

Focus on Wellness

We are reopening our communities as we are now considered “fully-vaccinated” at each campus. We are excited to get out and enjoy the spring weather and focus on community, socialization and our physical & mental well-being.

A few highlights of our reopening include:

- Dining rooms & internal activities will remain open
- Salon & Therapy services will remain open
- Visitation available for family & friends
- Reduced testing & quarantines based on vaccination status
- Ongoing vaccine clinics available for new and existing residents and team members

Reopening Guidelines post-vaccine	
rev. 4/1/21	
*POV = Proof of Vaccination (Card & ID required) **NV = Not Vaccinated	
INTERNAL SETTING	<ul style="list-style-type: none"> - Dining rooms and Community Life Program to remain open - We will continue to observe social distancing, but will keep dining & programming open to support emotional well-being while quarantining any positive cases - Internal services to remain open (salon and therapy) - Vaccinated residents & staff continue to wear masks outside of apartment & dining room(s) - NV** residents must wear mask outside of apartment & dining room(s) - NV staff must wear mask and face shield or goggles throughout shift - PPE required for care for positive cases
VISITATION & OUTINGS	<ul style="list-style-type: none"> - Off-campus outings & family visits permitted for residents - No quarantine after resident with POV* visits to family - NV residents will need to complete a 2-day quarantine and subsequent rapid test for off-campus outings or family visits - Visitation to residents is available in each community - Families can schedule visits to campus designated area(s) for shared apartments and Connections Neighborhood - Open visitation available in private & couples apartments (no scheduling needed) - No mandatory quarantine periods for fully-vaccinated residents - New residents with POV do not need to quarantine at move-in - New NV residents will complete a 2-day quarantine and subsequent rapid test - Additional quarantine necessary only if test is positive
TESTING & MONITORING	<ul style="list-style-type: none"> - Surveillance testing quantities will vary based on county positivity rates per DHS - A positive staff member must complete at-home quarantine - A positive resident will be quarantined & monitored for up to 14 days - We will monitor county positivity rates and adjust precautions as appropriate - CDC and DOH recommendations will be carefully monitored during these re-opening efforts and we will communicate any changes - New residents or team members can receive the vaccine from our pharmacy at each community

*Above guidelines are subject to Pennsylvania state mandates & procedures.



Providence Place

SENIOR LIVING

News

Q2: May 2021

A Note from the Executive Director

We have a lot of excitement going on in our Pottsville community. Our new dining room, pub and community room are now open and can be enjoyed by all. We have also expanded our Connections neighborhood to better serve the greater community.

The majority of our residents are now fully-vaccinated, which allows for more visitation and a sense of normalcy. We are offering ongoing vaccine clinics on campus for new residents, new team members and anyone who did not previously participate.

This past year has certainly presented its challenges. Now we are seeing the light at the end of the tunnel and the future looks bright. Community Life programming is becoming more vibrant as we are able to hold larger group events and invite entertainers back. Please look at the calendar and highlights for all that is being offered and be sure to get involved.

I am excited to be spending some dedicated time in this community as the acting Executive Director, please call or come chat with me for any questions or concerns.

Best,

Rick Barley, COO & Acting Executive Director

Highlighted Events

- 5 – **Cinco de Mayo Celebration**
@ 2pm. (Connections Club)
- 6 – **Drum stick exercise** @ 10am
- 9 – **Mother’s Day Celebrations**
- 12 – **Chill Out Ice Cream Parlor**
@ 2pm (Connections Club)
- 12 – **Fireside Chat with Rick**
@ 3pm
- 21 – **EdU Presentation: Laughter is the Best Medicine** @ 10:15am
- 26 – **Heisler’s Dairy** @ 1pm
Connections Club

Welcome New Residents

- Carol Seitzinger
- Vera Chesick
- Molly Daubert
- Carol Benner



Dimensions
of Wellness

Resident Birthdays

May

- Edith Hoffman
- Rose Kohutka
- Michael Sutzko
- Shirley Malunis
- Victoria Pasqua
- Jean Kabana
- Christine Hale
- Zdzislaw Zurawski
- Elizabeth Andrusisian
- Barbara Wolfe

