

# Focus on Wellness

As each community reaches “fully-vaccinated” status (two weeks after the 2<sup>nd</sup> clinic), updated reopening procedures will take into effect. Please see our COVID-19 notice webpage for details: <https://www.providence-place.com/news/covid-19-notices/>

As we begin this transition, we want to truly focus on the social and mental well-being of all of our residents & team members. We will be maintaining activities, dining, outings and more for our vibrant communities. A few highlights include:

- Dining rooms & internal activities will remain open
- Salon & Therapy services will remain open
- Visitation options available in community and for external family visits
- Reduced surveillance testing
- Reduced quarantine requirements for new residents and resident outings

## Lancaster

- Vaccine Clinic #3:  
Friday, March 12<sup>th</sup>\*

*\*Date is subject to change based on state availability. Additional offerings from our pharmacy will be coordinated for residents and team members.*



Dimensions  
of Wellness

## Resident Birthdays

### March

Eleanor Rohlf  
Charles Albright  
Stanley Butler  
Jean Kreiser  
Beth Herr  
Evelyn Rhoads  
Sandra McCann



# Providence Place SENIOR LIVING News

Q1: March 2021

## A Note from the Executive Director

Hello everyone!

We are ecstatic to celebrate the distribution of our second round of the COVID vaccine! Residents and staff alike participated on Friday, February 12<sup>th</sup> with no complications. The vaccine has a two-week incubation period before being considered fully-vaccinated. Our visitation policies have been adjusted and I hope by now you have had an opportunity to visit with your loved one. There are multiple ways to visit: in the lobby, by leaving the community, or participating in our compassionate care program.

There have been numerous changes around the community that your loved one may have noticed! Our community life programs have been expanded and outings are permitted. Please encourage your loved ones to get involved in our fun activities!

If you have any questions about visitation, policies and activities, please don't hesitate to contact me directly at the community.

Happy March,

*Donna O'Leary, Executive Director*

## Highlighted Events

3 – **Bubble Gum Celebration**  
(Connections Club)

11 – **Popcorn Lover's Day**  
Early bird Bingo @ 10am  
Party @ 2pm

Cooking demo from Chef Jeff

23 – **March Madness Tournament**  
@ 2pm

### Casino Night

Every Thursday @ 6pm

### March Movie Madness

Alfred Hitchcock month  
Every Sunday @ 6pm

## Welcome New Residents

Jan Rutt

Louise Wingate

Harry George

Dorothy George

Terry Leonard

Loretta Leonard



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at [www.Facebook.com/ProvPlace](http://www.Facebook.com/ProvPlace).



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at [ProvidenceRetirement@gmail.com](mailto:ProvidenceRetirement@gmail.com).



