

Focus on Wellness

Every September we celebrate National Assisted Living week. This year, from September 13th – 19th, we look forward to something positive to celebrate in all Providence Place communities as this has been a challenging year!

This is an opportunity to take the time to say a special thank you to our team of essential workers for all of the time and energy they give to making this community feel like a family. We know many of our staff call the residents their “second family”.

Please check out all of the events that are planned in the coming weeks to celebrate Assisted Living Week. And please join us in expressing your appreciation to a co-worker.

Thank you today and always -- we can't wait to have some fun!

For more information on National Assisted Living Week or this year's theme, **“Caring is Essential”**,

please visit:
www.ACHANCAL.org



*Dimensions
of Wellness*



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email. Please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com



Providence Place SENIOR LIVING News

Q3: September 2020

A Note from the Executive Director

Greetings Residents,

This month we welcome the season of fall, the days will still be warm and the nights will be cooler. You can sit on any of our porches and observe the splendor of the season with its brightly colored leaves.

Do you remember as a child the magic of a pile of colorful leaves as you run and jump in? Fall is also a good time to sit around a bonfire and drink warm cider and enjoy some s'mores.

September is the month of National Assisted Living Week which kicks off on Sunday, September 13th until Saturday, September 19th.

Also happening on September 13th is Grandparents Day, be on the lookout for special activities celebrating all Grandparents!

I hope you enjoy this beautiful transitional month.

Sincerely,

Tanya Hoy, Executive Director

Resident Birthdays

September

- 2 – Katherine Lord
- 6 – Sang O'Reilly
- 9 – Joanne Kinder
- 11 – John Rohrbach
- 12 – Robert Miller & Dave Rich
- 13 – Mary Leschik
- 14 – Chester Arnold & Gladys Bachman & Anna Upton
- 17 – Bill Davidson
- 18 – Cecelia Muench
- 19 – Audrey Serrian
- 20 – Elizabeth Lavenberg
- 25 – Wilbur Brokenshire
- 30 – Sandra Coyle

Welcome New Residents

- Lillie Kauffman
- Richard Purcell
- Robert Falatovich
- Jane DiCasimirro
- Charlotte DiCasimirro

