

Focus on Wellness

We are reopening our communities as we are now considered “fully-vaccinated” at each campus. We are excited to get out and enjoy the spring weather and focus on community, socialization and our physical & mental well-being.

A few highlights of our reopening include:

- Dining rooms & internal activities will remain open
- Salon & Therapy services will remain open
- Visitation available for family & friends
- Reduced testing & quarantines based on vaccination status
- Ongoing vaccine clinics available for new and existing residents and team members

Reopening Guidelines post-vaccine rev. 4/1/21	
<small>*POV = Proof of Vaccination (Card & ID required) **NV = Not Vaccinated</small>	
INTERNAL SETTING	<ul style="list-style-type: none"> • Dining rooms and Community Life Program to remain open - We will continue to observe social distancing, but will keep dining & programming open to support emotional well-being while quarantining any positive cases • Internal services to remain open (salon and therapy) • Vaccinated residents & staff continue to wear masks outside of apartment & dining room(s) - NV** residents must wear masks outside of apartment & dining room(s) - NV staff must wear mask and face shield or goggles throughout shift - PPE required for care for positive cases
VISITATION & OUTINGS	<ul style="list-style-type: none"> • Off-campus outings & family visits permitted for residents - No quarantine after resident with POV* visits to family - NV residents will need to complete a 2-day quarantine and subsequent rapid test for off-campus outings or family visits • Visitation to residents is available in each community - Families can schedule visits to campus designated area(s) for shared apartments and Connections Neighborhood - Open visitation available in private & couples apartments (no scheduling needed) • No mandatory quarantine periods for fully-vaccinated residents • New residents with POV do not need to quarantine at move-in - New NV residents will complete a 2-day quarantine and subsequent rapid test - Additional quarantine necessary only if test is positive
TESTING & MONITORING	<ul style="list-style-type: none"> • Surveillance testing quantities will vary based on county positivity rates per DHS - A positive staff member must complete at-home quarantine - A positive resident will be quarantined & monitored for up to 14 days • We will monitor county positivity rates and adjust precautions as appropriate - CDC and DPH recommendations will be carefully monitored during these re-opening efforts and we will communicate any changes • New residents or team members can receive the vaccine from our pharmacy at each community

*Above guidelines are subject to Pennsylvania state mandates & procedures.

Q2: May 2021

A Note from the Executive Director

They say April showers bring May flowers, and I hope that is true here in Lancaster! We have finished our community-wide vaccination process and look forward to continued reopening efforts.

Our Community life department is busy planning entertainers for the spring and summer seasons! We hope that you will visit with your loved ones at some of these upcoming holidays and to enjoy the weather.

Spring is here and you know what that means - spring cleaning is upon us! When the community allows for in-apartment visitation, we ask that you assist your family member in apartment refreshes. It's easy for little things to begin to pile up such as mail, newspapers, and clothes.

Wishing you and your family a safe and healthy spring and we can't wait to see everyone out and about!

Best,

Donna O'Leary, Executive Director

Highlighted Events

- 5 – Healthy Cooking Demo with Chef Jeff @ 2pm
- 9 – Mother's Day Social @ 2 pm
- 17 – Nature Scavenger Hunt @ 3 pm
- 19 – Veteran's/Men's Lunch @ 12pm
- 30 – Memorial Day Ceremony @ 2pm
- 31 – Memorial Day Happy Hour @ 2:30pm



Dimensions of Wellness

Resident Birthdays

May

John Drybred
Bernard Oracewski
Carl Hepler
James Weaver

June

Terrence Leonard
Mercedes Sadler
Barbara Mellish
Anna Myers
Elva Schmidt
Willie Whidbee
Elizabeth Crawford