[www.Providence-Place.com](http://www.Providence-Place.com)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<h1>March</h1> <h1>2021</h1>	1 9:00 Morning Chronicle & Reflection (PR) 9:30 Movin' & Groovin' Exercise (GL) 10:00 Mystery Monday (CH) 11:00 Providence News Team (CH) 1:00 Devotions with Pastor Jeff (CH) 1:30 The Walking Club (TR) 2:00 The Society of Pizza Tasters (1CK) 3:00 LCR (CH) 5:30 Welcome Ambassador Club (CH) 6:00 Drinks & Chatter (GL)	2 9:00 Morning Chronicle & Reflection (PR) 9:30 Strengthening Workout (GL) 10:00 Interview Your Neighbor (CH) 11:00 Morning Devotions (CH) 1:00 The Bell Choir (CH) 1:30 The Walking Club (TR) 2:00 Bingo (CH) 3:00 Happy Hour (1CK) 5:00 Country Ride** (OOB) (L) 6:00 Hitchcock: <i>Vertigo</i> (CH)	3 9:00 Morning Chronicle & Reflection (PR) 9:30 Morning Workout (GL) 10:00 Midweek Church Service (CH) 10:30 Singing Seniors (CH) 1:00 Black Jack Card Game (CH) 1:30 Walking Club (TR) 1:00 Country Ride** (OOB) 2:00 Bubble Gum Celebration Day (CH) 3:30 Unscramble the Word (GL) 6:00 "Read To Me" Book Club (FP) 7:00 Service: 1st Responder Bags (CH)	4 9:00 Morning Chronicle & Reflection (PR) 9:30 Be Fit-Don't Quit (CH) 10:00 <i>Griefshare</i> Support Group (CH) 1:00 Whiteboard Word Scramble (CH) 1:30 The Walking Club (TR) 2:00 Bingo (1CK) 3:00 Happy Hour (1L) 6:00 Casino Night (1CK)	5 9:00 Morning Chronicle & Reflection (PR) 9:30 Calming Exercises (GL) 10:00 Chicken Soup for the Soul (CH) 10:30 Art: Pot of Gold Planter (1CK) 1:00 Rummikub Club with Willie (CH) 1:30 Walking Club (TR) 2:00 Residents Activity Committee (CH) 3:00 Balloon Volleyball Exercise (CH) 6:00 Coffee & Conversation (GL)	6 9:00 Morning Chronicle & Reflection (PR) 9:30 Bible Reading with Eileen (CH) 10:00 Heart Happy Fitness (CH) 10:30 Planet Earth: Fresh Water (CH) 1:00 Hymns & Spirituals Songs (CH) 1:30 Walking Club (TR) 2:00 Happy Hour & Hot Appetizer (GL) 3:00 Black Jack (GL) 6:00 Coffee & Conversation (GL)
7 9:30 Sunday Morning Matinee (TV75) 11:00 Conductercise & Weights (CH) 1:00 The Great Courses: Great Presidents: Woodrow Wilson-The World Stage (CH) 1:30 The Walking Club (TR) 2:00 Ice Cream Social (L) 3:00 Church with Pastor (CH) 5:30 Trivia (GL) 6:00 Hitchcock's <i>Rope</i> (CH)	8 9:00 Morning Chronicle & Reflection (PR) 9:30 Easy Stretching (GL) 10:00 Mystery Monday (CH) 11:00 Jewelry Club (CH) 1:00 Devotions with Pastor (CH) 1:30 The Walking Club (TR) 2:00 The Society of Pizza Tasters (1CK) 3:00 LCR (CH) 6:00 Pajama Dance Party (2FL)	9 9:00 Morning Chronicle & Reflection (PR) 9:30 Strengthening Workout (GL) 10:00 Interview Your Neighbor (CH) 11:00 Morning Devotions (CH) 1:00 The Bell Choir (CH) 1:30 The Walking Club (TR) 2:00 Bingo (CH) 3:00 St Patty's Happy Hour (1CK) 5:30 Quick Crafts (GL) 6:00 Hitchcock: <i>Family Plot</i> (CH)	10 9:00 Morning Chronicle & Reflection (PR) 9:30 Morning Stretches (GL) 10:00 Midweek Church Service (CH) 10:30 Singing Seniors (CH) 1:00 Roadsters & Rumbleseats (CH) 1:30 The Walking Club (TR) 2:00 Tea & Conversation (1CK) 2:30 Dining Committee Meeting (DR) 3:30 Scrabble with Eileen (GL) 6:00 "Read To Me " Book Club (FP)	11 9:00 Morning Chronicle & Reflection (PR) 9:30 Movin' to the Oldies Workout (CH) 10:00 Early Bird Bingo (CH) 11:00 Circle Of Friends (CH) 1:00 Scenic