

Focus on Wellness

As each community reaches “fully-vaccinated” status (two weeks after the 2nd clinic), updated reopening procedures will take into effect. Please see our COVID-19 notice webpage for details: <https://www.providence-place.com/news/covid-19-notices/>

As we begin this transition, we want to truly focus on the social and mental well-being of all of our residents & team members. We will be maintaining activities, dining, outings and more for our vibrant communities. A few highlights include:

- Dining rooms & internal activities will remain open
- Salon & Therapy services will remain open
- Visitation options available in community and for external family visits
- Reduced surveillance testing
- Reduced quarantine requirements for new residents and resident outings

Drums

- Vaccine Clinic #3:
TBA

Additional offerings from our pharmacy will be coordinated for residents and team members.



Providence Place SENIOR LIVING News

Q1: March 2021

A Note from the Executive Director

March is here -- we are excited to say that we are over 90% vaccinated as a community! Things are really looking up!

We will start opening our community with inviting visitors and enjoying some social events. I have been overjoyed reconnecting with my residents and families after a long year of social distancing. I can see the smiles of everyone underneath the masks.

We have resumed our monthly fireside chats and “crafts with Kim” where we all can enjoy some social gatherings together.

I would like this time to thank all of our residents and families for your words of kindness, compliments, and offerings of support throughout this past year. It has been greatly appreciated by all our coworkers.

Please know that we are here for any of your concerns or needs.

Let's make it a great month!

Kim Perchak

Executive Director

Highlighted Events

- 4 – **Edu Presentation: Better Sleep**
@ 2:30pm
- 11 – **Crystal Presentation by Jay**
@ 2:30pm
Connections Club
- 15 – **Musical Entertainment**
The Irish Lads
Connections Club
- 17 – **St. Patrick's Day**
Craft with Kim, Irish Singalong & Celtic Charms
- 20 – **Men's Club**
@ 1:45pm
- 25 – **Cooking Club**
Mary Ator's Easter Pies @ 10:30am
- 27 – **Painting Class with Jennie**
@ 1:30pm
- 29 – **Lenape Tribe History**
Presentation by Nat
Connections Club