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
		1 10:00 Brain Tease Trivia (A) 10:30 Community Puzzle Club (3F) 11:00 Lite & Lively Exercise (A) 2:00 Xbox Bowling (A) 2:30 UNO (SL) 3:30 Walk for Good Health (ML) 6:15 Nickel Bingo \$\$ (A)	2 9:00 Coffee, Donuts & Discussions (A) 10:30 Worship with Pastor Randy (C) 11:00 Walk for Good Health (ML) 2:00 Craft: Labor Day Photo Frame (A) 2:30 Crocheting Circle (SL) 3:00 Wine Down Wednesday (A) 6:15 Nickel PO-KE-NO \$\$ (A)	3 9:00 Errands Run: Banks & Post Office*** (OOB) 10:00 Group 1 - Diners Caravan: Leesport Diner*** (OOB) 2:00 Painting Class with Shannon on Canvas (A) 2:30 Brain Game: Simon (SL) 3:30 Balance in Motion Exercise Class (A) 6:15 Nickel Polish Bingo \$\$ (A)	4 10:00 Sing-A-Long (A) 11:00 Aromatherapy & Nails (A) 1:15 Zumba® Fitness with Michelle (1st FP) 2:00 Rosary & Communion with Deacon Henninger (C) 2:30 Checkers (SL) 3:30 Kentucky Derby Cocktail Hour (A) 6:30 Kings in the Corner \$\$ (A)	5 9:30 Retail Shopping: Boscovs*** (OOB) 10:00 Card Games (SL) 1:00 Helping Hands: Clean Up (DR) 2:00 Nickel Bingo \$\$ (DR) 2:30 Yahtzee (SL) 3:00 Helping Hands: Setting Tables (DR) 6:15 Bunco (A)	
	6 8:00 TV Catholic Mass Services Channel 49 10:00 Stretches to the Polkas (A) 11:00-1:00 Wine & Dine (DR) 2:00 Rosary & Communion with Deacon Henninger (C) 2:00 iN2L: Broadway Show <i>Hello Dolly</i> (A) 6:30 Fang Tan Card Game (A)	7 9:30 Helping Hands: Picnic Set UP (1FP) 12:00 Labor Day Picnic (1FP) 1:15 Yoga by Michelle (1st FP) 2:00 Labor Day Word Scramble (A) 3:30 Corn Hole (A) 6:15 Bridge Group (A) Labor Day	8 10:00 Spelling Challenge (A) 10:30 Juliette Club (C) 11:00 Lite & Lively Exercise (A) 2:00 Craft: Dream Catchers (A) 2:30 Yahtzee (SL) 3:00 Daily Chronicle Distribution (AF) 3:30 Aromatherapy & Nails (A) 6:15 Nickel Bingo \$\$ (A)	9 9:00 Coffee, Donuts & Discussions (A) 10:30 Worship with Pastor Randy (C) 11:00 Walk for Good Health (ML) 2:00 Musical Entertainment by Cindy Robertson (DR) 3:00 Fire Side Chat with Tanya (DR) 6:15 Nickel PO-KE-NO \$\$ (A)	10 9:00 Errands Run: Banks & Post Office*** (OOB) 10:00 Group 2 - Diners Caravan: Leesport Diner*** (OOB) 2:00 iN2L: Who Wants to Be a Millionaire Game (C) 6:15 Nickel Polish Bingo \$\$ (A) 7:00 Musical Entertainment by Gospel Singers (ML)	11 10:00 Kazooing to the Oldies (A) 1:15 Zumba® Fitness with Michelle (1st FP) 2:00 Rosary & Communion with Deacon Henninger (C) 2:30 Color Me Calm (SL) 3:30 Patriotic Cocktail Hour (A) 6:30 Kings in the Corner \$\$ (A) Patriot Day	12 9:30 Retail Shopping: Walmart*** (OOB) 10:00 Card Games (SL) 1:00 Helping Hands: Clean Up (DR) 2:00 Nickel Bingo \$\$ (DR) 2:30 Connect Four (SL) 3:00 Helping Hands: Setting Tables (DR) 6:15 Jenga (A)
	13 8:00 TV Catholic Mass Services Channel 49 10:00 Art Enthusiasts: Grand Children Bobble Heads (SL) 11:00-1:00 Wine & Dine (DR) 2:00 Rosary & Communion with Deacon Henninger (C) 2:00 Movie: <i>The Choice</i> (A) 6:30 UNO (A) Grandparents Day	14 10:00 Brain Tease Trivia (A) 11:00 Confident Cruisers (ML) 2:00 Rosary & Communion with Deacon Henninger (C) 2:30 UNO (SL) 3:30 A Mountainous Scavenger Hunt (A) 6:15 Bridge Group (A)	15 10:00 Dress Your Fruit for Staff (A) 10:30 Community Puzzle Club (3rd F) 11:00 Confident Cruisers (ML) 2:00 Musical Entertainment by Brian Herber (C) 2:30 Bunco (SL) 3:30 Monthly Gazette Distribution (AF) 6:15 Kings in the Corner \$\$ (A)	16 9:00 Coffee, Donuts & Discussions (A) 10:00 Dinning Service Committee Meeting (AF) (A) 10:30 Worship with Pastor Randy (C) 11:00 Confident Cruisers (ML) 1:30 Pears For Staff and Residents (A) 2:00 Wellness Checks: Wt. & BP (NS) 2:30 Crocheting Circle (SL) 3:30 Lite & Lively Exercise (A) 6:15 