

Focus on Wellness

We are reopening our communities as we are now considered “fully-vaccinated” at each campus. We are excited to get out and enjoy the spring weather and focus on community, socialization and our physical & mental well-being.

A few highlights of our reopening include:

- Dining rooms & internal activities will remain open
- Salon & Therapy services will remain open
- Visitation available for family & friends
- Reduced testing & quarantines based on vaccination status
- Ongoing vaccine clinics available for new and existing residents and team members

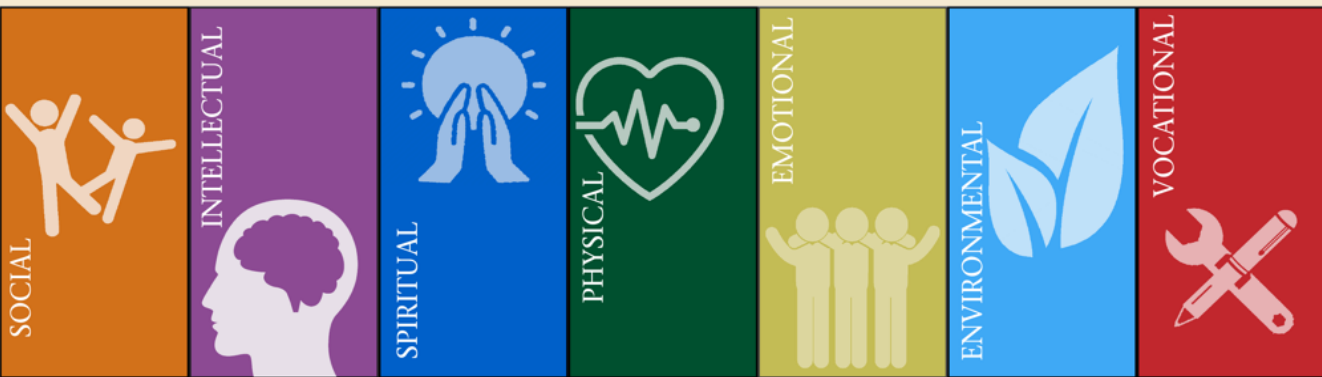
Drums

- Vaccine Clinic #3:
Thursday, April 1st



Providence Place SENIOR LIVING News

Q2: April 2021



Dimensions
of Wellness

Resident Birthdays

April

Catherine Hildebrand
Betty Porpiglia
RoseAnn Warner
Inge Skene
Doris Yurchak
Thomas Brogan
Jane Heisey
Norma Tapper
Bernadine Marusak
George Gombeda
Beverly Donahue

May

Eleanor Barth
Virginia Backora
Eugene Tokach
Jeanette Micene

June

Helen George
Joanne Bard
Vilma Scaran
Allen Welkie
Alfred Carl
Elizabeth Duffy
Douglas Skene
Lillian Curry

A Note from the Executive Director

It's beginning to look a lot like Spring, everywhere you go flowers are blooming and the sun is shining. After some extraordinary challenges, we are excited to reopen to family & friend visitors for our residents.

We have many plans for the warmer months, and I'm excited to see some normalcy throughout the community. Check out our calendar for all our exciting events this month. It really makes me feel good when I can sit on the front porch, take a walk, or assist with a puzzle just to spend some quality time with our residents.

As always, my team is here for any of your concerns or needs. Reach out anytime to chat.

Continue to stay safe, happy, and healthy and happiest of spring to all,

Best,

Kim Perchak

Executive Director

Highlighted Events

- 1 – **Vaccine Clinic #3**
- 3 – **Easter Egg Hunt @ 2:30pm**
- 11 – **Dance Performance**
Tracey's Academy of Dance @ 2:00pm
- 13 – **Sugar Scrub Craft with Kim**
@ 2:00pm
- 17 – **World Circus Day**
Travelling Extravaganza @ 9:30 am
Connections Club
- 18 – **“The Bee's Life”**
Educational presentation with Marla Sardo @ 2:30pm
- 18 – **Norma Tapper's 100 Trips around the Sun Celebration**
@ 9:30 am
Connections Club
- 23 – **Resident Meetings**
With David Leader @ 3 & 3:45 pm
- 28 – **Musical Entertainment**
John Steven's Polka Band @ 2:30pm

