

# Focus on Wellness

As each community reaches “fully-vaccinated” status (two weeks after the 2<sup>nd</sup> clinic), updated reopening procedures will take into effect. Please see our COVID-19 notice webpage for details: <https://www.providence-place.com/news/covid-19-notices/>

As we begin this transition, we want to truly focus on the social and mental well-being of all of our residents & team members. We will be maintaining activities, dining, outings and more for our vibrant communities. A few highlights include:

- Dining rooms & internal activities will remain open
- Salon & Therapy services will remain open
- Visitation options available in community and for external family visits
- Reduced surveillance testing
- Reduced quarantine requirements for new residents and resident outings



*Dimensions  
of Wellness*

## Resident Birthdays

### March

Doreen Hunsicker  
Chester Morgan  
Barbara Gibbon  
Josephine Romanko  
Patricia Beenick  
Terry Noll  
Janice Frankhouser  
Helen Shaw  
Dorothy Blazer

## Pine Grove

- Vaccine Clinic #3:  
Monday, March 22<sup>nd</sup>

*Additional offerings from our pharmacy will be coordinated for residents and team members.*



# Providence Place SENIOR LIVING News

Q1: March 2021

## A Note from the Executive Director

Our Pine Grove campus had a very active month of February. We are now in the Extended Green phase and have received our second dose of the COVID vaccine.

We continue to have indoor visits and have opened the doors to our outside vendors coming in for small groups. As we continue to reopen, we look forward to spring and getting out and about more!

March can only bring us better times in the Grove-- let's count our blessings the Irish way.



Sincerely,

*Julie Wallace, Executive Director*

## Highlighted Events

- 11 – **Kitchen Krew**  
Making Boxy @ 1:30pm
- 17 – **Ceilidh Social: Fun, Food & Minty Milkshakes**  
@ 2pm
- 25 – **EdU Presentation: Ayurveda**  
Using Ancient Tricks to Build A Healthy Spring @ 1:30pm
- 29 – **Aromatherapy: Hand & Neck Massages** @ 2pm

**Ice Cream Socials each Saturday at 3:30pm!**

## Welcome New Residents

Betty Root  
Barbara Gibbon



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at [www.Facebook.com/ProvPlace](http://www.Facebook.com/ProvPlace).



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at [ProvidenceRetirement@gmail.com](mailto:ProvidenceRetirement@gmail.com).



