

Focus on Wellness

We are reopening our communities as we are now considered “fully-vaccinated” at each campus. We are excited to get out and enjoy the spring weather and focus on community, socialization and our physical & mental well-being.

A few highlights of our reopening include:

- Dining rooms & internal activities will remain open
- Salon & Therapy services will remain open
- Visitation available for family & friends
- Reduced testing & quarantines based on vaccination status
- Ongoing vaccine clinics available for new and existing residents and team members

Reopening Guidelines post-vaccine rev. 4/1/21	
<small>*POV = Proof of Vaccination (Card & ID required) **NV = Not Vaccinated</small>	
INTERNAL SETTING	<ul style="list-style-type: none"> - Dining rooms and Community Life Program to remain open - We will continue to observe social distancing, but will keep dining & programming open to support emotional well-being while quarantining any positive cases - Internal services to remain open (salon and therapy) - Vaccinated residents & staff continue to wear masks outside of apartment & dining room(s) - NV** residents must wear masks outside of apartment & dining room(s) - NV staff must wear mask and face shield or goggles throughout shift - PPE required for care for positive cases
VISITATION & OUTINGS	<ul style="list-style-type: none"> - Off-campus outings & family visits permitted for residents - No quarantine after resident with POV* visits to family - NV residents will need to complete a 2-day quarantine and subsequent rapid test for off-campus outings or family visits - Visitation to residents is available in each community - Families can schedule visits to campus designated area(s) for shared apartments and Connections Neighborhood - Open visitation available in private & couples apartments (no scheduling needed) - No mandatory quarantine periods for fully-vaccinated residents - New residents with POV do not need to quarantine at move-in - New NV residents will complete a 2-day quarantine and subsequent rapid test - Additional quarantine necessary only if test is positive
TESTING & MONITORING	<ul style="list-style-type: none"> - Surveillance testing quantities will vary based on county positivity rates per DHS - A positive staff member must complete at-home quarantine - A positive resident will be quarantined & monitored for up to 14 days - We will monitor county positivity rates and adjust precautions as appropriate - CDC and DOH recommendations will be carefully monitored during these re-opening efforts and we will communicate any changes - New residents or team members can receive the vaccine from our pharmacy at each community

*Above guidelines are subject to Pennsylvania state mandates & procedures.



Providence Place SENIOR LIVING News

Q2: May 2021

A Note from the Executive Director

It's beginning to look a lot like Spring, everywhere you go flowers are blooming and the sun is shining. After some extraordinary challenges, we are excited to reopen to family & friend visitors for our residents.

We have many plans for the warmer months, and I'm excited to see some normalcy throughout the community. Check out our calendar for all our exciting events this month. It really makes me feel good when I can sit on the front porch, take a walk, or assist with a puzzle just to spend some quality time with our residents.

As always, my team is here for any of your concerns or needs. Reach out anytime to chat.

Continue to stay safe, happy, and healthy and happiest of spring to all,

Best,

Kim Perchak

Executive Director

Highlighted Events

- 1 – **Community Celebration: Talent Show @ 2pm**
- 4 – **Men's Club @ 1:30pm**
- 5 – **Cinco de Mayo Super Social @ 2pm with Kevin Duffy**
- 13 – **TED Talk: What Makes a Good Life? @ 10:30am**
- 22 – **Men's Outing to Little League Baseball game @ 12:30pm**
- 31 – **Memorial Day Outdoor Picnic @ 11am**



*Dimensions
of Wellness*

Resident Birthdays

May

Eleanor Barth
Virginia Backora
Eugene Tokach
Jeanette Micene

June

Helen George
Joanne Bard
Vilma Scaran
Allen Welkie
Alfred Carl
Elizabeth Duffy
Douglas Skene
Lillian Curry



