

Focus on Wellness

We are reopening our communities as we are now considered “fully-vaccinated” at each campus. We are excited to get out and enjoy the spring weather and focus on community, socialization and our physical & mental well-being.

A few highlights of our reopening include:

- Dining rooms & internal activities will remain open
- Salon & Therapy services will remain open
- Visitation available for family & friends
- Reduced testing & quarantines based on vaccination status
- Ongoing vaccine clinics available for new and existing residents and team members

Reopening Guidelines post-vaccine	
rev. 4/1/21	
POV = Proof of Vaccination (Card & ID required) *NV = Not Vaccinated	
INTERNAL SETTING	<ul style="list-style-type: none"> • Dining rooms and Community Life Program to remain open - We will continue to observe social distancing, but will keep dining & programming open to support emotional well-being while quarantining any positive cases • Internal services to remain open (salon and therapy) • Vaccinated residents & staff continue to wear masks outside of apartment & dining room(s) - NV** residents must wear masks outside of apartment & dining room(s) - NV staff must wear mask and face shield or goggles throughout shift - PPE required for care for positive cases
VISITATION & OUTINGS	<ul style="list-style-type: none"> • Off-campus outings & family visits permitted for residents - No quarantine after resident with POV* visits to family - NV residents will need to complete a 2-day quarantine and subsequent rapid test for off-campus outings or family visits • Visitation to residents is available in each community - Families can schedule visits to campus designated area(s) for shared apartments and Connections Neighborhood - Open visitation available in private & couples apartments (no scheduling needed) • No mandatory quarantine periods for fully-vaccinated residents • New residents with POV do not need to quarantine at move-in - New NV residents will complete a 2-day quarantine and subsequent rapid test - Additional quarantine necessary only if test is positive
TESTING & MONITORING	<ul style="list-style-type: none"> • Surveillance testing quantities will vary based on county positivity rates per DHS - A positive staff member must complete at-home quarantine - A positive resident will be quarantined & monitored for up to 14 days • We will monitor county positivity rates and adjust precautions as appropriate - CDC and ODH recommendations will be carefully monitored during these re-opening efforts and we will communicate any changes • New residents or team members can receive the vaccine from our pharmacy at each community

*Above guidelines are subject to Pennsylvania state mandates & procedures.



Providence Place

SENIOR LIVING

News

Q2: May 2021



Dimensions of Wellness

Resident Birthdays

May

Holly Arentz
Nancy Folker
Joann Bollinger
Austin Fringer
Marian Cline
Alene Meckley
Theresa Marsh
Mary Lou Taylor
Delores Brillhart

John Harman
Betty Eveler
Truman Geesey
Shirley Lucabaugh
Betty Ruppert

June

June May
Catherine Miller
Rosemary Polons
Max Walasek
Bernadine Tomlinson
Warren Miller

A Note from the Executive Director

We welcome the warmer weather here in Dover with open arms! Now that our campus is fully-vaccinated, please take advantage of the outside spaces when you have visits with family and friends.

Don't forget the great walking trail that goes around the building. Be on the lookout for some benches to take breaks while you are walking – and make sure to check out and utilize our center courtyard. We have new seating areas and will be holding socials and gardening clubs in the courtyard. See the activity calendar for details.

With continuing gratitude, I would like to thank everyone for their patience and understanding during the past year. Visitors are now welcome, just make sure guests check-in at the front desk. All visits must be in your private apartment or outside, please no visits in common areas unless designated appointment has been established.

Our staff would be more than happy to continue to assist with virtual visits such as FaceTime, Zoom, and Skype. Keep an eye on the activity calendar for trips out and about in the community

Thank you for your cooperation, we are so happy to see brighter days as we move towards regularity once again!

