


# CONNECTIONS



# AUGUST 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<p>1</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Morning Stretch 10:00 Thought of the Day 10:45 Hydration 11:00 Laugh Out Loud 12:00 Lunch 1:00 Name 10 2:30 Bingo! 3:30 Sing Along with Susie Q 5:00 Dinner 6:00 Laurence Welk Show 7:00 Evening Wind Down</p>
<p>2</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Ball Toss &amp; Exercise 10:00 Coffee &amp; Conversation 10:45 Hydration 11:00 Communion &amp; Sacred Hymns 12:00 Lunch 1:00 Art Impressions 2:30 Cooking Class: Ice Cream Sandwiches 3:30 Putt Putt and Golf Talk 5:00 Dinner 6:00 Popcorn Movie Night 7:00 Evening Wind Down</p>	<p>3</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Morning Stretch 10:00 Daily News 10:45 Hydration 11:00 Guess the Scent 12:00 Lunch 1:00 Who Am I? 2:30 Gardening Club 3:30 Walking Club 5:00 Dinner 6:00 Dick Van Dyke 7:00 Evening Wind Down</p>	<p>4</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Chair Dancing Exercise 10:00 Celebrating Toni Bennett Day 10:45 Hydration 11:00 Cranium Crunches 12:00 Lunch 1:00 Corn Hole 2:30 Watermelon Creations 3:30 Crafter's Corner: Ceramics Class 5:00 Dinner 6:00 Name that Tune 7:00 Evening Wind Down</p>	<p>5</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Chair Yoga &amp; Meditation 10:00 News &amp; Discussion 10:45 Hydration 11:00 Baking Class 12:00 Lunch 1:00 Name That Tune 2:30 Bingo! 3:30 Afternoon Tea Time 5:00 Dinner 6:00 Family Feud 7:00 Evening Wind Down</p>	<p>6</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Stretch Bands &amp; Weights 10:00 Today in History 10:45 Hydration 11:00 Spa Day 12:00 Lunch 1:00 Fresh Flower Arranging 2:30 Root Beer Float Social 3:30 Ladder Ball Game 5:00 Dinner 6:00 Table Talk Social 7:00 Evening Wind Down</p>	<p>7</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Balance &amp; Tone Exercise 10:00 Daily Chronicles 10:45 Hydration 11:00 It's Trivial 12:00 Lunch 1:00 Categories Game 2:30 Ring Toss 3:30 Music &amp; Happy Hour 5:00 Dinner 6:00 Brain Teasers 7:00 Evening Wind Down</p>	<p>8</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Tai Chi Exercise 10:00 Flora and Fauna 10:45 Hydration 11:00 How Much Does It Cost 12:00 Lunch 1:00 Today in Time 2:30 Jingo! 3:30 Indoor Volley Ball 5:00 Dinner 6:00 Laurence Welk Show 7:00 Evening Wind Down</p>
<p>9</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Dancing in Chairs 10:00 Vacation Memories Day 10:45 Hydration 11:00 Communion &amp; Sacred Hymns 12:00 Lunch 1:00 Rat Pack Sing Along 2:30 Sundae Fun Day 3:30 Shuffle Board 5:00 Dinner 6:00 Classic Movie Night 7:00 Evening Wind Down</p>	<p>10</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Morning Stretch 10:00 Daily News 10:45 Hydration 11:00 Funniest Home Videos 12:00 Lunch 1:00 Finish the Lyrics 2:30 S'mores Creations 3:30 Walking Club 5:00 Dinner 6:00 Ring Toss 7:00 Evening Wind Down</p>	<p>11</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Move &amp; Groove Exercise 10:00 Finish the Phrase 10:45 Hydration 11:00 Food For Thought 12:00 Lunch 1:00 Name 10 Game 2:30 Celebrating Elvis Week 3:30 Crafter's Corner: Sun Catchers 5:00 Dinner 6:00 Stargazer Social 7:00 Evening Wind Down</p>	<p>12</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Chair Yoga &amp; Meditation 10:00 News &amp; Discussion 10:45 Hydration 11:00 Cooking Class 12:00 Lunch 1:00 Mad Science 2:30 Jingo! 3:30 Ladder Ball 5:00 Dinner 6:00 The Price is Right 7:00 Evening Wind Down</p>	<p>13</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Chair Aerobics 10:00 Famous Faces &amp; Places 10:45 Hydration 11:00 Spa Day 12:00 Lunch 1:30 Men's Club 1:30 Fresh Flower Arranging 3:00 Indoor Volley Ball 5:00 Dinner 6:00 Wheel of Fortune 7:00 Evening Wind Down</p>	<p>14</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Tai Chi Exercise 10:00 Daily Chronicles 10:45 Hydration 11:00 Cranium Crunches 12:00 Lunch 1:00 Random Trivia 2:30 Indoor Volley Ball 3:30 Music &amp; Happy Hour 5:00 Dinner 6:00 Popcorn Movie Night 7:00 Evening Wind Down</p>	<p>15</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Stretch to the Stars 10:00 Arm Chair Travel 10:45 Hydration 11:00 Laugh Out Loud 12:00 Lunch 1:00 Common Sayings 2:30 Bingo! 