

Focus on Wellness

With the new year, brings a renewed sense of hope. Our COVID-19 vaccine clinics have been scheduled in all communities. The second dose is administered about 28 days after the first dose and immunity is considered effective about 2 weeks later.

The vaccine administration schedule for your campus is to the right. Additional information about the Moderna vaccine offered across all Providence Place communities can be found at: <https://www.modernatx.com/covid19vaccine-eua/>

Pottsville

- Clinic #1: Thursday, January 28th
- Clinic #2: Thursday, February 25th
- Clinic #3: Thursday, March 25th

Additional offerings from our pharmacy will be coordinated as needed for residents and team members.



Providence Place SENIOR LIVING News

Q1: February 2021

A Note from the Executive Director

Greetings Residents,

As you know, we had our first Vaccine Clinic provided by Care Options Pharmacy on January 28th. Our second clinic will take place around February 25th. We truly believe that this vaccine will help us return to a somewhat more normal state. We may still have to wear masks, but hopefully we can have more activities and gatherings with friends and family.

Also this month, we want to let you know the Dining Room renovations are complete and will offer a beautiful dining experience! We cannot wait to start using them. I think you will love them. We are also starting a renovation project on the old South Dining Room as it is being transformed into a Pub. It will be a really neat gathering place with a big screen TV to watch a game or have a cocktail. We will keep you posted as renovations continue.

February is a month of love. As always, we will celebrate with a special meal for our couples. We have a few Valentine's babies here. My son, Nicholas, and one resident, Helen Kuzma, are Valentine's Day babies! I hope everyone has a great day filled with love.

Best,

Tanya Hoy, Executive Director

Highlighted Events

- 2 – **Groundhog's Day Celebration**
@ 2 pm
- 3 – **Tea Party for Connections Club**
@ 2 pm
- 7 – **Superbowl Party & Puppybowl**
Starting at @ 2 pm
- 10 – **Fireside Chat with Tanya**
@ 3:30 pm
- 14 – **Valentine's Day Party & Lunch**
@ 12 & 2pm
- 14 – **Heart Health Awareness**
Wellness presentation by Ashley Vigoda
@ 2pm
- 18 – **Art Class with Kim**
@ 2 pm for Connections Club

Welcome New Residents

Patricia Gangemi
Mary Bowman
Peter Gutsie
Clara Mason



*Dimensions
of Wellness*

Resident Birthdays

February

Helen Kuzma
Zyfryda Zurawski
John Centra
Patricia Gangemi
Shirley Bauser

March

Charlotte DiCasimirro
Joan Koehler
Sue Wartella
Barbara Arnold
Anita Fisher
Anne Kanish
Raymond Lavenberg
Joan Dewald
Eugene Suda

Yvonne Wiscount
Richard Harvey
Nellie Terefinko
Janet Ruch
Violet Pogera
Alberta Spina



