

# Focus on Wellness

As each community reaches “fully-vaccinated” status (two weeks after the 2<sup>nd</sup> clinic), updated reopening procedures will take into effect. Please see our COVID-19 notice webpage for details: <https://www.providence-place.com/news/covid-19-notices/>

As we begin this transition, we want to truly focus on the social and mental well-being of all of our residents & team members. We will be maintaining activities, dining, outings and more for our vibrant communities. A few highlights include:

- Dining rooms & internal activities will remain open
- Salon & Therapy services will remain open
- Visitation options available in community and for external family visits
- Reduced surveillance testing
- Reduced quarantine requirements for new residents and resident outings



Dimensions  
of Wellness

## Resident Birthdays

### March

Charlotte DiCasimirro  
Joan Koehler  
Sue Wartella  
Barbara Arnold  
Anita Fisher  
Anne Kanish  
Raymond Lavenberg  
Joan Dewald  
Eugene Suda

Yvonne Wiscount  
Richard Harvey  
Nellie Terefinko  
Janet Ruch  
Violet Pogera  
Alberta Spina

## Pottsville

- Vaccine Clinic #2:  
Thursday, March 11<sup>th</sup>\*

*\*Clinic schedule change.  
Additional offerings from our  
pharmacy will be coordinated for  
residents and team members.*



# Providence Place SENIOR LIVING News

Q1: March 2021

## A Note from the Executive Director

Greetings Residents,

As we forge ahead into March, spring is just around the corner (3/21). Days will be getting longer after daylight savings on March 14<sup>th</sup>. As we embrace the changing of the season, we will have changes of our own here at Providence Place.

One of our biggest updates is the Activity Room/Pub located where the South Dining Room used to be. There is now a small bar with plenty of tables for our exciting events & activities. There will also be an 82" TV over there, which will be a great place to watch sporting events.

March will also be our first month post-vaccination, which will help us keep the dining rooms open for all of our meals, our salon open, and activities in full swing. Normalcy will slowly be coming back, and it will be a welcome change! There will be another vaccine clinic on March 24<sup>th</sup> if any residents or staff would like to get one or for second doses. Post-vaccine, we are also looking at inside visitation in designated areas in the main lobby. In room visits can only happen under compassionate care - to see if you qualify, please contact Ashley, Ellen or myself.

I hope March comes in and out like a lamb; I don't want the only green I see to be on St. Patrick's Day. Wishing everyone the luck of the Irish, I am looking forward to warm spring days where we can enjoy the porches and walking paths.

Sincerely,

*Tanya Hoy, Executive Director*

## Highlighted Events

- 2 – **Toga Tuesday**  
*Connections*
- 9 – **Mustang Show & Tell & Men's Meeting**  
*Connections*
- 10 – **Fireside Chat with Tanya**  
@ 1pm
- 10 – **Plum Creek Farmer's Market**  
@ pm
- 16 – **Irish Music Old & New**  
Performance by Jay Smar @ pm
- 16 – **EdU Wellness Presentation**  
Better Sleep Habits with Ashley  
@ pm
- 17 – **St. Patrick's Day Celebration**  
Irish Step Dance performance  
@ 2pm
- 24 – **Food for Thought**  
With Chef Tuan @ pm
- 24 – **Country Ride & Ice Cream**  
@ 1pm (*Connections Club*)
- 25 – **March Birthday Celebrations**  
*Connections*

## Welcome New Residents

Diane Mick



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at [www.Facebook.com/ProvPlace](http://www.Facebook.com/ProvPlace).



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at [ProvidenceRetirement@gmail.com](mailto:ProvidenceRetirement@gmail.com).