For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<p>1</p> <p>9:30 The Daily Chronicle (PR) 9:45 Quick Strengthening Workout (CH) 10:00 Quick Crafts (AR) 1:00 Rummikub Club with Willie (AR) 1:00 PBS: <i>Abandoning The Titanic Secrets of the Dead</i> (CH) 1:30 Walking Club (TR) 2:00 Happy Hour & Hot Appetizer (GL) 3:00 BINGO (CH) 6:15 UNO (AR)</p>
<p>2</p> <p>11:00 Conductercize Workout (CH) 11:30 Word in a Word (CH) 1:00 Doc: Jericho–The Oldest City (CH) Y 1:30 The Walking Club (TR) 2:00 Ice Cream Social (GL) 3:00 Church Service with Pastor Jeff (CH) 3:30 Catch Phrase (CH) 6:15 At The Movies: STEPMOM (CH)</p>	<p>3</p> <p>9:30 The Daily Chronicle (PR) 9:45 Strengthening Workout (CH) 10:00 Mystery Monday (CH) 11:00 Laura Bush Documentary & Bio (CH) Y 1:00 Devotions with Pastor (CH) 1:30 The Walking Club (TR) 2:00 The Pottery Works (AR) **** 3:00 SPOT IT! Game (AR) 6:15 Adult Coloring (AR)</p>	<p>4</p> <p>9:30 The Daily Chronicle (PR) 9:45 Be Fit–Don't Quit (CH) 10:30 Devotions with Pastor (CH) 1:00 Bob Ross & Discuss : The Happy Painter (CH) Y 1:30 The Walking Club (TR) 2:00 Interview Your Neighbor (CH) (TV75) 3:00 Balloon Volleyball (CH) 6:15 Coffee & Conversation (AR)</p>	<p>5</p> <p>9:15 Seated Workout for Seniors (TV75) 10:00 Midweek Church Service (CH) 10:30 Singing Seniors (CH) 1:00 Better Brain Health Documentary(CH) Y 1:30 The Walking Club (TR) 2:00 Bingo (CH) 3:00 Healthy Cooking Demo with Chef (CH) 6:15 Adult Coloring & Music (AR)</p>	<p>6</p> <p>9:15 Sunshine Tap Dance (TV75) 10:00 <i>GriefShare</i> (CH) 11:00 Wood Craft Painting (AR) 1:00 NURSES: Bravery & Hope 7 Days Frontline (CH) 1:30 The Walking Club (TR) 2:00 LCR (CH) 3:00 Happy Hour 6:15 UNIO (AR)</p>	<p>7</p> <p>9:45 Light Weights Workout (CH) 10:00 Art Project: Spring Bling Project (AR) 1:00 Rummikub Club w Willie (AR) 1:00 Innocent Behind Bars with Lisa Ling (CH) Y 1:30 Walking Club (TR) 2:00 Residents Activity Committee (CH) 3:00 Brain Games (AR) 6:00 Coffee & Conversation (AR)</p>	<p>8</p> <p>9:30 Deep Breathing & Mindfulness (CH) 10:00 Early Bird Bingo (CH) 1:00 My Mother Diana Documentary (CH) 1:00 Rummikub Club with Willie (AR) 1:30 Walking Club (TR) 2:00 Terry Numyer – Spring Birds with Visuals (CH) 3:00 Happy Hour (CH) 6:15 UNO (PR)</p>
<p>9</p> <p>Mother's Day 11:00 Seated Pilates for Seniors (CH) 11:30 Name 10 (CH) 1:00 A Mother's Life: Mary of Nazareth (CH) 1:30 The Walking Club (TR) 2:00 Mother's Day Ice Cream Social (GL) 3:00 Church with Pastor (CH) 3:30 Brain Games (CH) 6:15 Movie: The APPLE DUMPLING GANG (CH)</p>	<p>10</p> <p>9:30 The Daily Chronicle (PR) 9:45 Mindful Movements (CH) 10: 15 Games 11:00 Zucchini Competition Planting (L) 1:00 Devotions with Pastor (CH) 1:30 The Walking Club (TR) 1:30 MOVIE: The Wizard of OZ (CH) DVD 1:45 BOLTZ Auction Monday (bring money) (L) 6:15 MOVIE: TBA (CH)</p>	<p>11</p> <p>9:30 The Daily Chronicle (PR) 9:45 Strengthening Workout (CH) 10:00 Interview Your Neighbor (CH) 10:30 Devotions with Pastor (CH) 1:00 MENNONITES A Trip Back In Time (CH) Y 1:30 The Walking Club (TR) 2:00 Mother's