

Focus on Wellness

As each community reaches “fully-vaccinated” status (two weeks after the 2nd clinic), updated reopening procedures will take into effect. Please see our COVID-19 notice webpage for details: <https://www.providence-place.com/news/covid-19-notices/>

As we begin this transition, we want to truly focus on the social and mental well-being of all of our residents & team members. We will be maintaining activities, dining, outings and more for our vibrant communities. A few highlights include:

- Dining rooms & internal activities will remain open
- Salon & Therapy services will remain open
- Visitation options available in community and for external family visits
- Reduced surveillance testing
- Reduced quarantine requirements for new residents and resident outings

Pottsville

- Vaccine Clinic #2:
Thursday, March 11th*

**Clinic schedule change.
Additional offerings from our
pharmacy will be coordinated for
residents and team members.*



Providence Place SENIOR LIVING News

Q1: March 2021

A Note from the Executive Director

Greetings Residents,

As we forge ahead into March, spring is just around the corner (3/21). Days will be getting longer after daylight savings on March 14th. As we embrace the changing of the season, we will have changes of our own here at Providence Place.

One of our biggest updates is the Activity Room/Pub located where the South Dining Room used to be. There is now a small bar with plenty of tables for our exciting events & activities. There will also be an 82" TV over there, which will be a great place to watch sporting events.

March will also be our first month post-vaccination, which will help us keep the dining rooms open for all of our meals, our salon open, and activities in full swing. Normalcy will slowly be coming back, and it will be a welcome change! There will be another vaccine clinic on March 24th if any residents or staff would like to get one or for second doses. Post-vaccine, we are also looking at inside visitation in designated areas in the main lobby. In room visits can only happen under compassionate care - to see if you qualify, please contact Ashley, Ellen or myself.

I hope March comes in and out like a lamb; I don't want the only green I see to be on St. Patrick's Day. Wishing everyone the luck of the Irish, I am looking forward to warm spring days where we can enjoy the porches and walking paths.

Sincerely,

Tanya Hoy, Executive Director

Highlighted Events

- 2 – **Toga Tuesday**
Connections
- 9 – **Mustang Show & Tell & Men's Meeting**
Connections
- 10 – **Fireside Chat with Tanya**
@ 1pm
- 10 – **Plum Creek Farmer's Market**
@ pm
- 16 – **Irish Music Old & New**
Performance by Jay Smar @ pm
- 16 – **EdU Wellness Presentation**
Better Sleep Habits with Ashley
@ pm
- 17 – **St. Patrick's Day Celebration**
Irish Step Dance performance
@ 2pm
- 24 – **Food for Thought**
With Chef Tuan @ pm
- 24 – **Country Ride & Ice Cream**
@ 1pm (*Connections Club*)
- 25 – **March Birthday Celebrations**
Connections

Welcome New Residents

Diane Mick



Dimensions
of Wellness

Resident Birthdays

March

Charlotte DiCasimirro	Yvonne Wiscount
Joan Koehler	Richard Harvey
Sue Wartella	Nellie Terefinko
Barbara Arnold	Janet Ruch
Anita Fisher	Violet Pogera
Anne Kanish	Alberta Spina
Raymond Lavenberg	
Joan Dewald	
Eugene Suda	