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com

Welcome New Residents

Conrad Amend
Ramon Santiago
Inge Skene

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	THE Club					1 9:00 Morning Meeting & Chronicle (2nd) 9:30 May Day Puzzles IN2L (2nd) 10:00 Talent Show Preparations (2nd) 2:00 Community Celebration: Talent Show (DR) 6:00 Kentucky Derby Happy Hour (3rd)
2 9:00 TV Catholic Mass Service (3rd) 10:30 Chair Zumba by Alyson (2nd) 1:00 Bottom Line Book Club (2nd) 2:00 iN2L Broadway: <i>Camelot</i> (2nd) 3:00 Guided Spiritual Meditation (SR) 4:00 Front Porch Travels (OOB) 6:30 Knit & Crochet Club (3rd)	3 9:00 Morning Meeting & Chronicle (2nd) 9:30 Rosary (Ch) 10:00 Yoga Fitness by Bill (Ch) 11:00 Beginners Pinochle Club (C) 2:30 Music 101 Class by Cynthia (T) 3:30 Brain Connections Café (SR) 6:30 Pinochle Players Club (3rd)	4 9:00 Morning Meeting & Chronicle (2nd) 10:00 Discovery Wellness (SR) 2:30 Culinary Kitchen: Italian Biscuit Cookies (T) 3:30 Connections Club Planning Committee Meeting (3rd) 4:00 Games Club: Charades (ML) 6:30 Scrabble (1st)	5 9:00 Morning Meeting & Chronicle (2nd) 9:30 Canvas Paintings: Stippling of Cherry Trees (2nd) 10:00 Rosary (Ch) 2:00 Cinco de Mayo Super Social featuring Impressionist Kevin Duffy (2nd) 3:30 Nature Appreciation Walk (T) 6:00 Happy Hour: Margaritas & Trivia (1st)	6 9:00 Morning Meeting & Chronicle (2nd) 10:00 Mass with Father Mike (Ch) 10:30 Country Scenic Ride (OOB) 1:30 iN2L: <i>On the Farm</i> (2nd) 2:00 Community Excursion: <i>Frosty Oaks Stables</i> (OOB) 3:30 Welcome Ambassador Committee Meeting (3rd) 6:30 Pinochle Players Club (3rd)	7 9:00 Morning Meeting & Chronicle (2nd) 10:00 Culinary Kitchen: Banana Bread Cookies (C) 12:30 Table Tennis (2nd) 1:30 Reading Roundtable: Fabulous Forties (2nd) 3:30 Olympics Activities Meeting (3rd) 4:30 Coffee Trivia (ML)	8 9:00 Morning Meeting & Chronicle (2nd) 10:00 Rosary (Ch) 10:30 Hand Crafted: Paper Painting (2nd) 11:00 Brain Crunches: iN2L 2:30 Yard Games (T) 3:30 Donation Station: Collection for Goodwill Industries (2nd) 6:30 Connect Four (1st)
9 9:00 Catholic Mass Service (3rd) 10:00 <i>I Remember Mama</i> Tea Social (C) 11:30 Bottom Line Book Club (2nd) 1:30 Prayer Service with Deacon Bev (Ch) 2:30 Fresh Flower Arranging (T) 3:30 Guided Spiritual Meditation (SR) 6:30 Knit & Crochet Club (3rd) Mother's Day	10 9:00 Morning Meeting & Chronicle (2nd) 9:30 Rosary (Ch) 10:00 Yoga Fitness by Bill (Ch) 11:00 Jigsaws, Words, & Numbers (SR) 1:00 Gifts of Song: 1950's (2nd) 3:00 Poetry: <i>Unleash the Power of Age</i> (2nd) 6:30 Pinochle Players Club (3rd)	11 9:00 Morning Meeting & Chronicle (2nd) 10:00 iN2L Discuss & Recall (3rd) 1:00 Adult Reading Round Table: <i>Fabulous Fifties</i> (2nd) 2:30 Wild West Social (T) 4:00 Front Porch Travels (OOB) 6:30 Scrabble (1st)	12 9:00 Morning Meeting & Chronicle (2nd) 9:30 Shopping Trip: Dollar Tree \$\$ (OOB) 1:00 Creative Writing: Letter to a Friend (2nd) 2:00 Ed-U Presentation: Mountain & Coal Mining by Jay Smar (DR) 4:00 Games Club: Charades (ML) 6:30 Rummikub (1st)	13 9:00 Morning Meeting & Chronicle (2nd) 10:00 Music 101 Class with Cynthia (T) 11:00 <i>Slice of the Pie</i> Courtyard Pizza Party (T) 1:00 Stone Art Work (2nd) 2:00 Coin Rollers (2nd) 3:00 iN2L: Suzie Q (2nd) 6:30 Pinochle Players Club (3rd)	14 9:00 Morning Meeting & Chronicle (2nd) 10:00 Companion K9 Visits With Therapy Alliance (1st) 11:00 Mahjong Beginners Club (2nd) 12:30 Nature Appreciation Walk (OOB) 2:30 Raspberry Lemonade Smoothies (C) 3:30 Pennsylvania Trivia (ML) 6:30 Boggle (1st)	15 9:00 Morning Meeting & Chronicle (2nd) 9:30 Craft Corner: Patriotic Stars (2nd) 10:30 Songs of the Spirit: Red, White and Blue (2nd) 2:00 Dance Performance by Tracey's Academy of Dance (DR) 3:30 Honoring Veterans (1st) 6:30 Movie: <i>The Longest Day</i> (2nd) Armed Forces Day
