

Focus on Wellness

With the new year, brings a renewed sense of hope. Our COVID-19 vaccine is on the horizon with expected availability in all communities around late January. The two versions currently being distributed are mRNA vaccines, so we wanted to communicate what that means and why it is considered safe for our residents & team members.

According to the CDC, mRNA vaccines contain materials from the virus that causes COVID-19. This material gives our cells instructions for how to make a harmless protein that is unique to the virus. This protein cannot build a virus or cause infection. After making the protein, they destroy the genetic materials from the vaccine. Our bodies recognize that the protein should not be there and builds antibodies that will remember how to fight the virus if infected in the future.

The vaccine administration details are to the right. Additional information available at: <https://www.cdc.gov/vaccines/covid-19/index.html>

- First dose administered
- Second dose administered 21-28 days later
- Immunity considered effective 2-3 weeks after second dose
- Long-term immunity is unknown until further research is completed
- If you have tested positive for COVID-19, it is safe to receive the vaccine once you have recovered



Providence Place SENIOR LIVING News

Q1: January 2021

A Note from the Executive Director

I want to start by saying that I am extremely excited to assume the role of Executive Director. It has been wonderful meeting all of the residents, families, and staff thus far. I know we are all hopeful that 2021 will be a year of gatherings, hugs, good health, and many smiles. As we begin to prepare for the arrival of the COVID-19 vaccine, more information will become available to residents and families. We are anticipating to receive the vaccine by the end of January or early February.

Speaking of new beginnings, please join me in welcoming our new housekeeping manager, Brandi Kauffman! She has over 15 years of housekeeping experience and we are grateful to have her join our Providence Place Lancaster Community.

I want to extend my sincerest gratitude to all of our healthcare workers who work hard everyday to keep our residents healthy, safe, and well-cared for. Thank you to our residents and families who follow safety protocols by wearing masks, socially distancing, and adhering to visitation policies in order to keep their loved ones safe.

I am optimistic for the future and the possibilities that 2021 holds. My hopes moving into the new year are that we continue to be kind to one another through these times of uncertainty.

Happy New Year!

Donna O'Leary, Executive Director

Highlighted Events

Highlighted Community Life events will go here.

A full calendar of daily events will be located on the interior of this monthly publication.

Welcome New Residents

Bernard Oracewski

Nancy Love



*Dimensions
of Wellness*

Resident Birthdays

Let's Celebrate

We will list resident birthdays for the entire quarter here!



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com



Our Community Life, Connections Club and Connections Neighborhood calendars will go here!

Coming February 1st

Welcome to the Providence Place Family