Nickel Polish Bingo \$\$ (A)	17 9:00 Errands Run: Banks & Post Office*** (OOB) 10:00 Picnic at Stoyer's Dam** (OOB) 10:00 Educational Seminar: Resident Rights by Eileen Barrow (C) 11:00 Confident Cruisers (ML) 1:30 Apple Pie Bake Off (ML) 2:00 Finish My Lines Trivia (A) 2:30 Food for Thought (A) 3:00 Band Stretches (A) 3:30 Apple Cider on Rocks Social Hour (A) 6:15 Card Games with Friends \$\$ (A)	18 10:00 Sing-A-Long (A) 11:00 Confident Cruisers (ML) 1:15 Zumba® Fitness with Michelle (1st FP) 2:00 Rosary & Communion with Deacon Henninger (C) 2:30 Bunco (SL) 3:30 Orange Drinks for Staff (A) 3:30 Rosh Hashanah New Year Cocktail Hour (A) 6:30 Kings in the Corner \$\$ (A) Rash Hashanah	19 9:30 Retail Shopping: Boscovs*** (OOB) 10:00 Card Games (SL) 1:00 Helping Hands: Clean Up (DR) 2:00 Nickel Bingo \$\$ (DR) 2:30 Chess (2nd FL) 3:00 Helping Hands: Setting Tables (DR) 6:15 Bunco (A)
	20 8:00 TV Catholic Mass Services Channel 49 11:00-1:00 Wine & Dine (DR) 1:00 County Ride: Locus Lake** (OOB) 2:00 Rosary & Communion with Deacon Henninger (C) 2:30 Board Games (SL) 6:30 Bunco (A)	21 10:00 Jeopardy (A) 11:00 Confident Cruisers (ML) 2:00 Rosary & Communion with Deacon Henninger (C) 2:00 Drama Club: Reading Skits (A) 2:30 UNO (SL) 3:30 Welcoming Committee (A) 6:15 Bridge Group (A)	22 10:00 Finish My Lines (A) 10:30 Community Puzzle Club (3rd F) 11:00 Lite & Lively Exercise (A) 2:00 Musical Entertainment by Vic Boris (DR) 2:30 Art: Color Me Calm (SL) 3:30 Lite & Lively Exercise (A) 6:15 Nickel Bingo \$\$ (A)	23 9:00 Coffee, Donuts & Discussions (A) 10:30 Worship with Pastor Randy (C) 11:00 Confident Cruisers (ML) 2:00 Fitness: Balance in Motion by Genesis Rehab Services (C) 2:30 Crocheting Circle (SL) 6:15 Nickel PO-KE-NO \$\$ (A)	24 9:00 Errands Run: Banks & Post Office*** (OOB) 10:00 Day Excursion: Cabela's*** (OOB) 11:00 Confident Cruisers (ML) 2:00 What's the Scoop? Ice Cream Social (A) 2:30 The History of Ice Cream (A) 3:30 Balance in Motion (A) 6:15 Nickel Polish Bingo \$\$ (A)	25 10:00 Sing-A-Long (A) 11:00 Community Life Committee (A) 1:15 Zumba® Fitness with Michelle (1st FP) 2:00 Celebration of Life with Deacon Henninger (C) 2:30 Card Games (SL) 3:30 Back to the 50's Cocktail Hour (A) 6:30 Kings in the Corner \$\$ (A)	26 9:30 Retail Shopping: Walmart*** (OOB) 10:00 Card Games (SL) 1:00 Helping Hands: Clean Up (DR) 2:00 Nickel Bingo \$\$ (DR) 2:30 UNO (SL) 3:00 Helping Hands: Setting Tables (DR) 6:15 Jenga (A)
	27 10:00 Art Enthusiasts: Honoring Yom Kippur - Door Hangers (A) 11:00-1:00 Wine & Dine (DR) 1:00 County Ride: Lewis Town Valley** (OOB) 2:00 Helping Hands: Handing Out Refreshments (A) 2:00 Movie: <i>Gone with the Wind</i> (A) 6:15 Schuylkill County Monopoly (A) Yom Kippur	28 10:00 Brain Tease Trivia (A) 11:00 Confident Cruisers (ML) 2:00 Rosary & Communion with Deacon Henninger (C) 2:00 Drama Club: Reading Skits (A) 2:30 UNO (SL) 3:30 Aromatherapy & Nails (A) 6:15 Bridge Group (A)	29 10:00 Name Five Brain Game (A) 10:00 Men's Club: Brown Bag Lunch at Locus Lake** (OOB) 11:00 Confident Cruisers (ML) 2:00 Drumming with Joe (1st FP) 2:30 Pinochle (SL) 3:00 Lite & Lively Exercise (A) 6:15 Nickel Bingo \$\$ (A)	30 9:00 Coffee, Donuts & Discussions (A) 10:30 Worship with Pastor Randy (C) 11:00 Confident Cruisers (ML) 2:00 Craft: Cupcake Liner Wreath (A) 2:30 Crocheting Circle (SL) 3:30 Daily Chronicle Distribution (AF) 6:15 Nickel PO-KE-NO \$\$ (A)	Calendar Key: Activity Room (A), Chapel (C) South Lounge (SL), Main Lobby (ML) Dining Room (DR), All Floors (AF) First Floor (1F) Second Floor (2F) Third Floor (3F) First Floor Patio (1FP) Registration Required ** Cost Involved \$\$ Out of Building (OOB)		<h1>September</h1> <h1>2020</h1>