

Focus on Wellness

We are reopening our communities as we are now considered “fully-vaccinated” at each campus. We are excited to get out and enjoy the spring weather and focus on community, socialization and our physical & mental well-being.

A few highlights of our reopening include:

- Dining rooms & internal activities will remain open
- Salon & Therapy services will remain open
- Visitation available for family & friends
- Reduced testing & quarantines based on vaccination status
- Ongoing vaccine clinics available for new and existing residents and team members

Reopening Guidelines post-vaccine rev. 4/1/21	
*POV = Proof of Vaccination (Card & ID required) **NV = Not Vaccinated	
INTERNAL SETTING	<ul style="list-style-type: none"> - Dining rooms and Community Life Program to remain open - We will continue to observe social distancing, but will keep dining & programming open to support emotional well-being while quarantining any positive cases - Internal services to remain open (salon and therapy) - Vaccinated residents & staff continue to wear masks outside of apartment & dining room(s) - NV** residents must wear masks outside of apartment & dining room(s) - NV staff must wear mask and face shield or goggles throughout shift - PPE required for care for positive cases
VISITATION & OUTINGS	<ul style="list-style-type: none"> - Off-campus outings & family visits permitted for residents - No quarantine after resident with POV* visits to family - NV residents will need to complete a 2-day quarantine and subsequent rapid test for off-campus outings or family visits - Visitation to residents is available in each community - Families can schedule visits to campus designated area(s) for shared apartments and Connections Neighborhood - Open visitation available in private & couples apartments (no scheduling needed) - No mandatory quarantine periods for fully-vaccinated residents - New residents with POV do not need to quarantine at move-in - New NV residents will complete a 2-day quarantine and subsequent rapid test - Additional quarantine necessary only if test is positive
TESTING & MONITORING	<ul style="list-style-type: none"> - Surveillance testing quantities will vary based on county positivity rates per DHS - A positive staff member must complete at-home quarantine - A positive resident will be quarantined & monitored for up to 14 days - We will monitor county positivity rates and adjust precautions as appropriate - CDC and DPH recommendations will be carefully monitored during these re-opening efforts and we will communicate any changes - New residents or team members can receive the vaccine from our pharmacy at each community

*Above guidelines are subject to Pennsylvania state mandates & procedures.



Providence Place SENIOR LIVING News

Q2: May 2021

A Note from the Executive Director

98% of our residents are now fully-vaccinated, which allows for more visitation and a sense of normalcy. It is wonderful to see so many familiar faces back in our community. We can definitely feel a more positive vibe from everyone. Our pharmacy will continue to assist in getting new residents and co-workers vaccinated. We will continue to test residents and coworkers per the guidelines of the Department of Health.

As we continue our change to Assisted Living licensure, administrative staff will be reaching out to each of you to sign an updated contract that reflects the shift to service levels as well as new language reflecting Assisted Living verbiage and structure.

This past year has certainly presented its challenges. Now we are seeing the light at the end of the tunnel and the future looks bright! Community Life programming is becoming more vibrant as we are able to hold larger group events and invite entertainers back. Please check out the calendar and highlights for all that is being offered and be sure to get involved.

Warmest regards,

Holly Townsend, Executive Director

Highlighted Events

- 8 – **Black Gap Art Festival**
@ 1:30pm (featuring resident art work)
- 11 – **Mother’s Day Brunch**
@ 10am
- 21 – **Dessert Caravan: Meadows Frozen Custard @ 2pm**
- 26 – **Olive Garden Lunch Outing**
@ 11:30am
- 31 – **Memorial Day BBQ**
Outdoor lunch & Games
Musical entertainment by Rick Olsen

Welcome New Residents

Peggy McNew
Ruth Hain
Carl Miller



*Dimensions
of Wellness*

Resident Birthdays

May

Joan Knepp
Dorothy Miley
Dolores Gaughenbaugh
Richard Boyer
Charmaine West
Frances Cordell
Linda Adcock