June

- Lynn Korn
- John Sinisi
- Mary D’Alessandro
- Mary Flanagan
- Eileen Kosta
- Cyndy Kleckner
- Diane Mick
- Joyce Beneck
- Patrick Dowd



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
						1 10:00 Retail Shopping: Boscov's***\$(OOB) 11:00 Brain Teasers (2FL) 1:30 Helping Hands: Set-up (PUB) 2:00 Nickle Bingo \$\$ (PUB) 3:30 Ed-U Documentary: <i>Forest on Our Planet</i> (PUB) 6:15 UNO (PUB)	
2 8:00 TV Catholic Mass Service (Ch. 49) 10:00 Balance in Action (PUB) 11:00 - 1:00 Wine & Dine (DR) 1:30 Popcorn & Movie: <i>Les Miserables</i> (PUB) 3:00 Communion Service (CH) 6:15 Connect Four (PUB)	3 9:30 Walking Club (ML) 10:30 Yoga Fitness with Michelle (PUB) 1:15 Circle of Friends (CH) 1:30 Providence Place Summer Olympics Jeopardy Practice (PUB) 3:00 Communion Service (CH) 3:30 Cocktail Hour (PUB) 6:30 Bridge Club (PUB)	4 10:00 Essential Oils & Meditation (2FL) 10:30 Lite & Lively Exercise (PUB) 1:30 Craft Club: Jewelry Making (PUB) 2:00 Dining Committee Meeting (DR) 3:30 Providence Place Summer Olympics Xbox Bowling Practice (PUB) 6:15 Nickel Bingo \$\$ (PUB)	5 9:00 Breakfast Club (PUB) 9:45 Chair Exercises (PUB) 10:30 Worship with Pastor Randy (CH) 1:30 - 2:30 Manicures & Mimosas (L) 3:00 Blind Tasting: Mini Tacos (PUB) 3:30 Cocktail Hour (PUB) 6:15 Nickle Po-Ke-No \$\$ (PUB)	6 9:00 Banks & Post Office***\$(OOB) 10:00 Drum Stick Exercise (PUB) 10:30 Providence Place Summer Olympics World Religion Trivia Practice (PUB) 2:00 Musical Performance by KJ (PUB) 3:30 Community Life Planning Meeting (PUB) 6:15 Nickle Polish Bingo \$\$ (PUB)	7 9:30 Walking Club (ML) 10:30 iN2L: Discovery Earth (1FP) 1:30 Zumba Class with Michelle (PUB) 2:30 Card Games (PUB) 3:00 GreifShare Support Group (CH) 3:30 Cocktail Hour and Jeopardy (PUB) 6:15 Scrabble Club (PUB)	8 Armed Forces Day 10:00 Country Ride: Deer Lake** (OOB) 11:00 Brain Teasers (2FL) 1:00 Helping Hands: Set-Up (PUB) 2:00 Nickle Bingo \$\$ (PUB) 3:15 iN2L <i>Armed Forces Day</i> (PUB) 6:15 UNO (PUB)	
9 Mother's Day 8:00 TV Catholic Mass Service (Ch. 49) 10:00 Balance in Action (PUB) 11:00 - 1:00 Wine & Dine (DR) 1:30 Mother's Day High Tea Celebration (PUB) 2:00 Movie: <i>Singin' In The Rain</i> (PUB) 3:00 Communion Service (CH) 6:15 Kings in the Corner (PUB)	10 9:30 Walking Club (ML) 10:30 Yoga Fitness with Michelle (PUB) 1:15 Circle of Friends (CH) 1:30 Providence Place Summer Olympics Gardening Club: Zucchini (1FP) 3:00 Communion Service (CH) 3:30 Cocktail Hour (PUB) 6:30 Bridge Club (PUB)	11 10:00 Essential Oils & Meditation (2FL) 10:30 Lite & Lively Exercise (PUB) 1:30 