

Focus on Wellness

With the new year, brings a renewed sense of hope. Our COVID-19 vaccine clinics have been scheduled in all communities. The second dose is administered about 28 days after the first dose and immunity is considered effective about 2 weeks later.

The vaccine administration schedule for your campus is to the right. Additional information about the Moderna vaccine offered across all Providence Place communities can be found at: <https://www.modernatx.com/covid19vaccine-eua/>

Dover

- Clinic #1: Tuesday, January 26th
- Clinic #2: Tuesday, February 23rd
- Clinic #3: Tuesday, March 23rd

Additional offerings from our pharmacy will be coordinated as needed for residents and team members.



Dimensions of Wellness

Resident Birthdays

February

Anna Mae Myers
Lucille Long
Joan Schanck
Joan Rauhauser
Velma Dellinger
Gloria Witmer
Leroy Crone
Charlotte Abel

Pat Heffner
Katie Haas

March

Mary Haver
Sarah Senft
Elmer Duttera
Dale Crone
David Coren
Patricia White
Helen Glatfelter
Patrecia Hoshall

James Strongin
Faye Breeden
Sally Kursar
Dale Brillhart
Mary Schroeder

Q1: February 2021

A Note from the Executive Director

Happy Valentine's Day! Vaccines are here; we had our first clinic on January 26th. If you haven't participated, please contact the front desk for a consent form to do so in February.

With continuing gratitude, I would like to thank everyone for their patience and understanding during these trying times. If we continue to have no new positive cases at Dover, we will be able to move forward to our precautionary phases. We can't wait to proceed with small group activities, communal dining, and salon services. We are only allowing essential healthcare providers into the building. All staff are continuing to wear mask throughout their shift and PPE is required for symptomatic and positive cases.

We will resume our window visits when we transition to our yellow phase. We ask for everyone to wear a face mask. If you or your loved one has an interior apartment please call the front desk to schedule a window visit in the 100-patio area. Our staff would be more than happy to continue to assist with virtual visits such as FaceTime, Zoom, and Skype.

Breakfast will continue to be served in your apartment. Please don't place your empty containers in the hallway, staff will be by to pick up after your meal.

Thank you for your cooperation, hang in there we will get through this together!

Howard Holben, Executive Director

Highlighted Events

- 1 – **Best Year Yet Challenge**
@ 11 am
- 5 – **Chef's Food Demo**
@ 10 am
- 11 – **Winter Country Ride**
@ 1:15pm
- 14 – **Valentine's Day Lunch & Social** @ 11am & 3pm
- 19 – **Musical Art Festival**
@ 1:30pm
- 25 – **Sight & Sound Virtual Show & Dinner**
Joseph @ 4:30pm

