

Focus on Wellness

With the new year, brings a renewed sense of hope. Our COVID-19 vaccine clinics have been scheduled in all communities. The second dose is administered about 28 days after the first dose and immunity is considered effective about 2 weeks later.

The vaccine administration schedule for your campus is to the right. Additional information about the Moderna vaccine offered across all Providence Place communities can be found at: <https://www.modernatx.com/covid19vaccine-eua/>

Pottsville

- Clinic #1: Thursday, January 28th
- Clinic #2: Thursday, February 25th
- Clinic #3: Thursday, March 25th

Additional offerings from our pharmacy will be coordinated as needed for residents and team members.



Providence Place SENIOR LIVING News

Q1: February 2021

A Note from the Executive Director

Greetings Residents,

As you know, we had our first Vaccine Clinic provided by Care Options Pharmacy on January 28th. Our second clinic will take place around February 25th. We truly believe that this vaccine will help us return to a somewhat more normal state. We may still have to wear masks, but hopefully we can have more activities and gatherings with friends and family.

Also this month, we want to let you know the Dining Room renovations are complete and will offer a beautiful dining experience! We cannot wait to start using them. I think you will love them. We are also starting a renovation project on the old South Dining Room as it is being transformed into a Pub. It will be a really neat gathering place with a big screen TV to watch a game or have a cocktail. We will keep you posted as renovations continue.

February is a month of love. As always, we will celebrate with a special meal for our couples. We have a few Valentine's babies here. My son, Nicholas, and one resident, Helen Kuzma, are Valentine's Day babies! I hope everyone has a great day filled with love.

Best,

Tanya Hoy, Executive Director

Highlighted Events

- 2 – **Groundhog's Day Celebration**
@ 2 pm
- 3 – **Tea Party for Connections Club**
@ 2 pm
- 7 – **Superbowl Party & Puppybowl**
Starting at @ 2 pm
- 10 – **Fireside Chat with Tanya**
@ 3:30 pm
- 14 – **Valentine's Day Party & Lunch**
@ 12 & 2pm
- 14 – **Heart Health Awareness**
Wellness presentation by Ashley Vigoda
@ 2pm
- 18 – **Art Class with Kim**
@ 2 pm for Connections Club

Welcome New Residents

Patricia Gangemi
Mary Bowman
Peter Gutsie
Clara Mason



*Dimensions
of Wellness*

Resident Birthdays

February

Helen Kuzma
Zyfyda Zurawski
John Centra
Patricia Gangemi
Shirley Bauser

March

Charlotte DiCasimirro
Joan Koehler
Sue Wartella
Barbara Arnold
Anita Fisher
Anne Kanish
Raymond Lavenberg
Joan Dewald
Eugene Suda

Yvonne Wiscount
Richard Harvey
Nellie Terefinko
Janet Ruch
Violet Pogera
Alberta Spina




