

Focus on Wellness

With the new year, brings a renewed sense of hope. Our COVID-19 vaccine clinics have been scheduled in all communities. The second dose is administered about 28 days after the first dose and immunity is considered effective about 2 weeks later.

The vaccine administration schedule for your campus is to the right. Additional information about the Moderna vaccine offered across all Providence Place communities can be found at: <https://www.modernatx.com/covid19vaccine-eua/>

Pine Grove

- Clinic #1: Monday, January 25th
- Clinic #2: Monday, February 22nd
- Clinic #3: Monday, March 22nd

Additional offerings from our pharmacy will be coordinated as needed for residents and team members.



Providence Place SENIOR LIVING News

Q1: February 2021

A Note from the Executive Director

Great things happened in January at our Pine Grove community. As of the beginning of February - we are COVID-free and have moved into the Green phase. The excitement can be felt in the air. It is great to see all of our residents and families smile during their visits.

We also held our first COVID vaccine clinic and it was a success! We can't wait to continue moving forward with our next clinic at the end of the month.

The motto here at Pine Grove is "Stay positive. Better days are on their way." Each day proves we can continue taking steps forward.

Thank you for your diligence and support and here's to a great month!

Sincerely,
Julie Wallace, Executive Director

Highlighted Events

- 4 – **Making treats for S.P.C.A**
@ 10am (2pm delivery)
- 9 – **Crafty Creations**
Heart pillows @ 2pm
- 11 – **Valentine's Day Social** @ 2pm
Entertainment by Brian
- 25 – **EdU Presentation** by Jay Smar
History through Folk Music @ 2pm



Dimensions
of Wellness

Resident Birthdays

February

Yolanda Barley
Shirley Adams
Junior Kehler
Lewis Miller
Ray Beckey
Hilda Herb
Norman Chimokosky
Mary Jane Beckett

March

Doreen Hunsicker
Chester Morgan
Josephine Romanko
Patricia Beenick
Terry Noll
Janice Frankhouser
Helen Shaw
Dorothy Blazer



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.




To sign up to receive this quarterly newsletter and monthly events calendar via email. Please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com