Welcome New Residents

Martha Barletta
Henry Gallucci



*Dimensions
of Wellness*

Resident Birthdays

March

Irene Heidrich
Claudia Baert
Joseph Fogarty
Joanne Rushton
Jerry Moff



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<h1>March</h1> <h2>2021</h2>	1	2	3	4	5	6	
	9:30 Rosary (Ch) 10:00 "Best Year Yet" Yoga Fitness by Bill (Ch) 10:30 Food For Thought: Irish Boxty (C) 1:00-3:00 Girl Scout Cookie Sale By Girl Scout Troop #3826 (1st) 1:30 X-Box Bowling (2nd) 2:30 Circle of Friends (SR) 3:30 Irish Trivia (3rd) 6:30 Pinochle Players Club (3rd)	9:30 Stretch Exercise (2nd) 10:00 Aromatherapy: Restful Sleep Scents: Lavender Oil (2nd) 10:30 Craft Club: Employee Recognition Gifts (3rd) 1:30 Confident Cruisers (ML) 2:00 Bible Study with Deacon Beverly (SR) 2:30 Discuss & Learn: St. Patrick (3rd) 3:30 iN2L: The Pilgrimage of Croagh Patrick (3rd) 6:30 Scrabble (1st)	9:30 "Best Year Yet" Sit & Be Fit Exercise (2nd) 10:00 Rosary (Ch) 10:30 Literary Character Spotlight: Sherlock Holmes (3rd) 1:45 Cooking Club: Mini Sheperd's Pies (C) 2:45 Bingo (3rd) 4:00 Finish the Quote (1st) 6:30 Rummikub (1st)	9:30 Balance in Action Exercise (2nd) 10:00 Mass by Father Mike (DR) 10:30 Confident Cruisers (ML) 1:30 Visits by Deacon Beverly (1st) 2:30 Virtual Ed-U Wellness Presentation: Better Sleep Habits (3rd) 3:30 Irish Folktales (3rd) 4:00 Crossword Challenge (3rd) 6:30 Pinochle Players Club (3rd)	9:30 Strength Exercise (2nd) 10:00 Art Exploration: Geometric Tape Painting (3rd) 10:30 Low Vision Club with Lori (2nd) 1:45 Men's Club: X-Box Golf (2nd) 2:30 Employee Recognition Gifts to Employees (1st) 3:00 Stations of the Cross (Ch) 3:30 Uncorked: Honey Hole Winery Honey Mead & Cheese Pairing (1st) 6:30 10-Cent LCR Dice Game (1st)	9:30 Stretch Exercise 10:00 Hymn Singalong (Ch) 10:30 Garden Club with Mary (3rd) 1:45 Community Life Committee Meeting (3rd) 2:30 Movie Matinee: <i>The Secret of Roan Inish</i> (2nd) 4:00 Word Puzzles & Potato Candy (1st) 6:30 Boggle (1st)	
	7	8	9	10	11	12	13
	9:00 TV Catholic Mass Service (3rd) 10:00 Therapy Dogs (1st) 10:30 Sit & Be Fit Exercise (2nd) 11:00-1:00 Wine & Dine (DR) 1:30 Prayer Service with Deacon Bev (Ch) 2:45 Bingo (3rd) 4:00 iN2L: Irish Attractions: The Cliffs of Moher (3rd) 6:30 Knit & Crochet Club (3rd)	9:30 Rosary (Ch) 10:00 "Best Year Yet" Yoga Fitness by Bill (Ch) 10:30 Technology Committee (3rd) 1:30 Music Class with Cynthia (2nd) 2:00 TED Talk & Discussion: <i>5 Steps To Designing the Life You Want</i> (3rd) 3:00 X-Box Bowling (2nd) 6:30 Pinochle Players Club (3rd)	9:30 Stretch Exercise (2nd) 10:00 Aromatherapy: Restful Sleep Scents: Bergamot Oil (2nd) 10:30 Craft Club: Tea Light Flowers (3rd) 1:30 Confident Cruisers (ML) 2:30 Circle of Friends (SR) 3:30 iN2L: Emerald Isle Icons: Oscar Wilde & Bernard Shaw (3rd) 6:30 Scrabble (1st)	9:30 "Best Year Yet" Sit & Be Fit Exercise (2nd) 10:00 Rosary (Ch) 10:30 Manicures (3rd) 1:45 Dessert & Discussion: Black Forest Cake (DR) 2:45 