For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email. Please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 8:30 Daily Chronicle & Devotions (DR) 10:00 Communion Service (CH) 10:30 Yoga Fitness with Michelle (A) 1:00 Brain Teasers (A) 1:30 Circle of Friends (CH) 2:00 Norman Rockwell Documentary (A) 3:00 Communion Service (CH) 6:30 Bridge Club (A)	2 8:30 Daily Chronicle & Devotions (DR) 10:00 Meditation for Inner Peace (A) 11:00 Hydration Station (A) 1:00 Craft Club: String Art (A) 2:00 Groundhog's Day Celebration (A) 3:00 Lite & Lively (CH) 6:15 Kings in the Corner (A)	3 8:30 Daily Chronicle & Devotions (DR) 9:00 Breakfast Club (A) 10:00 Genealogy Workshop (A) 10:00 Dining Committee Meeting (DR) 10:30 Worship with Pastor Randy (CH) 1:00 Blind Tasting: Jams (A) 2:00 Manicures & Mimosas (A) 3:00 Chair Exercises (A) 6:15 Polish Bingo (A)	4 8:30 Daily Chronicle & Devotions (DR) 9:00 Banks & Post Office **\$\$ (OOB) 10:00 Drum Stick Exercise (A) 10:30 Lunch Caravan: Friedensburg Country Restaurant **\$(OOB) 1:00 Hand Massages (A) 2:00 Rosa Parks Documentary (A) 3:00 Community Life Planning Meeting (CH) 6:15 Puzzle Club (A)	5 8:30 Daily Chronicle & Devotions (DR) 9:30 Confident Cruisers (ML) 10:00 Communion Service (CH) 1:30 Zumba Class with Michelle (A) 2:00 National Park Series: Bryce Canyon (DR) 3:00 Communion Service (CH) 3:30 Super Social Cocktail Hour: Heart Healthy Snacks 6:15 Scrabble Club (A)	6 8:30 Daily Chronicle & Devotions (DR) 10:00 Retail Shopping: Family Dollar **\$(OOB) 11:00 Brain Teasers (A) 1:00 Helping Hands: Set-up (DR) 2:00 Nickle Bingo \$\$ (DR) 3:15 Fresh Flower Arranging (A) 3:30 Edu Travel: Maine (CH) 6:15 UNO (A)
7 8:00 TV Catholic Mass Service (Ch. 49) 8:30 Daily Chronicle & Devotions (DR) 10:00 Movement & Meditation (A) 11:00—1:00 Wine & Dine (DR) 2:00 Communion Service (CH) 2:00 Super Bowl Pregame: Snacks and Puppy Bowl (A) 3:00 Communion Service (CH) 6:00 Super Bowl (A)	8 8:30 Daily Chronicle & Devotions (DR) 10:00 Communion Service (CH) 10:30 Yoga Fitness with Michelle (A) 1:00 Brain Teasers (A) 2:00 Ted Talk: "What Causes Heart Burn"? (A) 3:00 Communion Service (CH) 3:30 Learn to Draw Transparencies (A) 6:30 Bridge Club (A)	9 8:30 Daily Chronicle & Devotions (DR) 10:00 Lite & Lively (CH) 11:00 Hydration Station (A) 1:00 Craft Club: Fabric Hearts (A) 2:30 EdU-Presentation, Schuylkill County History By Theresa Gaffney (A) 3:30 Creative Writing (A) 6:15 Kings in the Corner (A)	10 8:30 Daily Chronicle & Devotions (DR) 9:00 Breakfast Club (A) 10:00 Genealogy Workshop (A) 11:00 Chair Exercises (CH) 1:00 Manicures & Mimosas (A) 3:30 Fireside Chat with Executive Director, Tanya Hoy (CH) 6:15 Polish Bingo (A)	11 8:30 Daily Chronicle & Devotions (DR) 9:00 Errands: Walmart **\$(OOB) 10:00 Drum Stick Exercise (A) 10:30 County View Diner **\$(OOB) 11:00 Psalms (CH) 1:00 Hand Massages (A) 2:00 Xbox Bowling (A) 3:00 Blind Tasting: Cheeses (A) 6:15 Puzzle Club (A)	12 8:30 Daily Chronicle & Devotions (DR) 9:30 Confident Cruisers (ML) 10:00 Communion Service (CH) 1:30 Zumba Class with Michelle (A) 2:00 Holy Mass with Fr. Barnabas (CH) 2:30 National Parks Series: Denali (DR) 3:00 Communion Service (CH) 3:30 Cocktail Hour (A) 6:15 Scrabble (A)	13 8:30 Daily Chronicle & Devotions (DR) 10:00 Retail Shopping: Boscov's **\$(OOB) 11:00 Brain Teasers (A) 1:00 Helping Hands: Set-Up (DR) 2:00 Nickle Bingo \$\$ (DR) 3:30 Edu Travel: Cabo San Lucas (CH) 6:15 UNO (A)
