

Focus on Wellness

We are reopening our communities as we are now considered “fully-vaccinated” at each campus. We are excited to get out and enjoy the spring weather and focus on community, socialization and our physical & mental well-being.

A few highlights of our reopening include:

- Dining rooms & internal activities will remain open
- Salon & Therapy services will remain open
- Visitation available for family & friends
- Reduced testing & quarantines based on vaccination status
- Ongoing vaccine clinics available for new and existing residents and team members

Reopening Guidelines post-vaccine	
rev. 4/1/21	
POV = Proof of Vaccination (Card & ID required) *NV = Not Vaccinated	
INTERNAL SETTING	<ul style="list-style-type: none"> • Dining rooms and Community Life Program to remain open - We will continue to observe social distancing, but will keep dining & programming open to support emotional well-being while quarantining any positive cases • Internal services to remain open (salon and therapy) • Vaccinated residents & staff continue to wear masks outside of apartment & dining room(s) - NV** residents must wear masks outside of apartment & dining room(s) - NV staff must wear mask and face shield or goggles throughout shift - PPE required for care for positive cases
VISITATION & OUTINGS	<ul style="list-style-type: none"> • Off-campus outings & family visits permitted for residents - No quarantine after resident with POV* visits to family - NV residents will need to complete a 2-day quarantine and subsequent rapid test for off-campus outings or family visits • Visitation to residents is available in each community - Families can schedule visits to campus designated area(s) for shared apartments and Connections Neighborhood - Open visitation available in private & couples apartments (no scheduling needed) • No mandatory quarantine periods for fully-vaccinated residents • New residents with POV do not need to quarantine at move-in - New NV residents will complete a 2-day quarantine and subsequent rapid test - Additional quarantine necessary only if test is positive
TESTING & MONITORING	<ul style="list-style-type: none"> • Surveillance testing quantities will vary based on county positivity rates per DHS - A positive staff member must complete at-home quarantine - A positive resident will be quarantined & monitored for up to 14 days • We will monitor county positivity rates and adjust precautions as appropriate - CDC and DPH recommendations will be carefully monitored during these re-opening efforts and we will communicate any changes • New residents or team members can receive the vaccine from our pharmacy at each community

*Above guidelines are subject to Pennsylvania state mandates & procedures.



Providence Place

SENIOR LIVING

News

Q2: May 2021

A Note from the Executive Director

We welcome the warmer weather here in Dover with open arms! Now that our campus is fully-vaccinated, please take advantage of the outside spaces when you have visits with family and friends.

Don't forget the great walking trail that goes around the building. Be on the lookout for some benches to take breaks while you are walking – and make sure to check out and utilize our center courtyard. We have new seating areas and will be holding socials and gardening clubs in the courtyard. See the activity calendar for details.

With continuing gratitude, I would like to thank everyone for their patience and understanding during the past year. Visitors are now welcome, just make sure guests check-in at the front desk. All visits must be in your private apartment or outside, please no visits in common areas unless designated appointment has been established.

Our staff would be more than happy to continue to assist with virtual visits such as FaceTime, Zoom, and Skype. Keep an eye on the activity calendar for trips out and about in the community

Thank you for your cooperation, we are so happy to see brighter days as we move towards regularity once again!

Howard Holben, Executive Director

Highlighted Events

- 4 – **May the 4th Star Wars Craft Connections**
- 5 – **Cinco de Mayo Celebration**
- 9 – **Mother's Day Social @ 1:30pm**
- 13 – **Virtual Sight & Sound Show & Dinner @ 4pm**
- 27 – **Fireside Chat with Howard @ 1:30pm**
- 30 – **Musical Entertainment @ 2pm**
- 31 – **Memorial Day Social @ 3pm**

Welcome New Residents

- Connie Hoff
- Russel Grim
- Gloria Hively
- William Wendel
- Max Walasek



Dimensions of Wellness

Resident Birthdays

May

Holly Arentz
Nancy Folker
Joann Bollinger
Austin Fringer
Marian Cline
Alene Meckley
Theresa Marsh
Mary Lou Taylor
Delores Brillhart

John Harman
Betty Eveler
Truman Geesey
Shirley Lucabaugh
Betty Ruppert

June

June May
Catherine Miller
Rosemary Polons
Max Walasek
Bernadine Tomlinson
Warren Miller




