

Focus on Wellness

We are reopening our communities as we are now considered “fully-vaccinated” at each campus. We are excited to get out and enjoy the spring weather and focus on community, socialization and our physical & mental well-being.

A few highlights of our reopening include:

- Dining rooms & internal activities will remain open
- Salon & Therapy services will remain open
- Visitation available for family & friends
- Reduced testing & quarantines based on vaccination status
- Ongoing vaccine clinics available for new and existing residents and team members

Dover

All three rounds of vaccine clinics have been completed at our campus. Our pharmacy will be providing ongoing opportunities – please see your Director of Wellness for details!



Dimensions
of Wellness

Resident Birthdays

April

Betty Shearer
Niles Shearer
Phyllis Dietz
Gladys Bankert
Nora Hyde
Gina Nell
Joyce Zepp
Alyce Gilbert
Alberta Walter
Thelma Shearer
Shirley Floyd

May

Holly Arentz
Nancy Folker
Joann Bollinger
Austin Fringer
Marian Cline
Sara Miller
Alene Meckley
Theresa Marsh
Mary Lou Taylor
Delores Brillhart

June

John Harman
June May
Betty Eveler
Truman Geesey
Shirley Lucabaugh
Betty Ruppert

Lawrence Kursar
Catherine Miller
Rosemary Polons
Bernadine Tomlinson
Warren Miller



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com



Providence Place SENIOR LIVING News

Q2: April 2021

A Note from the Executive Director

We welcome the warmer weather here in Dover with open arms! Now that our campus is fully-vaccinated, please take advantage of the outside spaces when you have visits with family and friends.

Don't forget the great walking trail that goes around the building. Be on the lookout for some benches to take breaks while you are walking – and make sure to check out and utilize our center courtyard. We have new seating areas and will be holding socials and gardening clubs in the courtyard. See the activity calendar for details.

With continuing gratitude, I would like to thank everyone for their patience and understanding during the past year. Visitors are now welcome, just make sure guests check-in at the front desk. All visits must be in your private apartment or outside, please no visits in common areas unless designated appointment has been established.

Our staff would be more than happy to continue to assist with virtual visits such as FaceTime, Zoom, and Skype. Keep an eye on the activity calendar for trips out and about in the community

Thank you for your cooperation, we are so happy to see brighter days as we move towards regularity once again!

Howard Holben, Executive Director

Highlighted Events

- 3 – **Easter Festivities** @ 1:30pm
Jingo & Egg Race
- 6 – **Men's Club** @ 4pm
Trivia & Pub Night
- 9 – **Chef's Food Demo** @ 10am
- 15 – **Excursion to Pebble Nest Salt Room** @ 3:00pm
- 19 – **Wellness Presentation (Hailey)**
Allergies & Sneezing Season @ 2pm
- 28 – **Resident Meetings with David Leader** @ 3pm & 3:45pm
- 29 – **Fireside Chat with Howard**
@ 2pm

Welcome New Residents

Verna Wentz
Bradley Schiller
Teresa Marsh
Verna Peterson
Yvonne Fair
Betty Eveler
James Ketterman

