

Focus on Wellness

With the new year, brings a renewed sense of hope. Our COVID-19 vaccine clinics have been scheduled in all communities. The second dose is administered about 28 days after the first dose and immunity is considered effective about 2 weeks later.

The vaccine administration schedule for your campus is to the right. Additional information about the Moderna vaccine offered across all Providence Place communities can be found at: <https://www.modernatx.com/covid19vaccine-eua/>

Drums

1. Clinic #1: Thursday, January 21st
2. Clinic #2: Thursday, February 18th
3. Clinic #3: TBA

Additional offerings from our pharmacy will be coordinated as needed for residents and team members.



Providence Place SENIOR LIVING News

Q1: February 2021

A Note from the Executive Director

Welcome February,

Love is not all about flowers, chocolates, and cards. Love is about compassion and care, here at Drums, we “Love” deeply.

These past few months, we have all been faced with many challenges and are ready for some celebrations. It is time to spread some “Love” and my team and I are ready to rise from this pandemic and enjoy this “lovely” month with you all.

We will be holding our second Vaccination Clinic this month. We are on track to have our community at 80% vaccinated – let’s keep working to increase that number.

Watch out for that groundhog, I’m hopeful he doesn’t see his shadow. I am looking forward to some nicer weather so that we can all get outside for some walks.

Please feel free to reach out to me with any questions, concerns, or special requests.

Kim Perchak
Executive Director

Highlighted Events

- 5 – **Men’s Club: Superbowl Chili Cook-off @ 2:30pm**
- 12 – **Chinese New Year Celebration**
Connections Club
- 14 – **Cupid Tea Party**
@ 9:30am (Connections Club)
- 14 – **Valentine’s Day Super Social**
- 15 – **EdU Presentation: Founding Fathers of America @ 2:30pm**
- 16 – **Jazz Dance Exploration**
@ 1pm (Connections Club)
- 24 – **Men’s Club Outing @ 1:45 pm**

Welcome New Residents

Geraldine Oslar
Eugene Tokach
Barbara Tokach



*Dimensions
of Wellness*

Resident Birthdays

February

Ann Zajkowski
Joseph Meighan
Mary Konschnik
Elizabeth Gatti
Joan Gunzerath
Elizabeth Williams

March

Irene Heidrich
Claudia Baert
Joseph Fogarty
Barbara Tokach
Joanne Rushton
Jerry Moff




