





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Sittercise 11:00 Lunch 12:00 Walking with Friends 1:00 Let's Paint with Bob Ross 2:00 Sip and Discuss 3:00 iN2L Travel: Spain 4:00 Dinner 5:30 Movie Matinee 7:00 Evening Wind Down New Year's Day	2 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Yoga 11:00 Lunch 12:00 Walking with Friends 1:00 Remember When 2:00 Baking with Eunice 3:00 iN2L Holiday Trivia 4:00 Dinner 5:30 iN2L Who wants be Millionaire 7:00 Evening Wind Down
3 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Church Services 11:00 Lunch 12:00 Walking with Friends 1:00 Coloring with Phyllis 2:00 Sip and Be Social 3:00 iN2L Jeopardy 4:00 Dinner 5:30 iN2L Jukebox 7:00 Evening Wind Down	4 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Sing-along w/ Margaret 11:00 Lunch 12:00 Walking with Friends 1:00 Outdoor Club 2:00 Sip and Discuss 3:00 Memory Magic 4:00 Dinner 5:30 Tongue Twisters 7:00 Evening Wind Down	5 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Sittercise 11:00 Lunch 12:00 Walking with Friends 1:00 Pretty In Pink Club 2:00 Furry Tea Time 3:00 iN2L Puzzles 4:00 Dinner 5:30 Classic TV: Bonanza 7:00 Evening Wind Down	6 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Hymn Sing 11:00 Lunch 12:00 Walking with Friends 1:00 Crafting Club 2:00 Sip and Mingle 3:00 iN2L Price is Right 4:00 Dinner 5:30 Travel with Rick Stevens 7:00 Evening Wind Down	7 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Dancing 11:00 Lunch 12:00 Walking with Friends 1:00 Church Service 2:00 Sip and Be Social 3:00 iN2L Entertainment Trivia 4:00 Dinner 5:30 iN2L: Classical Music 7:00 Evening Wind Down	8 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Crafting Club 11:00 Lunch 12:00 Walking with Friends 1:00 Kitchen Creations 2:00 Tea Time with Mad hatter 3:00 Bible Study 4:00 Dinner 5:30 Bible Trivia 7:00 Evening Wind Down	9 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Day of Pampering 11:00 Lunch 12:00 Walking with Friends 1:00 Book Club 2:00 Sip and Discus 3:00 iN2L: Bingo 4:00 Dinner 5:30 iN2L Travel :Asia 7:00 Evening Wind Down
10 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Church Service 11:00 Lunch 12:00 Walking with Friends 1:00 Let's Paint with Bob Ross 2:00 Sip and Discuss 3:00 iN2L Family Feud 4:00 Dinner 5:30 Aromatherapy 7:00 Evening Wind Down	11 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Yoga 11:00 Lunch 12:00 Walking with Friends 1:00 Kitchen Creations 2:00 Sip and Be Social 3:00 Animal Trivia iN2L 4:00 Dinner 5:30 iN2L Relax 7:00 Evening Wind Down	12 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Sittercise 11:00 Lunch 12:00 Walking with Friends 1:00 Outdoor Club 2:00 Sip and Mingle 3:00 Bowling 4:00 Dinner 5:30 iN2L: Visit a National Parks 7:00 Evening Wind Down	13 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Dancing 11:00 Lunch 12:00 Walking with Friends 1:00 Book Club 2:00 Furry Tea Time 3:00 Bible Study 4:00 Dinner 5:30 Classic TV: Lone Ranger 7:00 Evening Wind Down	14 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Light and Lively 11:00 Lunch 12:00 Walking with Friends 1:00 Church Service 2:00 Sip and Discuss 3:00 iN2L: History of the Beatles 4:00 Dinner 5:30 Travel with Rick Stevens 7:00 Evening Wind Down	15 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Yoga 11:00 Lunch 12:00 Walking with Friends 1:00 Pretty In Pink Club 2:00 Sip and Be Social 3:00 iN2L Word in Word 4:00 Dinner 5:30 iN2L: Reminisce 7:00 Evening Wind Down	16 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Stretches 11:00 Lunch 12:00 Walking with Friends 1:00 Crafting Club 2:00 Sip and Mingle 3:00 Memory Magic 4:00 Dinner 5:30 iN2L: Brain Train: Memory 7:00 Evening Wind Down