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email. Please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:15 BYY Weigh In & Walk (CN) 10:30 Hydration & Healthy Bites (CN) 1:00 Sing-A-Long (C) 2:00 Famous African– Americans (A) 3:00 Discuss & Recall: “ I Have A Dream” (A) 3:00 Communion Service (C) 3:30 Famous Places (A)	2 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:15 Ground Hog Day Trivia (CN) 10:30 Hydration & Small Bites (CN) 11:00 BYY Walk (1:1) 1:00 Craft: Yarn Heart (A) 2:00 Mahjong: Words (1:1) 3:00 “Gnome in the Home (1:1) 3:30 Winner’s Circle (A)	3 9:00 Morning Meeting & Inspirations (A) 9:30 Coffee, Donuts & Discussions (A) 10:30 Church with Pastor Randy (C) 11:00 BYY Walk (1:1) 1:00 Helping Hands: Set Up 2:00 Tea Party (A) 2:30 Art of Conversation (A) 3:00 Video Chat with Families (1:1) 3:30 Video Chat with Families (1:1)	4 9:00 Morning Meeting & Inspirations (SL) 9:30 Daily Chronicle & Discussions (SL) 10:00 Word Games for Brainpower (SL) 1:00 Meditation for Inner Peace (SL) 1:30 Helping Hands: Set Up (A) 2:00 Art Class: Watercolors (A) 2:30 Hydration & Small Bites (A) 3:00 Comedy Hour: AFV (A) 3:30 BYY Walk (ML)	5 9:00 Morning Meeting & Inspirations (SL) 9:30 Daily Chronicle & Discussions (SL) 10:15 Balloon Volleyball (CN) 11:00 Walk for Heart Health (1:1) 1:00 This Day in History (SL) 2:00 Xbox Bowling (A) 2:30 Life Stories (1:1) 3:00 Communion Service (C) 3:30 Cocktail Hour (A)	6 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussion (A) 10:00 Baking Club (A) 10:30 Talk & Taste (A) 1:00 Walk for Heart Health (1:1) 2:00 Haiku Poetry Workshop 2:30 Hydration & Small Bites (A) 3:30 iN2L Virtual Travel: Importance of Watangi Day (C)
7 9:00 Morning Meeting & Inspirations (A) 9:15 Daily Chronicle & Discussions (A) 9:30 Reading the Republican (A) 10:00 Stretches to the Polkas (A) 1:00 Video Chat with Families (1:1) 2:00 Super Bowl Pregame: Snacks & Puppy Bowl (A) 3:00 Communion Service (C) 3:15 Football Trivia (A)	8 9:00 Morning Meeting & Inspirations (P) 9:30 Daily Chronicle & Discussions (P) 10:15 Memory Magic (CN) 10:30 Hydration & Small Bites (CN) 1:00 Frame Haiku Poems (A) 2:00 Romantic Couples through the Ages (C) 2:30 BYY Walk (1:1) 3:00 Communion Service (C) 3:30 Lite & Lively (SL)	9 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:15 Sing-A-Long (CN) 10:30 Hydration & Small Bites (CN) 11:00 BYY Walk(1:1) 1:00 Ice Cream Soda Social (SL) 2:00 Garden Club: Winter Sowing of Seeds for Spring Planting (SL) 3:00 Upwords (C)	10 9:00 Morning Meeting & Inspirations (C) 9:30 Coffee, Donuts & Discussions (A) 10:30 Church with Pastor Randy (C) 1:00 All Things Weddings (A) 1:30 Helping Hands: Set Up (C) 2:00 Cupid Dance (C) 3:00 Video Chat with Families (1:1) 3:30 Video Chat with Families (1:1) 3:30 Fireside Chat with Executive Director Tanya Hoy (C)	11 9:00 Morning Meeting & Inspirations (SL) 9:30 Daily Chronicle & Discussions (SL) 10:00 Famous Faces (A) 10:30 Hydration & Small Bites (A) 1:15 Xbox Bowling (A) 2:00 Name the Love Songs (C) 3:00 Drama Club (A) 3:30 BYY Walk (ML)	12 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:00 Communion Service (C) 10:15 iN2L Exploration: Brazilian Carnival (CN) 10:30 Hydration & Small Bites (CN) 1:30 Zumba with Michelle (A) 2:15 Reminiscing: Honest Abe (A) 3:00 Communion Service (C) 3:30 Cocktail Hour (A)	13 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussion (A) 10:00 Baking Club (A) 10:30 Talk & Taste (A) 1:00 Fireside Meet Up: “I Love Gaming” (ML) 2:00 Nickel Bingo \$\$ (DR) 3:30 Virtual Travel with American Dairy Association North East: Life on the Farm (C)