Welcome New Residents

Rosemary Polons
Elizabeth Scarsella
Betty Jean Pizzola
Doris Grimm
Nancy Folker



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email. Please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 9:30 Drinks and Daily Chronicle (CR/CH) 10:00 Imagery Fitness (CR/CH) 10:30 Memories in the Making (CR/CH) 10:45 Our Daily Bread and Lunch Menu Review (CR/CH) 1:30 BYY Health Trivia (CR/CH) 2:30 Decorating with Candy (CR/CH) 3:00 Dinner Menu Review (CR/CH)	2 9:30 Drinks and Daily Chronicle (CR/CH) 10:00 Chair Exercise (CR/CH) 10:30 Word Game (CR/CH) 10:45 Our Daily Bread and Lunch Menu Review (CR/CH) 1:30 Sing Along with Friends (CN) 2:30 Praise and Pastries with the Pastor (CN) 3:00 Dinner Menu Review (CN)	3 9:30 Drinks and Daily Chronicle (CR/CH) 10:00 Chair Exercise (CR/CH) 10:30 What Doesn't Belong (CR/CH) 10:45 Our Daily Bread and Lunch Menu Review (CR/CH) 1:30 BYY Celebrity Spotlight Jack LaLanne (CR/CH) 2:30 Making Bird Feeders (CR/CH) 3:00 Dinner Menu Review (CR/CH)	4 9:30 Drinks and Daily Chronicle (CR/CH) 10:00 Zumba on IN2L (CR/CH) 10:30 Family Feud on IN2L (CR/CH) 10:45 Our Daily Bread and Lunch Menu Review (CR/CH) 1:30 Church Service (CR/CH) 2:30 Happy Hour Social with Friends (CN) 3:00 Dinner Menu Review (CN)	5 9:30 Drinks and Daily Chronicle (CR/CH) 10:00 Card Crunch Fitness (CR/CH) 10:30 Baking and Brain Game (CR/CH) 10:45 Our Daily Bread and Lunch Menu Review (CR/CH) 1:30 BYY Healthy or Not Game (CR/CH) 3:00 Dinner Menu Review (CR/CH)	6 9:30 Drinks, Dessert and Daily Chronicle (CR/CH) 10:00 Bulletins and Bible Songs (CR/CH) 10:45 Our Daily Bread and Lunch Menu Review (CR/CH) 1:30 Baseball Trivia (CR/CH) 2:30 Oreo Baseballs (CR/CH) 3:00 Dinner Menu Review (CR/CH)
7 9:45 Drinks and Daily Chronicle (CR/CH) 10:00 Walking is Important (CR/CH) 10:30 Valentine Cards for Staff (CR/CH) 10:45 Our Daily Bread and Lunch Menu Review (CR/CH) 2:00 Church Service (CR/CH) 3:30 Dinner Menu Review (CR/CH)	8 9:30 Drinks and Daily Chronicle (CR/CH) 10:00 Imagery Fitness (CR/CH) 10:30 Finish the Phrase (CR/CH) 10:45 Our Daily Bread and Lunch Menu Review (CR/CH) 1:30 BYY Healthier Potato Chips (CR/CH) 2:30 Celebrity Spotlight (CR/CH) 3:00 Dinner Menu Review (CR/CH)	9 9:30 Drinks and Daily Chronicle (CR/CH) 10:00 Chair Exercise (CR/CH) 10:30 Chocolate Kiss Bingo (CR/CH) 10:45 Our Daily Bread and Lunch Menu Review (CR/CH) 1:30 Sing Along with Friends (CN) 2:30 Praise and Pastries with the Pastor (CN) 3:00 Dinner Menu Review (CN)	10 9:30 Drinks and Daily Chronicle (CR/CH) 10:00 Chair Exercise (CR/CH) 10:30 Scrambled Letters (CR/CH) 10:45 Our Daily Bread and Lunch Menu Review (CR/CH) 1:30 BYY Celebrity Spotlight Denise Austin (CR/CH) 2:30 Read Round and Discussion (CR/CH) 3:00 Dinner Menu Review (CR/CH)	11 9:30 Drinks and Daily Chronicle (CR/CH) 10:00 Zumba on IN2L (CR/CH) 10:30 Valentine Traditions Around the World on IN2L (CR/CH) 10:45 Our Daily Bread and Lunch Menu Review (CR/CH) 1:30 Church Service (CR/CH) 2:30 Happy Hour Social with Friends (CN) 3:00 Dinner Menu Review (CN)	12 9:30 Drinks and Daily Chronicle (CR/CH) 10:00 Card Crunch Fitness (CR/CH) 10:30 Baking and Brain Game (CR/CH) 10:45 Our Daily Bread and Lunch Menu Review (CR/CH) 1:30 BYY Create a smoothie (CR/CH) 2:30 Abe Lincoln History (CR/CH) 3:00 Dinner Menu Review (CR/CH)	13 9:30 Drinks, Dessert and Daily Chronicle (CR/CH) 10:00 Bulletins and Bible Songs (CR/CH) 10:45 Our Daily Bread and Lunch Menu Review (CR/CH) 1:30 Surprise Bag Bingo (CR/CH) 2:30 Name the State (CR/CH) 3:00 Dinner Menu Review (CR/CH)
