

Focus on Wellness

Every September we celebrate National Assisted Living week. This year, from September 13th – 19th, we look forward to something positive to celebrate in all Providence Place communities as this has been a challenging year!

This is an opportunity to take the time to say a special thank you to our team of essential workers for all of the time and energy they give to making this community feel like a family. We know many of our staff call the residents their “second family”.

Please check out all of the events that are planned in the coming weeks to celebrate Assisted Living Week. And please join us in expressing your appreciation to a co-worker.

Thank you today and always -- we can't wait to have some fun!

For more information on National Assisted Living Week or this year's theme, **“Caring is Essential”**,

please visit:
www.ACHANCAL.org



*Dimensions
of Wellness*



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email. Please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com



Providence Place SENIOR LIVING News

Q3: September 2020

A Note from the Executive Director

Greetings Residents,

This month we welcome the season of fall, the days will still be warm and the nights will be cooler. You can sit on any of our porches and observe the splendor of the season with its brightly colored leaves.

Do you remember as a child the magic of a pile of colorful leaves as you run and jump in? Fall is also a good time to sit around a bonfire and drink warm cider and enjoy some s'mores.

September is the month of National Assisted Living Week which kicks off on Sunday, September 13th until Saturday, September 19th.

Also happening on September 13th is Grandparents Day, be on the lookout for special activities celebrating all Grandparents!

I hope you enjoy this beautiful transitional month.

Sincerely,

Tanya Hoy, Executive Director


Resident Birthdays

September

- 2 – Katherine Lord
- 6 – Sang O'Reilly
- 9 – Joanne Kinder
- 11 – John Rohrbach
- 12 – Robert Miller & Dave Rich
- 13 – Mary Leschik
- 14 – Chester Arnold & Gladys Bachman & Anna Upton
- 17 – Bill Davidson
- 18 – Cecelia Muench
- 19 – Audrey Serrian
- 20 – Elizabeth Lavenberg
- 25 – Wilbur Brokenshire
- 30 – Sandra Coyle

Welcome New Residents

- Lillie Kauffman
- Richard Purcell
- Robert Falatovich
- Jane DiCasimirro
- Charlotte DiCasimirro

