

Focus on Wellness

As each community reaches “fully-vaccinated” status (two weeks after the 2nd clinic), updated reopening procedures will take into effect. Please see our COVID-19 notice webpage for details: <https://www.providence-place.com/news/covid-19-notices/>

As we begin this transition, we want to truly focus on the social and mental well-being of all of our residents & team members. We will be maintaining activities, dining, outings and more for our vibrant communities. A few highlights include:

- Dining rooms & internal activities will remain open
- Salon & Therapy services will remain open
- Visitation options available in community and for external family visits
- Reduced surveillance testing
- Reduced quarantine requirements for new residents and resident outings

Drums

- Vaccine Clinic #3:
TBA

Additional offerings from our pharmacy will be coordinated for residents and team members.



Providence Place SENIOR LIVING News

Q1: March 2021

A Note from the Executive Director

March is here -- we are excited to say that we are over 90% vaccinated as a community! Things are really looking up!

We will start opening our community with inviting visitors and enjoying some social events. I have been overjoyed reconnecting with my residents and families after a long year of social distancing. I can see the smiles of everyone underneath the masks.

We have resumed our monthly fireside chats and “crafts with Kim” where we all can enjoy some social gatherings together.

I would like this time to thank all of our residents and families for your words of kindness, compliments, and offerings of support throughout this past year. It has been greatly appreciated by all our coworkers.

Please know that we are here for any of your concerns or needs.

Let's make it a great month!

Kim Perchak

Executive Director

Highlighted Events

- 4 – **Edu Presentation: Better Sleep**
@ 2:30pm
- 11 – **Crystal Presentation by Jay**
@ 2:30pm
Connections Club
- 15 – **Musical Entertainment**
The Irish Lads
Connections Club
- 17 – **St. Patrick's Day**
Craft with Kim, Irish Singalong & Celtic Charms
- 20 – **Men's Club**
@ 1:45pm
- 25 – **Cooking Club**
Mary Ator's Easter Pies @ 10:30am
- 27 – **Painting Class with Jennie**
@ 1:30pm
- 29 – **Lenape Tribe History**
Presentation by Nat
Connections Club