Welcome New Residents

Gerald Brekke
RoseAnn Warner




For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Calendar Key: ** Registration Required \$\$ Cost Involved Dining Room (DR), Chapel (Ch), 3rd Floor Sunroom (SR), First Floor (1st), Second Floor (2nd), Third Floor (3rd), Meet in Lobby (ML), Out of Building (OOB), Café (C)		1	2	3
				9:30 Balance in Action Exercise (2nd) 10:15 Hymn Sing (Ch) 1:30 Visits with Deacon Beverly (1st) 2:30 Ed-U Wellness Presentation: Facts & Treatments for Parkinson's (3rd) 3:30 April Fool "Fact or Foolery" Game (C) 6:30 Musical Performance By Pianist Jay Daniels (3rd) 6:30 Pinochle Players Club (3rd)	9:30 Strength Exercise (2nd) 10:00 Art Exploration: Sand Art (3rd) 10:30 Low Vision Club with Lori (2nd) 2:00 Good Friday Service With Deacon Beverly (Ch) 3:00 Movie Matinee: <i>Son of God</i> (2nd) 3:30 Finish the Phrase (3rd) 6:30 10-Cent LCR Dice Game (1st) Good Friday	9:30 Stretch Exercise (2nd) 10:00 Hymn Singalong (Ch) 10:30 Garden Club with Mary: April Project: Succulents Arrangements (3rd) 1:30 Confident Cruisers (ML) 2:00 Tracey's Academy of Dance (DR) 4:00 Word Puzzles & Cocktails (1st) 6:30 Boggle (1st)
4	5	6	7	8	9	10
9:00 TV Catholic Mass Service (3rd) 10:30 Sit & Be Fit Exercise (2nd) 11:00 Easter Celebration/Wine & Dine (DR) 1:30 Easter Worship Service (Ch) 2:45 Easter Flower Bingo (3rd) 4:00 iN2L: NEPA Spring Birds: Robin (3rd) 6:30 Knit & Crochet Club (3rd) Easter	9:30 Rosary (Ch) 10:00 Yoga Fitness by Bill (Ch) 10:30 Food For Thought: Taste of Spring: Asparagus & Radishes (C) 1:30 Music Class with Cynthia (2nd) 2:30 Circle of Friends (SR) 3:30 X-Box Sports (2nd) 6:30 Pinochle Players Club (3rd) 8:30 Men's Club: March Madness NCAA Championship Game (3rd)	9:30 Stretch Exercise (2nd) 10:00 Aromatherapy: Spring Scents: Bergamot (2nd) 10:30 Craft Club: Herb Planters (3rd) 1:30 Confident Cruisers (ML) 2:30 Bible Study with Deacon Beverly (3rd) 3:30 Community Life Committee Meeting (3rd) 6:30 Scrabble (1st)	9:30 Sit & Be Fit Exercise (2nd) 10:00 Rosary (Ch) 10:30 Diners Lunch Caravan: Vesuvio's Pizzeria**\$\$ (OOB) 1:45 Cooking Club: Spring Asparagus Salad (C) 2:45 Bingo (3rd) 4:00 Finish the Quote (1st) 6:30 Rummikub (1st)	9:30 Balance in Action Exercise (2nd) 10:00 Mass by Father Mike (Ch) 1:30 Hymn Sing with Deacon Beverly (3rd) 2:30 Ice Cream Sundae Social (3rd) 3:30 Welcome Ambassador Committee Meeting (3rd) 4:00 Crossword Challenge (3rd) 6:30 Pinochle Players Club (3rd)	9:30 Strength Exercise (2nd) 10:00 Therapy Dogs (1st) 10:30 Art Exploration: Sand Art (3rd) 1:30 Visits with Deacon Beverly (1st) 2:30 Virtual Presentation: National Cherry Blossom Festival (3rd) 3:30 Uncorked: Prosecco & Assorted Fruits (3rd) 6:30 10-Cent LCR Dice Game (1st)	9:30 Stretch Exercise (2nd) 10:00 Rosary (Ch) 10:30 Garden Club with Mary: Succulents Arrangements (3rd) 1:45 Country Ride** (OOB) 2:30 Movie Matinee: <i>Seven Brides for Seven Brothers</i> (2nd) 4:00 Spring Poems (3rd) 6:30 Connect Four (1st)
