

Focus on Wellness

Every September we celebrate National Assisted Living week. This year, from September 13th – 19th, we look forward to something positive to celebrate in all Providence Place communities as this has been a challenging year!

This is an opportunity to take the time to say a special thank you to our team of essential workers for all of the time and energy they give to making this community feel like a family. We know many of our staff call the residents their “second family”.

Please check out all of the events that are planned in the coming weeks to celebrate Assisted Living Week. And please join us in expressing your appreciation to a co-worker.

Thank you today and always -- we can't wait to have some fun!

For more information on National Assisted Living Week or this year's theme, **“Caring is Essential”**,

please visit:
www.ACHANCAL.org



Dimensions
of Wellness



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email. Please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com



Providence Place SENIOR LIVING News

Q3: September 2020

A Note from the Executive Director

As always, I would like to thank everyone for their continued patience and understanding during these trying times. We will keep everyone posted as we transition through phases in the community. All staff are continuing to wear masks throughout their shifts. All new residents are on an isolation period. PPE is required for symptomatic and positive cases.

We will resume our window visits as soon as possible. We ask that all parties for the window visits utilize proper precautions. We ask for everyone to wear a face mask. If you or your loved one has an interior apartment please call the front desk to schedule a window visit in the common areas. Our staff would be more than happy to continue to assist with virtual visits such as FaceTime, Zoom, and Skype.

We look forward to the coming of fall and are staying #ProvidencePlaceStrong.

Thank you for your cooperation, hang in there we will get through this together!

Howard Holben, Executive Director


Resident Birthdays

September

- 1 – Hilda Melhorn & Eleanor Loftus
- 2 – Mildred Becker
- 6 – Joyce Schaeffer & Bertha Alwine
- 8 – Sally Messenger
- 9 – Fairy Carver
- 13 – Helen Kathleen Waters
- 16 – Joann Lehman & Lottie Berkheimer
- 19 – Deloris Crone
- 20 – Morgan Stobie
- 23 – Claire Papenberg
- 26 – Carol Murphy
- 27 – Louella Deardorff
- 28 – Joan Gromling