For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
						1 9:30 Chair Exercise (AR) 10:00 Pastries and Weekly News (AR) 10:45 Trivia: May 1 World Traditions (AR) 1:30 Appreciation Club: Care Bags for Fire Fighters (AR) 3:00 Ice Cream Social (AR) 6:00 Bingo (AR)	
2 9:30 Chair Exercise (AR) 10:00 Jingo (AR) 11:00 Trivia (AR) 1:30 Outdoors Patio Games (QY) 3:00 Church Service - Pastor Armando (CR) 3:00 Uno (AR) 6:15 Veterans Club (PUB) 6:15 Card Club: 500 (AR)	3 9:30 Chair Exercise (AR) 10:00 Edu - Presentation: the Susquehanna River Petroglyphs presented by Bart Hawk (AR) 11:00 Community Life Meeting (AR) 1:30 Wii Bowling (AR) 3:00 Manicures and Wine (AR) 4:00 Balance Class (FR) 6:15 Rummikub (AR)	4 9:30 Chair Exercise (AR) 10:00 Grief Share Support Group (PUB) 10:30 Yoga by Alison (FR) 11:15 Ambassador New Resident Luncheon (P) 1:30 Circle of Friends (P) 1:30 Nature Walk on Path (OOB) 3:00 Bingo (AR) 4:00 Men's Club: Colony Park Lanes Bowling**\$\$ (OOB)	5 9:30 Chair Exercise (AR) 10:00 Church Service with Pr Armando (CR) 10:00 Craft Corner: Fairy Garden (AR) 1:30 Catholic Resident Meeting (P) 1:30 Bingo (AR) 3:00 Fruit Salad Social (QY) 3:00 Nature Walking Path (OOB) 4:00 Balance Class (FR) 6:15 Knit Pickers (AR)	6 9:30 Chair Exercise (AR) 10:00 Bible Study (P) 10:00 Technology 1:1 - Zoom (AR) 11:00 Lunch Caravan: Olive Garden**\$\$ (OOB) 1:30 Bingo (AR) 2:30 Musical Happy Hour with Dan Martin (P) 3:00 Hymn Sing with Pastor Armando (CR) 4:00 Balance Class (FR)	7 9:30 Chair Exercise (AR) 10:00 Chef's Food Demo (AR) 10:15 Market Run: Aldi**\$\$ (OOB) 1:30 Jingo (AR) 1:30 Nature Walking Path (OOB) 3:00 Root Beer Float Social (100 Hall P.) 4:00 Balance Class (FR) 4:00 Wine & Dine (DR) 6:15 Table Top Games (AR)	8 9:30 Chair Exercise (AR) 10:00 Pastries and weekly News (AR) 10:45 Trivia (AR) 1:30 Bingo (AR) 3:00 Musical Entertainment: with Mick Cockran (P) 3:00 Poker (AR) 6:15 Rummikub (AR)	
9 9:30 Chair Exercise (AR) 10:00 Bingo (AR) 1:30 Mother's Day Social (100 Hall Patio) 3:00 Church Service - Pastor Armando (CR) 6:15 Widow to Widower (CR) 6:15 Card Club: 500 (AR) Mother's Day	10 9:30 Chair Exercise (AR) 10:00 IN2L - Brain Teasers (AR) 11:00 Community Life Meeting (AR) 1:30 Bingo (AR) 3:00 Manicures and Wine (AR) 4:00 Balance Class (FR) 6:15 Pinochle (A/R)	11 9:30 Chair Exercise (AR) 10:00 Grief Share Support Group (PUB) 10:00 Uno (AR) 10:30 Yoga by Alison (FR) 1:30 Armchair Travel: Japan (AR) 2:30 Happy Hour (PUB) 4:00 Balance Class (FR) 6:00 Dinner Caravan: Brewino**\$\$ (OOB)	12 9:30 Chair Exercise (AR) 10:00 Craft Corner: Sunflower Wreath (AR) 1:30 Garden Therapy with Sue McDowell (AR) 3:00 Jingo (AR) 4:00 Balance Class (FR) 6:15 Knit Pickers (AR)	13 9:30 Chair Exercise (AR) 10:00 Bible Study (P) 10:00 Poker (AR) 1:30 Bingo (AR) 3:00 Hymn Sing with Pastor Armando (CR) 4:00 Virtual Sight and Sound Show & Dinner**\$\$ (CR)	14 9:30 Chair Exercise (AR) 10:00 Church Service by Pr Armando (CR) 10:15 Market Run: Weis**\$\$ (OOB) 1:30 Bingo (AR) 1:30 Nature Walk on Path (OOB) 3:00 Milkshake Social (PUB) 4:00 Balance Class (FR) 4:00 Wine & Dine (AR) 6:15 Rummikub (AR)	15 9:30 Chair Exercise (AR) 10:00 Pastries and weekly News (AR) 10:45 Armed Forces Trivia (AR) 1:30 Nature Walking Path (OOB) 3:00 Root Beer Float Social (AR) 6:00 Bingo (AR) Armed Forces Day	
