

Focus on Wellness

Updates to our Reopening Guidelines

Pennsylvania has officially ended its mask mandate and other distancing precautions as of the end of June. We have made great progress in combatting COVID and are proud of our residents, team members and families for helping the cause through vaccinations. Now that cases are significantly diminished, we are happy to provide updated procedures as of 7/1/21:

- Testing limited to symptomatic residents/team & monthly surveillance of non-vaccinated team members
- Fully-vaccinated residents are not required to wear masks

We believe in the importance of socializing and family visits for the well-being of all of our communities. **Welcome Back!**

Assisted Living Guidelines

rev. 6/30/21

REQUIRED PRECAUTIONS

- Dining rooms, Community Life Programs & Internal services remain open
- Fully-vaccinated residents may remove masks
 - Team members & visitors to wear masks in the facilities
- Off-campus outings & family visits permitted for residents
 - Open visitation to residents is available in each community
- Testing only for symptomatic residents or staff
 - Non-vaccinated team members surveillance tested monthly
- New residents can receive the vaccine from our pharmacy

Please Note: Above guidelines are subject to Pennsylvania state mandates & procedures. Additional precautions may be taken if any significant outbreak occurs.



Providence Place

SENIOR LIVING

News

Q3: August 2021

A Note from the Executive Director

It is hard to believe August is here already. In a few short weeks kids will be heading back to school and I will move my oldest to college! Wow – time sure flies!

I am pleased to announce we have hired several new managers in the past month. Heather Crider has accepted the position as Director of Wellness. Heather lives in Shippensburg and has over 10 years' experience working with seniors. Last week our new Director of Dining, Dustin Dumire (Hagerstown) joined our team. Dustin comes to us with experience in both senior living facilities and restaurants.

Assuming the COVID positivity rates remain low in Franklin County, we plan to go back to one seating in the dining rooms this month. We will again use linens and placemats during meal service. This change will be welcomed by many of our residents; however, it will require us to modify some table assignments. Please be patient with us as we work through this change together.

Many of our residents participated in some fun competition in July for the Providence Place Olympics. They competed in many events, including Wii Bowling, walking laps, and trivia. Our community also donated over 200 pounds of food to a local food pantry. We have many champions and medal winners living here in Chambersburg Providence Place. There are a multitude of events to become active with. Please review the Community Life calendar and stay engaged and active!

Summer Blessings,

Holly Townsend, Executive Director

Highlighted Events

- 4 – **Coffee & Conversations** with PA State Trooper Grube @ 10am
- 17 – **Breakfast Outing to Cracker Barrel** @ 8:30am
- 30 – **The Civil War: Presented by Scott Mingus** @ 2pm

Welcome New Residents

- Mae Dagenhart
- Edward Klotz
- Sue Proulx
- Harold Gsell
- Peggy Gsell
- Sylvia Kline
- Gaylyne LeVan
- Jim Johnston
- Nathan Eshleman
- Janet Eshleman
- Gladys Ehrhart
- John Reuckert
- Frances Kerlin
- Joan Bordner



Dimensions
of Wellness

Resident Birthdays

August

Edward Klotz
Peggy Gsell
Paul Barnes
John Rueckert
Jim Johnston
Jean Wengert
Helen Dagenhart
Joyce Bright
Helen Lander
Elizabeth Fedele

Anne Handzlik
Kay Stake
Susan McCarl
Eleanor Whelan
Amy Keifman
Helen Small
John Hazlinsky
Margaret Bowen

September

Lois Garman
Nathan Eshleman
Earl McClain
Sally Ann McCleary
John Hampton
Virginia Federhoof
Earl Robinson
Harold Gsell
Dorothy Miner
Sylvia Kline
Kathryn Shaffer
Vivian Calimer
Bonita Mearkle