Howard Holben, Executive Director

Highlighted Events

- 4 – **May the 4th Star Wars Craft Connections**
- 5 – **Cinco de Mayo Celebration**
- 9 – **Mother's Day Social @ 1:30pm**
- 13 – **Virtual Sight & Sound Show & Dinner @ 4pm**
- 27 – **Fireside Chat with Howard @ 1:30pm**
- 30 – **Musical Entertainment @ 2pm**
- 31 – **Memorial Day Social @ 3pm**

Welcome New Residents

Connie Hoff
Russel Grim
Gloria Hively
William Wendel
Max Walasek



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	THE Club					<p>9:30 Daily Chronicle Reading (CR/CH) 9:45 Danish and Discussion (CR/CH) 10:15 Resistance Band Stretching (CR/CH) 1:30 Club Country Ride (LB) OOB 1:30 Appreciation Club: Care Bags for Local Fire Fighters (AR) 3:00 Ice Cream Social (AR) 6:00 Bingo (AR)</p>	
<p>9:30 Daily Chronicle Reading (CR/CH) 9:45 Sunday Scripture and Song (CR/CH) 10:30 Light Stretching (CR/CH) 1:30 Outdoor Patio Games (CY) 3:00 Church Service with Pastor (CR/CH) 3:00 Uno Card Game (AR) 6:15 Veteran's Club (P) 6:15 Card Club 500 (AR)</p>	<p>9:30 Daily Chronicle Reading (CR/CH) 9:45 Memories in the Making (CR/CH) 10:00 Presentation River Petroglyphs (AR) 10:30 Card Crunch Fitness (CR/CH) 1:30 Bingo (CR/CH) 3:00 Manicures and Music (CR/CH) 6:15 Rumikub (AR)</p>	<p>9:30 Daily Chronicle Reading (CR/CH) 9:45 Celebrity Spotlight (CR/CH) 10:00 Grief Share Support Group (P) 10:30 Imagery Fitness (CR/CH) 1:30 Social with Friends (CN) 1:30 Circle of Friends (P) 3:00 Bingo (AR) 4:00 Men's Club Trip: Colony Park Lanes Bowling** (OOB)</p>	<p>9:30 Daily Chronicle Reading (P) 9:45 Walk/Exercise on the Porch (LB) 10:00 Church Service with Pastor (CR/CH) 10:00 Crafting :Fairy Gardens (AR) 1:15 Uno Card Game (CR/CH) 3:00 Fruit Salad Social (CY) 6:15 Knit Pickers (AR)</p>	<p>9:30 Daily Chronicle Reading (CR/CH) 9:45 iN2L Fitness (CR/CH) 10:00 Bible Study (PUB) 10:15 iN2L Explore the World (CR/CH) 1:30 Social with Friends (CN) 2:30 Happy Hour (P) 3:00 Hymn Sing with Pastor (CR/CH)</p>	<p>9:30 Daily Chronicle Reading (CR/CH) 9:45 Create a Card (CR/CH) 10:00 Chef's Food Demo (AR) 10:15 Fitness Dice (CR/CH) 1:30 Recycle and Reuse Project (CR/CH) 3:00 Root Beer Social (100 Hall Patio) 6:15 Table Top Games (AR)</p>	<p>9:30 Daily Chronicle Reading (CR/CH) 9:45 Danish and Discussion (CR/CH) 10:15 Resistance Band Stretching (CR/CH) 1:30 Bingo (CR/CH) 3:00 Musical Entertainment with Mic (P) 6:15 Rumikub (AR)</p>	