16 9:30 Chair Exercise (AR) 10:00 Pokeno (AR) 11:00 Trivia (AR) 1:30 Outdoor Patio Games (QY) 3:00 Church Service - Pastor Armando (CR) 3:00 Poker (AR) 6:15 Veteran's Club (P) 6:15 Card Club: 500 (AR)	17 9:30 Chair Exercise (AR) 10:00 Edu- Presentation: The Educational System Under Hitler's Nazi Regime by Eleanor Issacson (AR) 1:30 Bingo (AR) 2:00 Wellness presentation by DOW Hailey Freeman: Benefits of Exercise and Fitness Awareness (AR) 3:00 Manicures and Wine (AR) 4:00 Balance Class (FR) 6:15 Rummikub (AR)	18 9:30 Chair Exercise (AR) 10:00 Grief Share Support Group (PUB) 10:00 Day Excursion: Gettysburg Cyclorama**\$\$ (OOB) 10:00 Penny Ante (AR) 10:30 Yoga by Alison (FR) 1:30 Bingo (AR) 3:00 The Price is Right (AR) 4:30 Men's Club: Hot Dog Roast (QY)	19 9:30 Chair Exercise (AR) 10:00 Church Service with Pr Armando (CR) 10:00 Craft Corner: Gem Stone Suncatcher (AR) 1:30 Bingo (AR) 2:30 Welcome Ambassador Committee (AR) 3:00 Ice Cream Social (QY) 3:00 Nature Walk on Path (OOB) 4:00 Balance Class (FR) 6:15 Knit Pickers (AR)	20 9:30 Chair Exercise (AR) 10:00 Bible Study (P) 10:00 Bingo (AR) 2:30 Super Happy Hour: The Flintstones (P) 3:00 Hymn Sing with Pastor Armando (CR) 3:45 Balance Class (FR) 4:15 Movie & Pizza Night** (CR) 6:15 Rummikub (AR)	21 9:30 Chair Exercise (AR) 10:00 Chef's Food Pairing (AR) 10:15 Market Run: Dollar Tree**\$\$ (OOB) 1:30 Bingo (AR) 3:00 Musical Entertainment featuring Thomas Schulz (100 Hall Patio) 4:00 Balance Class (FR) 4:00 Wine & Dine (DR) 6:15 Table Top Games (AR)	22 9:30 Chair Exercise (AR) 10:00 Pastries and Weekly News (AR) 10:15 Hangman (AR) 1:30 Bingo (AR) 3:00 Strawberry Sunday Social (QY) 6:15 Rumikub (AR)	
23 9:30 Chair Exercise (AR) 10:00 Bingo (AR) 11:00 Pentecost Trivia (AR) 1:30 Outdoor Patio Games (QY) 3:00 Church Service - Pastor Armando (CR) 3:00 Kings in the Corner (P) 6:15 Widow to Widowers (P) 6:15 Card Club: 500 (AR) Pentecost	24 9:30 Chair Exercise (AR) 10:00 IN2L - Brain Teasers (AR) 11:00 Community Life Meeting (AR) 1:30 Pokeno (AR) 3:00 Manicures and Wine (AR) 4:00 Balance Class (FR) 6:15 Pinochle (AR)	25 9:30 Chair Exercise (AR) 10:00 Grief Share Support Group (P) 10:00 Ed-U Presentation: <i>Bullying at any Age</i> by Jamie Benedict (AR) 10:00 Day Excursion: The Maryland Zoo in Baltimore**\$\$ (OOB) 10:30 Yoga by Alison (FR) 1:30 Pokeno (AR) 2:30 Happy Hour (PUB) 4:00 Balance Class (AR) 6:15 Bingo (AR)	26 9:30 Chair Exercise (AR) 10:00 Church Service with Pr Armando (CR) 10:00 Craft Corner: Patriotic Painting (AR) 1:30 Garden Therapy with Sue McDowell (AR) 3:00 Pokeno (AR) 4:00 Balance Class (FR) 6:15 Knit Pickers (AR)	27 9:30 Chair Exercise (AR) 10:00 Bible Study (P) 10:00 Poker (AR) 10:00 Shopping Trip: Kohls**\$\$ (OOB) 1:30 Fireside Chat with Howard (AR) 2:00 Bingo (AR) 3:00 Hymn Sing with Pastor Armando (CR) 3:00 Nature Walk on Path (OOB) 4:30 Order In Dinner: Chinese**\$\$ (AR) 6:15 Games (AR)	28 9:30 Chair Exercise (AR) 10:00 Bingo (AR) 10:15 Market Run: Walmart**\$\$ (OOB) 1:30 Wood Ladder Ball Game (QY) 2:00 Residents Meet Chef (AR) 4:00 Balance Class (FR) 4:00 Wine & Dine (DR) 6:15 Rummikub (AR)	29 9:30 Chair Exercise (AR) 10:00 Pastries and Weekly News (AR) 10:45 Trivia (AR) 1:30 Appreciation Club: Snacks for Employees (AR) 3:00 Fruit Smoothie Social (QY) 6:00 Bingo (AR)	
30 9:30 Chair Exercise (AR) 10:00 Bingo (AR) 11:00 Trivia (AR) 2:00 Musical Entertainment with the Singing Mayor Chuck (100 Hall Patio) 3:00 Church Service - Pastor Armando (CR) 3:00 Lemonade Social (QY) 6:15 Veteran's Club (P)	31 9:30 Chair Exercise (AR) 10:00 Memorial Day Trivia (AR) 1:30 Jingo (AR) 3:00 Memorial Day Social (QY) 6:15 Rummikub (AR) Memorial Day	Calendar Key: (AR) Activities Room, (DR) Dining Room (FR) Fitness Room, (P) Pub (CR) Community Room, (CR) Court Yard (OOB) Out of the Building ** Registration Required, \$\$ Cost Involved					May