[www.Providence-Place.com](http://www.Providence-Place.com)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<h1>March 2021</h1>	1 Open Door Project: Creating A Place to Belong in Our Neighborhood 8:00 Breakfast & Daily Chronicles (DR) 9:30 Balance in Action (2F) 10:00 World Compliment Day: Show your Appreciation with Words Not Gifts (2F Compliment Board) 2:00 Aromatherapy Hand & Neck Massage (2F) 3:30 Confident Cruisers (1F)	2 8:00 Breakfast & Daily Chronicles (DR) 9:30 Chair Aerobics (2F) 10:00 Moral Decisions (2F) 11:00 Planning Committee (1F) 2:00 Craft Corner: Spring Flowers (2F) 3:30 Hydration Station: Power Smoothies (2F) 6:30 Jigsaw Puzzle (2F)	3 8:00 Breakfast & Daily Chronicles (DR) 9:30 Stretch & Resist Bands (2F) 10:00 Fireside Chat with Julie (2F) 10:30 Giant Crossword Puzzle (2F) 2:00 Dining Committee Meeting (2F) 2:30 Name Ten (2F) 3:30 Holy Rosary: EWTN 49 6:30 Mindful Colors: (2F)	4 8:00 Breakfast & Daily Chronicles (DR) 9:30 Move2Music (2F) 10:30 Market Run **\$\$ (OOB) 11:00 Holy Rosary EWTN 49 1:30 in2L Learning: Creatures Big & Small (1F) 4:00 Confident Cruisers (1F) 6:30 Board Game: Crazy for Cats Monopoly (2F)	5 8:00 Breakfast & Daily Chronicles (DR) 9:30 Bodypump (2F) 10:00 Trivia Teasers (2F) 11:00 Confident Cruisers (1F) 2:00 Scenic Country Ride (OOB) 4:00 Hot Chocolate Bar (1F) 6:30 Game Club: Scrabble (1F)	6 8:00 Breakfast & Daily Chronicles (DR) 9:30 Morning Stretches (2F) 10:00 Opinion Column & Discuss (2F) 10:30 Reminiscent Trivia: Magazines & Books (2F) 2:00 Bingo (2F) 3:30 Ice Cream Social (2F) 6:30 Jeopardy (1F) 7:00 Lawrence Welk Show (1F)	
7 8:00 Breakfast & Daily Chronicles (DR) 9:30 Whole Body Stretches (2F) 10:00 Opinion Column & Discuss (2F) 10:30 Joel Osteen Ministries (2F) 12:00 Wine & Dine (DR) 1:30 Holy Humor: Lenten Rules (2F) 2:00 Church of God Service (DR) 3:00 Social Hour (DR) 6:30 Puzzle Club (2F)	8 8:00 Breakfast & Daily Chronicles (DR) 9:30 Balance in Action (2F) 10:00 International Women's Day Women in History (2F) 2:00 Aromatherapy Hand & Neck Massage (2F) 3:30 Confident Cruisers (1F) 6:30 Yahtzee (2F)	9 8:00 Breakfast & Daily Chronicles (DR) 9:30 Chair Aerobics (2F) 10:00 Moral Decisions (2F) 11:00 Welcome Ambassador Committee Meeting (2F) 2:00 Yoga with Leah (2F) 3:30 Hydration Station: Slush Berries (2F) 6:30 Jigsaw Puzzle (2F)	10 8:00 Breakfast & Daily Chronicles (DR) 9:30 Stretch & Resist Bands (2F) 10:00 Scripture Reading (2F) 10:30 Giant Crossword Puzzle (2F) 2:00 Ted Talk: Bird Migration (1F) 2:30 Name Ten (2F) 3:30 Holy Rosary: EWTN 49 6:30 Mindful Colors: (2F)	11 8:00 Breakfast & Daily Chronicles (DR) 9:30 Move2Music (2F) 10:30 Market Run **\$\$ (OOB) 11:00 Holy Rosary EWTN 49 1:30 Kitchen Krew: Making Potato Candy (2F) 4:00 Welcome Club: Distributing Treats To New Residents (R) 6:30 Board Game: Crazy for Cats Monopoly (2F)	12 8:00 Breakfast & Daily Chronicles (DR) 9:30 Bodypump (2F) 10:00 Trivia Teasers (2F) 11:00 Confident Cruisers (1F) 2:00 in2L Learning: Guided Tour Of Ireland (1F) 3:30 The Lucky Irishman Drink Social (1F) 6:30 Game Club: Scrabble (1F)	13 8:00 Breakfast & Daily Chronicles (DR) 9:30 Morning Stretches (2F) 10:00 Opinion Column & Discuss (2F) 10:30 Reminiscent Trivia: Sports (2F) 2:00 Bingo (2F) 3:30 Ice Cream Social (2F) 6:30 Jeopardy (1F) 7:00 Lawrence Welk Show (1F)	
14 8:00 Breakfast & Daily Chronicles (DR) 9:30 Whole Body Stretches (2F) 10:00 Opinion Column & Discuss (2F) 10:30 Joel Osteen Ministries (2F) 12:00 Wine & Dine (DR) 1:30 Holy Humor: Lazarus Laughed (2F) 2:00 in2L: Catholic Service (1F) 3:00 in2L: Lutheran Service (1F) 6:30 Puzzle Club (2F)  Daylight Savings Begins	15 8:00 Breakfast & Daily Chronicles (DR) 9:30 Balance in Action (2F) 10:00 Ed-U Presentation: Ides of March (2F) 2:00 Aromatherapy Hand & Neck Massage (2F) 3:30 Confident Cruisers (1F) 6:30 Yahtzee (2F)	16 8:00 Breakfast & Daily Chronicles (DR) 9:30 Chair Aerobics (2F) 10:00 Moral Decisions (2F) 11:00 You be the Judge (2F) 2:00 Art Exploration: Shamrock Painting (2F) 3:30 Helping