[www.Providence-Place.com](http://www.Providence-Place.com)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<h1>March 2021</h1>	1 9:00 Morning Meeting & Inspirations (SL) 9:30 Daily Chronicle & Discussions (SL) 10:15 Memory Magic (CN) 10:30 Hydration & Healthy Bites (CN) 1:00 Discuss & Recall: Unique Things To Do In Ireland (SL) 2:00 Finish My Lines (SL) 3:00 Exercise: Bands (SL) 3:00 Communion Service (C) 3:30 Famous People (A)	2 9:00 Morning Meeting & Inspirations (C) 9:30 Daily Chronicle & Discussions (C) 10:15 Sing-A-Long (CN) 10:30 Hydration & Small Bites (CN) 11:00 BYY Walk (ML) 1:00 Craft: Crepe Paper Shamrocks (C) 2:00 iPad: Mahjong Words (1:1) 3:00 iN2L: WildEarth Safari (C) 3:30 Price is Right (C)	3 9:00 Morning Meeting & Inspirations (A) 9:30 Coffee, Donuts & Discussions (A) 10:30 Church with Pastor Randy (C) 11:00 BYY Walk (MI) 1:00 Helping Hands: Set Up (C) 2:00 Irish Coffee & Soda Bread Social (C) 2:30 Story of St. Patrick's Day (C) 3:00 Video Chat with Families (1:1) 3:30 Video Chat with Families (1:1)	4 9:00 Morning Meeting & Inspirations (SL) 9:30 Daily Chronicle & Discussions (SL) 10:00 Word Games for Brainpower (SL) 1:00 Meditation for Inner Peace (SL) 2:00 Creative Writing: Challenge Yourself In Everyday Life (C) 2:30 Hydration & Small Bites (A) 3:00 Card Games (C) 3:30 BYY Walk (ML)	5 9:00 Morning Meeting & Inspirations (SL) 9:30 Daily Chronicle & Discussions (SL) 10:15 iN2L Exploration: Ireland (CN) 11:00 BYY Walk (ML) 1:00 This Day in History (SL) 1:30 Zumba with Michele (A) 2:00 National Park Series: Glacier (DR) 3:00 Communion Service (C) 3:30 Cocktail Hour (A)	6 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussion (A) 10:00 Baking Club (A) 10:30 Talk & Taste (A) 1:00 BYY Walk (ML) 2:00 Bingo for Prizes (A) 2:30 Hydration & Small Bites (A) 3:30 iN2L Virtual Travel: Colorado (C)
7 9:00 Morning Meeting & Inspirations (A) 9:15 Daily Chronicle & Discussions (A) 9:30 Reading the Republican (A) 10:00 Stretches to the Polkas (A) 10:30 Hydration & Small Bites (A) 1:00 Video Chat with Families (1:1) 2:00 Movie: <i>The Greatest Showman</i> (A) 3:00 Communion Service (C) 3:15 iN2L Lifelong Learning (LIB)	8 9:00 Morning Meeting & Inspirations (P) 9:30 Daily Chronicle & Discussions (P) 10:15 Memory Magic (CN) 10:30 Hydration & Small Bites (CN) 1:00 Weigh In: BYY (CN) 1:30 Celebration: BYY & Healthy Living (SL) 2:00 Dart Toss & Corn Hole (SL) 2:30 Walk for Heart Health (ML) 3:00 Communion Service (C)	9 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:15 Sing-A-Long (CN) 10:30 Hydration & Small Bites (CN) 11:00 BYY Walk (ML) 1:00 Ceramics (C) 2:00 Garden Club: Winter Sowing of Annual Seeds (C) 3:00 Wall Scrabble (C)	10 9:00 Morning Meeting & Inspirations (C) 9:30 Coffee, Donuts & Discussions (A) 10:30 Church with Pastor Randy (C) 11:00 Walk for Heart Health (ML) 1:00 Plum Creek Farmer's Market & Creamery (OOB) 3:00 Video Chat with Families (1:1) 3:30 Video Chat with Families (1:1)	11 9:00 Morning Meeting & Inspirations (SL) 9:30 Daily Chronicle & Discussions (SL) 10:00 Famous Faces (A) 10:30 Hydration & Small Bites (A) 1:00 Making of Irish Potato Candy (C) 2:00 Xbox Bowling (A) 3:00 Drama Club (SL) 3:30 Walk for Heart Health (ML)	12 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:00 Communion Service (C) 10:15 iN2L Exploration: What's It Worth Antique Appraisals (CN) 10:30 Hydration & Small Bites (CN) 1:30 Zumba with Michele (A) 2:00 Holy Mass with Father Barnabas (C) 3:00 Communion Service (C) 3:30 Cocktail Hour (A)	13 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussion (A) 10:00 Baking Club (A) 10:30 Talk & Taste (A) 1:00 Fireside Meet Up: "I Love Gaming" (ML) 2:00 Bingo for Prizes (A) 2:30 Hydration & Small Bites (A) 3:30 iN2L Virtual Travel: Italy (C)
14 9:00 Morning Meeting & Inspirations (A) 9:15 Daily Chronicle & Discussions (A) 9:30 Reading the Republican (A) 10:00 Kickball to Polkas (A) 10:30 Facts on Daylight Savings (A) 1:00 Video Chat with Families (1:1) 2:00 Movie: <i>Just Go With It</i> (A) 3:00 Communion Service (C) 3:15 iN2L Lifelong Learning (LIB)  Daylight Savings Begins	15 9:00 Morning Meeting & Inspirations (SL) 9:30 Daily Chronicle & Discussions (SL) 10:15 Memory Magic (CN) 10:30 Hydration & Small Bites (CN) 11:00 Walk for Heart Health (ML) 1:00 Word Search (SL) 2:00 Mimosas & Manicures (SL) 3:00 Communion Service (C) 3:30 Polish Bingo (A)	16 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:15 Sing-A-Long (CN) 10:30 Hydration & Small Bites (CN) 11:00 Walk for Heart Health (ML) 1:00 Providence Place Wishes Meeting (A) 2:00 Appreciation Club: Friends of PP (C) 3:00 Spelling Challenge (C)	17 9:00 Morning Meeting & Inspirations (A) 9:30 Coffee, Donuts & Discussions (A) 10:30 Church with Pastor Randy (C) 11:00 Walk for Heart Health (ML) 1:00 Providence Wishes Meeting (A) 2:00 Irish Step Dancers (DR) 3:00 Shamrock Milkshakes (A) 3:00 Video Chat with Families (1:1) 3:30 Video Chat with Families (1:1)  St. Patrick's Day	18 9:00 Morning Meeting & Inspirations (C) 9:30 Daily Chronicle & Discussions (C) 10:00 Table Tennis (C) 10:30 Hydration & Small Bites (C) 1:30 Drumming with Joe (A) 2:00 Helping Hands: Set Up (C) 2:30 Art Class with Kim (C) 3:00 Hydration & Small Bites (C) 3:30 Walk for Heart Health (ML)	19 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:15 iN2L Exploration: Gardens Around the World (CN) 10:30 Hydration & Small Bites (CN) 1:30 Zumba with Michele (A) 2:00 National Parks Series: Sequoia (DR) 3:00 Communion Service (C) 3:30 Cocktail Hour (A)	20 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussion (A) 10:00 Baking Club (A) 10:30 Talk & Taste (A) 11:00 Walk for Heart Health (ML) 2:00 Bingo for Prizes (A) 2:30 Hydration & Small Bites (A) 3:30 iN2L Virtual Travel: Virginia (C)  First Day of Spring