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1 9:00 Morning Meeting and Inspirations (P) 9:30 Helping Hands: Recycling Club (3A) 10:00 Bible Study Around The World (3A) 1:30 Brain Games: Word Search (3A) 2:00 Worship Service (2A) 2:30 Aromatherapy and Nail Care (3A) 3:30 Walk & Roll Walking Club (FL) 6:30 Songs & Scripture (Ch. 809) 7:00 Catholic Mass (Channel 291)	2 9:00 iN2L: The History Of Nail Polish (3A) 9:30 iN2L: How Nail Polish Is Made (3A) 10:00 Hymn Sing (2A) 1:30 Seated Chair Exercise (2A) 2:00 iN2L: World Religion Trivia (2A) 3:00 iN2L: How To Get A Good Nights Rest (2A) 6:00 Card Club (2A)	3 9:00 Morning Meeting And Inspirations (P) 9:30 Laugh Therapy (P) 10:00 Daily Chronicle and Discussion (P) 1:30 Acrylic Canvas Painting (C) 2:00 Prize Bingo (3A) 3:00 Book Club: Chicken Soup (3A) 3:30 Brain Games (3A) 6:00 Game Shows (Channel 78)	4 9:00 Morning Meeting and Inspirations (P) 9:30 Daily Chronicle & Discussion (P) 10:00 Coffee With A Cop (FL) 1:30 Educational Tour : Chambersburg Heritage Center \$\$ (OOB) Chambersburg Heritage Center \$\$ 3:00 Bible Study (PDR) 3:30 Hydration Station (3A) 6:00 Horseshoes (3E)	5 9:00 Morning Meeting and Inspirations (P) 9:30 Daily Chronicle & Discussion (P) 10:00 Craft Corner: Making Goat Milk Soap (P) 10:00 Worship Services (CN) 1:30 Art Exploration (C) 2:00 Worship Services (2A) 3:00 Book Club: Chicken Soup (3A) 3:30 Hydration On The Deck (P) 6:00 Chit Chat On The Porch (FL)	6 9:00 Morning Meeting and Inspirations (P) 9:30 Daily Chronicle and Discussion (P) 10:00 Musical Therapy With Ron (CN) 1:30 Balance & Action (3E) 2:00 Memory Magic (3A) 3:00 Flower Oasis: Plant Checkup (P) 3:30 Walk & Roll Walking Cub (FL) 6:00 Movie Night: <i>Gone With The Wind</i> (3A)	7 9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle Discussion (3A) 10:00 Brain Games: Puzzles (3A) 1:30 Game Club: Dominoes (3A) 2:00 Country Bus Ride: Farmers Market (OOB) 3:30 Hydration Station (3A) 6:00 Musical Entertainment By : Tresa Day (2A)	
8 9:00 Morning Meeting and Inspirations (P) 9:30 Helping Hands: Recycling Club (3A) 10:00 Bible Study Around The World (3A) 1:30 Brain Games: Word Search (3A) 2:00 Worship Service (2A) 3:00 Relax & Hydrate On The Deck (P) 6:30 Songs & Scripture (Ch. 809) 7:00 Catholic Mass (Channel 291)	9 9:00 iN2L: The History Of Sharks (3A) 9:30 iN2L: Sharks: The King Of The Ocean (3A) 10:00 Hymn Sing (2A) 1:30 Seated Chair Exercise (2A) 2:00 Shark Week Social (CN) 3:00 Bible Study (CN) 3:00 Timeless Trivia (3A) 6:00 Card Club (2A)	10 9:00 Morning Meeting And Inspirations (P) 9:30 Laugh Therapy (P) 10:00 Daily Chronicle and Discussion (P) 1:30 Acrylic Canvas Painting (C) 2:00 Prize Bingo (3A) 3:00 Book Club: Chicken Soup (3A) 3:00 Shark Bait Mixer (P) 3:30 Brain Games (3A) 6:00 Game Shows (Channel 78)	11 9:00 Morning Meeting and Inspirations (P) 9:30 Daily Chronicle & Discussion (P) 10:00 Dinning Committee