James Frank
Kenneth Stilts
Edeltrud Polk
Beverly Brackbill
Joel Brown
Alice Foor
Bennett Bittinger

June

Shirley Eberly
Delores Gilbert
Dorothy Simms
Peggy Dewire
Alice Stilts
Miriam Gilland




For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
						1 9:00 Light & Lively Exercise (3E) 10:00 Prize Bingo (2A) 1:30 Stair Stepper Exercise (3E) 2:00 Kentucky Derby Social (P) 2:00 Helping Hands Club: Coupons For Troops (C) 3:00 Horseshoes (3E) 6:00 Kentucky Derby Viewing (Ch. CBS)	
2 9:00 Light & Lively Exercise (3E) 10:00 Aromatherapy and Nails (2A) 11:00 –12:30 Wine and Dine (DR) 2:00 Musical Entertainment by Bryan Herber (2A) 3:00 Game Club: Scattergories (C) 6:30 Televised Evening Worship (Ch. 68) 7:00 Televised Catholic Service (Ch. 291)	3 9:00 Light & Lively Exercise (3E) 9:30 Wii Bowling League (3E) 10:00 Garden Club (FL) 1:30 Seated Chair Exercises (2A) 2:00 iN2L:101 (2A) 3:00 iN2L: Nickel Bingo\$\$ (2A) 6:30 Virtual Evening Worship Service Presented by Fellow Residents (2A)	4 9:00 Balloon Ball Exercise (3E) 9:45 Shopping Trip: Walmart **\$(OOB) 1:30 Balance & Action (3E) 1:30 Acrylic Canvas Paintings (C) 1:30 Bible Study with Joan (PDR) 3:00 Helping Hands: Decorate for Cinco De Mayo Super Social (P) 6:00 Wii Bowling League Practice (3E)	5 9:00 Light & Lively Exercise (3E) 9:30 Wii Bowling League (3E) 10:00 Garden Club (FL) 1:30 Genesis Workout (2A) 1:30 Art: Pottery (C) 2:00 Cinco de Mayo Fiesta (P) 3:00 Horseshoes (3E) 6:00 Game Club: Sequence (2A)	6 9:00 Strengthening Stretches (3E) 10:00 Cooking Creation: Blueberry Lemon Blondies (C) 1:30 Balance & Action (3E) 1:30 Art Exploration Mixed Media (C) 3:00 Special Edition Mothers Day Prize Bingo (2A) All Welcome 6:00 Horseshoes (3E)	7 9:00 Light & Lively Exercise (3E) 9:30 Wii Bowling League (3E) 10:00 Prize Bingo (2A) 1:30 Balance & Action (3E) 2:00 May Birthday Celebrations (P) 3:00 Community Life Planning Committee (P) 6:00 Movie Night: <i>The Light Keepers</i> (3A)	8 9:00 Light & Lively Exercise (3E) 9:30 Wii Bowling League (3E) 10:00 Walk & Roll Walking Club (FL) 1:30 Black Gap Art Festival Featuring Resident Art Work **\$(OOB) 2:00 Billiards (3E) 3:00 Game Club: Sequence (2A) 6:00 Blitz with Ruth (2A)	
9 9:00 Light & Lively Exercise (3E) 10:00 Aromatherapy and Nails (2A) 11:00 –12:30 Wine and Dine (DR) 2:00 Mother's Day Ice Cream Sundae Bar (P) 3:00 Horseshoes (3E) 6:30 Televised Evening Worship (Ch. 68) 7:00 Televised Catholic Service (Ch. 291) Mother's Day	10 9:00 Light & Lively Exercise (3E) 10:00 Garden Club (FL) 1:30 Balance & Action (3E) 2:00 iN2L: Armed Forces Tributes (2A) 3:00 iN2L: Providence Place Summer Olympics Jeopardy Practice (2A) 6:30 Virtual Evening Worship Service Presented by Fellow Residents (2A)	11 9:00 Balloon