

Focus on Wellness

We are reopening our communities as we are now considered “fully-vaccinated” at each campus. We are excited to get out and enjoy the spring weather and focus on community, socialization and our physical & mental well-being.

A few highlights of our reopening include:

- Dining rooms & internal activities will remain open
- Salon & Therapy services will remain open
- Visitation available for family & friends
- Reduced testing & quarantines based on vaccination status
- Ongoing vaccine clinics available for new and existing residents and team members

Lancaster

All three rounds of vaccine clinics have been completed at our campus. Our pharmacy will be providing ongoing opportunities – please see your Executive Director for details!



Providence Place SENIOR LIVING News

Q2: April 2021

A Note from the Executive Director

They say April showers bring May flowers, and I hope that is true here in Lancaster! We have finished our community-wide vaccination process and look forward to continued reopening efforts.

Our Community life department is busy planning entertainers for the spring and summer seasons! We hope that you will visit with your loved ones for the upcoming holidays.

Spring is here and you know what that means - spring cleaning is upon us! When the community allows for in-apartment visitation, we ask that you assist your family member in apartment refreshes. It's easy for little things to begin to pile up such as mail, newspapers, and clothes.

Wishing you and your family a safe and healthy spring and we can't wait to see everyone out and about!

Best,

Donna O'Leary, Executive Director

Highlighted Events

- 2 – **Easter Festivities**
Church Service @ 1 pm
Easter Egg Decorating @ 3 pm
- 3 – **50's Music Dance Party @ 2 pm**
Connections
- 4 – **Easter Festivities**
Egg Hunt @ 2pm
Church Service @ 3 pm
- 5 – **Pottery Work @ 2pm**
- 13 – **Wildlife @ Gettysburg Battlefield**
By Terry Numyer @ 2 pm
- 20 – **Musical Entertainment**
Pianist & Show Tunes by
Bonnie Koonz @ 2 pm
- 30 – **Butterfly Garden Planting & EdU**
Lancaster Parks & Rec @ 2pm

Welcome New Residents

James Weaver



Dimensions
of Wellness

Resident Birthdays

April

Audrey Priga
Carl Heckert Sr.
Rosemarie Johnson
Claire St John
Dorothy Smith
Roberta Martini
Arlis Glenn
Harry George

May

John Drybred
Bernard Oracewski
Carl Hepler
James Weaver

June

Terrence Leonard
Mercedes Sadler
Barbara Mellish
Anna Myers
Elva Schmidt
Willie Whidbee
Elizabeth Crawford