Meeting (DR) 10:00 Kitchen Creations: Shark Cupcakes (C) 1:30 Balance & Action (3E) 2:00 Power Of Positivity: When Life Gives You Lemons By: Theresa Waltersdoff (2A) 3:00 Bible Study (PDR) 3:00 Memory Support Group (CN) 6:00 Horseshoes (3E)	12 9:00 Morning Meeting and Inspirations (P) 9:30 Daily Chronicle & Discussion (P) 10:00 Memory Magic (3A) 1:30 Art Exploration (C) 1:30 August Birthday Celebration (CN) 2:00 Worship Services (2A) 3:00 Book Club: Chicken Soup (3A) 3:30 Hydration On The Deck (P) 6:00 Chit Chat On The Porch (FL)	13 9:00 Morning Meeting and Inspirations (P) 9:30 Daily Chronicle and Discussion (P) 10:00 Ed-U Wellness: Urinary Tract Prevention (2A) 1:30 Friends Making Friends: Bottle Ring Toss (CN) 2:00 Flower Oasis: Plant Checkup (P) 2:30 Laugh Therapy (P) 3:00 Under The Sea Social (P) 6:00 Movie Night: <i>Shark Tales</i> (3A)	14 9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle Discussion (3A) 10:00 Brain Games: Word Search (3A) 1:30 Aromatherapy and Nail Care (3A) 2:00 Sit Com : Leave It Beaver (3A) 3:30 Hydration Station (3A) 6:00 Puzzle Club (L)	
15 9:00 Morning Meeting and Inspirations (P) 9:30 Helping Hands: Recycling Club (3A) 10:00 Bible Study Around The World (3A) 1:30 Brain Games: Sequence (3A) 2:00 Worship Service (2A) 3:00 Relax & Hydrate On The Deck (P) 6:30 Songs & Scripture (Ch. 809) 7:00 Catholic Mass (Channel 291)	16 9:00 iN2L: A Biblical Vision For Aging Adults (3A) 9:30 iN2L: Oldies Name That Tune (3A) 10:00 Hymn Sing (2A) 1:30 Seated Chair Exercise (2A) 2:00 Timeless Trivia (3A) 2:30 Walk & Roll Walking Club (FL) 3:00 Bible Study (CN) 6:00 Card Club (2A)	17 9:00 Morning Meeting And Inspirations (P) 9:30 Laugh Therapy (P) 10:00 Prize Bingo (3A) 1:30 Acrylic Canvas Painting (C) 2:00 Residents Rights with Ombudsman Payton Mummert (2A) 3:00 Book Club: Chicken Soup (3A) 3:30 Brain Games (3A) 6:00 Game Shows (Channel 78)	18 9:00 Morning Meeting and Inspirations (P) 9:30 Daily Chronicle & Discussion (P) 10:00 Aromatherapy and Nail Care (3A) 1:30 Balance & Action (3E) 2:00 Fireside Chat (2A) 3:00 Bible Study (PDR) 3:30 Hydration Station (3A) 6:00 Horseshoes (3E)	19 9:00 Morning Meeting and Inspirations (P) 9:30 Daily Chronicle & Discussion (P) 10:00 Memory Magic (3A) 10:00 Worship Services (CN) 1:30 Art Exploration (C) 2:00 Musical Entertainment By: Tom Shultz (2A) 2:00 Worship Services (3A) 3:00 Book Club: Chicken Soup (3A) 3:30 Hydration On The Deck (P)	20 9:00 Morning Meeting and Inspirations (P) 9:30 Daily Chronicle and Discussion (P) 10:00 Iced Coffee with Director of Wellness Heather (C) 1:30 Balance & Action (3E) 2:00 Ed-U : John Brown In Chambersburg (2A) 2:30 Flower Oasis: Plant Checkup (P) 3:30 Walk & Roll Walking Cub (FL) 6:00 Movie Night: <i>Forrest Gump</i> (3A)	21 9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle Discussion (3A) 10:00 Brain Games: Crosswords (3A) 1:30 Game Club: Uno (3A) 2:00 Country Bus Ride: Martins Mill Bridge (OOB) 3:30 Hydration On The Deck (P) 6:00 Puzzle Club (L) Senior Citizen's Day	
