

# Focus on Wellness

We are reopening our communities as we are now considered “fully-vaccinated” at each campus. We are excited to get out and enjoy the spring weather and focus on community, socialization and our physical & mental well-being.

A few highlights of our reopening include:

- Dining rooms & internal activities will remain open
- Salon & Therapy services will remain open
- Visitation available for family & friends
- Reduced testing & quarantines based on vaccination status
- Ongoing vaccine clinics available for new and existing residents and team members

## Drums

- Vaccine Clinic #3:  
Thursday, April 1st



# Providence Place SENIOR LIVING News

Q2: April 2021



Dimensions  
of Wellness

## Resident Birthdays

### April

Catherine Hildebrand  
Betty Porpiglia  
RoseAnn Warner  
Inge Skene  
Doris Yurchak  
Thomas Brogan  
Jane Heisey  
Norma Tapper  
Bernadine Marusak  
George Gombeda  
Beverly Donahue

### May

Eleanor Barth  
Virginia Backora  
Eugene Tokach  
Jeanette Micene

### June

Helen George  
Joanne Bard  
Vilma Scaran  
Allen Welkie  
Alfred Carl  
Elizabeth Duffy  
Douglas Skene  
Lillian Curry

## A Note from the Executive Director

It's beginning to look a lot like Spring, everywhere you go flowers are blooming and the sun is shining. After some extraordinary challenges, we are excited to reopen to family & friend visitors for our residents.

We have many plans for the warmer months, and I'm excited to see some normalcy throughout the community. Check out our calendar for all our exciting events this month. It really makes me feel good when I can sit on the front porch, take a walk, or assist with a puzzle just to spend some quality time with our residents.

As always, my team is here for any of your concerns or needs. Reach out anytime to chat.

Continue to stay safe, happy, and healthy and happiest of spring to all,

Best,

*Kim Perchak*

*Executive Director*

## Highlighted Events

- 1 – **Vaccine Clinic #3**
- 3 – **Easter Egg Hunt @ 2:30pm**
- 11 – **Dance Performance**  
Tracey's Academy of Dance @ 2:00pm
- 13 – **Sugar Scrub Craft with Kim**  
@ 2:00pm
- 17 – **World Circus Day**  
Travelling Extravaganza @ 9:30 am  
*Connections Club*
- 18 – **“The Bee’s Life”**  
Educational presentation with Marla Sardo @ 2:30pm
- 18 – **Norma Tapper’s 100 Trips around the Sun Celebration**  
@ 9:30 am  
*Connections Club*
- 23 – **Resident Meetings**  
With David Leader @ 3 & 3:45 pm
- 28 – **Musical Entertainment**  
John Steven’s Polka Band @ 2:30pm

## Welcome New Residents

Gerald Brekke  
RoseAnn Warner



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at [www.Facebook.com/ProvPlace](http://www.Facebook.com/ProvPlace).



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at [ProvidenceRetirement@gmail.com](mailto:ProvidenceRetirement@gmail.com).