Drives on DVD (CH) 1:00 The Walking Club (TR) 2:00 Popcorn Lover's Party (1CK) 3:00 Chef's Healthy Cooking Demo (1CK) 6:00 Casino Night (1CK)	12 9:00 Morning Chronicle & Reflection (PR) 9:30 Calming Exercises (GL) 10:00 Chicken Soup for the Soul (CH) 10:30 Art: Pot of Gold Planter (CK) 1:00 Delta Queen Memories (CH) 1:30 Walking Club (TR) 2:00 Tech 101: Cell Phones & Computers with Mei Ke (CH) 3:00 Balloon Volleyball Exercise (CH) 6:00 Coffee & Conversation (GL)	13 9:00 Morning Chronicle & Reflection (PR) 9:30 Inspirational Words with Eileen (CH) 10:00 Mindfulness & Deep Breathing (CH) 10:30 Planet Earth: <i>Pole To Pole</i> (CH) 1:00 Sweetheart Songs (CH) 1:30 Walking Club (TR) 2:00 Happy Hour & Hot Appetizer (GL) 3:00 Timeless Trivia (CH) 6:00 Dominoes (GL)
14 9:30 Sunday Morning Coffee & Donuts (GL) 11:00 Conductercise & Weights (CH) 1:00 The Great Courses: Great Presidents: James K Polk-- The 1st Dark Horse 1:30 The Walking Club (TR) 2:00 Ice Cream Social with Trivia (L) 3:00 Church with Pastor (CH) 5:30 Story Lines :Remember This? (CH) 6:00 Hitchcock: <i>Saboteur</i> (CH)  Daylight Savings Begins	15 9:00 Morning Chronicle & Reflection (PR) 9:30 Yoga with Music (GL) 10:00 Mystery Monday (CH) 11:00 Nail Painting (CH) 1:00 Devotions with Pastor (CH) 1:30 The Walking Club (TR) 2:00 The Society of Pizza Tasters (1CK) 3:00 March Babies Birthday Party (1CK) 5:30 Welcome Ambassador Club (CH) 6:00 Drinks & Chatter (GL)	16 9:00 Morning Chronicle & Reflection (PR) 9:30 Strengthening Workout (GL) 10:00 Interview Your Neighbor (CH) 11:00 Morning Devotions (CH) 1:00 The Bell Choir (CH) 1:30 The Walking Club (TR) 2:00 Bingo (TV75) (CH) 3:00 St Patty's Happy Hour (1CK) 5:00 10:00 Country Ride** OOB (L) 6:00 Hitchcock: <i>Topaz</i> (CH)	17 9:00 Morning Chronicle & Reflection (PR) 9:30 Stretches & Deep Breathing (GL) 10:00 Midweek Church Service (CH) 10:30 Singing Seniors (CH) 12:00 Men's Club Luncheon (CH) 1:00 Make a Shamrock (CH) 2:00 Pottery Works (1CK) 3:30 Trivia with Buzzers (GL) 6:00 "Read To Me" Book Club (FP) 7:00 Make Bags for First Responders (GL)  St. Patrick's Day	18 9:00 Morning Chronicle & Reflection (PR) 9:30 Be Fit-Don't Quit (CH) 10:00 GriefShare Support Group (CH) 1:00 Sentimental Sing Along (CH) 1:00 The Walking Club (TR) 2:00 Bingo (1CK) 3:00 St. Patty's Happy Hour (1L) 6:00 Casino Night (1CK)	19 9:00 Morning Chronicle & Reflection (PR)) 9:30 Calming Exercises (TV75) (GL) 10:00 Chicken Soup for the Soul (CH) 10:30 Art Project :Crafty Organizers (1CK) 1:00 Mad Libs (CH) 1:30 Walking Club (TR) 2:00 Fireside Chat with Donna (CH) 3:00 Balloon Volleyball Exercise (CH) 6:00 Coffee & Conversation (GL)	20 9:00 Morning Chronicle & Reflection (PR) 9:30 Morning Prayers with Eileen (CH) 10:00 Sunshine Workout (CH) 10:30 Taste Testing: Exotic Fruits (CH) 1:00 Memory Boosters (CH) 1:30 Walking Club (TR) 2:00 Happy Hour & Hot Appetizer (GL) 3:00 Adult Coloring with Music (CH) 6:00 Coffee & Rummikub (GL)  First Day of Spring