14 9:00 Morning Meeting & Inspirations (A) 9:15 Daily Chronicle & Discussions (A) 9:30 Reading the Republican (A) 10:00 Sharing Sweetheart Photos (ML) 12:00 Sweetheart Luncheon (A) 1:00 Video Chat with Families (1:1) 2:00 Valentine’s Day Party (DR) 3:00 Communion Service (C) Valentine’s Day	15 9:00 Morning Meeting & Inspirations (P) 9:30 Daily Chronicle & Discussions (P) 10:15 Memory Magic (CN) 10:30 Hydration & Small Bites (CN) 11:00 BYY Walk (1:1) 1:00 Lite & Lively Exercise (C) 2:00 President Trivia (C) 3:00 Communion Service (C) 3:30 Polish Bingo (C) Presidents’ Day	16 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:15 Sing-A-Long (CN) 10:30 Hydration & Small Bites (CN) 11:00 BYY Walk (1:1) 1:00 Birth of Qantas (C) 2:00 Making of “I feel Rosy” Lollipops for Appreciation Club (C) 3:00 Comedy Hour: Funny Bones (A)	17 9:00 Morning Meeting & Inspirations (A) 9:30 Coffee, Donuts & Discussions (A) 10:30 Church with Pastor Randy (C) 11:00 BYY Walk (1:1) 1:00 Providence Wishes Meeting (A) 2:00 Appreciation Club: CN Staff (CN) 2:30 Reminiscing with Friends (CN) 3:00 Video Chat with Families (1:1) 3:30 Video Chat with Families (1:1)	18 9:00 Morning Meeting & Inspirations (C) 9:30 Daily Chronicle & Discussions (C) 10:00 AHA Healthy for Good Resources (C) 10:30 Hydration & Small Bites (C) 1:00 Brain Games (C) 2:00 Helping Hands: Set Up (C) 2:30 Art Class with Kim (C) 3:00 Hydration & Small Bites (C) 3:30 BYY Walk (ML)	19 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:15 iN2L Exploration (CN) 10:30 Hydration & Small Bites (CN) 1:30 Zumba with Michelle (A) 2:00 What Doesn’t Belong? (A) 3:00 Communion Service (C) 3:30 Cocktail Hour (A)	20 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussion (A) 10:00 Baking Club (A) 10:30 Talk & Taste (A) 11:00 Walk for Heart Health (ML) 2:00 Nickel Bingo \$\$ (DR) 3:30 iN2L Education: Harvard Medical Study <i>An Active Social Life</i> <i>May Delay Memory Loss</i> (C)
21 9:00 Morning Meeting & Inspirations (A) 9:15 Daily Chronicle & Discussions (A) 9:30 Reading the Republican (A) 10:00 Stretches to the Polkas (A) 1:00 Video Chat with Families (1:1) 2:30 Movie: <i>War Room</i> (A) 2:30 Hydration & Small Bites (A) 3:00 Communion Service (C) 3:15 iN2L Lifelong Learning (LIB)	22 9:00 Morning Meeting & Inspirations (P) 9:30 Daily Chronicle & Discussions (P) 10:15 Memory Magic (CN) 10:30 Hydration & Small Bites (CN) 11:00 BYY Walk (1:1) 1:00 War Card Game (C) 2:00 Craft: Heart Bouquet (SL) 3:00 Communion Service (C) 3:30 Mind Joggers (SL)	23 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:15 Sing-A-Long (CN) 11:00 BYY Walk (1:1) 1:30 Helping Hands: Set Up 2:00 Providence Place Wishes Recipient Recognition (A) 3:30 Creative Writing: Open Ended Stories (A)	24 9:00 Morning Meeting & Inspirations (FR) 9:30 Daily Chronicle & Discussions (FR) 10:00 Wall Scrabble (A) 11:00 BYY Walk (1:1) 1:30 Helping Hands: Set Up (1:1) 2:00 Chocolate Waffle Station (A) 3:00 Video Chat with Families (1:1) 3:30 Video Chat with Families (1:1)	25 9:00 Morning Meeting & Inspirations (SL) 9:30 Daily Chronicle & Discussions (SL) 10:00 Leap Frogs on a Log (SL) 10:00 Men’s Outing (OOB) 1:00 Exercise Bike (3rd F) 2:00 Birthday Celebration (CN) 3:00 iPad: Zen Gardens (1:1) 3:30 BBY Walk (ML)	26 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:15 iN2L Exploration (CN) 10:30 Hydration & Small Bites (CN) 1:30 Zumba with Michelle (A) 2:00 Leap Year Facts and Trivia (A) 3:00 Communion Service (C) 3:30 Cocktail Hour (A)	27 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussion (A) 10:00 Baking Club (A) 11:00 Talk & Taste (A) 1:00 Walk for Heart Health (ML) 2:00 Nickel Bingo \$\$ (DR) 3:30 iN2L Virtual Travel: Catskill Mountains, New York (C)
28 9:00 Morning Meeting & Inspirations (A) 9:15 Daily Chronicle & Discussions (A) 9:30 Reading the Republican (A) 10:00 Stretches to the Polkas (A) 1:00 Video Chat with Families (1:1) 2:00 Movie: <i>Son of God</i> (A) 3:00 Communion Service (C) 3:15 iN2L Lifelong Learning: Oscar Winners of the Past (LIB)		THE <i>Club</i>		Calendar Key: (A) Activity Room, (LIB) Library (1:1) 1 on 1, (C) Chapel (OOB) Out of Building (CN) Connections (FR) Florida Room (ML) Main Lobby (SL) South Lounge (DR) Dining Room	<h1>February</h1> <h2>2021</h2>	