

Focus on Wellness

As a reminder, our precautions & policies for protecting residents and team members are included in the list to the right.

For up-to-date information on our procedures & precautions, please ask your receptionist or visit: <https://www.providence-place.com/news/covid-19-notice/>

To sign up to receive email updates and monthly newsletters/calendars, please email information to ProvidenceRetirement@gmail.com.

- Window Visits with precautions can be scheduled with reception (*only permitted with masks & social distancing*)
- No group activities (*Individual activities offering throughout day*)
- All meals being served in Apartments (*Connections exceptions*)
- Residents checked for symptoms and temperature twice daily
- Residents to stay in apartments when active case in building
- Staff checked at start & end of each shift (*temp or symptoms*)
- All Staff are wearing masks throughout shifts
- Social Distancing where possible between all staff/residents
- All new/re-admissions undergo a 14-day isolation period
- Minimize outside healthcare professionals
- Following CDC Guidelines for Personal Protective Equipment
- Full PPE is used for care of any symptomatic residents
- Designated caregivers will help symptomatic residents only



Providence Place SENIOR LIVING News

Q2: June 2020



Dimensions of Wellness

Welcome New Residents

Gene Nardon
Steven Yesavage

Resident Birthdays

June

Lynn Korn
Steven Yesavage
Leona Hochgertel
John Sinisi
Mary D'Allessandro
Mary Flanagan
Gene Nardon
Eileen Kosta
Cyndy Kleckner
Warren Bradley

A Note from the Executive Director

Dear Residents & Families,

June is here, and just like the flowers, our communities are opening up a bit. We understand that the Covid-19 shelter-in-place was hard for everyone, but with easing restrictions, we encourage you to step outside and enjoy the sunshine and flowers.

While outside we still have to wear masks and practice social distancing, but a walk in the fresh air will do wonders for you both physically and mentally. Also, you can sit out on the patio or one of the porches, and do some bird watching or take in the beauty of the summer flowers. The Baltimore Oriole is in the area, so keep an eye out for this beautiful orange and black bird while relaxing in the summer sun.

We also understand that it is so hard being away from loved ones during this pandemic, so we are continuing the FaceTime calls, and encouraging you and your family to visit at the windows especially for birthdays and Father's Day.

As we navigate through this uncertain time, we want you to know that we are doing our best to keep you as safe and healthy as possible.