For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
		Calendar Key: (TR) Therapy Room, (L) Lobby, (CH) Chapel, (AR) Activity Room, (GL) Governor's Lounge (TV75) Channel 75, (2FL) 2nd Floor (PR) Pool Table Room, (FP) Fireplace Room (OOB) Out of Building (1CK) 1st FL Country Kitchen ** Registration Required \$\$ Cost Involved			1 10:00 <i>GriefShare</i> (CH) 11:00 Wood Craft Painting (AR) 1:00 Biography of Eleanor Roosevelt (AR) 1:30 The Walking Club (TR) 2:00 LCR (CH) 3:00 Happy Hour (GL) 6:15 Special Movie : A. Hitchcock's MARNIE (CH)	2 9:45 Light Weights Workout (CH) 10:00 Art Project: April Showers (AR) 11:00 Word in a Word (CH) 1:00 Good Friday Church Service (CH) 1:30 Walking Club (TR) 2:00 Residents Activity Committee (CH) 3:00 Easter Egg Painting (AR) 6:00 Magazines & Coffee (AR) Good Friday	3 9:30 The Daily Chronicle (PR) 9:45 Deep Breathing & Mindfulness (CH) 10:00 Bible Reading (CH) 10:30 Bingo (CH) :00 Armchair Travels: Big Sur, CA (CH) 1:00 Rummikub Club with Willie (AR) 1:30 Walking Club (TR) 2:00 Guest Speaker: Katherine Martin & Polar :Our Seeing Eye Dog CH) 3:00 Word in a Word (CH) 6:00 Billiards (PR)
		4 11:00 Conductercise & Light Weights (CH) 11:30 Memory Boosters (CH) 1:00 Challenger Documentary: <i>The Final Flight #1</i> (CH) 1:30 The Walking Club (TR) 2:00 Resident Easter Egg Hunt (AR) 3:00 Easter Sunday Worship (CH) 3:30 Name 10 (CH) 6:15 Movie: <i>Swing Time</i> (CH) Easter	5 9:30 The Daily Chronicle (PR) 9:45 Mindful Movements (CH) 10:00 Mystery Monday (CH) 1:00 Devotions with Chaplain (CH) 1:30 The Walking Club (TR) 2:00 Art Exploration: The Pottery Works (1CK) 3:00 Catch Phrase (AR) 6:00 Connections Birthday Dance Party (2FL)	6 9:30 The Daily Chronicle (PR) 9:45 Be Fit – Don't Quit (CH) 10:00 Interview Your Neighbor (CH) 10:30 Circle Of Friends (CH) 1:00 A Tale of Two Sisters & Discussion: <i>Queen Elizabeth & Margaret</i> (CH) 1:30 The Walking Club (TR) 1:30 Country Ride (OOB) 3:00 Balloon Volleyball (CH) 6:15 Movie: <i>Across The Pacific</i> (CH)	7 9:45 Morning Stretches (CH) 10:00 Worship Service (CH) 10:30 Singing Seniors Choir (CH) 1:00 A Tale of Two sisters & Discussion : <i>Jackie O & Lee</i> (CH) N 1:30 The Walking Club (TR) 2:00 Bingo (CH) 3:00 Healthy Cooking Demo by Chef Jeff (CH) 6:15 Adult Coloring with Music (AR)	8 9:45 Seated Pilates for Painful Knees (CH) 10:00 <i>GriefShare</i> (CH) 11:00 Wood Craft Painting (AR) 1:00 Native American Pow Wow Documentary: Wacipi Pow Wow (CH) 1:00 The Walking Club (TR) 2:00 LCR (CH) 3:00 Happy Hour (GL) 6:30 Coffee & Chatter (AR)	9 9:45 Light Weights Workout (CH) 10:00 Art Project: April Showers (AR) 11:00 Joel Osteen (TV75) 1:00 Rummikub Club w Willie (AR) 1:30 Walking Club (TR) 2:00 Healthy Snack (AR) 3:00 Brain Games (CH) 6:00 Rummikub (AR)
11 11:00 Seated Pilates (CH) 11:30 Word in a Word (CH) 1:00 Challenger Documentary: <i>The Final Flight #2</i> (CH) 1:30 The Walking Club (TR) 2:00 Ice Cream Social (GL) 3:00 Worship Service (CH) 3:30 Story Lines: Remember This? (CH) 6:15 Movie: <i>They Drive By Night</i> (CH)	12 9:30 The Daily Chronicle (PR) 9:45 Mindful Movements (CH) 10:00 Mystery Monday (CH) 1:00 Devotions with Chaplain (CH) 1:30 The Walking Club (TR) 2:00 Society of Ice Cream Tasters (AR) 3:00 Brain Games (AR) 6:00 Adult Coloring (AR)	13 9:30 The Daily Chronicle (PR) 9:45 Strengthening Workout (CH) 10:00 Interview Your Neighbor (CH) 10:30 Circle Of Friends (CH) 1:00 A Tale of Two Sisters & Discussion : <i>Liza Minnelli & Lorna</i> (CH) 1:30 The Walking Club (TR) 2:00 Ed-U Presentation: Gettysburg Battlefield Wildlife by Terry Numyer (CH) 3:00 Balloon Volleyball (CH) 6:15 Movie: <i>Top Hat</i> (CH)	14 9:45 Stretches & Deep Breathing (CH) 10:00 Worship Service (CH) 10:30 Singing Seniors Choir (CH) 12:00 Men's Club Luncheon (CH) 1:00 A Tale of Two Sisters & Discussion : <i>Crimes of the Papin Sisters</i> (CH) 2:00 Tea & Conversation (AR) 2:30 Dining Committee Meeting (DR) 3:00 Bingo (CH) 6:15 Adult Coloring with Music (AR)	15 9:45 Seated Exercises for Arthritis (CH) 10:00 <i>GriefShare</i> (CH) 11:00 Wood Craft Painting (AR) 1:00 PBS Documentary: <i>Washington National Cathedral</i> (CH) 1:00 The Walking Club (TR) 2:00 LCR (CH) 3:00 Happy Hour (GL) 6:30 Dominoes (AR)	16 9:45 Light Weights Workout (CH) 10:00 Art Project: Spring Flowers (AR) 11:00 Billy Graham (TV75) 1:00 Rummikub Club with Willie (AR) 1:30 Walking Club (TR) 2:00 Fireside Chat with E.D. Donna (CH) 3:00 Brain Games (CH) 6:00 Coffee & Conversation (AR)	17 9:30 The Daily Chronicle (PR) 9:45 Morning Spirituals (CH) 10:00 Sunshine Workout (CH) 10:30 Collective Word Search (AR) 1:00 Secrets Of The Royals: Royal Traditions by British Royal Doc. (CH) 1:00 Rummikub Club with Willie (AR) 1:30 Walking Club (TR) 2:00 Happy Hour & Hot Appetizer (GL) 3:00 Bingo (CH) 6:00 Billiards (PR)	