Day Tea w/ Guest Harpist (CH) 3:15 Brain Games (CH) 6:15 At The Movies: HARVEY Jim Stewart (CH)</p>	<p>12</p> <p>9:15 Seated Workout for Seniors (TV75) 10:00 Midweek Church Service (CH) 10:30 Singing Seniors (CH) 1:00 Breaking The Silence-The Amish Church (CH) 1:30 The Walking Club (TR) 2:30 Dining Committee (DR) 3:00 Bingo (CH) 6:15 Adult Coloring & Music (AR)</p>	<p>13</p> <p>9:15 Sunshine Tap Dance (TV75) 10:00 <i>GriefShare</i> (CH) 11:00 Wood Craft Painting (AR) 1:00 Lost Castles of England—History Channel (CH) 1:00 The Walking Club (TR) 2:00 LCR (CH) 3:00 Happy Hour (GL) 6:15 Coffee & Chatter (AR)</p>	<p>14</p> <p>9:45 Light Weights Workout (CH) 10:00 Art Project: Spring Bling Project (AR) 11:00 Joel Osteen (TV75) 1:00 Rummikub Club w Willie (AR) 1:00 Suffer the Little Children: Asylum Penhurst (CH)Y 1:30 Walking Club (TR) 2:00 Healthy Snack w/ Jude (AR) 3:00 Brain Games (CH) 6:00 Rummikub (AR)</p>	<p>15</p> <p>Armed Forces Day 9:30 The Daily Chronicle (PR) 9:45 Morning Spirituals (CH) 10:00 Sunshine Workout (CH) 10:30 Collective Word Search (AR) 1:00 Real Stories: <i>Mum & Me Alzheimer's Documentary</i> (CH) 1:00 Rummikub Club with Willie (AR) 1:30 Walking Club (TR) 2:00 Happy Hour & Hot Appetizers (GL) 3:00 Bingo (CH) 6:15 Billiards (PR)</p>
<p>16</p> <p>11:00 Conductercize (CH) 11:30 SPOT IT! Game (AR) 1:00 Ireland Children Of Shame/Discuss (CH) 1:30 The Walking Club (TR) 2:00 Ice Cream Social (GL) 3:00 Church with Pastor (CH) (TV75) 3:30 Catch Phrase (AR) 6:15 At The Movies: Grumpy Old Men</p>	<p>17</p> <p>9:30 The Daily Chronicle (PR) 9:45 Strengthening Workout (CH) 10:00 Mystery Monday (CH) 11:00 CHANEL- Fashion Documentary& Discuss (CH) 1:00 Devotions with Pastor (CH) 1:30 The Walking Club (TR) 2:00 Society of Ice Cream Tasters (AR) 3:00 Nature Scavenger Hunt Walk & Visit Gar-</p>	<p>18</p> <p>9:30 The Daily Chronicle (PR) 9:45 Strengthening Workout (GL) 10:00 Interview Your Neighbor (CH) 10:30 Devotions with Pastor (CH) 1:00 Doris Day Hollywood Greats (CH) Y 1:30 The Walking Club Resident Run (TR) 2:00 Pianist/Singer: BONNIE KOONZ (DR) 3:00 Balloon Volleyball (CH) 6:15 Movie: GRUMPIER OLD MEN (CH)</p>	<p>19</p> <p>9:15 Seated Workout for Seniors (TV75) 10:00 Midweek Church Service (CH) 10:30 Singing Seniors (CH) 12:00 Veteran/Men's Luncheon with Joel (CH) 1:15 MONA LISA Leonardo's Secret (CH) 1:30 The Walking Club (TR) 1:30 Country Ride OOB (L) 3:00 Bingo (CH) 6:15 Adult Coloring & Music (AR)</p>	<p>20</p> <p>10:00 <i>GriefShare</i> (CH) 11:00 Wood Craft Painting (AR) 1:00 Frontline Documentary: <i>President Biden</i> (CH) 1:00 The Walking Club (TR) 2:00 LCR (CH) 3:00 Happy Hour (GL) 6:15 At The Movies: TBA (CH)</p>	<p>21</p> <p>9:45 Light Weights Workout (CH) 10:00 Art Project: Spring Bling (AR) 11:00 Billy Graham 1:00 Children of Our System with Lisa Ling (CH) Y 1:30 Walking Club (TR) 2:00 Fireside Chat w/ E.D. Donna CH) 3:00 Brain Games (CH) 6:00 Coffee & Conversation (AR)</p>	<p>22</p> <p>9:30 The Daily Chronicle & Morning Stretches CH) 10:00 Country Ride OOB (L) 1:00 Real Stories: <i>Abandoned Chicago City of Neglect</i> (CH) 1:00 Rummikub Club with Willie (AR) 1:30 Walking Club (TR) 2:00 Happy Hour (GL) 3:00 Musical Organist Gary Collier (CH)</p>