21 9:30 Sunday Morning Matinee (TV75) 11:00 Conductercise & Weights (CH) 1:00 The Great Courses: Great Presidents 1:30 The Walking Club (TR) 2:00 Ice Cream Social with Trivia (L) 3:00 Church with Pastor (CH) (TV75) 5:30 Memory Booster Games (CH) 6:00 Hitchcock: <i>The Man Who Knew Too Much</i> (CH)	22 9:00 Morning Chronicle & Reflection (PR) 9:30 Workout Session (GL) 10:00 Mystery Monday (CH) 1:00 Celebration of Life (CH) (TV75) 1:30 The Walking Club (TR) 2:00 The Society of Pizza Tasters (1CK) 3:00 LCR (1CH) 6:00 Conversation Dice (CH) 6:30 Drinks & Chatter (GL)	23 9:00 Morning Chronicle & Reflection (PR) 9:30 Strengthening Workout (GL) 10:00 Early Bird Bingo (CH) 11:00 Morning Devotions (CH) 1:00 The Bell Choir (CH) 1:30 The Walking Club (TR) 2:00 March Madness Basketball (CH) 3:00 Happy Hour (1CK) 5:15 Quick Crafts (GL) 6:00 Hitchcock: <i>Frenzy</i> (CH)	24 9:00 Morning Chronicle & Reflection (PR) 9:30 Morning Stretches (GL) 10:00 Midweek Church Service (CH) 10:30 Singing Seniors (CH) 1:00 Taste Testing: Olives vs Pickles (GL) 1:30 The Walking Club (TR) 2:00 Tea & Conversation (1CK) 2:30 Dining Committee (DR) 3:30 Black Jack (GL) 6:00 "Read To Me" Book Club (FP) 7:00 Adult Coloring (GL)	25 9:00 Morning Chronicle & Reflection (PR) 9:30 Movin' to the Oldies (CH) 10:00 Circle of Friends (CH) 1:00 Whiteboard Word Scramble (CH) 1:00 The Walking Club (TR) 2:00 Bingo (1CK) 3:00 Happy Hour (1L) 6:00 Casino Night (1CK)	26 9:00 Morning Chronicle & Reflection (PR) 9:30 Workout with Weights (GL) 10:00 Chicken Soup for the Soul (CH) 10:30 Art Project :Crafty Organizer (1CK) 1:00 Junk Drawer Detective (CH) 1:30 Walking Club (TR) 2:00 Tech 101: Cell Phones & Computers with Mei Ke (CH) 3:00 Balloon Volleyball Exercise (CH) 6:00 Coffee & Conversation (GL)	27 9:00 Morning Chronicle & Reflection (PR) 9:30 Morning Bible Study (CH) 10:00 Deep Breathing and Stretches (CH) 10:30 Planet Earth: Mountains (CH) 1:00 Word in a Word (CH) 1:30 Walking Club (TR) 2:00 Happy Hour with Hot Appetizer (GL) 3:00 Timeless Trivia (CH) 6:00 Pool Time & Games (GL)  Passover Begins
28 9:30 Sunday Morning Coffee & Donuts (GL) 11:00 Conductercise & Weights (CH) 1:00 The Great Courses: <i>Theodore Roosevelt The Cowboy as President</i> 1:30 The Walking Club (TR) 2:00 Ice Cream Social (L) 3:00 Church with Pastor (CH) 5:30 Junk Drawer Detective (CH) 6:00 Hitchcock: <i>Torn Curtain</i> (CH)  Palm Sunday	29 9:00 Morning Chronicle & Reflection (PR) 9:30 Yoga Moves (GL) 10:00 Mystery Monday (CH) 11:00 Nail Painting (CH) 1:00 Devotions with Pastor (CH) 1:30 The Walking Club (TR) 2:00 The Society of Pizza Tasters (1CK) 3:00 LCR (1CH) 6:00 Conversation Dice (GL)	30 9:00 Morning Chronicle & Reflection (PR) 9:30 Morning Exercises (GL) 10:00 Interview Your Neighbor (CH) 11:00 Morning Devotions (CH) 1:00 The Bell Choir (CH) 1:30 The Walking Club (TR) 2:00 Bingo (TV75) (CH) 3:00 Happy Hour (1CK) 5:30 Recycled Crafts (GL) 6:00 Hitchcock: <i>Rear Window</i> (CH)	31 9:00 Morning Chronicle & Reflection (PR) 9:30 Stretches & Deep Breathing (GL) 10:00 Midweek Church Service (CH) 10:30 Singing Seniors (CH) 1:00 Senior Fitness-Seated Yoga (TV75) 1:30 The Walking Club (TR) 2:00 Tea & Conversation (1CK) 2:30 Dining Committee (DR) 3:30 Scrabble with Eileen (GL) 6:00 "Read To Me " Book Club (FP)	<b>Location Key:</b> (TR) Therapy Room, (PR) Pool Room (L) Lobby, (CH) Chapel (1CK) 1st floor Country Kitchen (GL) Governor's Lounge (TV75) Channel 75, (2FL) Connections (DR) Dining Room, (OOB) Out Of Building (FP) Fireplace Room <i>Many programs &amp; movies will be on TV 75</i>		