

Focus on Wellness

We are reopening our communities as we are now considered “fully-vaccinated” at each campus. We are excited to get out and enjoy the spring weather and focus on community, socialization and our physical & mental well-being.

A few highlights of our reopening include:

- Dining rooms & internal activities will remain open
- Salon & Therapy services will remain open
- Visitation available for family & friends
- Reduced testing & quarantines based on vaccination status
- Ongoing vaccine clinics available for new and existing residents and team members

Dover

All three rounds of vaccine clinics have been completed at our campus. Our pharmacy will be providing ongoing opportunities – please see your Director of Wellness for details!



Providence Place SENIOR LIVING News

Q2: April 2021



Dimensions
of Wellness

A Note from the Executive Director

We welcome the warmer weather here in Dover with open arms! Now that our campus is fully-vaccinated, please take advantage of the outside spaces when you have visits with family and friends.

Don't forget the great walking trail that goes around the building. Be on the lookout for some benches to take breaks while you are walking – and make sure to check out and utilize our center courtyard. We have new seating areas and will be holding socials and gardening clubs in the courtyard. See the activity calendar for details.

With continuing gratitude, I would like to thank everyone for their patience and understanding during the past year. Visitors are now welcome, just make sure guests check-in at the front desk. All visits must be in your private apartment or outside, please no visits in common areas unless designated appointment has been established.

Our staff would be more than happy to continue to assist with virtual visits such as FaceTime, Zoom, and Skype. Keep an eye on the activity calendar for trips out and about in the community

Thank you for your cooperation, we are so happy to see brighter days as we move towards regularity once again!

Howard Holben, Executive Director

Highlighted Events

- 3 – **Easter Festivities** @ 1:30pm
Jingo & Egg Race
- 6 – **Men's Club** @ 4pm
Trivia & Pub Night
- 9 – **Chef's Food Demo** @ 10am
- 15 – **Excursion to Pebble Nest Salt Room** @ 3:00pm
- 19 – **Wellness Presentation (Hailey)**
Allergies & Sneezing Season @ 2pm
- 28 – **Resident Meetings with David Leader** @ 3pm & 3:45pm
- 29 – **Fireside Chat with Howard**
@ 2pm

Welcome New Residents

- Verna Wentz
- Bradley Schiller
- Teresa Marsh
- Verna Peterson
- Yvonne Fair
- Betty Eveler
- James Ketterman

Resident Birthdays

April

Betty Shearer
Niles Shearer
Phyllis Dietz
Gladys Bankert
Nora Hyde
Gina Nell
Joyce Zepp
Alyce Gilbert
Alberta Walter
Thelma Shearer
Shirley Floyd

May

Holly Arentz
Nancy Folker
Joann Bollinger
Austin Fringer
Marian Cline
Sara Miller
Alene Meckley
Theresa Marsh
Mary Lou Taylor
Delores Brillhart

June

John Harman
June May
Betty Eveler
Truman Geesey
Shirley Lucabaugh
Betty Ruppert
Lawrence Kursar
Catherine Miller
Rosemary Polons
Bernadine Tomlinson
Warren Miller