[www.Providence-Place.com](http://www.Providence-Place.com)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>THE <i>Club</i></p>		<p><b>Calendar Key:</b>            ** Registration Required            \$\$ Cost Involved            Dining Room (DR), Chapel (Ch)            First Floor (1st), Second Floor (2nd),            Third Floor (3rd), Meet in Lobby (ML),</p>			<p>1</p> <p>9:00 Morning Meeting (2nd)            9:15 Daily Chronicle (2nd)            10:00 Bunny Bait Funfetti (C)            2:30 Craft Club Easter Surprise (T)            6:30 Musical Performance            By Pianist Jay Daniels (3rd)</p>	<p>2</p> <p>9:00 Morning Meeting (2nd)            9:15 Daily Chronicle (2nd)            10:00 Easter Rice Crispies (C)            1:30 Good Friday Service            With Deacon Beverly (Ch)            3:00 Garden Stroll (T)</p> <p>Good Friday</p>	<p>3</p> <p>9:00 Morning Meeting (2nd)            9:15 Daily Chronicle (2nd)            10:00 Tissue Dyed Easter Eggs (C)            2:00 Tracey's Academy of Dance (DR)            4:00 Brain Teasers (C)</p>
		<p>4</p> <p>9:00 TV Catholic Mass Service (3rd)            10:00 Therapy Dogs (1st)            10:30 Chair Zumba with Alyson (2nd)            1:00 Straw Easter Egg Craft (2nd)            2:00 "Best Year Yet" Walkers (OOB)            3:00 Easter Tea Party (C)</p> <p>Easter</p>	<p>5</p> <p>9:00 Morning Meeting (2nd)            9:15 Daily Chronicle (2nd)            10:00 "Best Year Yet" Yoga (Ch)            10:30 Candid Camera (2nd)            2:30 Music Class with Cynthia (T)            3:30 Bottom Line Book Club (2nd)</p>	<p>6</p> <p>9:00 Morning Meeting (2nd)            9:15 Daily Chronicle (2nd)            10:00 Jerusalema Dance Practice (2nd)            11:00 Chinese Takeout (2nd)            1230 Puzzle Mania (SR)            2:30 IN2L: The Price Is Right (2nd)</p>	<p>7</p> <p>9:00 Morning Meeting (2nd)            9:15 Daily Chronicle (2nd)            9:30 My Life Story (SR)            10:00 Rosary (Ch)            11:00 Beginners Pinochle Club (2nd)            1:00 Boscov's Shopping Trip \$\$ (OOB)</p>	<p>8</p> <p>9:00 Morning Meeting (2nd)            9:15 Daily Chronicle (2nd)            10:00 Mass by Father Mike (Ch)            1:30 Sammy's Family Golf \$\$ (OOB)            4:00 Charades (C)</p>	<p>9</p> <p>9:00 Morning Meeting (2nd)            9:15 Daily Chronicle (2nd)            10:00 Therapy Dogs (2nd)            12:30 Philharmonic Virtual Concert (2nd)            2:30 IN2L: My Page Creator (2nd)            3:30 Table Tennis (2nd)</p>
<p>11</p> <p>9:00 TV Catholic Mass Service (3rd)            10:00 Therapy Dogs (1st)            10:30 Chair Zumba with Alyson (2nd)            12:30 Movie Matinee: <i>God II</i> (SR)            2:00 "Best Year Yet" Walkers (OOB)            3:00 Fill in the Blank (1st)</p>	<p>12</p> <p>9:00 Morning Meeting (2nd)            9:15 Daily Chronicle (2nd)            10:00 "Best Year Yet" Yoga (Ch)            12:30 TED Talk: "<i>We Embrace Aging</i>"  <i>as an Adventure</i> (2nd)            2:30 Country Ride (OOB)</p>	<p>13</p> <p>9:00 Morning Meeting (2nd)            9:15 Daily Chronicle (2nd)            10:00 Jerusalema Dance Practice (2nd)            12:30 IN2L: Word Games (2nd)            1:30 Spring into Kindness: Rocks (2nd)            2:30 Pineapple Surprise (C)</p>	<p>14</p> <p>9:00 Morning Meeting (2nd)            9:15 Daily Chronicle (2nd)            9:30 Mall Shopping Trip \$\$ (OOB)            1:45 Chef Pairings: Chef Ashley            Pecan Pie (DR)            2:30 Beginner's Mahjong (2nd)</p>	<p>15</p> <p>9:00 Morning Meeting (2nd)            9:15 Daily Chronicle (2nd)            10:00 Drumming Exercise (2nd)            12:30 Sharing is Caring Friends Visit (T)            2:30 Dining Service Committee (3rd)            3:30 Brain Teasers (2nd)</p>	<p>16</p> <p>9:00 Morning Meeting (2nd)            9:15 Daily Chronicle (2nd)            10:00 Old Time Games (2nd)            10:30 Talent Show Planning (2nd)            2:30 Red or Black Game (2nd)            3:00 Marble Painting (2nd)</p>	<p>17</p> <p>9:00 Morning Meeting (2nd)            9:15 Daily Chronicle (2nd)            9:30 World Circus Day Extravaganza (2nd)            1:30 Herb Garden repotting (SR)            3:00 Front Porch Reminisce (P)</p>	