18 11:00 Conductercise & Light Weights (CH) 11:30 Catch Phrase (CH) 1:00 Challenger Documentary: <i>The Final Flight #3</i> (CH) 1:30 The Walking Club (TR) 2:00 Ice Cream Social (GL) 3:00 Worship Service (CH) (TV75) 3:30 Memory Booster Games (CH) 6:15 Movie: <i>The Gay Divorcee</i> (CH)	19 9:30 The Daily Chronicle (PR) 9:45 Mindful Movements (CH) 10:00 Mystery Monday (CH) 1:00 Devotions with Chaplain (CH) 1:30 The Walking Club (TR) 2:00 Society of Ice Cream Tasters (AR) 3:00 Catch Phrase (AR) 6:00 Coffee & Chatter (AR)	20 9:30 The Daily Chronicle (PR) 9:45 Strengthening Workout (GL) 10:00 Interview Your Neighbor (CH) 10:30 Circle Of Friends (CH) 1:00 A Tale of Two Sisters & Discussion: <i>Abigail & Brittany - Conjoined Twins</i> (CH) 1:30 The Walking Club (TR) 2:00 <i>The Music Of Gershwin</i> by Bonnie Koonz (DR) 3:00 Balloon Volleyball (CH) 6:15 Movie: <i>Passage to Marseille</i> (CH)	21 9:45 Morning Stretches (CH) 10:00 Worship Service (CH) 10:30 Singing Seniors Choir (CH) 1:00 A Tale of Two Sisters /Discussion: <i>The Mitford Sisters: Jessica & Diane</i> (CH) 1:30 The Walking Club (TR) 2:00 Tea & Conversation (AR) 3:00 Bingo (CH) 6:15 Adult Coloring with Music (AR)	22 10:00 <i>GriefShare</i> (CH) 11:00 Wood Craft Painting (AR) 1:00 Earth Day Event: Scavenger Walk with Special Refreshments (OOB) (L) 2:00 LCR (CH) 3:00 Happy Hour (GL) 6:15 Special Feature: Hitchcock's <i>The Trouble with Harry</i> (CH) Earth Day	23 9:45 Light Weights Workout (CH) 10:00 Art Project :Spring Flowers(AR) 11:00 Dr Charles Stanley (TV75) 1:00 Rummikub Club with Willie (AR) 1:30 Walking Club (TR) 2:00 Healthy Snack (AR) 3:00 Brain Games (CH) 6:00 Coffee & Scrabble (AR)	24 9:30 Yoga Dance Moves for Seniors(TV75) 10:00 Billy Graham Crusade (TV75) 10:30 Collective Word Search (AR) 1:00 America's Book of Secrets: <i>Mysteries of the Pentagon</i> (CH) 1:00 Rummikub Club with Willie (AR) 1:30 Walking Club (TR) 2:00 Happy Hour with Hot Appetizer (GL) 3:00 Organist Gary Collier Musical Performance (CH) 6:00 Adult Coloring (AR)	
25 9:30 Seated Pilates for Seniors (TV75) 10:00 Joel Osteen (TV75) 11:00 Unscramble the Words (CH) 1:00 Challenger Documentary: <i>The Final Flight #4</i> (Last of Series) (CH) 1:30 The Walking Club (TR) 2:00 Ice Cream Social (GL) 3:00 Church with Pastor (CH) 3:30 Brain Games (CH) 6:00 Coffee & Conversation (AR)	26 9:30 The Daily Chronicle (PR) 9:45 Mindful Movements (CH) 10:00 Mystery Monday (CH) 1:00 Devotions with Chaplain (CH) 1:30 The Walking Club (TR) 2:00 Society of Ice Cream Tasters (AR) 3:00 Brain Games (AR) 6:00 Rummikub (AR)	27 9:30 The Daily Chronicle (PR) 9:45 Morning Exercises (GL) 10:00 Interview Your Neighbor CH) 10:30 Circle Of Friends (CH) 1:00 A Tale of Two Sisters & Discussion :Y <i>The Dann Sisters-Native American</i> (CH) 1:30 The Walking Club (TR) 1:30 Country Ride (OOB) 3:00 Balloon Volleyball (CH) 6:15 Movie: <i>Shall We Dance</i> (CH)	28 9:45 Stretches & Deep Breathing (CH) 10:00 Worship Service (CH) 10:30 Singing Seniors Choir (CH) 1:00 A Tale of Two Sisters & Discussion: <i>Anne Frank & Sue</i> (CH) 1:30 The Walking Club (TR) 2:00 Tea & Conversation (AR) 3:00 Bingo (CH) 6:15 Adult Coloring with Music (AR)	29 10: 00 <i>Griefshare</i> (CH) 11:00 Wood Craft Painting (AR) 1:00 History of Penn State: <i>Raise The Song</i> (CH) 2:00 LCR (CH) 3:00 Happy Hour (GL) 6:15 Special Movie: TBA (CH) Providence Place T-Shirt Day!	30 9:45 15 Minute Workout (CH) 10:00 Art Project: May Craft (AR) 11:00 Billy Graham Crusade (TV75) 1:00 Rummikub Club w Willie (AR) 2:00 Butterfly Garden Planting By Naturalist Lisa Sanchez from the Lancaster Parks & Recreation (L) 3:00 Name 10 (CH) 6:00 Dominoes & Coffee (AR)	<h1 style="text-align: center;">April</h1> <h1 style="text-align: center;">2021</h1>	