


CONNECTIONS



SEPTEMBER 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 7:00 Activities of Daily Living 8:00 Breakfast 9:15 Sit and Be Fit 10:00 Hydration Station 10:30 Countryside Ride 12:00 Lunch 1:30 Countryside Ride 2:30 Afternoon News & Discussion 3:30 Tea & Coffee Social 5:00 Dinner 6:00 Family Feud 7:00 Evening Wind Down	2 7:00 Activities of Daily Living 8:00 Breakfast 9:15 Sacred Hymns 10:00 Chair Yoga & Meditation 10:45 Hydration Station 11:00 Reminiscing 1940's 12:00 Lunch 1:00 Sing Along w/ Suzie Q 2:00 Color Splash 3:30 Courtyard Picnic 5:00 Dinner 6:00 Funniest Home Videos 7:00 Evening Wind Down	3 7:00 Activities of Daily Living 8:00 Breakfast 9:15 Time Slips & Discussion 10:00 Sit and Be Fit 10:45 Hydration Station 11:00 It's Puzzling 12:00 Lunch 1:00 Flower Arranging 1:00 Men's Club 2:00 Baking Class: No Bake Desserts 3:30 Snack Crate Exploration 5:00 Dinner 6:00 Wheel of Fortune 7:00 Evening Wind Down	4 7:00 Activities of Daily Living 8:00 Breakfast 9:15 On this Day 10:00 Tai Chi 10:45 Hydration Station 11:00 Cranium Crunches 12:00 Lunch 1:00 Music in the Making 2:00 Playing Card Bingo 3:30 Happy Hour 5:00 Dinner 6:00 Movie & Popcorn 7:00 Evening Wind Down	5 7:00 Activities of Daily Living 8:00 Breakfast 9:15 Daily Devotional 10:00 Move and Groove Exercise 10:45 Hydration Station 11:00 Finish the Lyrics 12:00 Lunch 1:00 Kentucky Derby History 2:00 Crafter's Corner 3:00 Kentucky Derby Race 5:00 Dinner 6:00 Classic TV 7:00 Evening Wind Down
6 7:00 Activities of Daily Living 8:00 Breakfast 9:15 Sacred Hymns 10:00 Morning Stretches 10:45 Hydration Station 11:00 Communion 12:00 Lunch 1:00 Phillies Game 2:00 Corn Hole 3:30 Art Enthusiasts: Jewelry Making 5:00 Dinner 6:00 After Dinner Bingo 7:00 Evening Wind Down	7 7:00 Activities of Daily Living 8:00 Breakfast 9:15 Morning News and Discussion 10:00 Weight Training Exercise 10:45 Hydration Station 11:00 Labor Day Trivia & Puzzles 12:00 Lunch 1:00 Manicures & Hand Massages 2:00 Labor Day Crafting 3:15 Labor Day Social 5:00 Dinner 6:00 Classic Movie Night 7:00 Evening Wind Down	8 7:00 Activities of Daily Living 8:00 Breakfast 9:15 Sit and Be Fit 10:00 Hydration Station 10:30 Countryside Ride 11:00 Cranium Crunches 12:00 Lunch 1:30 Countryside Ride 2:30 On This Day 3:30 Jukebox Social 5:00 Dinner 6:00 Price is Right Game 7:00 Evening Wind Down	9 7:00 Activities of Daily Living 8:00 Breakfast 9:15 Sacred Hymns 10:00 Tai Chi 10:45 Hydration Station 11:00 It's Trivial 12:00 Lunch 1:00 Guess the Scent 2:00 Crafter's Corner : Ceramics 3:30 Sip and Laugh 5:00 Dinner 6:00 Karaoke Night 7:00 Evening Wind Down	10 7:00 Activities of Daily Living 8:00 Breakfast 9:15 Discuss and Recall 10:00 Move and Groove Exercise 10:45 Hydration Station 11:00 Finish the Lyrics 12:00 Lunch 1:00 Flower Arranging 1:00 Men's Club 2:30 Cooking Club: Mini Pizza Bits 3:30 Afternoon Mingle 5:00 Dinner 6:00 Court Yard Social 7:00 Evening Wind Down	11 7:00 Activities of Daily Living 8:00 Breakfast 9:15 Time Slips & Discussion 10:00 Chair Yoga & Meditation 10:45 Hydration Station 11:00 Name 10 Game 12:00 Lunch 1:00 Patriotic Sing Along 2:30 Pokeno 3:30 Happy Hour 5:00 Dinner 6:00 How Much Did It Cost? 7:00 Evening Wind Down	12 7:00 Activities of Daily Living 8:00 Breakfast 9:15 Food for Thought 10:00 Sit and Be Fit 10:45 Hydration Station 11:00 Mind Fitness 12:00 Lunch 1:00 Relax with Nature 2:30 Toss and Talk 3:30 Saturday Mocktails 5:00 Dinner 6:00 Movie and Popcorn 7:00 Evening Wind Down

