dinner 5:30 Famous Father Word Find</p> <p>Father's Day</p>	<p>22</p> <p>6:00 Activities of Daily Living 7:30 Breakfast 9:00 Beauty Parlor 9:30 Monday Manicure 11:30 Lunch 1:00 Helping Hands—Water Plants 2:00 Hydration Station: Apple of my Eye—Infused Water 3:30 Memories in the Making 4:30 Dinner 5:30 Monday Night Trivia Sheets</p>	<p>23</p> <p>6:00 Activities of Daily Living 7:30 Breakfast 8:30 Move that Body— Chair Zumba 9:30 Virtual Vacation—Japan 10:30 Hydration Station: Apple Cider Sipper— Infused Water 11:30 Lunch 12:30 Family Connections— Pen a Note 3:30 Sound of the 50's &amp; Trivia 4:30 Dinner 5:30 Reminisce Magazines</p>	<p>24</p> <p>6:00 Activities of Daily Living 7:30 Breakfast 9:00 Spiritual Hymns 9:30 10:00 Garden Stroll 11:30 Lunch 12:30 Color me Calm 1:30 Window Visits 2:00 Hydration Station: Fresh Rain Water—Infused Water 3:30 Finish the Proverb 4:30 Dinner 5:00 Summertime Word Find</p>	<p>25</p> <p>6:00 Activities of Daily Living 7:30 Breakfast—Eggs to Order 9:00 Craft Corner—Caribbean Necklaces 11:30 Lunch 12:30 Island Music &amp; Trivia 3:00 Caribbean Mocktail Cart— Pina Colada &amp; Strawberry Daiquiri 3:45 Virtual Vacation—Caribbean 4:30 Dinner 5:30 Tropical Word Search</p>	<p>26</p> <p>6:00 Activities of Daily Living 7:30 Breakfast 9:00 Memories in he Making 9:30 Morning Tai Chi 10:15 Scents Make Sense-Rosemary 10:30 Big Band Mix Up 11:30 Lunch 12:30 Bingo 2:00 Face time with Family 3:00 Hydration Station: Cinna-Sparkle—Infused Water 3:30 Would you Rather 4:30 Dinner 5:00 Jigsaw Puzzles</p>	<p>27</p> <p>6:00 Activities of Daily Living 7:30 Breakfast 9:00 Morning in Motion 10:30 Helping Hands—Gardening 11:30 Lunch 12:30 Helping Hands—Fill feeders 2:00 Facetime with Family 3:00 Hydration Station: Life's a Breeze—Infused Water 3:30 Name That Tune 4:30 Dinner 5:30 Word Puzzles</p>	
<p>28</p> <p>6:00 Activities of Daily Living 7:30 Breakfast 9:00 Pray the Rosary 10:00 Facetime with Family 10:30 Sit &amp; Be Fit - Chair Exercise 11:30 Lunch 12:30 Virtual Mass 2:00 Hydration Station: Melon-Berry Bliss—Infused Water 3:30 Window Visits 4:30 Dinner 5:30 Jigsaw Puzzles</p>	<p>29</p> <p>6:00 Activities of Daily Living 7:30 Breakfast 9:00 Beauty Parlor 9:30 Monday Manicure 11:30 Lunch 1:00 Garden Stroll &amp; Chat 2:00 Hydration Station: Apple of my Eye—Infused Water 3:30 Musical Memories 4:30 Dinner 5:30 Monday Night Trivia Sheets</p>	<p>30</p> <p>6:00 Activities of Daily Living 7:30 Breakfast 8:30 Move that Body— Chair Zumba 9:30 Sounds of the 60's &amp; Trivia 10:30 Window Visits 11:30 Lunch 12:30 Family Connections—Photos, Letters, Cards 3:30 Hydration Station: Apple Cider Sipper—Infused Water 4:30 Dinner 5:30 Evening Meditation</p>	<p><b>CONNECTIONS</b></p>  <p><b>JUNE 2020</b></p>				