16 9:00 TV Catholic Mass Service (3rd) 10:30 Interviews with a Neighbor (T) 1:00 Bottom Line Book Club (2nd) 2:00 iN2L Broadway: <i>Oklahoma</i> (2nd) 3:30 Guided Spiritual Meditation (SR) 6:30 Knit & Crochet Club (3rd)	17 9:00 Morning Meeting & Chronicle (2nd) 9:30 Rosary (Ch) 10:00 Yoga Fitness by Bill (Ch) 11:00 Lunch Out: Picnic at Lake Irena Park (OOB) 1:30 Music 101 Class with Cynthia (2nd) 6:30 Pinochle Players Club (3rd)	18 9:00 Morning Meeting & Chronicle (2nd) 9:30 Providence Place Team Member Appreciation Cards (2nd) 2:30 Paint & Sip with Meghan (T) 3:30 Game Club: Name That Tune (1st) 6:30 Scrabble (1st)	19 9:00 Morning Meeting & Chronicle (2nd) 10:00 Rosary (Ch) 10:30 Self Care: A Spiritual Journey (3rd) 3:15 Tea on the Veranda Social (OOB) 6:30 Rummikub (1st)	20 9:00 Morning Meeting & Chronicle (2nd) 9:30 Rosary (Ch) 10:30 Cardio Drumming Exercise (2nd) 12:30 Cranium Crunches (1st) 2:30 Dining Service Committee (3rd) 3:00 Nature Appreciation Walk (T) 6:30 Pinochle Players Club (3rd)	21 9:00 Morning Meeting & Chronicle (2nd) 9:30 Hand Crafted: Ink Blot Art (2nd) 10:15 Spring Brunch: Cheddar & Chive Biscuits (C) 12:30 Reading Round Table: 1960s (2nd) 1:30 iN2L Jukebox (2nd) 4:00 New Resident Cocktail Mixer (1st) 6:30 Boggle (1st)	22 9:00 Morning Meeting & Chronicle (2nd) 10:00 Rosary (Ch) 10:30 Courtyard Games (T) 12:30 Current Events (C) 1:30 Painting Class with Jennie Perez (3rd) 3:00 Finishing Lines...(1st) 6:30 Movie: <i>The Secret Garden</i> (2nd)
23 9:00 Catholic Mass Service (3rd) 10:00 Nature Appreciation Walk (OOB) 10:30 Twenty Questions (T) (Porch) 1:00 Bottom Line Book Club (2nd) 2:00 iN2L Broadway: <i>Chicago</i> (2nd) 3:30 Comedy Porch Lounge (OOB) 6:30 Knit & Crochet Club (3rd) Pentecost	24 9:00 Morning Meeting & Chronicle (2nd) 9:30 Rosary (Ch) 10:00 Yoga Fitness by Bill (Ch) 1:30 Hand Crafted: Butterfly Garden Oasis (2nd) 2:30 Art Educational Presentation from Hazleton Art League by Ali McKittrick, ED (2nd) 6:30 Pinochle Players Club (3rd)	25 9:00 Morning Meeting & Chronicle (2nd) 9:30 iN2L Exploration: <i>Dance of the Butterfly</i> (2nd) 10:00 TimeSlips: Metamorphosis (2nd) 1:45 Ed-U Presentation: The Butterfly Guy a.k.a. Rick Mikula (3rd) 3:30 U.S. Dept of Treasury: Changing Times (1st) 6:30 Scrabble (1st)	26 9:00 Morning Meeting & Chronicle (2nd) 9:30 Celebrating of Gene Tokach: <i>86 Trips Around the Sun</i> (2nd) 10:00 Rosary (Ch) 1:30 Brandon's Forever Home: Operation Duffel Bag (2nd) 2:00 Shopping Trip: Ollies \$\$ (OOB) 3:30 Jigsaws, Words, & Numbers (SR) 6:30 Musical Entertainment by Pianist Jay Daniels (3rd)	27 9:00 Morning Meeting & Chronicle (2nd) 9:30 Beginner's Pinochle Club (2nd) 10:00 Sharpening Senses (2nd) 11:00 Dining Caravan: Mary's Diner \$\$ (OOB) 2:30 Craft with Kim (2nd) 3:30 <i>Dance the Moon Away</i> Dramatic Monologue (2nd) 6:30 Pinochle Players Club (3rd)	28 9:00 Morning Meeting & Chronicle (2nd) 9:30 iN2L: National Inventors (2nd) 10:00 Companion K9 Visits With Therapy Alliance (1st) 10:30 Hand Crafted: Flower Pops (2nd) 12:30 iN2L: <i>Coral Reef Rescue</i> <i>Home of the Sea</i> (2nd) 1:30 Reading Round Table: Wisdom Moments (2nd) 6:30 10-Cent LCR Dice Game (1st)	29 9:00 Morning Meeting & Chronicle (2nd) 10:00 Rosary (Ch) 2:00 Floral Cupcake Decorating (DR) 3:00 Planting the Seeds: Gardening and Tea (T) 4:00 Summertime Trivia (1st) 6:30 Movie Night: <i>Mrs. Doubtfire</i> (2nd)
30 9:00 TV Catholic Mass Service (3rd) 9:30 Country Scenic Ride (OOB) 10:30 Chair Zumba with Alyson (2nd) 1:30 Prayer Service with Deacon Bev (Ch) 2:30 Memorial Day Musical Entertainment by Greg Palmer (DR) 6:30 Knit & Crochet Club (3rd)	31 9:00 Morning Meeting & Chronicle (2nd) 9:30 Rosary (Ch) 10:00 Yoga Fitness by Bill (Ch) 11:00 Memorial Day Picnic (Patio) 1:30 Circle of Friends (2nd) 6:30 Pinochle Players Club (3rd) Memorial Day	Calendar Key: (1st) First Floor, (2nd) Second Floor (3rd) Third Floor, (T) Terrace (Ch) Chapel, (SR) Sun Room, (C) Connections Neighborhood (OOB) Out of Building, (ML) Main Lobby ** Registration Required \$\$ Cost Involved				
						May 2021