For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<h1>March 2021</h1>	1	2	3	4	5	6
	8:30 Daily Chronicle & Devotions (AF) 10:30 Communion Service (CH) 10:30 Yoga Fitness with Michelle (A) 1:30 Brain Teasers (A) 1:30 Circle of Friends (CH) 2:00 National Pig Day Celebration (A) 3:00 Communion Service (CH) 3:30 Confident Cruisers (ML) 6:30 Bridge Club (A)	8:30 Daily Chronicle & Devotions (AF) 10:00 Meditation for Inner Peace (A) 10:30 Confident Cruisers (ML) 1:30 Craft: Sharpie Painting 2:30 National Banana Cream Pie Day (A) 3:00 Lite & Lively (CH) 6:15 Nickle Bingo \$\$ (A)	8:30 Daily Chronicle & Devotions (AF) 9:00 Breakfast Club (A) 10:00 World Wildlife Day Documentary (A) 10:00 Dining Committee Meeting (DR) 10:30 Worship with Pastor Randy (CH) 1:30 Blind Tasting: Dips (A) 2:00 Manicures & Hand Massages (A) 3:00 Chair Exercises (A) 6:15 Nickle Polish Bingo \$\$ (A)	8:30 Daily Chronicle & Devotions (AF) 9:30 Banks & Post Office **\$\$ (OOB) 10:00 Balance in Action (A) 10:30 Drum Stick Exercise (A) 2:00 National Marching Music Day (A) 3:30 Community Life Planning Meeting (CH) 6:15 Puzzle Club (A)	8:30 Daily Chronicle & Devotions (AF) 9:30 Confident Cruisers (ML) 10:30 Communion Service (CH) 1:30 Zumba Class with Michelle (A) 2:00 National Park Series: <i>Glacier National Park</i> (DR) 3:00 Communion Service (CH) 3:00 Social Hour: Cheese Doodle Day and Drinks (A) 6:15 Scrabble Club (A)	8:30 Daily Chronicle & Devotions (AF) 10:00 Retail Shopping: Vintage 61 Antiques **\$\$ (OOB) 11:00 Brain Teasers (2F Lobby) 1:30 Helping Hands: Set-up (DR) 2:00 Nickle Bingo \$\$ (DR) 3:15 Fresh Flower Arranging (DR) 3:30 Edu Travel: Colorado (CH) 6:15 UNO (A)
7	8	9	10	11	12	13
8:00 TV Catholic Mass Service (Ch. 49) 8:30 Daily Chronicle & Devotions (DR) 10:00 Movement & Meditation (2F Lobby) 11:00—1:00 Wine & Dine (DR) 2:00 Communion Service (CH) 2:00 Movie: <i>The Greatest Showman</i> (A) 3:00 Communion Service (CH) 6:00 Connect Four (A)	8:30 Daily Chronicle & Devotions (DR) 10:30 Communion Service (CH) 10:30 Yoga Fitness with Michelle (A) 1:30 You Be The Judge (A) 2:30 National Women's Day <i>Famous Women</i> Documentary (A) 3:00 Communion Service (CH) 3:30 Confident Cruisers (ML) 6:30 Bridge Club (A)	8:30 Daily Chronicle & Devotions (DR) 10:00 Lite & Lively (CH) 10:30 Confident Cruisers (ML) 1:30 Craft Club: Flower Pot Painting (A) 2:30 Ted Talk: "A Walk Through the Stages of Sleep" (A) 3:30 Creative Writing (A) 6:15 Nickle Bingo \$\$ (A)	8:30 Daily Chronicle & Devotions (DR) 9:00 Breakfast Club (A) 10:00 Genealogy Workshop (A) 11:00 Chair Exercises (CH) 1:30 Manicures & Hand Massages (A) 3:30 Fireside Chat with Executive Director, Tanya Hoy (CH) 6:15 Nickle Polish Bingo \$\$ (A)	8:30 Daily Chronicle & Devotions (DR) 9:00 Banks & Post Office **\$\$ (OOB) 10:00 Lunch Caravan: Mount Fuji **\$\$ (OOB) 10:30 Drum Stick Exercise (A) 1:30 Psalms (CH) 2:00 Xbox Bowling (A) 3:00 Jeopardy (A) 6:15 Rummy Club (A)	8:30 Daily Chronicle & Devotions (DR) 9:30 Confident Cruisers (ML) 10:30 Communion Service (CH) 1:30 Zumba Class with Michelle (A) 2:00 Holy Mass with Fr. Barnabas (CH) 2:30 Gardening Club: Plant A Flower (A) 3:00 Communion Service (CH) 3:30 Cocktail Hour (A) 6:15 Scrabble (A)	8:30 Daily Chronicle & Devotions (DR) 10:00 Country Ride ** (OOB) 11:00 Brain Teasers (2F Lobby) 1:00 Helping Hands: Set-Up (DR) 2:00 Nickle Bingo \$\$ (DR) 3:30 Edu Travel: Italy (CH) 6:15 UNO (A)
14	15	16	17	18	19	20
8:00 TV Catholic Mass Service (Ch. 49) 8:30 Daily Chronicle & Devotions (DR) 10:00 Movement & Meditation (2F Lobby) 11:00—1:00 Wine & Dine (DR) 2:00 Communion Service (CH) 2:00 Movie: <i>Just Go With It</i> (A) 3:00 Communion Service (CH) 6:30 Puzzle Club (A) Daylight Savings Begins	8:30 Daily Chronicle & Devotions (DR) 10:30 Communion Service (CH) 10:30 Yoga Fitness with Michelle (A) 1:30 Trivia (A) 2:00 Chair Exercise (CH) 3:00 Communion Service (CH) 3:30 Confident Cruisers (ML) 6:30 Bridge Club (A)	8:30 Daily Chronicle & Devotions (DR) 10:00 Presentation: by Jay Smar Irish Music Old and New (A) 11:00 Lite & Lively (CH) 1:30 Craft Club: Button Shamrocks (A) 2:00 Wellness Presentation: <i>Better Sleep Habits</i> (CH) 3:00 The Price is Right (A) 6:15 Nickle PO-KE-NO \$\$ (A)	8:30 Daily Chronicle & Devotions (DR) 9:00 Breakfast Club (A) 10:00 Wellness Clinic: BP & Weight (N) 11:00 Gardening Club: Let's Water the Flowers (ML) 1:30 Manicures & Hand Massages (A) 2:00 Irish Step Dancer Performance (DR) 3:00 Shamrock Milkshakes (A) 6:15 Chair Exercises (C) St. Patrick's Day	8:30 Daily Chronicle & Devotions (DR) 9:00 Banks & Post Office **\$\$ (OOB) 9:30 Deliver Donations to SPCA ** (OOB) 10:00 Balance in Action (A) 10:30 Bible Study with Lynne (CH) 1:30 Drummer Joe (A) 3:00 Zoom 101: Learn to Video Chat (A) 3:30 Xbox Bowling (A) 6:15 Puzzle Club (A)	8:30 Daily Chronicle & Devotions (DR) 9:30 Confident Cruisers (ML) 10:30 Communion Service (CH) 1:30 Zumba Class with Michelle (A) 2:00 National Parks Series: <i>Sequoia National Park</i> (DR) 3:00 Communion Service (CH) 3:30 Cocktail Hour (A) 6:15 Scrabble (A)	8:30 Daily Chronicle & Devotions (DR) 10:00 Retail Shopping: <i>Boscov's</i> **\$\$ (OOB) 11:00 Brain Teasers (2F Lobby) 1:00 Helping Hands: Set-Up (DR) 2:00 Nickel Bingo \$\$ (DR) 3:15 Fresh Flower Arranging (DR) 3:30 Edu Travel: Virginia (CH) 6:15 UNO (A) First Day of Spring
21	22	23	24	25	26	27