Bingo (3rd) 4:00 March Birthday Celebration Dinner (DR) 6:30 Rummikub (1st)	9:30 Balance in Action Exercise (2nd) 10:00 Welcome Ambassador Committee Meeting (3rd) 10:30 Cooking Club: Classic Irish Soda Bread (C) 1:30 Hymn Sing with Deacon Beverly (3rd) 2:30 Ed-U Presentation: <i>Irish Origins</i> (3rd) 3:30 Finish the Lyrics (3rd) 6:30 Pinochle Players Club (3rd)	9:30 Strength Exercise (2nd) 10:00 Art Exploration: Geometric Tape Painting (3rd) 11:00 Take-Out from 5-Star Chinese Restaurant***\$\$ (DR) 1:30 Visits with Deacon Beverly (1st) 2:00 Virtual Presentation: Riverdance (3rd) 3:00 Stations of the Cross (Ch) 4:00 Confident Cruisers (ML) 6:30 10-Cent LCR Dice Game (1st)	9:30 "Best Year Yet" Stretch Exercise (2nd) 10:00 Rosary (Ch) 10:30 Garden Club with Mary (3rd) 1:45 Country Ride** (OOB) 2:30 Movie Matinee: <i>The Quiet Man</i> (2nd) 4:00 Truth or Blarney Game (1st) 6:30 Connect Four (1st)
	14	15	16	17	18	19	20
9:00 TV Catholic Mass Service (3rd) 10:00 Therapy Dogs (1st) 10:30 Sit & Be Fit Exercise (2nd) 11:00-1:00 Wine & Dine (DR) 1:30 Prayer Service with Deacon Bev (Ch) 2:45 Bingo (3rd) 4:00 iN2L: Irish Attractions: Dublin Guinness Storehouse (3rd) 6:30 Knit & Crochet Club (3rd) Daylight Savings Begins	9:30 Rosary (Ch) 10:00 Yoga Fitness by Bill (Ch) 10:30 X-Box Bowling (2nd) 1:30 Men's Club: Irish Beer Tasting (1st) 2:00 Musical Entertainment By "The Irish Lads" (DR) 3:30 Sewing Club (3rd) 6:30 Pinochle Players Club (3rd)	9:30 Stretch Exercise (2nd) 10:00 Aromatherapy: Restful Sleep Scents: Ylang Ylang Oil (2nd) 10:30 Cooking Club: Chocolate Guinness Cake (C) 1:30 Dealing with Loss Support Group (SR) 2:45 St. Patrick's Day Bingo (3rd) 4:00 iN2L: Irish Potato Famine (3rd) 6:30 Scrabble (1st)	9:30 Sit & Be Fit Exercise (2nd) 10:00 Ed-U Presentation: Bagpipe Songs & History with B. Jespersen (DR) 1:30 Bible Study with Deacon Beverly (SR) 2:00 Cork Craft with ED Kim (2nd) 3:00 Irish Singalong (3rd) 4:00 Celtic Charms: Four-Leaf Clovers (1st) 6:30 Rummikub (1st) St. Patrick's Day	9:30 Rosary (Ch) 10:00 Balance in Action Fitness Class By Genesis (2nd) 10:30 Health Focus: Essential Oil Scrubs (3rd) 1:45 Hymn Singalong (3rd) 2:30 Dining Service Committee Mtg. (3rd) 4:00 Finish the Phrase (3rd) 6:30 Pinochle Players Club (3rd)	9:30 Strength Exercise (2nd) 10:00 Art Exploration: Geometric Tape Painting (3rd) 10:30 Low Vision Club with Lori (3rd) 1:30 Visits with Deacon Beverly (1st) 2:00 Red or Black Game (2nd) 3:00 Stations of the Cross (Ch) 4:00 Confident Cruisers (ML) 6:30 10-Cent LCR Dice Game (1st)	9:30 Stretch Exercise (2nd) 10:00 TED Talk & Discussion: The Mood Boosting Power of Crying (C) 10:30 Garden Club with Mary (3rd) 1:45 Men's Club: X-Box Golf (2nd) 2:30 Movie Matinee: <i>Waking Ned Devine</i> (2nd) 4:00 Irish Limericks (1st) 6:30 Boggle (1st) First Day of Spring	
21	22	23	24	25	26	27	