<p>18</p> <p>9:00 TV Catholic Mass Service (3rd)            10:00 Therapy Dogs (1st)            10:30 Chair Zumba with Alyson (2nd)            1:30 Norma's 100            Trips Around the Sun (2nd)            3:30 "Best Year Yet" Walkers (OOB)</p>	<p>19</p> <p>9:00 Morning Meeting (2nd)            9:15 Daily Chronicle (2nd)            10:00 "Best Year Yet" Yoga (Ch)            12:30 Swingin' to the Oldies (2nd)            1:30 Music Class with Cynthia (2nd)            3:00 Men's Club (SR)</p>	<p>20</p> <p>9:00 Morning Meeting (2nd)            9:15 Daily Chronicle (2nd)            10:00 Jerusalema Dance Practice (2nd)            12:30 Karaoke (2nd)            1:30 Strolling Down Memory Lane (SR)            2:30 Spring Clean Up (2nd)</p>	<p>21</p> <p>9:00 Morning Meeting (2nd)            9:15 Daily Chronicle (2nd)            10:00 Rosary (Ch)            11:00 Beginners Pinochle Club (2nd)            1:00 Traveling Foodies: Booty's \$\$ (OOB)            4:00 Scrabble (SR)</p>	<p>22</p> <p>9:00 Morning Meeting (2nd)            9:15 Daily Chronicle (2nd)            9:30 Clean Up Butler Park (OOB)            1:00 IN2L: My Page Creator (2nd)            3:00 TED Talk: <i>This Earth</i> (2nd)</p> <p>Earth Day</p>	<p>23</p> <p>9:00 Morning Meeting (2nd)            9:15 Daily Chronicle (2nd)            3:00 Resident Meeting            With David Leader (3rd)            3:45 Resident Meeting            With David Leader (3rd)</p>	<p>24</p> <p>9:00 Morning Meeting (2nd)            9:15 Daily Chronicle (2nd)            10:00 Beginner's Mahjong (2nd)            1:00 IN2L: Sing-A-Long (T)            2:00 Afternoon Terrace Tea Party (T)</p>	
<p>25</p> <p>9:00 TV Catholic Mass Service (3rd)            10:00 Therapy Dogs (1st)            10:30 Chair Zumba with Alyson (2nd)            12:30 Movie Matinee: <i>The Green Mile</i> (SR)            2:00 "Best Year Yet" Walkers (OOB)            3:00 Zane Grey Audio Book (2nd)</p>	<p>26</p> <p>9:00 Morning Meeting (2nd)            9:15 Daily Chronicle (2nd)            10:00 "Best Year Yet" Yoga (Ch)            2:30 Chef's Pairings with Chef Ashley:            Strange Chocolate Pairings (DR)            3:00 Courtyard Cornhole (T)</p>	<p>27</p> <p>9:00 Morning Meeting (2nd)            9:15 Daily Chronicle (2nd)            10:00 Shaving Cream Marbling Craft (2nd)            2:30 Dining Demo with Chef Ashley:            Thai Foods (DR)            4:00 Price is Right (2nd)</p>	<p>28</p> <p>9:00 Morning Meeting (2nd)            9:15 Daily Chronicle (2nd)            10:00 Rosary (Ch)            11:00 Beginners Pinochle Club (2nd)            12:30 TED Talk: "<i>The Future of Aging</i>" (2nd)</p>	<p>29</p> <p>9:00 Morning Meeting (2nd)            9:15 Daily Chronicle (2nd)            10:00 Jerusalema Dance Practice (2nd)            12:30 Good Shepherd Garden Visit (OOB)            3:00 Memory Magic (2nd)            3:30 Jokes for Folks (1st)</p>	<p>30</p> <p>9:00 Morning Meeting (2nd)            9:15 Daily Chronicle (2nd)            10:00 Bonsai Tree Planting (2nd)            12:45 Back to the Fifties Dance Party (2nd)            2:30 Cardio Drumming (2nd)            3:30 Bottom Line Book Club (2nd)</p>	<p>April 2021</p>	