For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 9:30 Shopping Run: Dollar General**\$\$ (OOB) 10:00 "Best Year Yet" Yoga Fitness by Bill (Ch) 10:30 Food For Thought: Olive Oil: A Taste of Italy (3rd) 1:30 X-Box Bowling (2nd) 2:30 Circle of Friends (SR) 3:30 Sports Trivia (3rd) 6:30 Pinochle Players Club (3rd)	2 9:30 Stretch Exercise (2nd) 10:00 Aromatherapy: Meditation Scents: Patchouli (2nd) 10:30 Craft Club: Silhouette Keepsakes (3rd) 1:30 Confident Cruisers (ML) 2:30 Discuss & Learn: Origin of Groundhog's Day (3rd) 3:30 iN2L: Punxsutawney, PA (3rd) 6:30 Scrabble (1st)	3 9:30 "Best Year Yet" Sit & Be Fit Exercise (2nd) 10:00 Rosary (Ch) 10:30 Literary Character Spotlight: Jay Gatsby (3rd) 1:45 Cooking Club: Lemon Olive Oil Cake (C) 2:45 Bingo (3rd) 4:00 Finish the Quote (1st) 6:30 Rummikub (3rd)	4 9:30 Balance in Action Exercise (2nd) 10:00 Mass by Father Mike (DR) 10:30 Awareness Ribbon Pin Sale To Benefit American Cancer Society (C) 1:30 Visits with Deacon Beverly (1st) 2:30 Ed-U Wellness Presentation: Heart Health Awareness: Controlling Cholesterol (3rd) 4:00 Crossword Challenge (3rd) 6:30 Pinochle Players Club (3rd)	5 9:30 "Best Year Yet" Strength Exercise (2nd) 10:00 Art Exploration: Rock Painting (3rd) 10:30 Low Vision Club with Lori (3rd) 1:45 Bible Study with Deacon Beverly (3rd) 2:30 Men's Club: Super Bowl Crockpot Chili Cook-Off (C) 3:30 Uncorked: Honeyhole Winery Merlot & Dark Chocolate Pairing (1st) 6:30 10-Cent LCR Dice Game (1st)	6 9:30 Stretch Exercise (2nd) 10:00 Hymn Singalong (Ch) 10:30 Sewing Club: Hand Warmers (3rd) 1:45 Community Life Committee Meeting (3rd) 2:30 Movie Matinee: <i>The Great Gatsby</i> (2nd) 4:00 Black History Month Musical Tribute: Aretha Franklin (3rd) 6:30 Boggle (1st)
7 9:00 TV Catholic Mass Service (3rd) 10:30 Chair Zumba with Alyson (2nd) 11:00-1:00 Wine & Dine (DR) 1:00 Men's Club: Super Bowl Crockpot Chili Cook-Off Tasting (C) 1:30 Prayer Service with Deacon Bev (Ch) 3:00 Bingo (3rd) 6:00 Super Bowl Party (DR) 6:30 Knit & Crochet Club (3rd)	8 9:30 Rosary (Ch) 10:00 "Best Year Yet" Yoga Fitness by Bill (Ch) 10:30 Technology Committee (3rd) 1:00 X-Box Bowling (2nd) 2:00 Providence Place Senior Living Employee Recognition Awards (1st) 3:00 TED Talk & Discussion: <i>Migration: The Power of a Single Decision</i> (3rd) 6:30 Pinochle Players Club (3rd)	9 9:30 Stretch Exercise (2nd) 10:00 Aromatherapy: Meditation Scents: Rosemary (2nd) 10:30 Flower Arranging (3rd) 1:30 Music Class with Cynthia (2nd) 2:30 Circle of Friends (SR) 3:30 Vote for King & Queen of Hearts (3rd) 6:30 Scrabble (1st)	10 9:30 "Best Year Yet" Sit & Be Fit Exercise (2nd) 10:00 Rosary (Ch) 10:30 Manicures (3rd) 1:45 Dessert & Discussion With Chef Ashley (DR) 2:45 Valentine's Day Candy Bingo (3rd) 4:00 February Birthday Celebration Dinner (DR) 6:30 Rummikub (3rd)	11 9:30 Balance in Action Exercise (2nd) 10:00 Welcome Ambassador Committee Meeting (3rd) 10:30 Cooking Club: Mixed Berry Personal Cobblers (C) 1:30 Hymn Sing with Deacon Beverly (3rd) 2:30 Ed-U Virtual Presentation: Remembering John Lewis (3rd) 3:30 Vote for King & Queen of Hearts (3rd) 6:30 Pinochle Players Club (3rd)	12 9:30 Strength Exercise (2nd) 10:00 Art Exploration: Rock Painting (3rd) 10:45 Diners Lunch Caravan: 5-Star Chinese Restaurant**\$\$ (OOB) 1:30 Visits with Deacon Beverly (1st) 2:30 iN2L: Virtual Presentation: Celebrating Chinese New Year: "Year of the Ox" (3rd) 4:00 Confident Cruisers (ML) 6:30 10-Cent LCR Dice Game (1st)	13 9:30 "Best Year Yet" Stretch Exercise (2nd) 10:00 Therapy Dogs (1st) 10:30 Sewing Club: Pillow Covers (3rd) 1:45 Country Ride: The Amish Pantry**\$\$ (OOB) 2:30 Movie Matinee: <i>Breakfast at Tiffany's</i> (2nd) 4:00 Black History Month Musical Tribute: Duke Ellington (3rd) 6:30 Connect Four (1st)