<p>9:30 Daily Chronicle Reading (CR/CH) 10:00 Mothers Day Brunch (CN) 1:30 Mother's Day Social (100 Hall Patio) 3:00 Church Service with Pastor (CR/CH) 6:15 Widow to Widower (CR/CH)</p> <p style="text-align: center;">Mother's Day</p>	<p>9:30 Daily Chronicle Reading (CR/CH) 9:45 Finish the Phrase (CR/CH) 10:30 Card Crunch Fitness (CR/CH) 1:30 Bingo (CR/CH) 3:00 Manicures and Music (CR/CH) 6:15 Pinochle (AR)</p>	<p>9:30 Daily Chronicle Reading (CR/CH) 9:45 Celebrity Spotlight (CR/CH) 10:00 Grief Share Support Group (P) 10:30 Imagery Fitness (CR/CH) 1:30 Social with Friends (CN) 1:30 Circle of Friends (P) 1:30 Armchair Travel: Japan (CR/CH) 2:30 Happy Hour (P) 6:00 Dinner Caravan: Brewvino ** (OOB)</p>	<p>9:30 Daily Chronicle Reading (P) 9:45 Walk/Exercise on the Porch (LB) 10:00 Church Service with Pastor (CR/CH) 10:00 Crafting: Sunflower Wreath (AR) 1:15 Chase the Ace (CR/CH) 3:00 Jingo (AR) 6:15 Knit Pickers (AR)</p>	<p>9:30 Daily Chronicle Reading (CR/CH) 9:45 iN2L Fitness (CR/CH) 10:00 Bible Study (PUB) 10:15 iN2L Explore the World (CR/CH) 1:30 Social with Friends (CN) 1:30 Bingo (CR/CH) 3:00 Hymn Sing with Pastor (CR/CH) 4:00 Virtual Sight and Sound & Dinner **\$\$ (CR/CH)</p>	<p>9:30 Daily Chronicle Reading (P) 9:45 Poetry Reading (DRP) 10:00 Church Service with Pastor (CR/CH) 1:30 Bingo (CR/CH) 3:00 Milk Shake Social (P) 6:15 Rumikub (AR)</p>	<p>9:30 Daily Chronicle Reading (CR/CH) 9:45 Danish and Discussion (CR/CH) 10:15 Resistance Band Stretching (CR/CH) 1:30 Club Country Ride (LB) OOB 3:00 Root Beer Float Social (AR) 6:00 Bingo (AR)</p> <p style="text-align: center;">Armed Forces Day</p>	
<p>9:30 Daily Chronicle Reading (CR/CH) 9:45 Sunday Scripture and Song (CR/CH) 10:30 Light Stretching (CR/CH) 1:30 Outdoor Patio Games (CY) 3:00 Church Service with Pastor (CR/CH) 3:00 Poker (AR) 6:15 Veterans Club (P)</p>	<p>9:30 Daily Chronicle Reading (CR/CH) 9:45 Memory Magic (CR/CH) 10:00 Presentation The Nazi Regime (AR) 10:30 Card Crunch Fitness (CR/CH) 1:15 Name this Object (CR/CH) 2:00 Wellness Presentation Benefits of Exercise (AR) 6:15 Pinochle (AR)</p>	<p>9:30 Daily Chronicle Reading (CR/CH) 9:45 Celebrity Spotlight (CR/CH) 10:00 Day Excursion to Gettysburg **\$(OOB) 10:00 Grief Share Support Group (P) 10:30 Imagery Fitness (CR/CH) 1:30 Social with Friends (CN) 1:30 Bingo (AR)</p>	<p>9:30 Daily Chronicle Reading (P) 9:45 Walk/Exercise on the Porch (LB) 10:00 Church Service with Pastor (CR/CH) 10:00 Crafting: Gem Stone Suncatcher (AR) 1:15 Help Your Neighbor (CR/CH) 3:00 Ice Cream Social (QY) 6:15 Knit Pickers (AR)</p>	<p>9:30 Daily Chronicle Reading (CR/CH) 9:45 iN2L Fitness (CR/CH) 10:00 Bible Study (PUB) 10:15 iN2L Explore the World (CR/CH) 1:30 Social with Friends (CN) 2:30 Super Happy Hour: The Flintstones (CR/CH) 3:00 Hymn Sing with Pastor (CR/CH) 4:15 Pizza and Movie Night ** (CR/CH)</p>	<p>9:30 Daily Chronicle Reading (CR/CH) 9:45 Spring Time Words (CR/CH) 10:00 Chef's Food Pairing (AR) 10:15 Fitness Dice (CR/CH) 1:30 Bingo (CR/CH) 3:00 Music with Thomas (100 Hall Patio) 6:15 Table Top Games (AR)</p>	<p>9:30 Daily Chronicle Reading (CR/CH) 9:45 Danish and Discussion (CR/CH) 10:15 Resistance Band Stretching (CR/CH) 1:30 Bingo (CR/CH) 3:00 Strawberry Sundae Social (CY) 6:15 Rumikub (AR)</p>	