Welcome New Residents

Sally Kursar
Larry Kursar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
		1 9:30 Chair Exercise (AR) 9:30 Nature Walking Path (AR) 10:00 Grief share (100 HP) 10:30 Yoga Class by Allison (FR) 11:00 Trivia (AR) 1:00 Poker (AR) 1:00 Fall Foliage Country Ride** (OOB) 3:00 Ice Cream Social (P) 4:00 Balance Class (FR) 6:00 Bingo (AR)	2 9:30 Chair Exercise (AR) 10:30 Nature Walking Path (OWP) 11:15 Trivia (AR) 1:00 Bingo (AR) 2:00 Jingo (AR) 3:00 Gardening Club: Succulents (AR) 6:00 Knit Pickers (100 Hall Lounge)	3 9:00 Chair Exercise (AR) 10:00 Bible Study (P) 10:00 Art Enthusiasts: Painting Flowers (AR) 1:00 Jingo (AR) 2:30 Musical Happy Hour: Dan Martin (P) 4:00 Balance Class (FR) 5:00 Country Ride and Ice Cream**\$\$ (OOB)	4 10:00 - 3:30 Fair Day (100 HP) Fair Games: • Toss the Can • Egg & Spoon Race • Table Tennis Toss, & More! Fair Foods: • Cotton Candy • Funnel Cakes, • Soft Pretzels, & More! 4:30 Wine and Dine (DR)	5 9:00 Chair Exercise (AR) 10:00 Pastries and Chat (AR) 11:00 Trivia (AR) 1:00 Bingo (AR) 2:00 Musical Entertainment: Mick Cockran (100 HP) 3:00 Ice Cream Social (P) 5:00 Rummikub (SR)	
	6 9:00 Chair Exercise (AR) 10:00 Bingo (AR) 11:00 Jingo (AR) 1:00 Nature Walking Path (FL) 2:00 Worship Church Service (CH) 2:00 Outside Patio Games (100 HP) 3:00 Fruit Smoothie Social (100 HP) 6:00 Widow to Widowers Club (CH)	7 9:30 Chair Exercise (AR) 10:00 iN2L: Brain Games (AR) 11:00 I've Got It Game (AR) 1:30 Bingo (AR) 2:30 Community Life Committee Meeting (AR) 3:00 Manicures and Wine (AR) 6:00 Card Club: 500 (AR) Labor Day	8 9:30 Chair Exercise (AR) 10:00 Grief Share (100 HP) 10:15 Fall Foliage Country Ride** (OOB) 10:30 Yoga Class by Allison (FR) 1:00 Bingo (AR) 2:30 Musical Happy Hour: Leo Rever (P) 3:30 Trivia (P) 4:00 Balance Class (FR) 5:00 Rummikub (SR)	9 9:30 Chair Exercise (AR) 10:30 Nature Walking Path (OWP) 11:15 Trivia (AR) 1:00 Jingo (AR) 2:00 Bingo (AR) 3:00 Milkshake Social (100 H. Patio) 6:00 Knit Pickers (100 Hall Lounge)	10 9:30 Chair Exercise (AR) 10:00 Bible Study (P) 10:15 Nature Walking Path (OWP) 11:00 Trivia (AR) 1:00 Bingo (AR) 2:00 Root Beer Float Social (P) 3:00 Church Service (CH) 3:00 Kings in the Corner (AR) 4:00 Balance Class (FR)	11 9:30 Chair Exercise (AR) 10:00 Chef's Food Demo (AR) 10:15 Curbside Market Run: Weis**\$\$ 1:00 iN2L - Brain Games (AR) 2:00 Bingo (AR) 3:00 Ice Cream Social (100 HP) 4:30 Wine and Dine (DR) Patriot Day	12 9:00 Chair Exercise (AR) 10:00 Pastries and Chat (AR) 11:00 Pokeno (AR) 1:00 Bingo (AR) 2:00 Hangman (AR) 3:00 Banana Split Social (100 HP) 5:00 Rummikub (SR)
	13 9:00 Chair Exercise (AR) 10:00 Jingo (AR) 11:00 Bingo (AR) 1:00 Nature Walking Path (FL) 2:00 Worship Church Service (CH) 2:00 Outside Patio Games (100 H. P.) 3:00 Root Beer Float Social (100 H. P.) 6:00 Veterans Club (CH) Grandparents Day	14 9:00 Chair Exercise (AR) 10:00 iN2L: Brain Games (AR) 11:30 Men's Club Lunch (100 HP) 1:30 Bingo (AR) 3:00 Manicures and Wine (AR) 3:00 Drum Circle with Jeff Kuhn (100 HP) 6:00 Card Club: 500 (AR)	15 9:00 Chair Exercise (AR) 10:00 Grief share (100 HL) 10:00 Craft Corner: Fall Mason Jars (AR) 10:30 Yoga Class by Allison (FR) 11:00 Trivia (AR) 1:00 Fall Foliage Country Ride** (OOB) 1:15 Poker (AR) 2:30 Musical Happy Hour: Don Wiedemayr (P) 4:00 Balance Class (FR) 6:00 Bingo (AR)	16 9:30 Chair Exercise (AR) 10:15 Nature Walking Path (OWP) 11:00 Trivia (AR) 1:00 Pokeno (AR) 