

Focus on Wellness

As a reminder, our precautions & policies for protecting residents and team members are included in the list to the right.

For up-to-date information on our procedures & precautions, please ask your receptionist or visit: <https://www.providence-place.com/news/covid-19-notices/>

To sign up to receive email updates and monthly newsletters/calendars, please email information to ProvidenceRetirement@gmail.com.

- Window Visits with precautions can be scheduled with reception (*only permitted with masks & social distancing*)
- No group activities (*Individual activities offering throughout day*)
- All meals being served in Apartments (*Connections exceptions*)
- Residents checked for symptoms and temperature twice daily
- Residents to stay in apartments when active case in building
- Staff checked at start & end of each shift (*temp or symptoms*)
- All Staff are wearing masks throughout shifts
- Social Distancing where possible between all staff/residents
- All new/re-admissions undergo a 14-day isolation period
- Minimize outside healthcare professionals
- Following CDC Guidelines for Personal Protective Equipment
- Full PPE is used for care of any symptomatic residents
- Designated caregivers will help symptomatic residents only



Providence Place

SENIOR LIVING

News

Q2: June 2020



Dimensions of Wellness

A Note from the Executive Director

Greetings to all of my residents, coworkers, and families.

June is here!! I'm excited for the beautiful weather and the chance that you could all get out, as much as possible. I'm glad to see some of our residents walking outside with my coworkers, maintaining social distancing, and wearing a mask. Thank you all for being so understanding through this pandemic. We are all ready for the next season.

We have not had a case of Covid in over a month here at Drums. I'm extremely proud of our coworkers, residents, and families who have helped stop the spread. It is all the efforts and sacrifices we all had to make. We have proven that we are a safe place to work and live during a pandemic.

We will continue many of our processes once we go into the "yellow" and the "green" phases to reopen. I know that things are still going to be restricted, but I promise we will do everything possible so you can receive visits with your loved ones, come out to eat while socially distancing, and attend small group activities. We will communicate what we can do every step of the way.

I know I see many residents throughout the day, but I really miss you and your families. I hope you all enjoyed some of our special meals and hallway parties over the past few weeks. We are all trying to do our best to keep up spirits. Our coworkers work hard to plan events and come up with some really great ideas for you all. If you have any ideas or anything you would like to see from us, please do not hesitate to let me or the team know.

Thank you and continue to stay healthy and safe.

Kim Perchak, Executive Director

Resident Activities



Welcome New Residents

Walter Potoskie
Alice Kender
Mary Halecky

Resident Birthdays

June

Helen George
Joanne Bard
Vilma Scaran
Allen Welkie
Alfred Carl
Elizabeth Duffy
Lillian Curry
Harriet Mannel