11	12	13	14	15	16	17
9:00 TV Catholic Mass Service (3rd) 10:30 Chair Zumba with Alyson (2nd) 11:00-1:00 Wine & Dine (DR) 1:30 Prayer Service with Deacon Bev (Ch) 2:45 Bingo (3rd) 4:00 iN2L: NEPA Spring Birds: Red-Winged Blackbird (3rd) 6:30 Knit & Crochet Club (3rd)	9:30 Rosary (Ch) 10:00 Yoga Fitness by Bill (Ch) 10:30 Technology Committee(3rd) 1:30 Trivia Challenge (3rd) 2:00 Providence Place Senior Living Employee Recognition Awards (1st) 3:00 Ramadan Lanterns (3rd) 6:30 Pinochle Players Club (3rd)	9:30 Stretch Exercise (2nd) 10:00 Retail Shopping: Boscov's**\$\$ (OOB) 10:30 Aromatherapy: Spring Scents: Peppermint (2nd) 2:00 Craft with ED Kim: Sugar Scrubs (2nd) 2:30 Circle of Friends (SR) 3:30 iN2L: Springtime Destinations: Hope Hill Lavender Farm (3rd) 6:30 Scrabble (1st)	9:30 Sit & Be Fit Exercise (2nd) 10:00 Hymn Sing (Ch) 10:30 Manicures (3rd) 1:45 Dessert & Discussion With Chef Ashley: Pecan Pie (DR) 2:45 Bingo (3rd) 4:00 April Birthday Celebration Dinner (DR) 6:30 Rummikub (1st)	9:30 Rosary (Ch) 10:00 Balance in Action Fitness Class By Genesis (2nd) 10:30 Health Focus: Benefits of Vitamin D (2nd) 1:30 Bible Study with Deacon Beverly (3rd) 2:30 Dining Service Committee Mtg. (3rd) 4:00 Finish the Phrase (3rd) 6:30 Pinochle Players Club (3rd)	9:30 Strength Exercise (2nd) 10:00 Art Exploration: Sand Art (3rd) 10:30 Low Vision Club with Lori (3rd) 1:30 Visits with Deacon Beverly (1st) 2:30 Red or Black Game (2nd) 3:30 Tech World & You: Email Troubleshooting (3rd) 4:00 Confident Cruisers (ML) 6:30 10-Cent LCR Dice Game (1st)	9:30 Stretch Exercise (2nd) 10:00 TED Talk & Discussion: <i>We Can Recycle Plastic</i> (3rd) 10:30 Garden Club with Mary: Succulents Arrangements (3rd) 1:45 Men's Club: X-Box Golf (2nd) 2:30 Movie Matinee: <i>A League of Their Own</i> (2nd) 4:00 Trivia Challenge (3rd) 6:30 Boggle (1st)
18	19	20	21	22	23	24
9:00 TV Catholic Mass Service (3rd) 10:00 Therapy Dogs (1st) 10:30 Chair Zumba with Alyson (2nd) 11:00-1:00 Wine & Dine (DR) 1:30 Prayer Service with Deacon Bev (Ch) 2:45 Bingo (3rd) 4:00 iN2L: NEPA Spring Birds: American Goldfinch (3rd) 6:30 Knit & Crochet Club (3rd)	9:30 Rosary (Ch) 10:00 Yoga Fitness by Bill (Ch) 10:30 X-Box Golf (2nd) 1:30 Music Class with Cynthia (2nd) 2:30 Ed-U Presentation: "The Bee's Life" by Marla Sardo (3rd) 3:30 Discuss & Learn: Spring 2021: Arrival of 17-Year Cicadas (3rd) 6:30 Pinochle Players Club (3rd)	9:30 Stretch Exercise (2nd) 10:00 Aromatherapy: Spring Scents: Frankincense (2nd) 10:30 Cooking Club: Carrot Cake Cookies (C) 1:30 Circle of Friends (SR) 2:30 Fun with Donny