For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Calendar Key: ** Registration Required \$\$ Cost Involved AR Activities Room DR Dinning Room FR Fitness Room CR Community Room P Pub EB Entire Building OOB Out of the Building		1 9:30 Chair Exercise (AR) 10:00 Edu - Presentation: Fat is nor your Enemy (AR) 1:30 Bingo (AR) 2:30 Musical Happy Hour with Dan Martin (P) 3:00 Maundy Thursday Church Service with Communion (CR) 4:30 Virtual Sight and Sound show and Dinner **\$(CR)	2 9:30 Chair Exercise (AR) 10:00 Jingo (AR) 10:15 Market Run: Giant **\$(OOB) 1:30 Preparing Easter Festivities (AR) 3:00 Ice Cream Social (P) 4:00 Wine and Dine (DR) 4:00 Balance Class (FR) 6:15 Games (AR) Good Friday	3 9:30 Chair Exercise (AR) 10:00 Pastries and Weekly News (AR) 11:00 Trivia (AR) 1:30 Easter Jingo (AR) 3:00 Easter Egg Race (AR) 6:15 Rumikub (AR)
		4 6:30 Sunrise Service (900 Hall Lounge) 9:30 Chair Exercise (AR) 10:00 Easter Egg Hunt for Residents (EB) 2:00 Church Service (CR) 3:00 Easter Social (AR) 6:00 Widow to Widowers Club (P) 6:15 Card Club: 500 (AR) Easter	5 9:30 Chair Exercise (AR) 10:00 IN2L-Brain Games (AR) 1:30 Wii - Bowling (AR) 3:00 Manicures and Wine (AR) 4:00 Balance Class (FR) 6:15 Rumikub (AR)	6 9:30 Chair Exercise (AR) 10:00 Grief Share Support Group (P) 10:00 Poker (AR) 10:30 Yoga with Alison (FR) 1:30 Bingo (AR) 2:30 Happy Hour (P) 4:00 Men's Club: Trivia- Pub Night (P) 6:15 Games (AR)	7 9:30 Chair Exercise (AR) 10:00 Bible Study (P) 10:00 Bingo (AR) 10:00 Lunch Caravan: Bob Evans **\$(OOB) 1:30 Garden Therapy with Sue (AR) 3:00 Poker(AR) 3:00 Hymn Sing with Pastor Rhon (CR) 4:00 Balance Class (FR) 6:15 Knit Pickers (AR)	8 9:30 Chair Exercise (AR) 10:00 Edu - Speaker Presents: The Wonder of the Starts and How to Locate Constellations by Lois Clymer (AR) 1:30 Bingo (AR) 2:30 Happy Hour (P) 3:00 Church Service (CR) 4:00 Movie and Pizza Night** (CR) Movie: Mr. Church 6:15 Games (AR)
11 9:30 Chair Exercise (AR) 10:00 Pokeno (AR) 11:00 Hangman (AR) 1:30 Cornholes Mania (100 Hall Patio) 2:00 Church Service (CR) 3:00 Fruit Smoothie Social (100 Hall Patio) 6:00 Veteran's Club (P) 6:15 Card Club: 500 (AR)	12 9:30 Chair Exercise (AR) 10:00 IN2L-Brain Games (AR) 11:00 Community Life Meeting (AR) 1:30 Bingo (AR) 3:00 Manicures and Wine (AR) 4:00 Balance Class (AR) 6:15 Rumikub (AR) 6:15 Card Club: Pinochle (AR)	13 9:30 Chair Exercise (AR) 10:00 Grief Share Support Group (P) 10:00 Culinary Creations: Pretzel Bites (AR) 10:30 Yoga with Alison (FR) 1:30 Pokeno (AR) 3:00 Kings in the Corner (AR) 4:00 Men's Club: Archery Night (AR) 6:15 Games (AR)	14 9:30 Chair Exercise (AR) 10:00 Bible Study (P) 10:00 Craft Corner: Painting Flower Pots for the Quart yard (AR) 1:30 Edu - Presentation: The Assassination and Funeral of Abraham Lincoln presented by Ernie Heffner (AR) 3:00 Milkshake Social (AR) 3:00 Hymn Sing with Pastor Ralph (AR) 6:15 Knit Pickers (AR)	15 9:30 Chair Exercise (AR) 10:00 Appreciations Club: Dog Blankets for Shelters (AR) 1:30 Bingo (AR) 3:00 Church Service (CR) 3:00 Excursion: Pebble Nest Salt Room **\$(OOB) 6:15 Games (AR)	16 9:30 Chair Exercise (AR) 10:00 Chef's Food Pairing (AR) 10:15 Market Run: Weis **\$(OOB) 1:30 Poker (100 Lounge) 1:30 Bingo (AR) 3:00 Music with Thomas Schulz 4:00 Balance Class (FR) 4:00 Wine and Dine (AR) 6:15 Rumikub (AR)	17 9:30 Chair Exercise (AR) 10:00 Pastries and Weekly News (AR) 11:00 Trivia (AR) 1:30 Wii - Bowling (AR) 2:00 Memorial Church Service (CR) 3:00 Root Beer Social (P) 6:00 Rumikub (AR)