3:30 Corn Hole 5:00 Dinner 6:00 Laurence Welk Show 7:00 Evening Wind Down</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>16</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Sit &amp; Fit Exercise 10:00 Coffee &amp; Conversation 10:45 Hydration 11:00 Communion &amp; Sacred Hymns 12:00 Lunch 1:00 Art Impressions 2:30 Dog Days of Summer Social 3:30 Sing Along with Susie Q 5:00 Dinner 6:00 Family Feud 7:00 Evening Wind Down</p>	<p>17</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Morning Stretch 10:00 Daily News 10:45 Hydration 11:00 Wild Bird Treats 12:00 Lunch 1:00 Finish the lyrics 2:30 Target Game 3:30 Neighborhood Walking Club 5:00 Dinner 6:00 Comedy Night 7:00 Evening Wind Down</p>	<p>18</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Move &amp; Groove Exercise 10:00 Time Slips &amp; Discussion 10:45 Hydration 11:00 Mad Libs 12:00 Lunch 1:00 Traveling Light 2:30 Afternoon Tea Time 3:30 Crafter's Corner: Jewelry Making 5:00 Dinner 6:00 Table Talk Social 7:00 Evening Wind Down</p>	<p>19</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Chair Yoga &amp; Meditation 10:00 News &amp; Discussion 10:45 Hydration 11:00 Cooking Class 12:00 Lunch 1:00 Jumbo Cross Word 2:30 Bingo! 3:30 Bowling 5:00 Dinner 6:00 Karaoke 7:00 Evening Wind Down</p>	<p>20</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Stretch Bands &amp; Weights 10:00 Today in Time 10:45 Hydration 11:00 Spa Day 12:00 Lunch 1:00 Music Memories 2:30 Fresh Flower Arranging 3:30 Chair Soccer 5:00 Dinner 6:00 Game Night! 7:00 Evening Wind Down</p>	<p>21</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Ball Toss &amp; Exercise 10:00 Daily Chronicles 10:45 Hydration 11:00 Famous Faces and Places 12:00 Lunch 1:00 Picture This 2:30 Celebrating You! 3:30 Telling Your Story 5:00 Dinner 6:00 I Love Lucy Show 7:00 Evening Wind Down</p>	<p>22</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Tai Chi Exercise 10:00 Have you Ever? 10:45 Hydration 11:00 Crafter's Corner: Decorating Hats 12:00 Lunch 1:00 Price is Right 2:30 Jingo! 3:30 Ladder Ball 5:00 Dinner 6:00 Laurence Welk Show 7:00 Evening Wind Down</p>	
<p>23</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Chair Dancing Exercise 10:00 Flora &amp; Fauna 10:45 Hydration 11:00 Communion &amp; Sacred Hymns 12:00 Lunch 1:00 Sing that Tune 2:30 Snack Crate: Exploring Japan 3:30 Indoor Volleyball 5:00 Dinner 6:00 Price is Right Game 7:00 Evening Wind Down</p>	<p>24</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Morning Stretch 10:00 Daily News 10:45 Hydration 11:00 Move to the Music 12:00 Lunch 1:00 Tea Talks 2:30 Gardening Club 3:30 Neighborhood Walking Club 5:00 Dinner 6:00 Popcorn Movie Night 7:00 Evening Wind Down</p>	<p>25</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Chair Dancing Exercise 10:00 Food for Thought 10:45 Hydration 11:00 Travel Down the Yellow Brick Road 12:00 Lunch 1:00 A Gem of a Day 2:30 Music Enthusiasts 3:30 Crafter's Corner: Painting Class 5:00 Dinner 6:00 Ladder Ball 7:00 Evening Wind Down</p>	<p>26</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Chair Yoga &amp; Meditation 10:00 News &amp; Discussion 10:45 Hydration 11:00 Baking Class 12:00 Lunch 1:00 Mad Science 2:30 Jingo! 3:30 Shuffle Board 5:00 Dinner 6:00 Comedy Night 7:00 Evening Wind Down</p>	<p>27</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Chair Aerobics 10:00 Time Slips &amp; Discussions 10:45 Hydration 11:00 Spa Day 12:00 Lunch 1:00 Time Slips &amp; Discussion 2:30 Fresh Flower Arranging 3:30 Reminiscing with Senses 5:00 Dinner 6:00 Stargazer Social 7:00 Evening Wind Down</p>	<p>28</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Tai Chi Exercise 10:00 Daily Chronicles 10:45 Hydration 11:00 Cooking Class 12:00 Lunch 1:00 Name that Tune 2:30 Crafter's Corner: Wood Working 3:30 Music &amp; Happy Hour 5:00 Dinner 6:00 Karaoke 7:00 Evening Wind Down</p>	<p>29</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Balance &amp; Tone 10:00 Trip Down Memory Lane 10:45 Hydration 11:00 Laugh Out Loud 12:00 Lunch 1:00 Mary Poppins Trivia &amp; Chocolate 2:30 Bingo! 3:30 Putt Putt and Golf Talk 5:00 Dinner 6:00 Lawrence Welk Show 7:00 Evening Wind Down</p>	
<p>30</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Sit &amp; Fit Exercise 10:00 Name 10 Game 10:45 Hydration 11:00 Communion &amp; Sacred Hymns 12:00 Lunch 1:00 Sing Along with Susie Q 2:30 Art Impressions 3:30 Ladder Ball 5:00 Dinner 6:00 Carol Burnett Show 7:00 Evening Wind Down</p>	<p>31</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:00 Morning Stretch 10:00 Daily News 10:45 Hydration 11:00 Color Creations 12:00 Lunch 1:00 Horsing Around 2:30 Making Trail Mix 3:30 Neighborhood Walking Club 5:00 Dinner 6:00 Comedy Night 7:00 Evening Wind Down</p>	<p><b>CONNECTIONS</b></p> 					<p><b>AUGUST 2020</b></p>