Welcome New Residents

Martha Barletta
Henry Gallucci



*Dimensions
of Wellness*

Resident Birthdays

March

Irene Heidrich
Claudia Baert
Joseph Fogarty
Joanne Rushton
Jerry Moff



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<h1>March 2021</h1>	1 9:00 Morning Meeting (2nd) 9:15 Daily Chronicle (2nd) 10:00 "Best Year Yet" Yoga (Ch) 10:30 Spiritual Meditation (2nd) 12:30 Charades (2nd) 2:00 <i>The Burns & Allen Show</i> (2nd) 3:00 Bands and Balls (SR)	2 9:00 Morning Meeting (2nd) 9:15 Daily Chronicle (2nd) 9:30 Shopping Trip Ollie's \$\$ (OOB) 1:30 Music Class With Cynthia (2nd) 2:00 Bottom Line Book Club (2nd) 2:30 Stretch it Out Exercise (2nd) 3:30 Pick Up Stix (1st)	3 9:00 Morning Meeting (2nd) 9:15 Daily Chronicle (2nd) 10:00 Shamrock Craft (2nd) 12:30 Wellness Meeting (SR) 1:30 Price Is Right: IN2L (2nd) 2:30 Jokes for Folks: IN2L (2nd) 3:30 Molly McGuire's History (1st)	4 9:00 Morning Meeting (2nd) 9:15 Daily Chronicle (2nd) 10:00 Nescopeck Park Stroll (OOB) 11:00 Mindful Foodies : Mary's Diner \$\$ (OOB) 1:30 Aroma Therapy Herbs (2nd) 3:00 FaceTime Family (2nd)	5 9:00 Morning Meeting (2nd) 9:15 Daily Chronicle (2nd) 10:00 World Day of Prayer Service (Ch) 12:30 Treasured Toys & Gems (2nd) 1:00 Pineapple Delight Baking (C) 3:00 Stations of the Cross (T) 3:30 Tapestry of My Life (2nd)	6 9:00 Morning Meeting (2nd) 9:15 Daily Chronicle (2nd) 10:00 Mani-pedi's (SR) 12:30 Canvas Craft (2nd) 2:00 Great Backyard Bird Count (2nd) 3:00 "Best Year Yet" Walkers (OOB) 3:30 Year Book Memories (2nd)
7 9:00 TV Catholic Mass Service (3rd) 10:00 Therapy Dogs (1st) 10:30 Chair Zumba with Alyson (2nd) 12:30 Movie Matinee: <i>The Bucket List</i> (3rd) 2:00 "Best Year Yet" Walkers (OOB) 3:00 Cereal Tasting with Friends (T)	8 9:00 Morning Meeting (2nd) 9:15 Daily Chronicle (2nd) 10:00 "Best Year Yet" Yoga (Ch) 10:30 Brain Teasers (2nd) 12:30 Strengthening Toss (2nd) 2:00 Music Class with Cynthia (T) 3:00 Card Club (SR)	9 9:00 Morning Meeting (2nd) 9:15 Daily Chronicle (2nd) 10:00 Neighborhood Visit (T) 1:30 Music Class With Cynthia (2nd) 2:00 Bottom Line Book Club (2nd) 2:30 Craft Corner: You Are Soda-Lightful (2nd)	10 9:00 Morning Meeting (2nd) 9:15 Daily Chronicle (2nd) 9:30 Hometown Market \$\$ (OOB) 12:30 Wellness Meeting (SR) 2:30 Old Time Candy & Pop (2nd) 3:30 Mindful Meditation (SR)	11 9:00 Morning Meeting (2nd) 9:15 Daily Chronicle (2nd) 10:00 Lake Irene Stroll (OOB) 11:00 Zapata Taco Truck \$\$ (OOB) 1:00 Pot O Gold Coin Toss (T) 2:00 Crystal Presentation by Jay (2nd) 2:00 Hazleton in the 19th Century (2nd)	12 9:00 Morning Meeting (2nd) 9:15 Daily Chronicle (2nd) 10:00 Garden Stroll (OOB) 12:30 Stations of the Cross (Ch) 1:30 Video Interviews (2nd) 2:30 Helping Hands Donating (2nd) 3:00 Paint A Story (2nd)	13 9:00 Morning Meeting (2nd) 9:15 Daily Chronicle (2nd) 10:00 Classical Music Meditation (2nd) 10:30 Brain Teasers (2nd) 12:30 St. Paddy's Trivia (SR) 3:00 "Best Year Yet" Walkers (OOB)
