

Focus on Wellness

We are reopening our communities as we are now considered “fully-vaccinated” at each campus. We are excited to get out and enjoy the spring weather and focus on community, socialization and our physical & mental well-being.

A few highlights of our reopening include:

- Dining rooms & internal activities will remain open
- Salon & Therapy services will remain open
- Visitation available for family & friends
- Reduced testing & quarantines based on vaccination status
- Ongoing vaccine clinics available for new and existing residents and team members

Chambersburg

- Vaccine Clinic #3:
Tuesday, April 6th



Providence Place SENIOR LIVING News

Q2: April 2021

A Note from the Executive Director

I am pleased to share that we had our initial inspection on March 3rd for our Assisted Living licensure and anticipate a return visit within 90 days. In the upcoming weeks, administrative staff will begin reaching out to each of you to sign an updated contract that reflects the shift to service levels as well as new language reflecting Assisted Living verbiage and structure.

Other excitement inside the community was the opening of the new hair salon & barbershop located on the second floor near the library. Everyone seems to be enjoying it so far!

The majority of our residents are now fully-vaccinated, which allows for more visitation and a sense of normalcy. The next vaccine clinic is on April 6th and many more residents will receive their second dose. Many residents in our Memory Care area had received an infusion in January, making them ineligible for the vaccine until April 6th. Due to this, the Connections Neighborhood visitation will be slightly different than the rest of the community.

This past year has certainly presented its challenges. Now we are seeing the light at the end of the tunnel and the future looks bright. Community Life programming is becoming more vibrant as we are able to hold larger group events and invite entertainers back. Please look at the calendar and highlights for all that is being offered and be sure to get involved.

Warmest regards,

Holly Townsend, Executive Director

Highlighted Events

6 – Financial Wellness Presentation

F&M Trust Bank @ 3pm

6 – Vaccine Clinic #3

20 – Musical Entertainment

Tom Shultz @ 3pm

29 – Chef’s Pairing with Chef Jeff

Italian Wines & Antipasti @ 2pm



Dimensions
of Wellness

Resident Birthdays

April

Christa Black
Pauline Johnston
Harold McMullen
Gloria Granda
Beverly Peters
Blanche Mock
Elizabeth Statler
Joseph Statler
Dolores Yakencheck
Marion Reid

May

Joan Knepp
Dorothy Miley
Dolores Gaughenbaugh
Richard Boyer
Charmaine West
Frances Cordell
Linda Adcock
James Frank
Kenneth Stilts
Edeltrud Polk
Beverly Brackbill
Joel Brown
Alice Foor
Bennett Bittinger

June

Shirley Eberly
Delores Gilbert
Donald Moser
Dorothy Simms
Peggy Dewire
Robert Hull
Martha White
Alice Stilts
Miriam Gilland



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.