Sincerely,

Tanya Hoy, Executive Director

Resident Activities



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email. Please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<h1>June 2020</h1>	1 9:00 Morning Greeting & Spiritual Inspirations (1:1) 9:30 Daily Chronicle & Discussions (1:1) 10:00 Doorway Church Service with Deacon Henninger (1st F) 11:00 Walk for Heart Health (1:1) 1:00 Doorway Church Service with Deacon Henninger (2nd F) 2:30 Doorway Church Service with Deacon Henninger (3rd F)	2 9:00 Morning Greeting & Spiritual Inspirations (1:1) 9:30 Daily Chronicle & Discussions (1:1) 10:00 Pastor Josh on Ipad (1:1) (1st F) 10:30 Hydration & Small Bites (1:1) 11:00 Walk for Heart Health (1:1) 2:00 Pastor Josh: Ipad (1:1) (2nd F) 2:30 Hydration & Small Bites (1:1) 3:30 Pastor Josh: Ipad (1:1) (3rd F)	3 9:00 Morning Greeting & Spiritual Inspirations (1:1) 9:30 Coffee & Donuts (H) 10:30 Coffee & Donuts (H) 12:30 Scenic Rides **(OOB) (1st F) 1:30 Scenic Rides **(OOB) (2nd F) 2:30 Scenic Rides **(OOB) (3rd F)	4 9:00 Morning Greeting & Spiritual Inspirations (1:1) 9:30 Daily Chronicle & Discussions (1:1) 10:00 Art Class (1:1) (1st F) 1:00 Art Class (1:1) (2nd F) 2:00 Art Class (1:1) (3rd F) 3:00 Yard Games (P)	5 9:00 Morning Greeting & Spiritual Inspirations (1:1) 9:30 Daily Chronicle & Discussions (1:1) 10:00 Doorway Church Service with Deacon Henninger(1st F) 11:30 Wine Cart (1st, 2nd & 3rd F) 1:00 Doorway Church Service with Deacon Henninger (2nd F) 2:30 Doorway Church Service with Deacon Henninger (3rd F)	6 9:00 Morning Greeting & Spiritual Inspirations (1:1) 9:30 Daily Chronicle & Discussions (1:1) 10:00 Baking Club (A) 10:30 Hydration & Small Bites (A) 1:00 Nickel Bingo \$\$ (A) (1st F) 2:00 Nickel Bingo \$\$ (A) (2nd & 3rd F) 3:30 Nature Exploration: Feeding Birds (P)	
	7 9:00 Morning Greeting & Spiritual Inspirations (1:1) 9:15 Reading the Republican (1:1) 9:30 Stretches to the Polkas (H) (1st F) 10:00 Stretches to the Polkas (H) (2nd F) 1:00 Video Chat Families (1:1) 2:00 Stretches to the Polkas (H) (3rd F) 2:30 Reminiscing in Gazebo (1:1) 3:30 Reminiscing in Gazebo (1:1)	8 9:00 Morning Greeting & Spiritual Inspirations (1:1) 9:30 Daily Chronicle & Discussions (1:1) 10:00 Doorway Church Service with Deacon Henninger (1st F) 11:00 Walk for Heart Health (1:1) 1:00 Doorway Church Service with Deacon Henninger (2nd F) 2:00 Doorway Church Service with Deacon Henninger (3rd F)	9 9:00 Morning Greeting & Spiritual Inspirations (1:1) 9:30 Daily Chronicle & Discussions (1:1) 10:00 Pastor Josh on Ipad (1:1) (1st F) 10:30 Hydration & Small Bites (1:1) 11:00 Walk for Heart Health (1:1) 2:00 Pastor Josh: Ipad (1:1) (2nd F) 2:30 Hydration & Small Bites (1:1) 3:30 Pastor Josh: Ipad (1:1) (3rd F)	10 9:00 Morning Greeting & Spiritual Inspirations (1:1) 9:30 Coffee & Donuts (H) 10:30 Coffee & Donuts (H) 12:30 Picnic Lunch at Bubeck Park (1st F) (OOB) 1:30 Nature Exploration: Watching Swans 2:30 Walk around Lake (OOB)	11 9:00 Morning Greeting & Spiritual Inspirations (1:1) 9:30 Daily Chronicle & Discussions (1:1) 10:00 White Board: A-Z of Pies (1st F) 1:00 White Board: A-Z of Pies (2nd & 3rd F) 2:00 Birthday Celebration (A) 3:00 Reminiscing with Friends (A) 3:30 Spelling Challenge (A)	12 9:00 Morning Greeting & Spiritual Inspirations (1:1) 9:30 Daily Chronicle & Discussions (1:1) 10:00 Doorway Church Service with Deacon Henninger (1st F) 11:30 Wine Cart (1st, 2nd, & 3rd F) 1:00 Doorway Church Service with Deacon Henninger (2nd F) 2:00 Doorway Church Service with Deacon Henninger (3rd F)	13 9:00 Morning Greeting & Spiritual Inspirations (1:1) 9:30 Daily Chronicle & Discussions (1:1) 10:00 Baking Club (A) 10:30 Hydration & Small Bites (A) 1:00 Memory Magic (A) (1st F) 2:00 Memory Magic (A) (2nd & 3rd F) 3:30 Reminiscing on Porch (1:1)
	14 9:00 Morning Greeting & Spiritual Inspirations (1:1) 9:15 Reading the Republican (1:1) 9:30 Kickball to the Polkas (H) (1st F) 10:00 Kickball to the Polkas (H) (2nd F) 1:00 Video Chat Families (1:1) 2:00 Kickball to the Polkas (H) (3rd F) 2:30 Walk to Baseball Field (1:1) 3:30 Walk to the Baseball Field (1:1) Flag Day	15 9:00 Morning Greeting & Spiritual Inspirations (1:1) 9:30 Daily Chronicle & Discussions (1:1) 10:00 Doorway Church Service with Deacon Henninger (1st F) 11:00 Walk for Heart Health (1:1) 1:00 Doorway Church Service with Deacon Henninger (2nd F) 2:00 Doorway Church Service with Deacon Henninger (3rd F)	16 9:00 Morning Greeting & Spiritual Inspirations (1:1) 9:30 Daily Chronicle & Discussions (1:1) 10:00 Pastor