Creative Writing: TimeSlips (PUB) 2:30 Taste & Learn: Yuengling History & Beer Tasting (PUB) 3:30 Providence Place Summer Olympics Xbox Bowling Club (PUB) 6:15 Nickel Bingo \$\$ (PUB)	12 9:00 Breakfast Club (PUB) 9:45 Chair Exercises (PUB) 10:30 Worship with Pastor Randy (CH) 1:30 - 2:30 Manicures & Mimosas (L) 3:00 Fireside Chat with COO, Rick Barley (PUB) 3:30 Cocktail Hour (PUB) 6:15 Nickel Po-Ke-No \$\$ (PUB)	13 10:00 Drum Stick Exercise (PUB) 10:30 Providence Place Summer Olympics World Religion Trivia Practice (PUB) 2:00 Musical Performance by Jay Smar (PUB) 3:30 Root Beer Floats & Trivia (PUB) 6:15 Nickel Polish Bingo \$\$ (PUB)	14 9:30 Walking Club (ML) 10:30 Discovery Earth (1FP) 1:30 Zumba Class with Michelle (PUB) 2:30 TimeSlips Creative Writing (PUB) 3:00 GreifShare Support Group (CH) 3:30 Cocktail Hour and Jeopardy (PUB) 6:15 Scrabble Club (PUB)	15 10:00 Retail Shopping: Walmart ***\$(OOB) 11:00 Brain Teasers (2FL) 1:00 Helping Hands: Set-Up (PUB) 2:00 Nickel Bingo \$\$ (PUB) 3:15 Ed-U Documentary: <i>Tutankhamun's Treasures</i> (PUB) 6:15 UNO (PUB)	
16 8:00 TV Catholic Mass Service (Ch. 49) 10:00 Balance in Action (PUB) 11:00 - 1:00 Wine & Dine (DR) 1:30 Popcorn & Movie: <i>My Fair Lady</i> (PUB) 3:00 Communion Service (CH) 6:15 Yahtzee (PUB)	17 9:30 Walking Club (ML) 10:30 Yoga Fitness with Michelle (PUB) 1:15 Circle of Friends (CH) 1:30 Binoculars & Birds (1FP) 2:00 Ed-U Nature: <i>Inside Birding: Size and Shape</i> (PUB) 3:00 Communion Service (CH) 3:30 Cocktail Hour (PUB) 6:30 Bridge Club (PUB)	18 10:00 Ed-U Presentation: Schuylkill Co Historical Society presents <i>Pottsville Maroons</i> (PUB) 1:30 Craft Club: Paper Flower (PUB) 2:00 Ed-U Wellness: <i>Benefits of Exercise</i> by DOW Ashley Vigoda (PUB) 3:00 Providence Place Summer Olympics Xbox Bowling Club (PUB) 6:15 Nickel Bingo \$\$ (PUB)	19 9:00 Breakfast Club (PUB) 9:45 Chair Exercises (PUB) 10:00 Wellness Clinic: BP & Weight (N) 10:30 Worship with Pastor Randy (CH) 1:30 - 2:30 Manicures & Mimosas (L) 2:00 Food for Thought with Chef Tuan (DR) 3:00 iN2L Dance 101 (PUB) 3:30 Cocktail Hour (PUB) 6:15 Nickel Po-Ke-No \$\$ (PUB)	20 10:00 Balance in Action with Genesis (PUB) 10:30 Bible Study with Lynn Bressi (CH) 1:30 Drum Circle Class with Joe (PUB) 2:30 Horse Race Social (PUB) 6:15 Nickel Polish Bingo \$\$ (PUB)	21 9:30 Walking Club (ML) 10:15 Ed-U Presentation: <i>Laughter Is The Best Medicine</i> by Bayada (PUB) 1:30 Zumba Class with Michelle (PUB) 3:00 GreifShare Support Group (CH) 3:30 Cocktail Hour and Jeopardy (PUB) 6:15 Scrabble (PUB)	22 10:00 Country Ride: Stoyers Dam** (OOB) 11:00 Brain Teasers (2FL) 1:00 Helping Hands: Set-Up (PUB) 2:00 Nickel Bingo \$\$ (PUB) 3:15 Ed-U Documentary: <i>Our Planet: Coastal Seas</i> (PUB) 6:15 UNO (PUB)	