For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email. Please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<h1>June 2020</h1>	1 7:30 Eggs To Order Breakfast (1st) 9:30 In-Room Sit & Be Fit Exercise 10:00 Word Puzzles 11:00 Lunch 1:30 Facetime with Family 3:00 Hydration Cart: Lemonade 4:00 Dinner	2 7:30 Breakfast 9:30 In-Room Stretch Exercise 10:00 Color Me Calm 11:00 Lunch 1:30 Outdoor Walks 3:00 Snack Cart: Fresh Fruit Salad 4:00 Dinner	3 7:30 Eggs To Order Breakfast (2nd) 9:30 In-Room Strength Exercise 10:00 Outdoor Walks 11:00 Lunch 1:30 In-Room Craft: Marigold Flower Pots 3:00 Popcorn Cart 4:00 Dinner	4 7:30 Breakfast 9:30 In-Room Balance in Action Exercise 10:00 Manicures 11:00 Lunch 1:30 Calls with Deacon Beverly 3:00 Cocktail Cart: Malibu Bay Breeze 4:00 Dinner	5 7:30 Eggs To Order Breakfast (3rd) 9:30 In-Room Sit & Be Fit Exercise 10:00 Crossword Challenge 11:00 Lunch 1:30 Outdoor Walks 3:00 Hydration Cart: Arnold Palmer 4:00 Dinner	6 7:30 Breakfast 9:30 In-Room Stretch Exercise 10:00 Watercolor Painting 11:00 Lunch 1:30 Ice Cream Cart: Popsicles & Italian Ice 3:00 Facetime with Family 4:15 Dinner	
	7 7:30 Breakfast 9:30 Worship Service on TV 10:00 Brain Teasers 11:00 Wine & Dine 1:30 Calls with Deacon Beverly 3:00 Outdoor Walks 4:00 Dinner	8 7:30 Breakfast 9:30 In-Room Sit & Be Fit Exercise 10:00 Outdoor Horse & Pony Show by White Horse Community Center 11:00 Lunch 1:30 Facetime with Family 3:00 Hydration Cart: Cranberry Spritzer 4:00 Dinner	9 7:30 Breakfast 9:30 In-Room Stretch Exercise 10:00 Color Me Calm 11:00 Lunch 1:30 Outdoor Walks 3:00 Call A Friend 4:00 Dinner	10 7:30 Breakfast 9:30 In-Room Strength Exercise 10:00 Outdoor Walks 11:00 Lunch 1:30 In-Room Craft: Summer Gnome Mosaic Hangers 3:00 Popcorn Cart 4:00 Dinner	11 7:30 Breakfast 9:30 In-Room Balance in Action Exercise 10:00 Manicures 11:00 Lunch 1:30 Calls with Deacon Beverly 3:00 Cocktail Cart: Sangria 4:00 Dinner	12 7:30 Breakfast 9:30 In-Room Sit & Be Fit Exercise 10:00 Crossword Challenge 11:00 Lunch 1:30 Outdoor Walks 3:00 Hydration Cart: Cherry Fizz 4:00 Dinner	13 7:30 Breakfast 9:30 In-Room Stretch Exercise 10:00 Canvas Painting 11:00 Lunch 1:30 Facetime with Family 3:00 Ice Cream Cart: Chocolate Milkshakes 4:15 Dinner
	14 7:30 Breakfast 9:30 Worship Service on TV 10:00 Americana Brain Teasers 11:00 Wine & Dine 1:30 Calls with Deacon Beverly 3:00 Flag Day Snack Cart with Uncle Sam: Red, White & Blue Berry Bites 4:00 Dinner Flag Day	15 7:30 Eggs To Order Breakfast (3rd) 9:30 In-Room Sit & Be Fit Exercise 10:00 Word Puzzles 11:00 Lunch 1:30 Facetime with Family 3:00 Hydration Cart: Fresh Watermelon Lemonade 4:00 Dinner	16 7:30 Breakfast 9:30 In-Room Stretch Exercise 10:00 Color Me Calm 11:00 Lunch 1:30 Outdoor Walks 3:00 Call A Friend 4:00 Dinner	17 7:30 Eggs To Order Breakfast (2nd) 9:30 In-Room Strength Exercise 10:00 Outdoor Walks 11:00 Lunch 1:30 In-Room Craft: Father's Day Cards 3:00 Popcorn Cart 4:00 Dinner	18 7:30 Breakfast 9:30 In-Room Balance in Action Exercise 10:00 Manicures 11:00 Lunch 1:30 Calls with Deacon Beverly 3:00 Cocktail Cart: Yuengling Lager & Pretzels 4:00 Dinner	19 7:30 Eggs To Order Breakfast (1st) 9:30 In-Room Sit & Be Fit Exercise 10:00 Outdoor Walks 11:00 Lunch 2:00 Outdoor Concert with Jay Daniels 3:00 Hydration Cart: Raspberry Iced Tea 4:00 Dinner	20 7:30 Breakfast 9:30 In-Room Stretch Exercise 10:00 Watercolor Painting 11:00 Lunch 1:30 Facetime with Family 3:00 Ice Cream Cart: Strawberry Sundaes 4:15 Dinner First Day of Summer
	21 7:30 Breakfast 9:30 Worship Service on TV 10:00 Famous Dads Trivia 11:00 Wine & Dine 1:30 Father's Day Celebration Luncheon 3:00 Outdoor Walks 4:00 Dinner Father's Day	22 7:30 Breakfast 9:30 In-Room Sit & Be Fit Exercise 10:00 Word Puzzles 11:00 Lunch 1:30 Facetime with Family 3:00 Hydration Cart: Orange Spritzer 4:00 Dinner	23 7:30 Breakfast 9:30 In-Room Stretch Exercise 10:00 Color Me Calm 11:00 Lunch 1:30 Outdoor Walks 3:00 Call A Friend 4:00 Dinner	24 7:30 Breakfast 9:30 In-Room Strength Exercise 10:00 Outdoor Walks 11:00 Lunch 1:30 In-Room Craft: Butterfly Magnets 3:00 Popcorn Cart 4:00 Dinner	25 7:30 Breakfast 9:30 In-Room Balance in Action Exercise 10:00 Manicures 11:00 Lunch 1:30 Calls with Deacon Beverly 3:00 Caribbean Cocktail Cart: Pina Colada & Strawberry Dacquiri 4:00 Dinner	26 7:30 Breakfast 9:30 In-Room Sit & Be Fit Exercise 10:00 Crossword Challenge 11:00 Lunch 1:30 Outdoor Walks 3:00 Hydration Cart: Peach Fizz 4:00 Dinner	27 7:30 Breakfast 9:30 In-Room Stretch Exercise 10:00 Canvas Painting 11:00 Lunch 1:30 Facetime with Family 3:00 Ice Cream Cart: Ice Cream Sandwiches 4:15 Dinner
	28 7:30 Breakfast 9:30 Worship Service on TV 10:00 Brain Teasers 11:00 Wine & Dine 1:30 Calls with Deacon Beverly 3:00 Outdoor Walks 4:00 Dinner	29 7:30 Eggs To Order Breakfast (2nd) 9:30 In-Room Sit & Be Fit Exercise 10:00 Word Puzzles 11:00 Lunch 1:30 Facetime with Family 3:00 Hydration Cart: Cranberry Limeade 4:00 Dinner	30 7:30 Breakfast 9:30 In-Room Stretch Exercise 10:00 Color Me Calm 11:00 Lunch 1:30 Outdoor Walks 3:00 Snack Cart: Veggies & Creamy Dill Dip 4:00 Dinner				<p>All programs are scheduled in individual apartments. For opportunities for additional activities, request to see a Community Life team member.</p>