Valentine's Day 14 8:00 TV Catholic Mass Service (Ch. 49) 8:30 Daily Chronicle & Devotions (DR) 10:00 Movement & Meditation (A) 11:00—1:00 Wine & Dine (DR) 12:00 Sweetheart Luncheon (DR) 2:00 Communion Service (CH) 2:00 Valentines Day Party (A) 2:30 Movie: <i>Forever My Girl</i> (A) 3:00 Communion Service (CH) 6:30 Puzzle Club (A)	Presidents' Day 15 8:30 Daily Chronicle & Devotions (DR) 10:00 Communion Service (CH) 10:30 Yoga Fitness with Michelle (A) 1:00 First Lady Trivia (A) 2:00 Presidential Snacks (A) 3:00 Communion Service (CH) 3:30 Norman Rockwell Techniques (A) 6:30 Bridge Club (A)	16 8:30 Daily Chronicle & Devotions (DR) 8:30 Fat Tuesday Donuts (DR) 10:00 Mardi Gras Craft (A) 11:00 Hydration Station (A) 1:00 Mardi Gras Party (A) 2:00 Wellness Presentation: Heart Health Awareness (CH) 3:00 Lite & Lively (CH) 6:15 Kings in the Corner (A)	Ash Wednesday 17 8:30 Daily Chronicle & Devotions (DR) 9:00 Breakfast Club (A) 10:00 Wellness Clinic: BP & Weight (N) 11:00 Bible Study (A) 1:15 Manicures & Mimosas (A) 2:00 Food for Thought by Chef Tuan (DR) 3:00 Deacon Distribute Ashes (Time may Change) (CH) 6:15 Chair Exercises (CH)	18 8:30 Daily Chronicle & Devotions (DR) 9:00 Banks & Post Office **\$(OOB) 10:00 Drum Stick Exercise (A) 1:00 Hand Massages (A) 2:00 EdU-Presentation: <i>Folklore & Coal Mining of the Northeast</i> by Jay Smar (DR) 3:00 Zoom 101: Learn to Video Chat (A) 3:30 Xbox Bowling (A) 6:15 Puzzle Club (A)	19 8:30 Daily Chronicle & Devotions (DR) 9:30 Confident Cruisers (ML) 10:00 Communion Service (CH) 1:30 Zumba Class with Michelle (A) 2:00 National Parks Series: iN2L Cuyahoga Valley (DR) 3:00 Communion Service (CH) 3:30 Cocktail Hour (A) 6:15 Scrabble (A)	20 8:30 Daily Chronicle & Devotions (DR) 10:00 Country Ride **\$(OOB) 11:00 Brain Teasers (A) 1:00 Helping Hands: Set-Up (DR) 2:00 Nickel Bingo \$\$ (DR) 3:15 Fresh Flower Arranging (A) 3:30 Edu Travel: Wyoming (CH) 6:15 UNO (A)
21 8:00 TV Catholic Mass Service (Ch. 49) 8:30 Daily Chronicle & Devotions (DR) 10:00 Movement & Meditation (A) 11:00—1:00 Wine & Dine (DR) 2:00 Communion Service (CH) 2:30 Movie: <i>War Room</i> (A) 3:00 Communion Service (CH) 6:30 Yahtzee (A)	22 8:30 Daily Chronicle & Devotions (DR) 10:00 Communion Service (CH) 10:30 Yoga Fitness with Michelle (A) 1:00 National Margherita Day (A) 2:00 Ted Talk: "How the Heart Pumps Blood?" (A) 3:00 Communion Service (CH) 3:30 Simple Drawing (A) 6:30 Bridge Club (A)	23 8:30 Daily Chronicle & Devotions (DR) 10:00 Lite & Lively (CH) 11:00 Hydration Station (A) 11:00 Men's Club Lunch: Ruby Tuesday **\$(OOB) 1:00 Craft Club: Lavender Sachets (A) 2:00 Providence Place Wishes Recipient Recognition (A) 3:00 Creative Writing (A) 6:15 Kings in the Corner (A)	24 8:30 Daily Chronicle & Devotions (DR) 9:00 Breakfast Club (A) 10:00 Genealogy Workshop (A) 1:00 Chair Exercises (CH) 2:00 Chef's Pairing by Chef Tuan (DR) 3:00 Manicures & Mimosas (A) 6:15 Polish Bingo (A)	25 8:30 Daily Chronicle & Devotions (DR) 9:00 Grocery Shopping: Boyer's **\$(OOB) 10:00 EdU-Presentation: <i>Schuylkill Co. Chamber of Commerce</i> by Robert Carl & Samantha Chivinski, Member (DR) 1:00 Hand Massages (A) 2:00 New Residents & Welcome Ambassadors Mixer (A) 5:00 February Birthday Dinner (ND) 6:15 Puzzle Club (A)	26 8:30 Daily Chronicle & Devotions (DR) 9:30 Confident Cruisers: Walking Club (ML) 10:00 Communion Service (CH) 1:30 Zumba Class with Michelle (A) 2:00 iN2L Dominican Republic Attractions (DR) 3:00 Communion Service (CH) 3:30 Cocktail Hour (A) 6:15 Scrabble (A)	27 8:30 Daily Chronicle & Devotions (DR) 10:00 Country Ride **\$(OOB) 11:00 Brain Teasers (A) 1:00 Helping Hands: Set-Up (DR) 2:00 Nickle Bingo (DR) 3:30 Edu Travel: Rhode Island (CH) 6:15 UNO (A)
28 8:00 TV Catholic Mass Service (Ch. 49) 8:30 Daily Chronicle & Devotions (DR) 10:00 Movement & Meditation (A) 11:00—1:00 Wine & Dine (DR) 2:00 Communion Service (CH) 2:00 Movie: <i>Son of God</i> (A) 3:00 Communion Service (CH) 6:30 Schuylkill County Monopoly (A)				Calendar Key: Activity Room (A), Chapel (CH) 2nd Floor South Lounge (2SL), 2nd Floor North Lounge (2NL) Main Lobby (ML), Nursing Office (N) Dining Room (DR), Library (LIB) First Floor Patio (1FP) Second Floor Patio (2FP) Out of Building (OOB) Registration Required**	<h1>February</h1> <h2>2021</h2>	