21 9:00 Morning Meeting & Inspirations (A) 9:15 Daily Chronicle & Discussions (A) 9:30 Reading the Republican (A) 10:00 Stretches to the Polkas (A) 1:00 Video Chat with Families (1:1) 2:30 Movie: <i>Step Up</i> (A) 2:30 Hydration & Small Bites (A) 3:00 Communion Service (C) 3:15 iN2L Lifelong Learning (LIB)	22 9:00 Morning Meeting & Inspirations (P) 9:30 Daily Chronicle & Discussions (P) 10:15 Memory Magic (CN) 10:30 Hydration & Small Bites (CN) 11:00 BYY Walk (ML) 1:00 Pet Companion Visits (C) 2:00 Ted Talk: Causes of Insomnia? (C) 3:00 Communion Service (C) 3:30 Mind Joggers (C)	23 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:15 Sing-A-Long (CN) 10:30 Hydration & Small Bites (CN) 11:00 Walk for Heart Health (ML) 1:30 Helping Hands: Set Up (A) 2:00 Providence Place Wishes Recipient Recognition (A) 3:00 Comedy Hour: Funny Bones (C)	24 9:00 Morning Meeting & Inspirations (FR) 9:30 Daily Chronicle & Discussions (FR) 10:00 Wall Scrabble (A) 11:00 Walk for Heart Health (ML) 1:00 Scenic Ride & Buddy's Strawberry Ice Cream Sundaes (OOB) 3:00 Video Chat with Families (1:1) 3:30 Video Chat with Families (1:1)	25 9:00 Morning Meeting & Inspirations (SL) 9:30 Daily Chronicle & Discussions (SL) 10:00 A-Z Words (SL) 10:00 Men's Outing (OOB) 1:00 Exercise Bike (3rd F) 2:00 Birthday Celebration (CN) 3:00 Reminiscing with Friends (CN) 3:30 Finish that Phrase (ML)	26 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:15 iN2L Exploration: Animal Interactions (CN) 10:30 Hydration & Small Bites (CN) 1:30 Zumba with Michelle (A) 2:00 National Park Series; Statue of Liberty National Monument (DR)	27 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussion (A) 10:00 Baking Club (A) 11:00 Talk & Taste (A) 1:00 Walk for Heart Health (ML) 2:00 Bingo for Prizes (A) 2:30 Hydration & Small Bites (A) 3:30 iN2L Virtual Travel: Jerusalem (C)  Passover Begins
28 9:00 Morning Meeting & Inspirations (A) 9:15 Daily Chronicle & Discussions (A) 9:30 Reading the Republican (A) 10:00 Drum Stick Exercise to the Polkas (A) 1:00 Video Chat with Families (1:1) 2:00 Movie: <i>Fury</i> (A) 3:00 Communion Service (C) 3:15 iN2L Lifelong Learning: (LIB)  Palm Sunday	29 9:00 Morning Meeting & Inspirations (P) 9:30 Daily Chronicle & Discussions (P) 10:15 Memory Magic (CN) 10:30 Hydration & Small Bites (CN) 11:00 Walk for Heart Health (ML) 1:00 Card Game of Choice (SL) 2:00 Polymer Clay Modeling (SL) 3:00 Communion Service (C) 3:30 Mind Joggers (SL)	30 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:15 Sing-A-Long (CN) 11:00 Walk for Heart Health (ML) 1:30 Meditation for Inner Peace (C) 2:00 Making of Minty Parfaits (C) 3:30 Creative Writing: Childhood Memories (A)	31 9:00 Morning Meeting & Inspirations (FR) 9:30 Daily Chronicle & Discussions (FR) 10:00 Wall Scrabble (A) 11:00 Walk for Heart Health (ML) 1:30 Pickleball (P) 2:00 Pub & Card Party (P) 2:30 Magnetic Darts (P) 3:00 Video Chat with Families (1:1) 3:30 Video Chat with Families (1:1)	<b>Calendar Key:</b> (A) Activity Room (LIB) Library (1:1) 1 on 1 (C) Chapel (OOB) Out of Building (P) Pub (CN) Connections (FR) Florida Room (ML) Main Lobby (SL) South Lounge (DR) Dining Room	<h1>THE Club</h1>	