Welcome New Residents

Joyce Reinbold
Marilyn Herb

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	1 8:00 Breakfast & Daily Chronicles (DR) 9:00 Chair Aerobics (2F) 10:00 Helping Hands: Recycling Team (1F) 11:00 Planning Committee (DR) 2:00 Aromatherapy Hand & Neck Massages (2F) 3:30 Confident Cruisers (1F) 6:30 Checker Club (2F)	2 8:00 Breakfast & Daily Chronicles (DR) 9:30 Balance in Action (2F) 10:00 Moral Decisions (2F) 11:00 Take Out Tuesday with FFF Club (Friends, Food & Fun) **\$\$ (OOB) 2:00 Yoga with Leah (2F) 3:30 Fit4 Life Team: Power Smoothies (2F) 6:30 Board Games: Sorry (2F)	3 8:00 Breakfast & Daily Chronicles (DR) 9:30 Stretch & Resistance Bands (2F) 10:00 Fireside Chat with E.D. Julie (2F) 10:30 Dining Committee Meeting (2F) 11:00 Word Search (2F) 2:00 Helping Hands: Recycling Team (2F) 3:30 Holy Rosary EWTN 49 6:30 Card Club: Crazy Eights (2F)	4 8:00 Breakfast & Daily Chronicles (DR) 9:30 Move2Music Exercise (2F) 10:00 Service in Action: Pumpkin Treats For S.P.C.A. (2F) 11:30 Trivia Teasers (2F) 2:00 Trip Out: Treats to S.P.C.A. ** (OOB) 4:00 Confident Cruisers (1F) 6:30 Mindful Colors (2F)	5 8:00 Breakfast & Daily Chronicles (DR) 9:30 Bodypump Exercise (2F) 10:30 Market Run*** (OOB) 11:00 Holy Rosary (EWTN 49) 1:30 iN2L Black History Month: Activists (1F) 4:00 Confident Cruisers (1F) 6:30 Board Game: Monopoly (2F)	6 8:00 Breakfast & Daily Chronicles (2F) 9:30 Ball Fitness (2F) 10:00 Fit4 Life Team: 1/4 Mile Walk (H) 11:30 Joggin' Your Noggin' (2F) 2:00 Bingo (2F) 3:30 Jumbo Crossword Puzzle (2F) 6:30 Jeopardy (1F) 7:00 Lawrence Welk Show (1F)	
7 8:00 Breakfast & Daily Chronicles (DR) 9:00 Whole Body Stretches (2F) 10:00 Opinion Column & Discuss (2F) 10:30 Joel Osteen Ministries (2F) 12:00 Wine & Dine (DR) 1:30 Holy Humor: A Dieter's Prayer (2F) 2:00 Church of God Service (DR) 3:00 Social Hour (2F) 6:30 Zen Art (2F)	8 8:00 Breakfast & Daily Chronicles (DR) 9:00 Chair Aerobics (2F) 10:00 Helping Hands: Recycling Team (1F) 11:00 Best Year Yet Team Meeting (2F) 2:00 Aromatherapy Hand & Neck Massages (2F) 3:30 Confident Cruisers (1F) 6:30 Checker Club (2F)	9 8:00 Breakfast & Daily Chronicles (DR) 9:30 Balance in Action (2F) 10:00 Ambassador Committee (2F) 11:00 Confident Cruisers (1F) 2:00 Crafty Creations: Heart Pillows (2F) 3:30 Fit4 Life Team: Distributing Granola Bars (R) 6:30 Board Games: Sorry (2F)	10 8:00 Breakfast & Daily Chronicles (DR) 9:30 Stretch & Resistance Bands (2F) 10:00 Service in Action: Preparing Lunch For Staff (2F) 10:30 Confident Cruisers (1F) 12:00 Set Up & Serve Lunch for Staff Appreciation Day (1F) 3:30 Confident Cruisers (1F) 6:30 Card Club: Crazy Eights (2F)	11 8:00 Breakfast & Daily Chronicles (DR) 9:30 Move2Music Exercise (2F) 10:00 Brain Stretchers (2F) 12:00 Wine & Dine (DR) 2:00 Valentine's Musical Entertainment featuring Brian (1F) 3:30 Social Hour: Champagne and Chocolate Covered Strawberries (1F) 6:30 Mindful Colors (2F)	12 8:00 Breakfast & Daily Chronicles (DR) 9:30 Bodypump Exercise (2F) 10:30 Market Run*** (OOB) 11:00 Holy Rosary (EWTN 49) 1:30 iN2L Black History Month: Musicians (1F) 4:00 Confident Cruisers (1F) 6:30 Board Game: Monopoly (2F)	13 8:00 Breakfast & Daily Chronicles (2F) 9:30 Ball Fitness (2F) 10:00 Fit4 Life Team: 1/4 Mile Walk (H) 11:30 Joggin' Your Noggin' (2F) 2:00 Bingo (2F) 3:30 You be the Judge Discuss & Opinion (2F) 6:30 Jeopardy (1F) 7:00 Lawrence Welk Show (1F)	