23 Pentecost 8:00 TV Catholic Mass Service (Ch. 49) 10:00 Balance in Action (PUB) 11:00 - 1:00 Wine & Dine (DR) 1:30 Popcorn & Movie: <i>The Music Man</i> (PUB) 3:00 Communion Service (CH) 6:15 Puzzle Club (PUB)	24 9:30 Walking Club (ML) 10:30 Yoga Fitness with Michelle (PUB) 1:15 Circle of Friends (CH) 1:30 Discuss & Recall: Hershey & Reese Sweet Tooth Cravings Taste Testing (PUB) 2:30 Chair Exercise (PUB) 3:00 Communion Service (CH) 6:30 Bridge Club (PUB)	25 10:00 Essential Oils & Meditation (2FL) 10:30 Lite & Lively Exercise (PUB) 10:30 Men's Club Lunch: Vito's Coal Fired Pizza***\$(OOB) 1:30 Craft Club: Wine Glass Art (PUB) 2:00 Providence Place Wishes Celebration (PUB) 3:00 Providence Place Summer Olympics Xbox Bowling Club (PUB) 6:15 Nickel Bingo \$\$ (PUB)	26 9:00 Breakfast Club (PUB) 9:45 Chair Exercises (PUB) 10:30 Worship with Pastor Randy (CH) 1:30 - 2:30 Manicures & Mimosas (L) 2:00 Tastes of the World by Chef Tuan (DR) 3:30 Cocktail Hour (PUB) 6:15 Nickel Po-Ke-No \$\$ (PUB)	27 9:00 Retail Shopping: Walmart***\$(OOB) 10:00 Drum Stick Exercise (PUB) 10:30 Providence Place Summer Olympics World Religion Trivia Practice (PUB) 1:00 Blind Tasting: Cheese Cake (ML) 2:00 New Residents & Welcome Ambassadors Mixer (PUB) 4:15 May Birthday Celebration Dinner (DR) 6:15 Nickel Polish Bingo \$\$ (PUB)	28 9:30 Walking Club (ML) 10:30 Communion Service (CH) 1:30 Zumba Class with Michelle (PUB) 2:30 iN2L: Discovery Earth (1FP) 3:00 GreifShare Support Group (CH) 3:30 Cocktail Hour and Jeopardy (PUB) 6:15 Scrabble (PUB)	29 10:00 Retail Shopping: Boscov's***\$(OOB) 11:00 Brain Teasers (2FL) 1:00 Helping Hands: Set-Up (PUB) 2:00 Nickel Bingo \$\$ (PUB) 3:00 Musical Performance by Laurie & James (PUB) 6:15 UNO (PUB) 29	
30 8:00 TV Catholic Mass Service (Ch. 49) 10:00 Balance in Action (PUB) 11:00 - 1:00 Wine & Dine (DR) 1:30 Popcorn & Movie: <i>West Side Story</i> (PUB) 3:00 Communion Service (CH) 6:15 Puzzle Club (PUB)	31 Memorial Day 9:30 Walking Club (ML) 10:30 Yoga Fitness with Michelle (PUB) 11 - 1 Memorial Day Picnic Lunch (DR) 1:30 Memorial Day Commemoration (PUB) 3:00 Communion Service (CH) 3:30 Cocktail Hours (PUB) 6:30 Bridge Club (PUB)	Calendar Key: Activity Room (A), Chapel (CH) Main Lobby (ML), Nursing Office (N) 2nd Floor Lobby (2FL) Dining Room (DR), First Floor Patio (1FP) ** Registration Required \$\$ Cost Involved					May 2021