14 9:45 Drinks and Daily Chronicle (CR/CH) 10:00 Valentine Cards for Staff (CR/CH) 10:30 NASCAR News (CR/CH) 10:45 Our Daily Bread and Lunch Menu Review (CR/CH) 2:00 Church Service (CR/CH) 3:30 Dinner Menu Review (CR/CH) Valentine's Day	15 9:30 Drinks and Daily Chronicle (CR/CH) 10:00 Imagery Fitness (CR/CH) 10:30 Memory Magic (CR/CH) 10:45 Our Daily Bread and Lunch Menu Review (CR/CH) 1:30 BYY Walk around together (CR/CH) 2:30 One Positive Thought (CR/CH) 3:00 Dinner Menu Review (CR/CH) Presidents' Day	16 9:30 Drinks and Daily Chronicle (CR/CH) 10:00 Chair Exercise (CR/CH) 10:30 Word Game (CR/CH) 10:45 Our Daily Bread and Lunch Menu Review (CR/CH) 1:30 Sing Along with Friends (CN) 2:30 Praise and Pastries with the Pastor (CN) 3:00 Dinner Menu Review (CN)	17 9:30 Drinks and Daily Chronicle (CR/CH) 10:00 Chair Exercise (CR/CH) 10:30 Who Has My Match (CR/CH) 10:45 Our Daily Bread and Lunch Menu Review (CR/CH) 1:30 BYY Celebrity Spotlight Denise Austin (CR/CH) 2:30 Crossword Fill-In (CR/CH) 3:00 Dinner Menu Review (CR/CH) Ash Wednesday	18 9:30 Drinks and Daily Chronicle (CR/CH) 10:00 Zumba on IN2L (CR/CH) 10:30 Hangman on IN2L (CR/CH) 10:45 Our Daily Bread and Lunch Menu Review (CR/CH) 1:30 Church Service (CR/CH) 2:30 Happy Hour Social with Friends (CN) 3:00 Dinner Menu Review (CN)	19 9:30 Drinks and Daily Chronicle (CR/CH) 10:00 Card Crunch Fitness (CR/CH) 10:30 Making Festival hors d'oeuvres (CR/CH) 10:45 Our Daily Bread and Lunch Menu Review (CR/CH) 1:30 Music Festival Through the Era's * Music * Fun * Food	20 9:30 Drinks, Dessert and Daily Chronicle (CR/CH) 10:00 Bulletins and Bible Songs (CR/CH) 10:45 Our Daily Bread and Lunch Menu Review (CR/CH) 1:30 Music and Manicures (CR/CH) 3:00 Dinner Menu Review (CR/CH)
21 9:45 Drinks and Daily Chronicle (CR/CH) 10:00 Walking is Important (CR/CH) 10:30 Sunday Funnies (CR/CH) 10:45 Our Daily Bread and Lunch Menu Review (CR/CH) 2:00 Church Service (CR/CH) 3:30 Dinner Menu Review (CR/CH)	22 9:30 Drinks and Daily Chronicle (CR/CH) 10:00 Imagery Fitness (CR/CH) 10:30 Time Slips (CR/CH) 10:45 Our Daily Bread and Lunch Menu Review (CR/CH) 1:30 Last Movie of the Month with cupcakes (CR/CH) 3:00 Dinner Menu Review (CR/CH)	23 9:30 Drinks and Daily Chronicle (CR/CH) 10:00 Chair Exercise (CR/CH) 10:30 Girl Scout Cookies and History (CR/CH) 10:45 Our Daily Bread and Lunch Menu Review (CR/CH) 1:30 Sing Along with Friends (CN) 2:30 Praise and Pastries with the Pastor (CN) 3:00 Dinner Menu Review (CN)	24 9:30 Drinks and Daily Chronicle (CR/CH) 10:00 Chair Exercise (CR/CH) 10:30 Add a Letter (CR/CH) 10:45 Our Daily Bread and Lunch Menu Review (CR/CH) 1:30 BYY Animal Exercise (CR/CH) 2:30 Animal Prize Bingo (CR/CH) 3:00 Dinner Menu Review (CR/CH)	25 9:30 Drinks and Daily Chronicle (CR/CH) 10:00 Zumba on IN2L (CR/CH) 10:30 Group Choice IN2L (CR/CH) 10:45 Our Daily Bread and Lunch Menu Review (CR/CH) 1:30 Church Service (CR/CH) 2:30 Happy Hour Social with Friends (CN) 3:00 Dinner Menu Review (CN)	26 9:30 Drinks and Daily Chronicle (CR/CH) 10:00 Card Crunch Fitness (CR/CH) 10:30 BYY Ways to keep Healthy Word Game (CR/CH) 10:45 Our Daily Bread and Lunch Menu Review (CR/CH) 1:30 Baking and Brain Games (CR/CH) 3:00 Dinner Menu Review (CR/CH)	27 9:30 Drinks, Dessert and Daily Chronicle (CR/CH) 10:00 Bulletins and Bible Songs (CR/CH) 10:45 Our Daily Bread and Lunch Menu Review (CR/CH) 1:30 Music and Manicures (CR/CH) 3:00 Dinner Menu Review (CR/CH)
28 9:45 Drinks and Daily Chronicle (CR/CH) 10:00 Flower Arrangements (CR/CH) 10:30 Sunday Funnies (CR/CH) 10:45 Our Daily Bread and Lunch Menu Review (CR/CH) 2:00 Church Service (CR/CH) 3:30 Dinner Menu Review (CR/CH)		THE 		Calendar Key: Connections Neighborhood (CN) Community Room/Chapel (CR/CH) Lobby (LB) Activity Room (AR) Pub (P) Fitness Room (FS) Fire Side (FS) BBY-Best Year Yet Activity	<h1>February</h1> 2021	