<p>23</p> <p>Pentecost 9:30 Sunshine Tap Dance (TV75) 10:00 Flag Making Craft (AR) 1:00 Frontline: Last Survivors Holocaust (CH) 1:30 The Walking Club (TR) 2:00 Ice Cream Social (GL) 3:00 Pentecost Sunday with Pastor (CH) 6:15 Adult Coloring (AR)</p>	<p>24</p> <p>9:30 The Daily Chronicle (PR) 9:45 Mindful Movements (CH) 10:00 Mystery Monday (CH) 11:00 Gloria Vanderbilt Documentary And Discuss (CH) 1:00 Devotions with Pastor (CH) 1:30 The Walking Club (TR) 2:00 Society of Ice Cream Tasters (AR) 3:00 Catch Phrase (AR) 6:15 Rummikub (AR)</p>	<p>25</p> <p>9:30 The Daily Chronicle PR) 9:45 Morning Exercises (CH) 10:00 Interview Your Neighbor CH) 10:30 Devotions with Pastor (CH) 1:00 WW2 Against All Odds Documentary (CH) 1:30 The Walking Club 2:00 Tea & Conversation (AR) 3:00 SPOT IT! Game (AR) 6:15 Coffee & Chatter (AR)</p>	<p>26</p> <p>9:15 Seated Workout for Seniors (TV75) 10:00 Midweek Church Service (CH) 10:30 Singing Seniors (CH) 1:30 Dann Pell Music Entertainment (CH) 1:30 The Walking Club (TR) 3:00 Resident Meeting with David Leader (CH) 3:45 Resident Meeting with David Leader (CH) 6:15 Adult Coloring & Music (AR)</p>	<p>27</p> <p>10:00 <i>GriefShare</i> (CH) 11:00 Wood Craft Painting (AR) 1:00 The Walking Club (TR) 1:00 <i>Last American Wild Horses</i> Documentary (CH) 2:00 LCR 3:00 Happy Hour 6:15 May Birthday Dance Party (2FL)</p>	<p>28</p> <p>9:45 Light Weights Workout (CH) 10:00 Art Project: Painted Cactus Planter (AR) 11:00 In Touch with Dr. Charles Stanley (TV75) 1:00 Docuseries: <i>My Clutter Infested Home</i> (CH) 1:00 Rummikub Club with Willie (AR) 1:30 Walking Club (TR) 2:00 Lisa - Lanc Parks: Spring Happening (CH) 3:00 Word in a Word (CH) 6:15 Coffee & Scrabble (AR)</p>	<p>29</p> <p>9:30 The Daily Chronicle & Morning Stretches (CH) 10:00 Early Bird Bingo (CH) 11:00 iPad Games (CH) 1:00 Real Stories: <i>Superhuman Geniuses</i> (CH) 1:00 Rummikub Club with Willie (AR) 1:30 Walking Club (TR) 2:00 Myro Padgett & Son Southern Gospel Singers (CH) 3:00 Happy Hour (GL) 6:15 Adult Coloring (AR)</p>
<p>30</p> <p>9:30 Memorial Day Flags Ceremony (L) 10:00 Who Wants to be a Millionaire (CH) 1:00 IN2L Games continued (CH) 1:30 The Walking Club (TR) 2:00 Memorial Day Ceremony @Flagpole with Veteran Trumpeter Thom Weller (L) 3:00 Church with Pastor (CH) 6:15 At The Movies: GUS Don Knotts (CH)</p>	<p>31</p> <p>Memorial Day 9:15 Seated Yoga (TV75) 10:00 Flag Craft (AR) 10:00 Memorial Day Ceremony 2018 in DC (CH) 1:00 National Memorial Day Parade 2020 (CH) 1:30 The Walking Club (TR) 2:30 Memorial Day Happy Hour Party (AR) 6:15 Coffee & Conversation (AR)</p>	<p>TR– Therapy Room L-Lobby CH-Chapel AR– Activity Room GL– Governor's Lounge TV75– Channel 75 2FL– 2nd Floor PR– Pool Table Room OOB– out Of Building **** need to Sign Up Movies & Documentaries will be shown on TV75 between programming</p>				
<h1 style="font-size: 48px; margin: 0;">May 2021</h1>						