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|--|--|---|--|---|
| THE  | | 1 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:15 Sing-A-Long (CN) 10:30 Hydration & Small Bites (CN) 11:00 Walk for Heart Health (1:1) 2:00 Craft: Model Magic (FR) 2:30 Hydration & Small Bites (FR) 3:30 Cranium Crunches (FR) | 2 9:00 Morning Meeting & Inspirations (A) 9:30 Coffee, Donuts & Discussions (A) 10:30 Coffee, Donuts & Discussions (A) 11:30 Picnic Lunch (P) 1:00 Beach Party (P) 2:00 Balloon Volleyball (P) 2:00 Video Chat with Families (1:1) 3:30 Card Club (A) | 3 9:00 Morning Meeting & Inspirations (FR) 9:30 Daily Chronicle & Discussions (FR) 10:00 Art Class (FR) 1:00 Finish My Lines (C) 2:00 Exploring iN2L (C) 3:00 Hydration & Small Bites (C) 3:30 Walk on Bike Path (1:1) | 4 9:00 Morning Meeting & Inspirations (3F) 9:30 Daily Chronicle & Discussions (3F) 10:00 Rosary & Communion with Deacon Henninger (2F) (C) 10:15 Exploration iN2L (CN) 2:00 Rosary & Communion (3F) (C) 2:00 Cocktail Hour (A) 3:00 Rosary & Communion (1F) (C) 3:00 Pirate Cocktail Hour (2F) (A) | 5 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussion (A) 10:00 Baking Club (A) 10:30 Hydration & Small Bites (A) 1:30 Helping Hands: Setting Up Game (A) 2:00 Nickel Bingo \$\$ (A) 3:30 Nature Exploration: Facts of Plants (P) |
| | | 6 9:00 Morning Meeting & Inspirations (A) 9:15 Daily Chronicle & Discussions (A) 9:30 Reading the Republican (A) 10:00 Stretches to the Polkas (A) 1:00 Video Chat with Families (1:1) 1:00 Country Ride (2F) (OOB) 3:00 Country Ride (3F) (OOB) 3:00 Words in Words (A) | 7 9:00 Morning Meeting & Inspirations (3F) 9:30 Daily Chronicle & Discussions (3F) 10:15 Memory Magic (CN) 1:00 Rosary & Communion (1F) 2:00 Rosary & Communion (3F) (C) 2:00 Peach Sundae Cart (AF) 3:30 Walk for Heart Health (1:1) Labor Day | 8 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:15 Sing-A-Long (CN) 10:30 Hydration & Small Bites (CN) 11:00 Walk for Heart Health (1:1) 2:00 Creative Writing: Favorite Animal (FR) 2:00 Video Chat with Families (1:1) 2:30 Hydration & Small Bites (FR) 3:30 Drama Club (FR) | 9 9:00 Morning Meeting & Inspirations (A) 9:30 Coffee, Donuts & Discussions (A) 10:30 Coffee, Donuts & Discussions (A) 1:00 Plum Creek Creamery & Market Place (2F & 3F) (OOB) 3:30 Farm to Table Salad (A) | 10 9:00 Morning Meeting & Inspirations (FR) 9:30 Daily Chronicle & Discussions (FR) 10:00 Appreciation Gift for Maintenance (A) 1:00 Helping Hands: Delivering Gifts (T) 2:00 Birthday Celebration (CN) 3:00 Reminiscing with Friends (CN) 3:30 Walk on Bike Path (1:1) |
| 13 9:00 Morning Meeting & Inspirations (A) 9:15 Daily Chronicle & Discussions (A) 9:30 Reading the Republican (A) 10:00 Comedy Hour: Grandparents & Grandkids (A) 1:00 Video Chat with Families (1:1) 2:00 Movie: <i>Blue Bird</i> 1:00 Country Ride (2nd F) (OOB) 3:00 Country Ride (3F) (OOB) 3:00 Word Finds (A) Grandparents Day | 14 9:00 Morning Meeting & Inspirations (3F) 9:30 Daily Chronicle & Discussions (3F) 10:00 Rosary & Communion with Deacon Henninger (2F) (C) 10:15 Memory Magic (CN) 1:00 Rosary & Communion (1F) 2:00 Rosary & Communion (3F) (C) 2:00 Making of Smoothies (A) 3:30 Walk for Heart Health (1:1) | 15 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:15 Sing-A-Long (CN) 10:30 Hydration & Small Bites (CN) 11:00 Walk for Heart Health (1:1) 2:00 Appreciation & Save Club: Cutting Coupons (FR) 2:30 Hydration & Small Bites (FR) 3:00 Comedy Hour: Funny Skits (FR) | 16 9:00 Morning Meeting & Inspirations (A) 9:30 Coffee, Donuts & Discussions (A) 10:30 Coffee, Donuts & Discussions (A) 1:00 Brain Games (P) 2:00 Terracotta Pot S'mores (P) 2:00 Video Chat with Families (1:1) 3:30 Card Club (A) | 17 9:00 Morning Meeting & Inspirations (FR) 9:30 Daily