14 9:00 TV Catholic Mass Service (3rd) 10:30 Chair Zumba with Alyson (2nd) 11:00-1:00 Valentine Wine & Dine (DR) 1:30 Prayer Service with Deacon Bev (Ch) 2:15 Crown King & Queen of Hearts (3rd) 2:30 Valentine's Day Super Social (3rd) 4:00 iN2L: Historic Sites Of the Civil Rights Movement (3rd) 6:30 Knit & Crochet Club (3rd) Valentine's Day	15 9:30 Rosary (Ch) 10:00 Yoga Fitness by Bill (Ch) 10:30 Presidential Trivia 1:30 X-Box Bowling (2nd) 2:30 Ed-U Presentation: "Founding Fathers of America" By Walter Choroszewski (3rd) 3:30 Garden Club: Spring 2021 (2nd) 6:30 Pinochle Players Club (3rd) Presidents' Day	16 8:00 Donuts & Chicory Coffee (1st) 9:30 "Best Year Yet" Stretch Exercise (2nd) 10:00 Aromatherapy: Meditation Scents: Bergamot (2nd) 10:30 Craft Club: Venetian Mardi Gras Masks (3rd) 1:30 Dealing with Loss Support Group (SR) 2:30 Mardi Gras Celebration (3rd) 4:00 iN2L: New Orleans (3rd) 6:30 Scrabble (1st)	17 9:30 "Best Year Yet" Sit & Be Fit Exercise (2nd) 10:00 Ash Wednesday Service (Ch) 10:30 Cooking Club: Slow Cooker Pasta e Fagioli (C) 1:30 Bible Study with Deacon Beverly (3rd) 2:45 Bingo (3rd) 4:00 Confident Cruisers (ML) 6:30 Rummikub (3rd) Ash Wednesday	18 8:00 Covid-19 Vaccine Clinic (1st) 9:30 Rosary (Ch) 10:00 Balance in Action Fitness Class By Genesis (2nd) 1:45 Celebration of Life Memorial Mass (DR) 2:30 Dining Service Committee Mtg. (3rd) 4:00 Finish the Phrase (1st) 6:30 Pinochle Players Club (3rd)	19 9:30 "Best Year Yet" Strength Exercise (2nd) 10:00 Art Exploration: Rock Painting (3rd) 10:30 Low Vision Club with Lori (3rd) 1:30 Visits with Deacon Beverly (1st) 2:00 Red or Black Game (2nd) 3:00 Stations of the Cross (Ch) 4:00 Confident Cruisers (ML) 6:30 10-Cent LCR Dice Game (1st)	20 9:30 Stretch Exercise (2nd) 10:00 Bible Study with Deacon Bev (Ch) 10:30 Sewing Club: T-Shirt Tote Bag (3rd) 1:45 TED Talk & Discussion: <i>The Most Powerful Woman</i> <i>You've Never Heard Of</i> (3rd) 2:30 Movie Matinee: <i>Lincoln</i> (2nd) 4:00 Black History Month Musical Tribute: Nat King Cole (3rd) 6:30 Boggle (1st)
21 9:00 TV Catholic Mass Service (3rd) 10:30 Chair Zumba with Alyson (2nd) 11:00-1:00 Wine & Dine (DR) 1:30 Prayer Service with Deacon Bev (Ch) 2:45 Bingo (3rd) 4:00 iN2L: The Ingenuity Of Black Inventors (3rd) 6:30 Knit & Crochet Club (3rd)	22 9:30 Rosary (Ch) 10:00 "Best Year Yet" Yoga Fitness by Bill (Ch) 10:30 Geography Trivia (3rd) 1:30 Circle of Friends (SR) 2:30 Chef's Pairings with Chef Ashley (DR) 3:30 New Resident Cocktail Mixer (3rd) 6:30 Pinochle Players Club (3rd)	23 9:30 Stretch Exercise (2nd) 10:00 Aromatherapy: Meditation Scents: Frankincense (2nd) 10:30 Confident Cruisers (ML) 1:30 Music Class with Cynthia (2nd) 2:00 Dining Demo with Chef Ashley (DR) 3:00 Fireside Chat Community Mtg. (1st) 4:00 Tech World & You: E-Readers (3rd) 6:30 Scrabble (1st)	24 9:30 "Best Year Yet" Sit & Be Fit Exercise (2nd) 10:00 Rosary (Ch) 10:30 Cooking Club: Tomato & Artichoke Bruschetta (C) 1:45 Men's Club Outing: Caffe Europa Coffee Shop**\$\$ (OOB) 2:45 Bingo (3rd) 4:00 Confident Cruisers (ML) 6:30 Rummikub (3rd)	25 9:30 Balance in Action Exercise (2nd) 10:00 Listen & Learn: Learn the Language of Love: Italian (3rd) 1:30 Hymn Singalong (Ch) 2:00 Craft with ED Kim (3rd) 3:00 Coffee & Tea 101: Illy & Lavazza Espresso (C) 3:30 Assemble Purim Baskets (C) 6:30 Pinochle Players Club (3rd)	26 9:30 Strength Exercise (2nd) 10:00 Art Exploration: Rock Painting (3rd) 10:30 Hand Out Purim Baskets (ML) 1:30 Visits with Deacon Beverly (1st) 2:00 iN2L Learning: The Story of Joyous Purim (3rd) 3:00 Station of the Cross (Ch) 3:30 Confident Cruisers (ML) 6:30 10-Cent LCR Dice Game (1st)	27 9:30 "Best Year Yet" Stretch Exercise (2nd) 10:00 Therapy Dogs (1st) 10:30 Sewing Club: Infinity Scarf (3rd) 1:30 Painting Class with Jennie Perez (3rd) 2:30 Movie Matinee: <i>As Good As It Gets</i> (2nd) 4:00 Black History Month Musical Tribute: Ray Charles (3rd) 6:30 Uno (1st)
28 9:00 TV Catholic Mass Service (3rd) 10:30 Chair Zumba with Alyson (2nd) 11:00-1:00 Wine & Dine (DR) 1:30 Prayer Service with Deacon Bev (Ch) 2:45 Bingo (3rd) 4:00 iN2L: Traveling the Underground Railroad (3rd) 6:30 Knit & Crochet Club (3rd)				Calendar Key: Dining Room (DR), Chapel (Ch), 3rd Floor Sunroom (SR), First Floor (1st), Second Floor (2nd), Third Floor (3rd), Meet in Lobby (ML), Out of Building (OOB), Café (C) Registration Required ** Cost Involved \$\$	<h1>February</h1> <h2>2021</h2>	