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p style="text-align: center;">THE <i>Club</i></p>		Calendar Key: ** Registration Required \$\$ Cost Involved Connections Neighborhood (CN) Community Room/ Chapel (CR/CH) Lobby (LB) Pub (P) Activity Room (AR) Best Year Yet (BYY) Out of Building (OOB) 100 Hall Patio (100 Hall)			<p style="text-align: right;">1</p> 9:30 Chronicle News and Drinks (CR/CH) 10:00 IN2L fitness program (CR/CH) 10:30 Explore the World on IN2L (CR/CH) 10:45 Menu Review (CR/CH) 1:30 Cooking with Connection Friends (CN) 3:00 Church Service (CR/CH)	<p style="text-align: right;">2</p> 9:30 Chronicle News and Drinks (CR/CH) 10:00 Card Crunch Fitness (CR/CH) 10:30 Baking and Brain Game (CR/CH) 10:45 Menu Review (CR/CH) 1:30 Cranium Crunch (CR/CH) 2:30 Afternoon Stretch-BYY (CR/CH) 3:00 Dice Game (CR/CH) 3:30 Menu Review (CR/CH) <p style="text-align: center;">Good Friday</p>	<p style="text-align: right;">3</p> 9:30 Chronicle News and Drinks (CR/CH) 10:00 Danish and Discussion (CR/CH) 10:30 Words in a Word (CR/CH) 10:45 Menu Review (CR/CH) 1:30 Club Country Ride (LB) OOB 3:30 Menu Review & Scripture of the Day (CR/CH)
		<p style="text-align: right;">4</p> 9:30 Chronicle News and Drinks (CR/CH) 10:00 Resident Easter Egg Hunt (100 Hall) 10:45 Menu Review (CR/CH) 1:15 Walking Together-BYY (LB) 2:00 Church Service (CR/CH) 3:30 Menu Review (P) <p style="text-align: center;">Easter</p>	<p style="text-align: right;">5</p> 9:30 Chronicle News and Drinks (CR/CH) 10:00 Imagery Fitness (CR/CH) 10:30 Memories in the Making (CR/CH) 10:45 Menu Review (CR/CH) 1:15 Magazine Hunt (CR/CH) 1:30 Bingo (CR/CH) 2:30 Manicures and Music (CR/CH) 3:30 Menu Review	<p style="text-align: right;">6</p> 9:30 Chronicle News and Drinks (CR/CH) 10:00 Fitness Ball (CR/CH) 10:30 What is Parkinson's (CR/CH) 10:45 Menu Review (CR/CH) 1:30 Sing along with Friends (CN) 2:30 Pastries with the Pastor (CN) 3:00 IN2L Discussion time (CN) 3:30 Menu Review (CN) 4:00 Men's Club (P)	<p style="text-align: right;">7</p> 9:30 Chair Exercise (AR) 10:00 Bible Study (P) 10:30 Create a Card (CR/CH) 1:30 Chronicle News and Drinks (CR/CH) 2:00 What is Missing (CR/CH) 2:30 Menu Review (CR/CH) 3:00 Hymn Sing with the Pastor (CR/CH)	<p style="text-align: right;">8</p> 9:30 Chronicle News and Drinks (CR/CH) 10:00 IN2L fitness program (CR/CH) 10:30 Explore the World on IN2L (CR/CH) 10:45 Menu Review (CR/CH) 1:30 Cooking with Connection Friends (CN) 3:00 Church Service (CR/CH)	<p style="text-align: right;">9</p> 9:30 Chronicle News and Drinks (CR/CH) 10:00 Card Crunch Fitness (CR/CH) 10:30 Baking and Brain Game (CR/CH) 10:45 Menu Review (CR/CH) 1:30 Read Round and Discussion (CR/CH) 2:30 Afternoon Stretch-BYY (CR/CH) 3:00 This or That (CR/CH) 3:30 Menu Review (CR/CH)
<p style="text-align: right;">11</p> 9:30 Chronicle News and Drinks (CR/CH) 10:00 Bulletins and Music (CR/CH) 10:45 Menu Review (CR/CH) 1:15 Walking Together-BYY (LB) 2:00 Church Service (CR/CH) 3:30 Menu Review (P)	<p style="text-align: right;">12</p> 9:30 Chronicle News and Drinks (CR/CH) 10:00 Imagery Fitness (CR/CH) 10:30 Finish the Phrase (CR/CH) 10:45 Menu Review (CR/CH) 1:15 Hidden Words (CR/CH) 1:30 Bingo (CR/CH) 2:30 Manicures and Music (CR/CH) 3:30 Menu Review (CR/CH)	<p style="text-align: right;">13</p> 9:30 Chronicle News and Drinks (CR/CH) 10:00 Fitness Ball (CR/CH) 10:30 Celebrity Spotlight (CR/CH) 10:45 Menu Review (CR/CH) 1:30 Sing along with Friends (CN) 2:30 Pastries with the Pastor (CN) 3:00 IN2L Discussion time (CN) 3:30 Menu Review (CN) 4:00 Men's Club (P)	<p style="text-align: right;">14</p> 9:30 Chair Exercise (AR) 10:00 Bible Study (P) 10:30 Create a Card (CR/CH) 1:30 Chronicle News and Drinks (CR/CH) 2:00 Who am I ? (CR/CH) 2:30 Menu Review (CR/CH) 3:00 Hymn Sing with the Pastor (CR/CH)	<p style="text-align: right;">15</p> 9:30 Chronicle News and Drinks (CR/CH) 10:00 IN2L fitness program (CR/CH) 10:30 Explore the World on IN2L (CR/CH) 10:45 Menu Review (CR/CH) 1:30 Cooking with Connection Friends (CN) 3:00 Church Service (CR/CH)	<p style="text-align: right;">16</p> 9:30 Chronicle News and Drinks (CR/CH) 10:00 Card Crunch Fitness (CR/CH) 10:30 Baking and Brain Game (CR/CH) 10:45 Menu Review (CR/CH) 1:30 Matching States and Capitals (CR/CH) 2:30 Afternoon Stretch-BYY (CR/CH) 3:00 Music with Thomas (100 Hall)	<p style="text-align: right;">17</p> 9:30 Chronicle News and Drinks (CR/CH) 10:00 Danish and Discussion (CR/CH) 10:30 Junk Drawer Detective (CR/CH) 10:45 Menu Review (CR/CH) 1:30 Club Country Ride (LB) OOB 3:30 Menu Review & Scripture of the Day (CR/CH)	