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>13</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:15 Sacred Hymns 10:00 Tai Chi Exercise 10:45 Hydration Station 11:00 Communion 12:00 Lunch 1:00 Discuss & Recall: Parenting 2:30 Dart Ball Game 3:30 Grandparents Day Social 5:00 Dinner 6:00 Ladder Ball 7:00 Evening Wind Down</p>	<p>14</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:15 Morning News and Discussion 10:00 Morning Stretches 10:45 Hydration Station 11:00 Match Them Up 12:00 Lunch 1:00 Manicures & Hand Massages 2:30 Afternoon Tea & Coffee 3:30 Neighborhood Walking Club 5:00 Dinner 6:00 The Classics TV 7:00 Evening Wind Down</p>	<p>15</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:15 Sit and Be Fit 10:00 Hydration Station 10:30 Countryside Ride 12:00 Lunch 1:30 Countryside Ride 2:30 Baking Club: Candy Making 3:30 Balloon Game 5:00 Dinner 6:00 Under the Stars Social 7:00 Evening Wind Down</p>	<p>16</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:15 Sacred Hymns 10:00 Chair Dancing 10:45 Hydration Station 11:00 Thought of the Day 12:00 Lunch 1:00 Sensory Stimulation 2:00 Crafter's Corner: Appreciation Cards 3:30 Making Club: Guacamole and Salsa 5:00 Dinner 6:00 Sing-A-Long 7:00 Evening Wind Down</p>	<p>17</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:15 Chair Yoga 10:00 Guided Meditation 10:45 Hydration Station 11:00 Discuss & Recall: Fifty Interesting Facts 12:00 Lunch 1:00 Fresh Flower Arranging 1:00 Men's Club 2:00 Arm Chair Detective 3:30 Shuffle Board 5:00 Dinner 6:00 Short Stories 7:00 Evening Wind Down</p>	<p>18</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:15 Time Slips & Discussion 10:00 Sit and Be Fit 10:45 Hydration Station 11:00 It's Puzzling 12:00 Lunch 1:00 Memory Magic 2:00 Jingo Game 3:30 Happy Hour 5:00 Dinner 6:00 Game Shows 7:00 Evening Wind Down</p>	<p>19</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:15 Spiritual Inspirations 10:00 Move and Groove Exercise 10:45 Hydration Station 11:00 Picture This 12:00 Lunch 1:00 Sing-A-Long with Suzie Q 2:00 Famous Faces and Places 3:30 Afternoon Mingle 5:00 Dinner 6:00 The Carol Burnett Show 7:00 Evening Wind Down</p>
<p>20</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:15 Sacred Hymns 10:00 Armchair Stretches 10:45 Hydration Station 11:00 Communion 12:00 Lunch 1:00 Cranium Crunches 2:30 Shuffle Board Game 3:30 Art Enthusiasts: Color Splash 5:00 Dinner 6:00 Movie Shorts 7:00 Evening Wind Down</p>	<p>21</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:15 Morning Talk 10:00 Sit and Be Fit 10:45 Hydration Station 11:00 It's Trivial 12:00 Lunch 1:00 Manicures & Hand Massages 2:30 Banana Slip Social 3:30 Neighborhood Walking Club 5:00 Dinner 6:00 Phillies Game 7:00 Evening Wind Down</p>	<p>22</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:15 Tai Chi Exercise 10:00 Hydration Station 10:30 Countryside Ride 12:00 Lunch 1:30 Countryside Ride 2:30 Baking Club: Ice Cream Cone Cake 3:30 September Birthday Celebration 5:00 Dinner 6:00 Root Beer Float Social 7:00 Evening Wind Down</p>	<p>23</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:15 Sacred Hymns 10:00 Chair Yoga 10:45 Hydration Station 11:00 Finish the Phrase 12:00 Lunch 1:00 Short Stories 2:30 Crafter's Corner: No Sew 3:30 Afternoon Tea & Coffee Social 5:00 Dinner 6:00 The Price is Right Show 7:00 Evening Wind Down</p>	<p>24</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:15 Morning News and Discussion 10:00 Conductorcise 10:45 Hydration Station 11:00 Name 10 12:00 Lunch 1:00 Fresh Flower Arranging 1:00 Men's Club 2:30 Toss and Talk 3:30 Afternoon Mingle 5:00 Dinner 6:00 Ice Cream Social 7:00 Evening Wind Down</p>	<p>25</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:15 Food for Thought 10:00 Morning Stretches 10:45 Hydration Station 11:00 Famous Faces and Places 12:00 Lunch 1:00 Sing-A-Long 2:00 Bingo 3:30 Happy Hour 5:00 Dinner 6:00 Classic Movie Night 7:00 Evening Wind Down</p>	<p>26</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:15 Time Slips & Discussion 10:00 Sit and Be Fit 10:45 Hydration Station 11:00 Brain Fitness 12:00 Lunch 1:00 Music in the Making 2:30 Art Enthusiasts: Jewelry Making 3:30 Making Club: Cupcake Decorating 5:00 Dinner 6:00 The I Love Lucy Show 7:00 Evening Wind Down</p>
<p>27</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:15 Sacred Hymns 10:00 Move and Groove Exercise 10:45 Hydration Station 11:00 Communion 12:00 Lunch 1:00 Color Splash 2:00 Ladder Ball 3:00 Baseball Social: Phillies Game 5:00 Dinner 6:00 The Lawrence Welk Show 7:00 Evening Wind Down</p>	<p>28</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:15 Discuss & Recall 10:00 Chair Yoga 10:45 Hydration Station 11:00 Guess Who 12:00 Lunch 1:00 Manicures & Hand Massages 2:30 Afternoon Tea Social 3:30 Neighborhood Walking Club 5:00 Dinner 6:00 Funniest Home Videos 7:00 Evening Wind Down</p>	<p>29</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:15 Morning Stretches 10:00 Hydration Station 10:30 Countryside Ride 12:00 Lunch 1:30 Countryside Ride 2:30 Famous Faces and Places 3:30 Afternoon Mingle 5:00 Dinner 6:00 Poems and Stories 7:00 Evening Wind Down</p>	<p>30</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 9:15 Sacred Hymns 10:00 Chair Dancing 10:45 Hydration Station 11:00 Cranium Crunches 12:00 Lunch 1:00 Relax with Nature 2:30 Crafter's Corner: Sun Catchers 3:30 Sip and Laugh 5:00 Dinner 6:00 Hot Chocolate Social 7:00 Evening Wind Down</p>	<p>CONNECTIONS</p>  <p>SEPTEMBER 2020</p>		