D's Karaoke (DR) 3:30 iN2L: Springtime Destinations: Longwood Gardens (3rd) 6:30 Scrabble (1st)	9:30 Shopping Run: Dollar Tree**\$\$ (OOB) 10:00 Sit & Be Fit Exercise (2nd) 10:30 Rosary (Ch) 1:45 Hymn Sing with Deacon Beverly (3rd) 2:45 Bingo (3rd) 3:30 Karaoke Singalong (3rd) 6:30 Rummikub (1st)	9:30 Clean Up at Butler Park** (OOB) 10:00 Coffee & Tea 101: Twinings Hibiscus Tea (C) 10:30 Pinecone Birdfeeders (3rd) 1:30 Balance in Action Exercise (2nd) 2:15 Dealing with Loss Support Group (SR) 3:00 Confident Cruisers: Walking Path Challenge (ML) 6:30 Pinochle Players Club (3rd) Earth Day	9:30 Strength Exercise (2nd) 10:00 Therapy Dogs (1st) 10:30 Art Exploration: Sand Art (3rd) 1:30 Visits with Deacon Beverly (1st) 3:00 Resident Meeting With David Leader (3rd) 3:45 Resident Meeting With David Leader (3rd) 6:30 10-Cent LCR Dice Game (1st)	9:30 Stretch Exercise (2nd) 10:00 Rosary (Ch) 10:30 Garden Club with Mary: Succulents Arrangements (3rd) 1:45 Country Ride** (OOB) 2:30 Movie Matinee: <i>The Sound of Music</i> (2nd) 4:00 Literary Character Spotlight: Elizabeth Bennet (3rd) 6:30 Boggle (1st)
25	26	27	28	29	30	
9:00 TV Catholic Mass Service (3rd) 10:30 Chair Zumba with Alyson (2nd) 11:00-1:00 Wine & Dine (DR) 1:30 Prayer Service with Deacon Bev (Ch) 2:45 Bingo (3rd) 4:00 iN2L: NEPA Spring Birds: Tufted Titmouse (3rd) 6:30 Knit & Crochet Club (3rd)	9:30 Rosary (Ch) 10:00 Yoga Fitness by Bill (Ch) 10:30 50's Singalong (3rd) 1:30 Circle of Friends (SR) 2:30 Chef's Pairings with Chef Ashley: Strange Chocolate Pairings (DR) 3:30 New Resident Cocktail Mixer (3rd) 6:30 Pinochle Players Club (3rd)	9:30 Stretch Exercise (2nd) 10:00 Aromatherapy: Spring Scents: Lemon (2nd) 10:30 Confident Cruisers (ML) 1:30 Art Exploration: Sand Art (3rd) 2:00 Dining Demo with Chef Ashley: Thai Foods (DR) 3:00 Fireside Chat Community Mtg. (1st) 6:30 Scrabble (1st)	9:30 Sit & Be Fit Exercise (2nd) 10:00 Rosary (Ch) 10:30 Cooking Club: Spinach Dip (C) 1:45 Bible Study with Deacon Beverly (3rd) 2:30 Musical Entertainment By John Stevens Polka Band (DR) 3:30 TED Talk & Discussion: <i>The Hidden Beauty of Pollination</i> (3rd) 4:00 iN2L: Brain Games (3rd) 6:30 Rummikub (1st)	9:30 Balance in Action Exercise (2nd) 10:00 Hymn Sing (Ch) 10:30 Craft Club: Spring Suncatchers (3rd) 1:30 Confident Cruisers (ML) 2:00 Celebration of Life Memorial Service (CH) 2:45 Bingo (3rd) 4:00 Baseball Trivia (3rd) 6:30 Pinochle Players Club (3rd)	9:30 Strength Exercise (2nd) 10:00 iN2L: Listen & Learn: PA State Tree: Eastern Hemlock (3rd) 10:30 Low Vision Club with Lori (3rd) 1:30 Visits with Deacon Beverly (1st) 2:00 Country Ride: Arbor Day Tree ID Walk At Nescopeck State Park** (OOB) 4:00 Spring Crossword Challenge (1st) 6:30 10-Cent LCR Dice Game (1st)	<h1>April</h1> <h1>2021</h1>