<p style="text-align: right;">18</p> 9:30 Chronicle News and Drinks (CR/CH) 10:00 Bulletins and Music (CR/CH) 10:45 Menu Review (CR/CH) 1:15 Walking Together -BYY(LB) 2:00 Church Service (CR/CH) 3:30 Menu Review (P)	<p style="text-align: right;">19</p> 9:30 Chronicle News and Drinks (CR/CH) 10:00 Imagery Fitness (CR/CH) 10:30 Memory Magic (CR/CH) 10:45 Menu Review (CR/CH) 1:15 Personal Puzzles (CR/CH) 1:30 Bingo (CR/CH) 2:30 Manicures and Music (CR/CH) 3:30 Menu Review (CR/CH)	<p style="text-align: right;">20</p> 9:30 Chronicle News and Drinks (CR/CH) 10:00 Fitness Ball (CR/CH) 10:30 Name the Tune (CR/CH) 10:45 Menu Review (CR/CH) 1:30 Sing along with Friends (CN) 2:30 Pastries with the Pastor (CN) 3:00 IN2L Discussion time (CN) 3:30 Menu Review (CN) 4:00 Men's Club (P)	<p style="text-align: right;">21</p> 9:30 Chair Exercise (AR) 10:00 Bible Study (P) 10:30 Create a Card (CR/CH) 1:30 Chronicle News and Drinks (CR/CH) 2:00 What am I ? (CR/CH) 2:30 Menu Review (CR/CH) 3:00 Hymn Sing with the Pastor (CR/CH)	<p style="text-align: right;">22</p> 9:30 Chronicle News and Drinks (CR/CH) 10:00 IN2L fitness program (CR/CH) 10:30 Explore the World on IN2L (CR/CH) 10:45 Menu Review (CR/CH) 1:30 Cooking with Connection Friends (CN) 3:00 Church Service (CR/CH) <p style="text-align: center;">Earth Day</p>	<p style="text-align: right;">23</p> 9:30 Chronicle News and Drinks (CR/CH) 10:00 Card Crunch Fitness (CR/CH) 10:30 Baking and Brain Game (CR/CH) 10:45 Menu Review (CR/CH) 1:30 Clean Wheels Program (CR/CH) 2:30 Afternoon Stretch-BYY (CR/CH) 3:00 Healthy Habits (CR/CH) 3:30 Menu Review (CR/CH)	<p style="text-align: right;">24</p> 9:30 Chronicle News and Drinks (CR/CH) 10:00 Danish and Discussion 10:30 Hidden Celebrity Messages (CR/CH) 10:45 Menu Review (CR/CH) 1:30 Walk Out side (LB) OOB 3:30 Menu Review & Scripture of the Day (CR/CH)	
<p style="text-align: right;">25</p> 9:30 Chronicle News and Drinks (CR/CH) 10:00 Bulletins and Music (CR/CH) 10:45 Menu Review (CR/CH) 1:15 Walking Together-BYY(LB) 2:00 Church Service (CR/CH) 3:30 Menu Review (P)	<p style="text-align: right;">26</p> 9:30 Chronicle News and Drinks (CR/CH) 10:00 Imagery Fitness (CR/CH) 10:30 Time Slips (CR/CH) 10:45 Menu Review (CR/CH) 1:30 Last Monday of the Month Movie: Club Choice (CR/CH) 3:30 Menu Review (CR/CH)	<p style="text-align: right;">27</p> 9:30 Chronicle News and Drinks (CR/CH) 10:00 Fitness Ball (CR/CH) 10:30 Make and Take Dessert (CR/CH) 10:45 Menu Review (CR/CH) 1:30 Sing along with Friends (CN) 2:30 Pastries with the Pastor (CN) 3:00 IN2L Discussion time (CN) 3:30 Menu Review (CN) 4:00 Men's Club (P)	<p style="text-align: right;">28</p> 9:30 Chair Exercise (AR) 10:00 Bible Study (P) 10:30 Create a Card (CR/CH) 1:30 Chronicle News and Drinks (CR/CH) 2:00 What is the Location (CR/CH) 2:30 Menu Review (CR/CH) 3:00 Hymn Sing with the Pastor (CR/CH)	<p style="text-align: right;">29</p> 9:30 Chronicle News and Drinks (CR/CH) 10:00 IN2L fitness program (CR/CH) 10:30 Explore the World on IN2L (CR/CH) 10:45 Menu Review (CR/CH) 1:30 Cooking with Connection Friends (CN) 3:00 Church Service (CR/CH)	<p style="text-align: right;">30</p> 9:30 Chronicle News and Drinks (CR/CH) 10:00 Card Crunch Fitness (CR/CH) 10:30 Baking and Brain Game (CR/CH) 10:45 Menu Review (CR/CH) 1:30 Celebrity Spotlight (CR/CH) 2:30 Afternoon Stretch-BYY (CR/CH) 3:00 What Doesn't Belong (CR/CH) 3:30 Menu Review (CR/CH)	<p style="text-align: center; font-size: 2em;">April 2021</p>	