14 8:00 Breakfast & Daily Chronicles (DR) 10:00 Opinion Column & Discuss (2F) 10:30 Joel Osteen Ministries (2F) 12:00 Wine & Dine (DR) 1:30 Holy Humor: Adams Valentine To Eve (2F) 2:00 Church of God Service (DR) 3:00 Social Hour (2F) 6:30 Zen Art (2F) Valentine's Day	15 8:00 Breakfast & Daily Chronicles (DR) 9:00 Chair Aerobics (2F) 10:00 Making Cherry Cheese Cakes (2F) 2:00 Ed-U Presentation: Birds of Schuylkill County & How They Need Us by Leah Zerby (2F) 3:30 Presidents Day Fact or Fiction (2F) 6:30 Checker Club (2F) Presidents' Day	16 8:00 Breakfast & Daily Chronicles (DR) 9:30 Balance in Action (2F) 10:00 Moral Decisions (2F) 11:00 Take out Tuesday with the FFF Club (Friends, Food & Fun) **\$\$ (OOB) 2:00 Yoga with Leah (2F) 3:30 Fit4 Life Team: Power Smoothies (2F) 6:30 Board Games: Sorry (2F)	17 8:00 Breakfast & Daily Chronicles (DR) 9:30 Stretch & Resistance Bands (2F) 10:00 Giant Crossword Puzzle (2F) 10:30 Confident Cruisers (1F) 2:00 Road Trip Bingo** (OOB) 3:30 Confident Cruisers (1F) 6:30 Card Club: Crazy Eights (2F)	18 8:00 Breakfast & Daily Chronicles (DR) 9:30 Move2Music Exercise (2F) 10:00 Headline News (2F) 10:00 Men's Club: Cabela's & Logan's Steakhouse **\$\$ (OOB) 3:30 Jigsaw Puzzles (2F) 6:30 Mindful Colors (2F)	19 8:00 Breakfast & Daily Chronicles (DR) 9:30 Bodypump Exercise (2F) 10:30 Market Run*** (OOB) 11:00 Holy Rosary (EWTN 49) 1:30 iN2L Black History Month: Athletes (1F) 4:00 Confident Cruisers (1F) 6:30 Board Game: Monopoly (2F)	20 8:00 Breakfast & Daily Chronicles (2F) 9:30 Ball Fitness (2F) 10:00 Fit4 Life Team: 1/4 Mile Walk (H) 11:30 Joggin' Your Noggin' (2F) 2:00 Bingo (2F) 3:30 Jumbo Crossword Puzzle (2F) 6:30 Jeopardy (1F) 7:00 Lawrence Welk Show (1F)	
21 8:00 Breakfast & Daily Chronicles (DR) 9:00 Whole Body Stretches (2F) 10:00 Opinion Column & Discuss (2F) 10:30 Joel Osteen Ministries (2F) 12:00 Wine & Dine (DR) 1:30 Holy Humor: Bulletin Bloopers (2F) 2:00 Church of God Service (DR) 3:00 Social Hour (2F) 6:30 Zen Art (2F)	22 8:00 Breakfast & Daily Chronicles (DR) 9:00 Chair Aerobics (2F) 10:00 Helping Hands: Recycling Team (1F) 11:00 Mother Angelica Service (EWTN 49) 2:00 Aromatherapy Hand & Neck Massages (2F) 3:30 Confident Cruisers (1F) 6:30 Checker Club (2F)	23 8:00 Breakfast & Daily Chronicles (DR) 9:30 Balance in Action (2F) 10:00 Moral Decisions (2F) 11:00 Confident Cruisers (1F) 2:00 Drums & Motion with Joe (2F) 3:30 Hydration Cart: Fruit Juices (H) 6:30 Board Games: Sorry (2F)	24 8:00 Breakfast & Daily Chronicles (DR) 9:30 Stretch & Resist Bands (2F) 10:00 World News (2F) 10:30 Confident Cruisers (1F) 11:00 Word Search (2F) 2:00 Memory Magic (2F) 3:30 Confident Cruisers (1F) 6:30 Card Club: Crazy Eights (2F)	25 8:00 Breakfast & Daily Chronicles (DR) 9:30 Move2Music Exercise (2F) 10:00 Headline News (2F) 11:30 Trivia Teasers (2F) 2:00 Ed-U Presentation: <i>A History Walk Through Folk Music</i> by Jay Smar (2F) 4:00 Happy Hour (2F) 6:30 Mindful Colors (2F)	26 8:00 Breakfast & Daily Chronicles (DR) 9:30 Bodypump Exercise (2F) 10:30 Market Run*** (OOB) 11:00 Holy Rosary (EWTN 49) 1:30 iN2L Black History Month: Poets & Writers (1F) 4:00 Confident Cruisers (1F) 6:30 Board Game: Monopoly (2F)	27 8:00 Breakfast & Daily Chronicles (2F) 9:30 Ball Fitness (2F) 10:00 Fit4 Life Team: 1/4 Mile Walk (H) 11:30 Joggin' Your Noggin' (2F) 2:00 Bingo (2F) 3:30 You be the Judge Discuss & Opinion (2F) 6:30 Jeopardy (1F) 7:00 Lawrence Welk Show (1F)	
28 8:00 Breakfast & Daily Chronicles (DR) 9:00 Whole Body Stretches (2F) 10:00 Opinion Column & Discuss (2F) 10:30 Joel Osteen Ministries (2F) 12:00 Wine & Dine (DR) 1:30 Holy Humor: The Kingdom of God Is a Party (2F) 2:00 Church of God Service (DR) 3:00 Social Hour (2F) 6:30 Zen Art (2F)				Calendar Key: **Registration Required \$\$ Cost Involved (OOB) Out of Building (1F) First Floor Community Room (2F) Second Floor Community (DR) Dining Room (H) Hallway (L) Lobby		<h1>February</h1> <h2>2021</h2>	