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>17</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Church Service 11:00 Lunch 12:00 Walking with Friends 1:00 Book Club 2:00 Sip and Be Social 3:00 Bowling 4:00 Dinner 5:30 Helen Plays Piano 7:00 Evening Wind Down</p>	<p>18</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Yoga 11:00 Lunch 12:00 Walking with Friends 1:00 Scrapbooking Club 2:00 Sip and Mingle 3:00 Memory Magic 4:00 Dinner 5:30 iN2L Travel : Europe 7:00 Evening Wind Down <i>Martin Luther King Jr. Day.</i></p>	<p>19</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Light and Lively 11:00 Lunch 12:00 Walking with Friends 1:00 Outdoor Club 2:00 Furry Tea Time 3:00 Bible Study 4:00 Dinner 5:30 iN2L: Reminisce 7:00 Evening Wind Down</p>	<p>20</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Dancing 11:00 Lunch 12:00 Walking with Friends 1:00 Kitchen Creations 2:00 Tea time with Pauline 3:00 iN2L: Bingo 4:00 Dinner 5:30 iN2L: Visit a National Parks 7:00 Evening Wind Down</p>	<p>21</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Stretches 11:00 Lunch 12:00 Walking with Friends 1:00 Church Service 2:00 Sip and Be Social 3:00 Kitchen Creations 4:00 Dinner 5:30 Classic TV: Sherlock Holmes 7:00 Evening Wind Down</p>	<p>22</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Sittercise 11:00 Lunch 12:00 Walking with Friends 1:00 Pretty In Pink Club 2:00 Sip and Discuss 3:00 Words & Phrases Trivia iN2L 4:00 Dinner 5:30 Aromatherapy 7:00 Evening Wind Down</p>	<p>23</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Day of Pampering 11:00 Lunch 12:00 Walking with Friends 1:00 Crafting Club 2:00 Sip and Mingle 3:00 iN2L: Dance with the fireflies 4:00 Dinner 5:30 Relax iN2L 7:00 Evening Wind Down</p>
<p>24</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Church Service 11:00 Lunch 12:00 Walking with Friends 1:00 Let's Paint with Bob Ross 2:00 Sip and Be Social 3:00 iN2L Transition Trivia 4:00 Dinner 5:30 iN2L: Reminisce 7:00 Evening Wind Down</p>	<p>25</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Yoga 11:00 Lunch 12:00 Walking with Friends 1:00 Kitchen Creations 2:00 Sip and Mingle 3:00 iN2L Puzzles 4:00 Dinner 5:30 Classic TV: Dragnet 7:00 Evening Wind Down</p>	<p>26</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Dancing 11:00 Lunch 12:00 Walking with Friends 1:00 Outdoor Club 2:00 Sip and Discuss 3:00 Kitchen Creations 4:00 Dinner 5:30 Travel with Rick Stevens 7:00 Evening Wind Down</p>	<p>27</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Sittercise 11:00 Lunch 12:00 Walking with Friends 1:00 Book Club 2:00 Furry Tea Time 3:00 Bible Study 4:00 Dinner 5:30 Aromatherapy 7:00 Evening Wind Down</p>	<p>28</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Light and Lively 11:00 Lunch 12:00 Walking with Friends 1:00 Church Service 2:00 Sip and Be Social 3:00 Memory Magic 4:00 Dinner 5:30 iN2L Relax 7:00 Evening Wind Down</p>	<p>29</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Yoga 11:00 Lunch 12:00 Walking with Friends 1:00 Pretty In Pink Club 2:00 Sip and Mingle 3:00 Bowling 4:00 Dinner 5:30 iN2L Travel: South America 7:00 Evening Wind Down</p>	<p>30</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00,Chair Stretches 11:00 Lunch 12:00 Walking with Friends 1:00 Crafting Club 2:00 Sip and Discuss 3:00 iN2L: Bingo 4:00 Dinner 5:30 iN2L: Visit a National Parks 7:00 Evening Wind Down</p>
<p>31</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Church Service 11:00 Lunch 12:00 Walking with Friends 1:00 Kitchen Creations 2:00 Sip and Discuss 3:00 Memory Magic 4:00 Dinner 5:30 Classic TV: Robin Hood 7:00 Evening Wind Down</p>	  <h1>JANUARY 2021</h1>					