8:00 TV Catholic Mass Service (Ch. 49) 8:30 Daily Chronicle & Devotions (DR) 10:00 Movement & Meditation (2F Lobby) 11:00—1:00 Wine & Dine (DR) 2:00 Communion Service (CH) 2:00 Movie: <i>Step Up</i> (A) 3:00 Communion Service (CH) 6:30 Yahtzee (A)	8:30 Daily Chronicle & Devotions (DR) 10:30 Communion Service (CH) 10:30 Yoga Fitness with Michelle (A) 1:30 Finish the Line (A) 2:00 Ted Talk: "What Causes Insomnia?" (A) 3:00 Communion Service (CH) 3:30 Confident Cruisers (ML) 6:30 Bridge Club (A)	8:30 Daily Chronicle & Devotions (DR) 10:00 Lite & Lively (CH) 11:00 Men's Club Lunch: <i>The Wheel</i> **\$\$ (OOB) 1:30 Craft Club: Fluffy Bunnies (A) 2:00 Providence Place Wishes Recipient Recognition (A) 3:00 Creative Writing (A) 6:15 Nickel Bingo \$\$ (A)	8:30 Daily Chronicle & Devotions (DR) 9:00 Breakfast Club (A) 10:30 Skype 101 (A) 1:30 Manicures & Hand Massages (A) 2:00 Food for Thought by Chef Tuan (DR) 3:00 Horse Race (A) 6:15 Chair Exercises (CH)	8:30 Daily Chronicle & Devotions (DR) 9:00 Grocery Shopping: Boyer's **\$\$ (OOB) 10:00 Confident Cruisers (ML) 1:00 Blind Tasting: Iced Tea Flavors (A) 2:00 New Residents & Welcome Ambassadors Mixer (A) 5:00 March Birthday Celebration Dinner (ND) 6:15 Puzzle Club (A)	8:30 Daily Chronicle & Devotions (DR) 9:30 Confident Cruisers: Walking Club (ML) 10:30 Communion Service (CH) 1:30 Zumba Class with Michelle (A) 2:00 National Parks Series: <i>Statue of Liberty National Monument</i> (DR) 3:00 Communion Service (CH) 3:30 Cocktail Hour (A) 6:15 Scrabble (A)	8:30 Daily Chronicle & Devotions (DR) 10:00 Country Ride ** (OOB) 11:00 Brain Teasers (2F Lobby) 1:00 Helping Hands: Set-Up (DR) 2:00 Nickle Bingo (DR) 3:30 Edu Travel: Jerusalem (CH) 6:15 UNO (A) Passover Begins
28	29	30	31	Calendar Key: Activity Room (A), Chapel (CH) 2nd Floor South Lounge (2SL), 2nd Floor North Lounge (2NL) Main Lobby (ML), Nursing Office (N) Dining Room (DR), Library (LIB) First Floor Patio (1FP) Second Floor Patio (2FP) Out of Building (OOB) Registration Required**		
8:00 TV Catholic Mass Service (Ch. 49) 8:30 Daily Chronicle & Devotions (DR) 10:00 Movement & Meditation (2F Lobby) 11:00—1:00 Wine & Dine (DR) 2:00 Celebration of Life (CH) 2:00 Movie: <i>Fury</i> (A) 3:00 Communion Service (CH) 6:30 Schuylkill County Monopoly (A) Palm Sunday	8:30 Daily Chronicle & Devotions (DR) 10:00 Communion Service (CH) 10:30 Yoga Fitness with Michelle (A) 1:30 Funny Bones (A) 2:00 Chair Exercise (CH) 3:00 Communion Service (CH) 3:30 Confident Cruisers (ML) 6:30 Bridge Club (A)	8:30 Daily Chronicle & Devotions (DR) 10:00 Lite & Lively (CH) 11:00 Hydration Station (A) 11:00 Men's Club Lunch: <i>The Wheel</i> **\$\$ (OOB) 1:30 Craft Club: Green Wreaths (A) 3:00 Creative Writing (A) 6:15 Nickle Bingo \$\$ (A)	8:30 Daily Chronicle & Devotions (DR) 9:00 Breakfast Club (A) 10:00 Gardening Club: Let's Water the Flowers (ML) 1:30 Chair Exercises (CH) 2:00 Chef's Pairing by Chef Tuan (DR) 3:00 Manicures & Hand Massages (A) 6:15 Polish Bingo (A)			