Hands: Clean up Crew (2F) 6:30 Jigsaw Puzzle Team (2F)	17 8:00 Breakfast & Daily Chronicles (DR) 9:30 Stretch & Resist Bands (2F) 10:00 (2F) 10:30 Giant Crossword Puzzle (2F) 2:00 Ceilidh Social: Fun, Games and Minty Milkshakes (1F) 3:30 Holy Rosary: EWTN 49 6:30 Mindful Colors: (2F)  St. Patrick's Day	18 8:00 Breakfast & Daily Chronicles (DR) 9:30 Move2Music (2F) 10:30 Market Run **\$\$ (OOB) 11:00 Holy Rosary EWTN 49 1:30 Card Club: Phase Ten (2F) 4:00 Confident Cruisers (1F) 6:30 Board Game: Crazy for Cats Monopoly (2F)	19 8:00 Breakfast & Daily Chronicles (DR) 9:30 Bodypump (2F) 10:00 Trivia Teasers (2F) 11:00 Confident Cruisers (1F) 2:00 Scenic Country Ride (OOB) 4:00 Hot Chocolate Bar (1F) 6:30 Game Club: Scrabble (1F)	20 8:00 Breakfast & Daily Chronicles (DR) 9:30 Morning Stretches (2F) 10:00 Opinion Column & Discuss (2F) 10:30 Reminiscent Trivia: Who Am I? (2F) 2:00 Bingo (2F) 3:30 Ice Cream Social (2F) 6:30 Jeopardy (1F) 7:00 Lawrence Welk Show (1F)  First Day of Spring	
21 8:00 Breakfast & Daily Chronicles (DR) 9:30 Whole Body Stretches (2F) 10:00 Opinion Column & Discuss (2F) 10:30 Joel Osteen Ministries (2F) 12:00 Wine & Dine (DR) 1:30 Holy Humor: A Prayer for Holy Joy (2F) 2:00 Church of God Service (DR) 3:00 Social Hour (DR) 6:30 Puzzle Club (2F)	22 8:00 Breakfast & Daily Chronicles (DR) 9:30 Balance in Action (2F) 10:00 Word Search (2F) 2:00 Aromatherapy Hand & Neck Massage (2F) 3:30 Confident Cruisers (1F) 6:30 Yahtzee (2F)	23 8:00 Breakfast & Daily Chronicles (DR) 9:30 Chair Aerobics (2F) 10:00 Moral Decisions (2F) 11:00 Confident Cruisers (1F) 2:00 Yoga with Leah (2F) 3:30 Hydration Station: Lemon Lime Tea (2F) 6:30 Jigsaw Puzzle Team (2F)	24 8:00 Breakfast & Daily Chronicles (DR) 9:30 Stretch & Resist Bands (2F) 10:00 Service in Action: Meal Prep by Residents for Staff (2F) 10:30 Giant Crossword Puzzle (2F) 12:00 Appreciation Meal for Staff (2F) 2:00 Helping Hands: Clean Up Team (2F) 2:30 Name Ten (2F) 3:30 Holy Rosary: EWTN 49 6:30 Mindful Colors: (2F)	25 8:00 Breakfast & Daily Chronicles (DR) 9:30 Move2Music (2F) 10:30 Market Run **\$\$ (OOB) 11:00 Holy Rosary EWTN 49 1:30 Ed-U Presentation: Ayurveda Using Ancient Tricks to Build a Healthy Spring (2F) 4:00 Confident Cruisers (1F) 6:30 Board Game: Crazy for Cats Monopoly (2F)	26 8:00 Breakfast & Daily Chronicles (DR) 9:30 Bodypump (2F) 10:00 Trivia Teasers (2F) 11:00 Confident Cruisers (1F) 2:00 in2L Learning: Virtual Vacation Driving Tour of Naples (1F) 4:00 Hot Chocolate Bar (1F) 6:30 Game Club: Scrabble (1F)	27 8:00 Breakfast & Daily Chronicles (DR) 9:30 Morning Stretches (2F) 10:00 Opinion Column & Discuss (2F) 10:30 Reminiscent Trivia: Where in the World? (2F) 2:00 Bingo (2F) 3:30 Ice Cream Social (2F) 6:30 Jeopardy (1F) 7:00 Lawrence Welk Show (1F)  Passover Begins	
28 8:00 Breakfast & Daily Chronicles (DR) 9:30 Whole Body Stretches (2F) 10:00 Opinion Column & Discuss (2F) 10:30 Joel Osteen Ministries (2F) 12:00 Wine & Dine (DR) 1:30 Holy Humor: Out of the Mouths Of Babes (2F) 2:00 in2L: Catholic Mass (1F) 3:00 in2L: Lutheran Service (1F) 6:30 Puzzle Club (2F) Palm Sunday	29 8:00 Breakfast & Daily Chronicles (DR) 9:30 Balance in Action (2F) 10:00 in2L Ted Talk: A Better World (1F) 2:00 Aromatherapy Hand & Neck Massage (2F) 3:30 Daily Mass: EWTN 49 6:30 Yahtzee (2F)	30 8:00 Breakfast & Daily Chronicles (DR) 9:30 Chair Aerobics (2F) 10:00 Moral Decisions (2F) 11:00 Confident Cruisers (1F) 2:00 Kitchen Krew: Blueberry Cupcakes (2F) 3:30 Name Ten (2F) 6:30 Jigsaw Puzzle Team (2F)	31 8:00 Breakfast & Daily Chronicles (DR) 9:30 Stretch & Resist Bands (2F) 10:00 Crafty Creations: Spring Wreaths (2F) 10:30 Giant Crossword Puzzle (2F) 2:00 Confident Cruisers (1F) 2:30 Name Ten (2F) 3:30 Holy Rosary: EWTN 49 6:30 Mindful Colors: (2F)	<b>Calendar Key:</b> <b>**Registration Required</b> <b>\$\$ Cost Involved</b> <b>(OOB) Out of Building</b> <b>(1F) First Floor Community Room</b> <b>(2F) Second Floor Community Room</b> <b>(DR) Dining Room</b> <b>(H) Hallway</b> <b>(L) Lobby</b>			