To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com

Welcome New Residents

Christa Black
Sandy Myers
Donald Moser
Gini Horn

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
		Calendar Key: Pub (P), Café (C), 2nd Floor Activity Room (2A), 3rd Floor Activity Room (3A), 3rd Floor Exercise Room (3E), Front Lobby (FL), Dining Room (DR), Meditation Room (MR) Conference Room (CR), Loading Dock (LD), Library (L), Private Dining Room (PDR), Out of Building (OOB) **Registration Required, \$\$ Cost Involved			1	2	3
				8:00 Daily Chronicle Delivered 9:00 Stretch and Hold to Start Our Day(3E) 10:00 Kitchen Creation: Edible Bunny Race Cars(C) 1:30 Art Exploration with Doretta (C) 1:30 Balance & Action (3E) 2:00 Prize Bingo Easter Edition (2A) 3:00 Easter Backdrop Photos (3A) 6:00 Horseshoes (3E)	8:00 Light & Lively (3E) 10:00 Kitchen Creation: Hot Cross Buns(C) 1:30 Balance & Action (3E) 2:00 Horseshoes (3E) 3:00 Social Hour: Tea and Hot Cross Buns (P) 6:00 Movie Night: <i>The Easter Story:</i> <i>What Really Happened</i> (3A) Good Friday	8:00 Daily Chronicle Delivered 9:00 Light & Lively (3E) 10:00 Easter Backdrop Photos (3A) 1:30 Stair Stepper Exercise (3E) 2:00 Easter Egg Hunt (Building Wide) 3:00 Easter Egg Hunt Prizes Awarded (FL) 6:00 Blitz with Ruth (2A)	
4 8:00 Daily Chronicle Delivered 9:00 Light & Lively Exercise (3E) 10:00 Aromatherapy & Nails (2A) 11:00 –12:30 Wine and Dine (DR) 2:00 Social Hour: Easter Candy (P) 3:00 Will Bowling Practice (3A) 6:30 Evening Worship (Ch. 68) 7:00 Televised Catholic Service (Ch. 291) Easter	5 8:00 Daily Chronicle Delivered 9:00 Light & Lively Exercise (3E) 10:00 Nickel Bingo \$\$ (2A) 1:30 Balance & Action (3E) 2:00 iN2!: 101 for Beginners (2A) 3:00 Horseshoes (3E) 6:30 Virtual Evening Worship Service (2A)	6 8:00 Daily Chronicle Delivered 9:00 Light & Lively Exercise (3E) 9:30 Shopping Trip: Walmart **\$(OOB) 1:30 Balance & Action (3E) 1:30 Art with Doretta (C) 1:30 Bible Study with Joan (PDR) 3:00 Financial Wellness with Rachel Bowers from FM Trust (2A) 6:00 Game Club: Sequence (2A)	7 8:00 Daily Chronicle Delivered 9:00 Balloon Ball Exercise (3E) 10:00 Walk & Roll Walking Club (FL) 1:30 Workout with Vickie (3E) 1:30 Art: Pottery (3A) 2:00 Nailed it! Easter Edition **(C) 3:00 Conversations With a Side of Tea or Coffee (C) 6:00 Blitz with Ruth (2A)	8 8:00 Daily Chronicle Delivered 9:00 Stretch and Hold to Start Our Day (3E) 10:00 Dance Class with Jess (FL) 1:30 Balance & Action (3E) 1:30 Art Exploration with Doretta (C) 2:00 Men's Club: Egg Drop Experiment (2A) 6:00 Billiards (3E)	9 9:00 Light & Lively Exercise (3E) 10:00 Walk & Roll Walking Club (FL) 1:30 Balance and Action (3E) 2:00 Community Life Planning Committee (P) 3:00 Let's Celebrate: Residents Born in April (P) 6:00 Movie Night: <i>Easter Parade</i> (3A)	10 8:00 Daily Chronicle Delivered 9:00 Light & Lively (3E) 10:00 Walk & Roll Walking Club (FL) 1:30 Stair Stepper Exercise (3E) 2:00 Game Club: UNO (2A) 3:00 Helping Hands: Coupon Cutting for Veterans (C) 6:00 Musical Entertainment by Tresa Day (2A)	
11 8:00 Daily Chronicle Delivered 9:00 Light & Lively Exercise (3E) 10:00 Aromatherapy & Nails (2A) 11:00 –12:30 Wine and Dine (DR) 2:00 Musical Entertainment by Bryan Herber (2A) 3:00 Game Club: UNO (2A) 6:30 Evening Worship (Ch. 68) 7:00 Televised Catholic Service (Ch. 291)	12 8:00 Daily Chronicle Delivered 9:00 Light & Lively Exercise (3E) 10:00 Walk & Roll Walking Club (FL) 1:30 Balance & Action (3E) 2:00 iN2!: Word Games (2A) 3:00 iN2L: Prize Bingo (2A) 6:30 Virtual Evening Worship Service (2A)	13 8:00 Daily Chronicle Delivered 9:00 Light & Lively Exercise (3E) 9:30 Shopping Trip: Kohls**\$(OOB) 1:30 Balance & Action (3E) 1:30 Art with Doretta (C) 1:30 Bible Study with Joan (PDR) 3:00 Game Club: Scrabble (C) 6:00 Wii Bowling League (3A)	14 8:00 Daily Chronicle Delivered 9:00 Strengthening Stretches (3E) 10:00 Dining Committee (DR) 1:30 Balance & Action (3E) 1:30 Musical Entertainment by Jessica Snyder (2A) 3:00 Game Club: Scattergories (C) 6:00 Horseshoes (3E)	15 8:00 Daily Chronicle Delivered 9:00 Stretch and Hold to Start Our Day (3E) 10:00 Dance Class