<p>9:30 Daily Chronicle Reading (CR/CH) 9:45 Sunday Scripture and Song (CR/CH) 10:30 Light Stretching (CR/CH) 1:30 Outdoor Patio Games (CY) 3:00 Church Service with Pastor (CR/CH) 3:00 Kings in the Corner Cards (AR) 6:15 Widow to Widowers Club (P)</p> <p style="text-align: center;">Pentecost</p>	<p>9:30 Daily Chronicle Reading (CR/CH) 9:45 Time Slip Discussion (CR/CH) 10:30 Card Crunch Fitness (CR/CH) 1:30 Bingo (CR/CH) 3:00 Manicures and Music (CR/CH) 6:15 Pinochle (AR)</p>	<p>9:30 Daily Chronicle Reading (CR/CH) 9:45 Celebrity Spotlight (CR/CH) 10:00 Grief Share Support Group (P) 10:00 Presentation on Bullying (AR) 10:00 Day Excursion: Baltimore Zoo**\$\$ (OOB) 1:30 Pokeno (AR) 1:30 Social with Friends (CN) 2:30 Happy Hour (P) 6:15 Bingo (AR)</p>	<p>9:30 Daily Chronicle Reading (P) 9:45 Walk/Exercise on the Porch (LB) 10:00 Church Service with Pastor (CR/CH) 10:00 Crafting: Patriotic Painting (AR) 1:15 LCR Dice Game (CR/CH) 3:00 Creative Writing (CR/CH) 6:15 Knit Pickers (AR)</p>	<p>9:30 Daily Chronicle Reading (CR/CH) 9:45 iN2L Fitness (CR/CH) 10:00 Bible Study (PUB) 10:15 iN2L Explore the World (CR/CH) 1:30 Social with Friends (CN) 2:00 Bingo (CR/CH) 3:00 Hymn Sing with Pastor (CR/CH) 4:30 Order In Dinner: Chinese**\$\$ (AR)</p>	<p>9:30 Daily Chronicle Reading (CR/CH) 9:45 Club Luncheon Prep (P) 10:15 Fitness Dice (CR/CH) 11:30 Outdoor Dining Experience: Club Luncheon (DRP) 1:30 Wood Ladder Ball Game (CY) 3:00 Flower Jingo (CR/CH) 6:15 Rumikub (AR)</p>	<p>9:30 Daily Chronicle Reading (CR/CH) 9:45 Danish and Discussion (CR/CH) 10:15 Resistance Band Stretching (CR/CH) 1:30 Club Country Ride (LB) OOB 1:30 Appreciation Club: Snacks for Employees (AR) 3:00 Fruit Smoothie Social (AR)</p>	
<p>9:30 Daily Chronicle Reading (CR/CH) 9:45 Sunday Scripture and Song (CR/CH) 10:30 Light Stretching (CR/CH) 1:30 Timed Trivia (P) 2:00 Music Entertainment (P) 3:00 Church Service with Pastor (CR/CH) 6:15 Resident Run Game (AR)</p>	<p>9:30 Daily Chronicle Reading (CR/CH) 9:45 Hidden Words (CR/CH) 10:30 Card Crunch Fitness (CR/CH) 1:15 Last Monday of the Month Movie (CR/CH) 3:00 Memorial Day Social (CY)</p> <p style="text-align: center;">Memorial Day</p>	<p>Calendar Key: ** Registration Required \$\$ Cost Involved CR/CH-Community Room/ Chapel CY-Court Yard 100 Hall Patio-100 Hall Patio P-Pub CN-Connections Neighborhood AR-Activity Room LB-Lobby OOB-out of building</p>					<p style="text-align: center; font-size: 2em;">May 2021</p> <p style="text-align: center;">Events & Programs are Subject to Change</p>