9:00 TV Catholic Mass Service (3rd) 10:00 Therapy Dogs (1st) 10:30 Sit & Be Fit Exercise (2nd) 11:00-1:00 Wine & Dine (DR) 1:30 Prayer Service with Deacon Bev (Ch) 2:45 Bingo (3rd) 4:00 iN2L: Irish Attractions: The Blarney Stone (3rd) 6:30 Knit & Crochet Club (3rd)	9:30 Rosary (Ch) 10:00 Yoga Fitness by Bill (Ch) 10:30 Spring Trivia (3rd) 1:30 Music Class with Cynthia (2nd) 2:30 Chef's Pairings with Chef Ashley (DR) 3:30 New Resident Karaoke Singalong Mixer (3rd) 6:30 Pinochle Players Club (3rd)	9:30 Stretch Exercise (2nd) 10:00 Aromatherapy: Restful Sleep Scents: Peppermint Oil (2nd) 10:30 Craft Club: Clip & Stick Jewelry (3rd) 1:30 Confident Cruisers (ML) 2:00 Listen & Learn: The Kilt: History & Tradition (3rd) 3:00 Fireside Chat Community Mtg. (1st) 4:00 Tech World & You: 6:30 Scrabble (1st)	9:30 Sit & Be Fit Exercise (2nd) 10:00 Rosary (Ch) 10:30 Cooking Club: Prep for Mary Ator's Easter Pies (C) 1:45 Circle of Friends (SR) 2:45 Bingo (3rd) 4:00 Confident Cruisers (ML) 6:30 Rummikub (1st)	9:30 Balance in Action Exercise (2nd) 10:00 Coffee & Tea 101: Twinings Irish Tea (C) 10:30 Cooking Club: Assemble & Bake Mary Ator's Easter Pies (C) 1:45 Hymn Sing with Deacon Beverly (3rd) 2:30 Dining Demo with Chef Ashley: Assorted Candy Easter Eggs (DR) 4:00 Finish the Phrase (1st) 6:30 Pinochle Players Club (3rd)	9:30 Strength Exercise (2nd) 10:00 Art Exploration: Geometric Tape Painting (3rd) 10:30 Low Vision Club with Lori (3rd) 1:30 Visits with Deacon Beverly (1st) 2:00 iN2L Learning: Animal World: Ireland's Red Deer (3rd) 3:00 Stations of the Cross (Ch) 4:00 Confident Cruisers (ML) 6:30 10-Cent LCR Dice Game (1st)	9:30 Stretch Exercise (2nd) 10:00 The Passover Story (3rd) 10:30 Garden Club with Mary (3rd) 1:30 Painting Class with Jennie Perez (3rd) 2:30 Seder Plates (3rd) 4:00 Passover Songs: Featuring "Dayenu" (3rd) 6:30 Uno (1st) Passover Begins	
28	29	30	31	Calendar Key: ** Registration Required \$\$ Cost Involved Dining Room (DR), Chapel (Ch), 3rd Floor Sunroom (SR) First Floor (1st), Second Floor (2nd), Third Floor (3rd), Meet in Lobby (ML), Out of Building (OOB), Caf�� (C)			
9:00 TV Catholic Mass Service (3rd) 10:00 Therapy Dogs (1st) 10:30 Chair Zumba with Alyson (2nd) 11:00-1:00 Wine & Dine (DR) 1:30 Prayer Service with Deacon Bev (Ch) 2:45 Bingo (3rd) 4:00 iN2L: Irish Attractions: The Ring of Kerry (3rd) 6:30 Knit & Crochet Club (3rd) Palm Sunday	9:30 Rosary (Ch) 10:00 Yoga Fitness by Bill (Ch) 10:30 Country Singalong (3rd) 1:30 X-Box Bowling (2nd) 2:30 Circle of Friends (SR) 3:30 Discuss & Learn: 100 Years of Irish Fashion (3rd) 6:30 Pinochle Players Club (3rd)	9:30 Stretch Exercise (2nd) 10:00 Aromatherapy: Restful Sleep Scents: Jasmine Oil (2nd) 10:30 Confident Cruisers (ML) 1:30 Bible Study with Deacon Beverly (3rd) 2:00 Dye Easter Eggs (DR) 3:30 iN2L: Irish Pub Culture (3rd) 6:30 Scrabble (1st)	9:30 Sit & Be Fit Exercise (2nd) 10:00 Rosary (Ch) 10:30 Cooking Club: Smoked Salmon Cheese Spread (C) 1:45 Hymn Sing with Deacon Beverly (3rd) 2:45 Bingo (3rd) 4:00 Confident Cruisers (ML) 6:30 Rummikub (1st)				