Chronicle & Discussions (FR) 10:00 Garden Club: Planting Mums (P) 1:00 Panda Cam: Atlanta Zoo (A) 2:00 Exploring iN2L (C) 3:00 Hydration & Small Bites (C) 3:30 Walk on Bike Path (1:1) | 18 9:00 Morning Meeting & Inspirations (3F) 9:30 Daily Chronicle & Discussions (3F) 10:00 Rosary & Communion with Deacon Henninger (2F) (C) 10:15 Exploration iN2L (CN) 1:00 Cocktail Hour (A) 2:00 Rosary & Communion (3F) (C) 3:00 Rosary & Communion (1F) (C) Rosh Hashanah | 19 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussion (A) 10:00 Baking Club (A) 10:30 Hydration & Small Bites (A) 1:30 Helping Hands: Setting Up Game (A) 2:00 Nickel Bingo \$\$ (A) 3:30 Nature Exploration: Tending to the Birds (P) |
| 20 9:00 Morning Meeting & Inspirations (A) 9:15 Daily Chronicle & Discussions (A) 9:30 Reading the Republican (A) 10:00 Stretches to the Polkas (A) 1:00 Video Chat with Families (1:1) 2:00 Movie: <i>Forrest Gump</i> (A) 3:00 Jigsaw Puzzles (A) | 21 9:00 Morning Meeting & Inspirations (3F) 9:30 Daily Chronicle & Discussions (3F) 10:00 Rosary & Communion with Deacon Henninger (2F) (C) 10:15 Memory Magic (CN) 1:00 Rosary & Communion (1F) 2:00 Rosary & Communion (3F) (C) 2:00 Alzheimer's Awareness: Making Purple Ribbons (A) | 22 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:15 Sing-A-Long (CN) 10:30 Hydration & Small Bites (CN) 11:00 Walk for Heart Health (1:1) 2:00 It Happened in September (FR) 2:00 Video Chat with Families (1:1) 2:30 Hydration & Small Bites (FR) 3:30 Riddles (FR) | 23 9:00 Morning Meeting & Inspirations (A) 9:30 Coffee, Donuts & Discussions (A) 10:30 Coffee, Donuts & Discussions (A) 1:00 Plum Creek Creamery & Market Place (1F) (OOB) 3:30 Farm to Table Salad (A) | 24 9:00 Morning Meeting & Inspirations (FR) 9:30 Daily Chronicle & Discussions (FR) 10:00 Yard Games (P) 1:00 Helping Hands: Setting Up Game (P) 2:00 Horse Race Game (P) 3:00 Hydration & Small Bites (P) 3:30 Walk on Bike Path (1:1) | 25 9:00 Morning Meeting & Inspirations (3F) 9:30 Daily Chronicle & Discussions (3F) 10:00 Rosary & Communion with Deacon Henninger (2F) (C) 10:15 Exploration iN2L (CN) 1:00 Cocktail Hour (A) 2:00 Rosary & Communion (3F) (C) 3:00 Rosary & Communion (1F) (C) | 26 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussion (A) 10:00 Baking Club (A) 10:30 Hydration & Small Bites (A) 1:00 Helping Hands: Setting Up Game (A) 2:00 Memory Magic (A) 3:30 Reminiscing on the Porch (1:1) |
| 27 9:00 Morning Meeting & Inspirations (A) 9:15 Daily Chronicle & Discussions (A) 9:30 Reading the Republican (A) 10:00 Stretches to the Polkas (A) 1:00 Video Chat with Families (1:1) 2:00 Movie: <i>Gone with the Wind</i> 3:00 Country Ride (3F) (OOB) 3:00 Creative Arts (A) Yom Kippur | 28 9:00 Morning Meeting & Inspirations (3F) 9:30 Daily Chronicle & Discussions (3F) 10:00 Rosary & Communion with Deacon Henninger (2F) (C) 10:15 Memory Magic (CN) 1:00 Rosary & Communion (1F) 2:00 Rosary & Communion (3F) (C) 2:00 Create & Taste: Orange Julius (A) 3:30 Walk for Heart Health (1:1) | 29 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:15 Sing-A-Long (CN) 10:30 Hydration & Small Bites (CN) 11:00 Walk for Heart Health (1:1) 2:00 Xbox Bowling Game (A) 2:30 Hydration & Small Bites (A) 3:30 Cranium Crunches (FR) | 30 9:00 Morning Meeting & Inspirations (A) 9:30 Coffee, Donuts & Discussions (A) 10:30 Coffee, Donuts & Discussions (A) 1:00 Appreciation Local Police: Making Cookies (A) 2:30 Helping Hands: Delivering Cookies (OOB) 3:30 Card Club (A) | Calendar Key: (C) Chapel, (1:1) 1 on 1 (AF) All Floors, (P) Patio (A) Activity Room, (CN) Connections (OOB) Out of Building (FR) Florida Room (1F) First Floor Residents (2F) Second Floor Residents (3F) Third Floor Residents \$\$ Cost Involved | | <h1>September</h1> <h1>2020</h1> |