Josh: Ipad (1:1) (1st F) 10:30 Hydration & Small Bites (1:1) 11:00 Walk for Heart Health (1:1) 2:00 Pastor Josh: Ipad (1:1) (2nd F) 2:30 Hydration & Small Bites (1:1) 3:30 Pastor Josh: Ipad (1:1) (3rd F)	17 9:00 Morning Greeting & Spiritual Inspirations (1:1) 9:30 Coffee & Donuts (H) 10:30 Coffee & Donuts (H) 12:30 Picnic Lunch at Bubeck Park (2nd F)(OOB) 1:30 Nature Exploration: Watching Swans 2:30 Walk around Lake (OOB)	18 9:00 Morning Greeting & Spiritual Inspirations (1:1) 9:30 Daily Chronicle & Discussions (1:1) 10:00 Fruit Smoothie Cart (H) (1st F) 1:00 Fruit Smoothie Cart (H) (2nd F) 2:00 Fruit Smoothie Cart (H) (3rd F) 2:30 Walk on Bike Path (1:1) (1st F) 3:00 Walk on Bike Path (1:1) (2nd F) 3:30 Walk on Bike Path (1:1) (3rd F)	19 9:00 Morning Greeting & Spiritual Inspirations (ND) 9:30 Daily Chronicle & Discussions (ND) 10:00 Doorway Church Service with Deacon Henninger (1st F) 11:30 Wine Cart (1st, 2nd & 3rd F) 1:00 Doorway Church Service with Deacon Henninger (2nd F) 2:00 Doorway Church Service with Deacon Henninger (3rd F)	20 9:00 Morning Greeting & Spiritual Inspirations (1:1) 9:30 Daily Chronicle & Discussions (1:1) 10:00 Baking Club (A) 10:30 Hydration & Small Bites (A) 1:00 Nickel Bingo \$\$ (A) (1st F) 2:00 Nickel Bingo \$\$ (A) (2nd & 3rd F) 3:30 Nature Exploration: Feeding Birds (P) First Day of Summer
	21 9:00 Morning Greeting & Spiritual Inspirations (1:1) 9:15 Reading the Republican (1:1) 9:30 Stretches to the Polkas (H) (1st F) 10:00 Stretches to the Polkas (2nd & 3rd F) 1:00 Video Chat Families (1:1) 2:00 Father's Day Cookout (P) 3:00 Reminiscing (P) Father's Day	22 9:00 Morning Greeting & Spiritual Inspirations (1:1) 9:30 Daily Chronicle & Discussions (1:1) 10:00 Doorway Church Service with Deacon Henninger (1st F) 11:00 Walk for Heart Health (1:1) 1:00 Doorway Church Service with Deacon Henninger (2nd F) 2:00 Doorway Church Service with Deacon Henninger (3rd F) 3:00 IN2L: Google Map (C)	23 9:00 Morning Greeting & Spiritual Inspirations (1:1) 9:30 Daily Chronicle & Discussions (1:1) 10:00 Pastor Josh: Ipad (1:1) (1st F) 10:30 Hydration & Small Bites (1:1) 11:00 Walk for Heart Health (1:1) 2:00 Pastor Josh: Ipad (1:1) (2nd F) 2:30 Hydration & Small Bites (1:1) 3:30 Pastor Josh: Ipad (1:1) (3rd F)	24 9:00 Morning Greeting & Spiritual Inspirations (1:1) 9:30 Coffee & Donuts (H) 10:30 Coffee & Donuts (H) 12:30 Picnic Lunch at Bubeck Park (3rd F)(OOB) 1:30 Nature Exploration: Watching Swans 2:30 Walk around Lake (OOB)	25 9:00 Morning Greeting & Spiritual Inspirations (1:1) 9:30 Daily Chronicle & Discussions (1:1) 10:00 Parachute Balloon Toss (P) (1st F) 10:30 Hydration & Small Bites (P) 1:00 Parachute Balloon Toss (P) (2nd F) 1:30 Hydration & Small Bites (P) 2:00 Parachute Balloon Toss (P) (3rd F) 2:30 Hydration & Small Bites (P) 5:00 June Birthday Celebration Dinner	26 9:00 Morning Greeting & Spiritual Inspirations (1:1) 9:30 Daily Chronicle & Discussions (1:1) 10:00 Doorway Church Service with Deacon Henninger (1st F) 11:30 Wine Cart (1st, 2nd, & 3rd F) 1:00 Doorway Church Service with Deacon Henninger (2nd F) 2:00 Doorway Church Service with Deacon Henninger (3rd F)	27 9:00 Morning Greeting & Spiritual Inspirations (1:1) 9:30 Daily Chronicle & Discussions (1:1) 10:00 Baking Club (A) 10:30 Hydration & Small Bites (A) 1:00 Memory Magic (A) 2:00 Memory Magic (A) 3:30 Reminiscing on Porch (1:1)
	28 9:00 Morning Greeting & Spiritual Inspirations (1:1) 9:15 Reading the Republican (1:1) 9:30 Ball Toss to the Polkas (H) (1st F) 10:00 Ball Toss to the Polkas (H) (2nd F) 1:00 Video Chat Families (1:1) 2:00 Ball Toss to the Polkas (H) (3rd F) 2:30 Reminiscing in Gazebo (1:1) 3:30 Reminiscing in Gazebo (1:1)	29 9:00 Morning Greeting & Spiritual Inspirations (1:1) 9:30 Daily Chronicle & Discussions (1:1) 10:00 Doorway Church Service with Deacon Henninger (1st F) 11:00 Walk for Heart Health (1:1) (PL) 1:00 Doorway Church Service with Deacon Henninger (2nd F) 2:00 Doorway Church Service with Deacon Henniger (3rd F)	30 9:00 Morning Greeting & Spiritual Inspirations (1:1) 9:30 Daily Chronicle & Discussions (1:1) 10:00 Pastor Josh: Ipad (1:1) (1st F) 10:30 Hydration & Small Bites (1:1) 11:00 Walk for Heart Health (1:1) 2:00 Pastor Josh: Ipad (1:1) (2nd F) 2:30 Hydration & Small Bites (1:1) 3:30 Pastor Josh: Ipad (1:1) (3rd F)	Calendar Key: (1:1) 1 on 1 (F) Floor (P) Patio (A) Activity Room (H) Hallway (OOB) Out Of Building \$\$ Cost Involved		Always Available Independent Activity: Cards Puzzles Word Search Adult Coloring Books Brain Game Worksheets	