2:00 Bingo (AR) 3:00 Ice Cream Social (AR) 6:00 Knit Pickers (100 Hall Lounge)	17 9:30 Chair Exercise (AR) 9:30 Nature Walking Path (FL) 10:00 Bible Study (P) 11:00 Trivia (AR) 1:00 I've Got It Game (AR) 2:00 Bingo (AR) 3:00 Church Service (CH) 4:00 Balance Class (FR) 4:00 Movie and Pizza (CH)	18 9:00 Chair Exercise (AR) 10:00 Chef's Food Pairing (AR) 10:15 Curbside Market Run: Giant**\$\$ 1:00 Trivia: Rosh Hashana (AR) 2:00 Musical Entertainment: Thomas Schulz (100 HP) 3:00 Milkshake Social (100 HP) 4:30 Wine and Dine (DR) Rosh Hashanah	19 9:00 Chair Exercise (AR) 10:00 Pastries and Chat (AR) 11:00 Bingo (AR) 1:00 Jingo (AR) 2:00 Musical Entertainment: Memory Music (100 HP) 3:00 Fruit Smoothie Social (100 HP) 6:00 Bingo (AR)
	20 9:00 Chair Exercise (AR) 10:00 Pokeno (AR) 11:00 Bingo (AR) 1:00 Nature Walking Path (FL) 2:00 Worship Church Service (CH) 3:00 Musical Entertainment Bryan Herbert (100 HP) 3:00 Table Top Games (AR) 6:00 Widow to Widowers (CH)	21 9:00 Chair Exercise (AR) 10:00 Craft Corner: Autumn Wreath (AR) 1:00 Trivia: Peace Day (AR) 2:00 Bingo (AR) 3:00 Manicures and Wine (AR) 4:00 Nature Walking Path (FL) 6:00 Card Club: 500 (AR)	22 9:00 Chair Exercise (AR) 10:00 Culinary Creations: Apple Cider Doughnut Cake (AR) 10:00 Grief Share (100 HL) 10:30 Yoga Class by Allison (FR) 1:00 Fall Foliage Country Ride** (OOB) 1:15 Bingo (AR) 2:30 Musical Happy Hour: Michael Carl (P) 4:00 Balance Class (FR) 5:00 Men's Club Dinner (P)	23 9:30 Chair Exercise (AR) 10:15 Nature Walking Path (OWP) 11:00 Trivia (AR) 11:00 Poker (100 HL) 1:00 Jingo (AR) 2:00 Bingo (AR) 3:00 Ice Cream Social (AR) 6:00 Knit Pickers (100 HL)	24 9:00 Chair Exercise (AR) 9:30 Nature Walking Path (FL) 10:00 Bible Study (P.) 11:00 Trivia (AR) 1:00 Jingo (AR) 2:30 Fire Side Chat (AR) 3:00 Church Service (CH) 4:00 Balance Class (FR) 4:00 Movie and Pizza (CH)	25 9:00 Chair Exercise (AR) 9:30 Nature Walking Path (FL) 10:00 Country Ride (FL) 10:00 Bingo (AR) 1:00 iN2L: Brain Games (AR) 2:00 Dining Services Committee Meeting (AR) 2:00 Poker (100 HL) 3:00 Banana Split Social (100 HP) 4:30 Wine and Dine (DR)	26 9:00 Chair Exercise (AR) 10:00 Pastries and Chat (AR) 11:00 Trivia (AR) 1:00 Poker (AR) 2:00 Musical Entertainment: Leo Reaver(100 HP) 3:00 Bingo (AR) 5:00 Rummikub (SR)
	27 9:00 Chair Exercise (AR) 10:00 Bingo (AR) 11:00 Jingo (AR) 1:00 Trivia: Yom Kippur (AR) 2:00 Worship Church Service (CH) 2:00 Outside Patio Games (100 HP) 3:00 Ice Cream Social (100 HP) 6:00 Veterans Club (CH) Yom Kippur	28 9:00 Chair Exercise (AR) 10:00 iN2L: Brain Games (AR) 11:00 Bingo (AR) 1:00 Poker (AR) 2:00 Jingo (AR) 3:00 Manicures and Wine (AR) 6:00 Card Club: 500 (AR)	29 9:00 Chair Exercise (AR) 10:00 Armchair Travel: Egypt (AR) 10:00 Grief share (100 HP) 10:30 Yoga Class by Allison (FR) 1:00 Fall Foliage Country Ride** (OOB) 1:00 I've Got It Game (AR) 2:30 Super Happy Hour: Casino (P) 4:00 Balance Class (FR) 6:00 Bingo (AR)	30 9:30 Chair Exercise (AR) 10:15 Nature Walking Path (OWP) 11:00 Culinary Creations: Pumpkin Roll (AR) 1:00 Bingo (AR) 2:00 Pokeno (AR) 3:00 Apple Cider Social (P) 6:00 Knit Pickers (100 HL)	Calendar Key: (AR) Activities Room (SR) Sunshine Room, (FL) Front Lobby (FR) Fitness Room, (CH) Chapel (DR) Dining Room, (P) Pub (100 HL) 100 Hall Lounge, (100 HP) 100 Hall Patio ** Registration Required \$\$ Cost Involved (OOB) Out of Building (OWP) Outside Walking Path		<h1>September</h1> <h1>2020</h1>