Ball Exercise (3E) 10:00 Honoring Mother's Mothers Day Brunch (P)(3A) 1:30 Balance & Action (3E) 1:30 Acrylic Canvas Paintings (C) 1:30 Bible Study with Joan (PDR) 3:00 Financial Security Presented by F&M Trust Bank– Session 2 (2A) 6:00 Wii Bowling Practice (3E)	12 9:00 Stretch & Hold Exercise (3E) 9:30 Wii Bowling League (3E) 10:00 Dining Committee Meeting (DR) 1:30 Balance & Action (3E) 1:30 Musical Entertainment by Jessica Snyder (2A) 2:30 Kitchen Creation: Apple Pie (C) 6:00 Blitz with Ruth (2A)	13 9:00 Strengthening Stretches (3E) 10:00 Garden Club (C) 10:00 Dance Class with Jess (FL) 1:30 Balance & Action (3E) 1:30 Art Exploration Mixed Media (C) 2:00 National Apple Pie Day Social (P) 3:00 Card Club: UNO (2A) 6:00 Horseshoes (3E)	14 9:00 Light & Lively Exercise (3E) 10:00 Walk & Roll Walking Club Outside Walking Path (FL) 1:30 Balance & Action (3E) 2:00 Nickel Bingo \$\$ (2A) 3:00 Men's Club: Horseshoes Outdoors (LD) 6:00 Movie Night: <i>Dreamer</i> (3A)	15 9:00 Light & Lively Exercise (3E) 10:00 Helping Hands Club: Coupon For Troops (C) 1:30 Stair Stepper Exercise (3E) 2:00 Prize Bingo (2A) 3:00 Wii Bowling Practice (3E) 6:30 Musical Entertainment by Tresa Day (2A) Armed Forces Day	
16 9:00 Light & Lively Exercise (3E) 10:00 Aromatherapy and Nails (2A) 11:00 –12:30 Wine and Dine (DR) 2:00 Garden Club (FL) 3:00 Game Club: Scrabble (C) 6:30 Televised Evening Worship (Ch. 68) 7:00 Televised Catholic Service (Ch. 291)	17 9:00 Light & Lively Exercise (3E) 10:00 Garden Club (C) 1:30 Seated Chair Exercises (2A) 2:00 iN2L: Roaring Through the Century : Indianapolis 500 (2A) 3:00 iN2L: Providence Place Summer Olympics Jeopardy Practice (2A) 6:30 Virtual Evening Worship Service Presented by Fellow Residents (2A)	18 9:00 Balloon Ball Exercise (3E) 9:45 Shopping Trip and Lunching Out: Ollies, TJ Max and Bonanza**\$(OOB) 1:30 Acrylic Canvas Paintings (C) 1:30 Bible Study with Joan (PDR) 3:00 Horseshoes (3E) 6:00 Game Club: Sequence (2A)	19 9:00 Stretch & Hold Exercise (3E) 10:00 Nickel Bingo\$(2A) 10:00 Walk & Roll Walking Club Outside Walking Path (FL) 1:30 Balance & Action (3E) 2:00 Fireside Chat (2A) 3:00 Interview Your Neighbor Social (P) 6:00 Franklin County Library Bookmobile Exchange (L)	20 9:00 Strengthening Stretches (3E) 9:30 Renfrew Museum Private Tour and Presentation**\$(OOB) 1:30 Balance & Action (3E) 1:30 Art Exploration Mixed Media (C) 2:00 Matt Dodd Presents Musically on American Heroes (2A) 3:00 Chef Demo: Fresh Pasta (C) 6:00 Blitz with Ruth (2A)	21 9:00 Light & Lively Exercise (3E) 10:00 Nickel Bingo\$(2A) 1:30 Balance & Action (3E) 2:00 Dessert Caravan: Meadows Frozen Custard **\$(OOB) 3:00 Hymnal Fellowship Resident Singing Group (2A) 6:00 Movie Night: <i>I'll See You In My Dreams</i> (3A)	22 9:00 Light & Lively Exercise (3E) 9:30 Wii Bowling League (3E) 10:00 Walk & Roll Walking Club Outside Walking Path (FL) 1:30 Stair Stepper Exercise (3E) 2:00 Prize Bingo (2A) 3:00 Garden Club(C) 6:00 Horseshoes (3E)	