14 9:00 TV Catholic Mass Service (3rd) 10:00 Therapy Dogs (1st) 10:30 Chair Zumba with Alyson (2nd) 12:30 Movie Matinee: <i>Son of God</i> (2nd) 2:00 "Best Year Yet" Walkers (OOB) 3:00 Finish the Sentence (2nd) Daylight Savings Begins	15 9:00 Morning Meeting (2nd) 9:15 Daily Chronicle (2nd) 10:00 "Best Year Yet" Yoga (Ch) 10:30 My Life Story (2nd) 12:30 Strengthening Toss (2nd) 2:00 <i>The Irish Lads</i> Entertainment (DR) 3:00 Veterans Club (SR)	16 9:00 Morning Meeting (2nd) 9:15 Daily Chronicle (2nd) 9:30 Shopping Trip Mark's \$\$ (OOB) 2:00 Bottom Line Book Club (2nd) 2:30 Men's Club (C) 3:00 Board Gamers (2nd)	17 9:00 Morning Meeting (2nd) 9:15 Daily Chronicle (2nd) 10:00 Craft Corner: Birdhouse (2nd) 12:30 Wellness Meeting (SR) 2:00 St. Paddy's Celebration (DR) 2:30 Terrace Party Friends Visit (T) St. Patrick's Day	18 9:00 Morning Meeting (2nd) 9:15 Daily Chronicle (2nd) 9:30 Country Ride & Scoopers Ice Cream \$\$ (OOB) 12:30 Veggie Food Art (C) 2:00 Helping Hands Recycling (2nd) 2:30 Chair Qigong (2nd)	19 9:00 Morning Meeting (2nd) 9:15 Daily Chronicle (2nd) 10:00 Birthday Celebration (2nd) 12:30 Stations of the Cross (Ch) 2:00 Zane Grey Audio Book (2nd) 3:00 Family Feud: IN2L (2nd) 3:30 Ambassador Review (SR)	20 9:00 Morning Meeting (2nd) 9:15 Daily Chronicle (2nd) 10:00 Rockin' to the Oldies (2nd) 12:30 Spring Equinox Craft (2nd) 2:30 Garden Stroll (T) 3:00 Tea Time and Chat (C) First Day of Spring
21 9:00 TV Catholic Mass Service (3rd) 10:00 Therapy Dogs (1st) 10:30 Chair Zumba with Alyson (2nd) 12:30 Movie Matinee: <i>Beaches</i> (3rd) 2:00 Tracy Dance Academy (1st) 3:00 Puzzle- mania (SR) 3:30 What's My Line? (1st)	22 9:00 Morning Meeting (2nd) 9:15 Daily Chronicle (2nd) 10:00 "Best Year Yet" Yoga (Ch) 10:30 Finish the Sentence... (2nd) 12:30 Laminated Photos Craft (2nd) 2:00 TED Talk: <i>Why We Sleep</i> (2nd) 3:00 Memory Café (C)	23 9:00 Morning Meeting (2nd) 9:15 Daily Chronicle (2nd) 9:30 Shopping Mall \$\$ (OOB) 2:30 Mindful Meditation (2nd) 3:00 Hometown Trivia (1st) 3:30 Men's Club (C)	24 9:00 Morning Meeting (2nd) 9:15 Daily Chronicle (2nd) 10:00 Name That Tune (2nd) 10:30 Discussion & Small Bites (2nd) 12:30 Wellness Meeting (SR) 1:30 Zane Grey Audio Book (2nd) 2:30 Guided Meditation (SR)	25 9:00 Morning Meeting (2nd) 9:15 Daily Chronicle (2nd) 10:00 Herb-A-Roma (2nd) 10:30 Brain Teasers (2nd) 12:30 Courtyard Capers (T) 1:30 Spiritual Studies (2nd) 2:30 Message in a Bottle (2nd)	26 9:00 Morning Meeting (2nd) 9:15 Daily Chronicle (2nd) 10:00 Boston Symphony Online(2nd) 12:30 Stations of the Cross (Ch) 1:30 Shaving Cream Marbling (2nd) 2:30 Balance in Action (2nd) 3:00 Charades (2nd)	27 9:00 Morning Meeting (2nd) 9:15 Daily Chronicle (2nd) 10:00 Country Line Dance Lessons (2nd) 12:30 Strengthening Toss (2nd) 1:00 Marshmallow Craft (2nd) 3:00 "Best Year Yet" Walkers (OOB) Passover Begins
28 9:00 TV Catholic Mass Service (3rd) 10:00 Therapy Dogs (1st) 10:30 Chair Zumba with Alyson (2nd) 12:30 Movie Matinee: <i>The Odd Couple</i> (3) 2:00 "Best Year Yet" Walkers (OOB) 3:00 Color Me Happy (2nd) 3:30 Helping Hands Recycling (2nd) Palm Sunday	29 9:00 Morning Meeting (2nd) 9:15 Daily Chronicle (2nd) 10:00 "Best Year Yet" Yoga (Ch) 10:30 Candid Camera (2nd) 12:30 Lenape Tribe Talk by Nat (2nd) 3:00 Memory Support Group (SR)	30 9:00 Morning Meeting (2nd) 9:15 Daily Chronicle (2nd) 9:30 Timeslips (T) 1:30 Music Class With Cynthia (2nd) 2:00 TED Talk: <i>Ideas About Aging</i> (2nd) 3:00 Paint & Sip with Meghan (T) 3:30 Men's Club (C)	31 9:00 Morning Meeting (2nd) 9:15 Daily Chronicle (2nd) 9:30 Hometown Market \$\$ (OOB) 12:30 Wellness Meeting (SR) 2:30 Corn Hole (2nd) 3:30 Jokes for Folks (2nd)	Calendar Key: Dining Room (DR), Chapel (Ch), 3rd Floor Sunroom (SR), First Floor (1st), Second Floor (2nd), Third Floor (3rd), Meet in Lobby (ML), Front Porch (FP), Out of Building (OOB), Café (C) Registration Required ** Cost Involved \$\$	<h1>THE Club</h1>	