with Jess (FL) 1:30 Balance & Action (3E) 1:30 Art Exploration with Doretta (C) 2:00 Nickel Bingo \$\$ (2A) 3:00 Walk & Roll Walking Club (FL) 6:00 Game Club: UNO (2A)	16 8:00 Daily Chronicle Delivered 9:00 Light & Lively Exercise (3E) 10:00 EdU Wellness: Parkinson's' Disease Awareness with Jaimie from Bayada(2A) 1:30 Balance and Action (3E) 2:00 Social Hour: Pretzels and Beer (P) 3:00 Ladder Ball (3E) 6:00 Movie Night: <i>Peter Rabbit</i> (3A)	17 8:00 Daily Chronicle Delivered 9:00 Light & Lively (3E) 10:00 Local Shopping: Butcher Shoppe **\$(OOB) 1:30 Stair Stepper Exercise (3E) 2:00 Game Club: Mexican Train Dominoes (C) 3:00 Ice Cream Float Social (C) 6:00 Blitz with Ruth (2A)	
18 8:00 Daily Chronicle Delivered 9:00 Light & Lively Exercise (3E) 10:00 Aromatherapy & Nails (2A) 11:00 Downtown Chambersburg Presents Food Truck Festival **\$(OOB) 2:00 Horseshoes (3A) 3:00 National Day: Pick your Favorite Animal Cracker Flavor (FL) 6:30 Evening Worship (Ch. 68) 7:00 Televised Catholic Service (Ch. 291)	19 8:00 Daily Chronicle Delivered 9:00 Light & Lively Exercise (3E) 10:00 Nickel Bingo \$\$ (2A) 1:30 Balance & Action (3E) 2:00 EdU- How to Grow Apple Trees With Bill Bigelow (2A) 3:00 iN2!: Live Video Feed Animals Around the World (2A) 6:30 Virtual Evening Worship Service (2A)	20 8:00 Daily Chronicle Delivered 9:00 Light & Lively Exercise (3E) 9:30 Shopping Trip: Dollar Tree**\$(OOB) 1:30 Balance & Action (3E) 1:30 Art with Doretta (C) 1:30 Bible Study with Joan (PDR) 3:00 Musical Entertainment by Tom Shultz (2A) 6:00 Horseshoes (3E)	21 8:00 Daily Chronicle Delivered 9:00 Balloon Ball Exercise (3E) 10:00 Walk & Roll Walking Club (FL) 1:30 Balance & Action (3E) 2:00 Fireside Chat (2A) 3:00 Social Hour: The Good Ole Days (P) 6:00 Blitz with Ruth (2A)	22 9:00 Stretch and Hold to Start Our Day (3E) 10:00 Earth Day: Planting our Apple Tree (FL) 1:30 Balance & Action (3E) 1:30 Art Exploration with Doretta (C) 2:00 Chef Table: Fresh Herb Dressings (P) 3:00 Craft Creation: Earth Day (P) 6:00 Horseshoes (3E) Earth Day	23 9:00 Light & Lively Exercise (3E) 10:00 Walk & Roll Walking Club (FL) 1:00 EdU- Virtual Presentation: Medicaid Fraud Prevention with Dan Milloy (2A) 2:00 Game Club: Mexican Train Dominoes (C) 3:00 Will Bowling League (3A) 6:30 Movie Night: <i>The Dog Who Saved Easter</i> (3A)	24 8:00 Daily Chronicle Delivered 9:00 Light & Lively (3E) 10:00 Walk & Roll Walking Club (FL) 1:30 Stair Stepper Exercise (3E) 2:00 Bingo with Jen (2A) 3:00 Helping Hands: Coupon Cutting for Veterans (C) 6:00 Game Club: Sequence (2A)	
25 8:00 Daily Chronicle Delivered 9:00 Light & Lively Exercise (3E) 10:00 Aromatherapy & Nails (2A) 11:00 –12:30 Wine and Dine (DR) 2:00 Bean Bag Toss/Corn Hole (3E) 3:00 Game Club: Scrabble (C) 6:30 Evening Worship (Ch. 68) 7:00 Televised Catholic Service (Ch. 291)	26 8:00 Daily Chronicle Delivered 9:00 Light & Lively Exercise (3E) 10:00 Prize Bingo (2A) 1:30 Balance & Action (3E) 2:00 iN2!: Let's View Art Pieces! (2A) 3:00 Art: Wood Painting (C) 6:30 Virtual Evening Worship Service (2A)	27 8:00 Daily Chronicle Delivered 9:00 Light & Lively Exercise (3E) 9:30 Shopping Trip: Walmart **\$(OOB) 1:30 Balance & Action (3E) 1:30 Art with Doretta (C) 1:30 Bible Study with Joan (PDR) 3:00 Blood Pressure Clinic (2A) 6:00 Wii Bowling League (3A)	28 8:00 Daily Chronicle Delivered 9:00 Strengthening Stretches (3E) 10:00 Walk & Roll Walking Club (FL) 1:30 Balance & Action (3E) 2:00 Matt Dodd Performs Musical History: Canal Days (2A) 3:00 Horseshoes (3E) 6:00 Game Club: Sequence (2A)	29 8:00 Daily Chronicle Delivered 9:00 Stretch and Hold to Start Our Day (3E) 10:00 Dance Class with Jess (FL) 1:30 Balance & Action (3E) 1:30 Art Exploration with Doretta (C) 2:00 Chef Pairing: Italian Wines with Antipasti tastings (P) 3:00 Game Club: Scattergories (C) 6:00 Horseshoes (3E)	30 9:00 Light & Lively Exercise (3E) 10:00 Arbor Day: Planting our 2nd Apple Tree (FL) 1:30 Balance and Action (3E) 2:00 New Resident Welcome Committee (P) 3:00 Hymnal Fellowship Resident Singing Group (2A) 6:00 Blitz with Ruth (2A)	<div style="text-align: center;"> <h1>April</h1> <h2>2021</h2> </div>	