23 9:00 Light & Lively Exercise (3E) 10:00 Aromatherapy and Nails (2A) 11:00 –12:30 Wine and Dine (DR) 2:00 Root Beer Float Social (C) 3:00 Game Club: Scrabble (C) 6:30 Televised Evening Worship (Ch. 68) 7:00 Televised Catholic Service (Ch. 291) Pentecost	24 9:00 Light & Lively Exercise (3E) 10:00 Garden Club (C) 1:30 Balance & Action (3E) 2:00 iN2L: Documentary Memorial Day (2A) 3:00 iN2L: Prize Bingo (2A) 6:30 Virtual Evening Worship Service Presented by Fellow Residents (2A)	25 9:00 Balloon Ball Exercise (3E) 9:45 Shopping Trip: Dollar Tree **\$(OOB) 1:30 Balance & Action (3E) 1:30 Acrylic Canvas Paintings (C) 1:30 Bible Study with Joan (PDR) 3:00 Walk & Roll Walking Club Outside Walking Path (FL) 6:00 Blitz with Ruth (2A)	26 9:00 Stretch & Hold Exercise (3E) 10:00 Signature Sun Hats with Master Crafter Bobbi (SP) 11:00 Signature Sun Hat Photo Shoot (SP) 11:30 Lunch Out: Olive Garden**\$(OOB) 2:00 Balance & Action (3E) 3:00 Blood Pressure Clinic (2A) 6:00 Horseshoes (3E)	27 9:00 Strengthening Stretches (3E) 10:00 Dance Class with Jess (FL) 1:30 Balance & Action (3E) 1:30 Art Exploration Mixed Media (C) 2:00 Nickel Bingo \$(2A) 3:00 Garden Club (C) 3:00 Chef Pairing: Spanish Wines/Tapas (P) 6:00 Wii Bowling Practice (3E)	28 9:00 Light & Lively Exercise (3E) 10:00 Cooking Creation: Rainbow Cakes (C) 1:30 Balance & Action (3E) 2:00 New Resident Welcome Committee Meeting (P) 3:00 Garden Club (C) 6:00 Movie Night: <i>The Book Club</i> (3A)	29 9:00 Light & Lively Exercise (3E) 10:00 Prize Bingo (2A) 10:00 Walk & Roll Walking Club Outside Walking Path (FL) 1:30 Stair Stepper Exercise (3E) 2:00 Tie Dye Masks *(C) 3:00 Game Club: Scrabble (C) 6:00 Horseshoes (3E)	
30 9:00 Light & Lively Exercise (3E) 10:00 Aromatherapy and Nails (2A) 11:00 –12:30 Wine and Dine (DR) 2:00 National Creative Day Social (P) 3:00 Game Club: Sequence 6:30 Televised Evening Worship (Ch. 68) 7:00 Televised Catholic Service (Ch. 291)	31 9:00 Light & Lively Exercise (3E) 10:00 Walk & Roll Walking Club (FL) 11:00-3:00 Memorial Day BBQ : Outdoor Lunch & Games with Musical Entertainment by Rick Olsen (OOB) 6:30 Virtual Evening Worship Service (2A) Memorial Day	Calendar Key: Pub (P), Café (C), 2nd Floor Activity Room (2A), 3rd Floor Activity Room (3A), 3rd Floor Exercise Room (3E), Front Lobby (FL), Side Porch (SP), Dining Room (DR), Loading Dock (LD), Library (L), Private Dining Room (PDR), Out of Building (OOB) **Registration Required, \$\$ Cost Involved					<h1 style="font-size: 48px; margin: 0;">May 2021</h1>