18 9:30 Chair Exercise (AR) 10:00 Jingo (AR) 11:00 Trivia (AR) 1:30 Cornholes Mania (100 Hall Lounge) 3:00 Musical Entertainment with Jeff Kuhn (P) 6:15 Card Club: 500 (AR) 6:15 Widow to Widowers (AR)	19 9:30 Chair Exercise (AR) 10:00 Therapy Games with Beth (AR) 1:15 Kings in the Corner (AR) 2:00 Wellness presentation by DOW Hailey Freeman: Allergies- Sneezy Season (AR) 3:00 Manicures and Wine (AR) 4:00 Balance Class (FR) 6:15 Rumikub (AR)	20 9:30 Chair Exercise (AR) 10:00 Day Excursion: Kitchen Kettle Village **\$(OOB) 10:00 Culinary Creations: Energy Balls (AR) 10:30 Yoga with Alison (FR) 1:30 Bingo (AR) 2:30 Happy Hour (P) 4:00 Men's Club: Seafood Feast (AR) 6:15 Games	21 9:30 Chair Exercise (AR) 10:00 Craft Corner: Making Crystals (AR) 11:00 Lunch Caravan: Chopsticks **\$(OOB) 1:30 Garden Therapy with Sue (AR) 3:00 Bingo (AR) 4:00 Balance Class (FR) 6:15 Knit Pickers (AR)	22 9:30 Chair Exercise (AR) 10:00 Ed - Presentation by Jamie Benedikt from Beyada: Why Hydration is important (AR) 1:30 Earth Day Festival (100 Hall) • Music • Food • Crafts 6:15 Games (AR) Earth Day	23 9:30 Chair Exercise (AR) 10:00 Pokeno (AR) 10:15 Market Run: Dollar Tree **\$(OOB) 1:30 Dinning Committee (AR) 3:00 Chocolate Dipping Social (AR) 4:00 Balance Class (FR) 4:00 Wine and Dine (AR) 6:15 Rumikub (AR)	24 9:30 Chair Exercise (AR) 10:00 Pastries and Weekly News (AR) 11:00 Trivia (AR) 1:30 Appreciation Club: Snacks for Pet Shelters (AR) 3:00 Banana Split Social (Quart Yard) 6:00 Bingo (AR)
25 9:30 Chair Exercise (AR) 10:00 Bingo (AR) 11:00 Hangman (AR) 1:30 Cornhole Mania (AR) 3:00 Musical Entertainment with Leo Reaver (100 Lounge) 6:15 Card Club: 500 (AR) 6:15 Veteran's Club (P)	26 9:30 Chair Exercise (AR) 10:00 IN2L-Brain Games (AR) 1:30 Bingo (AR) 3:00 Manicures and Wine (AR) 4:00 Balance Class (FR) 6:15 Card Club: Pinochle (AR)	27 9:30 Chair Exercise (AR) 10:00 Shopping Excursion: Boscov's **\$(OOB) 10:30 Kings in the Corner (AR) 1:30 Bingo (AR) 3:00 Armchair Travel: Germany (AR) 4:00 Men's Club: BBQ Night (Quart yard) 6:15 Games (AR)	28 9:30 Chair Exercise (AR) 10:00 Craft Corner: Door Wreath 1 (AR) 1:30 Bingo (AR) 3:00 Resident Meeting With David Leader (CR) 3:45 Resident Meeting With David Leader (CR) 4:00 Cardio Class Exercise F(R) 6:15 Knit Pickers (AR)	29 9:30 Char Exercise (AR) 10:00 Craft Corner: Door Wreath 2 (AR) 11:30 Birthday Celebration (P) 1:15 Bingo (AR) 2:00 Fire Side Chat with the ED (AR) 2:30 Super Happy Hour: Black and White (P) 4:30 Ice Cream Stop Macks **\$(AR) 6:15 Games (AR)	30 9:30 Chair Exercise (AR) 10:00 Penny Ante (AR) 10:1 Market Run: Giant **&&(OOB) 1:30 Bingo (AR) 3:00 African Drum Circle with Jeff Kuhn (AR) 4:00 Balance Class (FR) 4:00 Wine and Dine (AR)	<h1 style="text-align: center;">April</h1> <h1 style="text-align: center;">2021</h1>