22 9:00 Morning Meeting and Inspirations (P) 9:30 Helping Hands: Recycling Club (3A) 10:00 Bible Study Around The World (3A) 1:30 Brain Games: Scrabble (3A) 2:00 Worship Service (2A) 3:00 Relax & Hydrate On The Deck (P) 6:30 Songs & Scripture (Ch. 809) 7:00 Catholic Mass (Channel 291)	23 9:00 iN2L: The History Of The NFL & Football (3A) 9:30 iN2L: Virtual Tour Of The NFL Hall Of Fame (3A) 10:00 Hymn Sing (2A) 1:30 Seated Chair Exercise (2A) 2:00 iN2L: The Time Line: Payton Manning's Summer School (2A) 2:30 Walk & Roll Walking Club (FL) 3:00 Bible Study (CN) 6:00 Card Club (2A)	24 9:00 Morning Meeting And Inspirations (P) 9:30 Laugh Therapy (P) 10:00 Scenic Bus Ride: Sunflower Field (OOB) 1:30 Acrylic Canvas Painting (C) 2:00 Prize Bingo (3A) 3:00 Book Club: Chicken Soup (3A) 3:30 Brain Games (3A) 6:00 Game Shows (Channel 78)	25 9:00 Morning Meeting and Inspirations (P) 9:30 Daily Chronicle & Discussion (P) 10:00 Walk & Roll Walking Club (FL) 1:30 Balance & Action (3E) 2:00 Memorial Service (2A) 2:30 Aromatherapy and Nail Care (3A) 3:00 Bible Study (PDR) 3:30 Hydration Station (3A) 6:00 Horseshoes (3E)	26 9:00 Morning Meeting and Inspirations (P) 9:30 Daily Chronicle & Discussion (P) 10:00 Memory Magic (3A) 10:00 Worship Services (CN) 1:30 Art Exploration (C) 2:00 Worship Services (2A) 3:00 Book Club: Chicken Soup (3A) 3:30 Hydration On The Deck (P) 6:00 Chit Chat On The Porch (FL)	27 9:00 Morning Meeting and Inspirations (P) 9:30 Daily Chronicle and Discussion (P) 10:00 Musical Therapy With Ron (CN) 1:30 Balance & Action (3E) 2:00 Coupons For Troops (3A) 2:30 Flower Oasis: Plant Checkup (P) 3:00 New Resident Welcome Social (P) 3:30 Walk & Roll Walking Cub (FL) 6:00 Movie Night: <i>Top Gun</i> (3A)	28 9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle Discussion (3A) 10:00 Brain Games: Table Talk (3A) 1:30 Game Club: Would You Rather (3A) 2:00 Sit Com : Shirley Temple (3A) 3:30 Hydration Station (3A) 6:00 Puzzle Club (L)	
29 9:00 Morning Meeting and Inspirations (P) 9:30 Helping Hands: Recycling Club (3A) 10:00 Bible Study Around The World (3A) 1:30 Brain Games: Name That Tune Featuring: Oldies (3A) 2:00 Worship Service (2A) 3:00 Relax & Hydrate On The Deck (P) 6:30 Songs & Scripture (Ch. 809) 7:00 Catholic Mass (Channel 291)	30 9:00 iN2L: Treasures Of The Earth: The History Of Gem Stones (3A) 9:30 iN2L: Gem Stone Preservation (3A) 10:00 Hymn Sing (2A) 1:30 Seated Chair Exercise (2A) 2:00 Coupons For Troops (3A) 2:30 Walk & Roll Walking Club (FL) 3:00 Bible Study (CN) 6:00 Card Club (2A)	31 9:00 Morning Meeting And Inspirations (P) 9:30 Laugh Therapy (P) 10:00 Daily Chronicle and Discussion (P) 1:30 Acrylic Canvas Painting (C) 2:00 Prize Bingo (3A) 3:00 Book Club: Chicken Soup (3A) 3:30 Brain Games (3A) 6:00 Game Shows (Channel 78)	<h1>August</h1> <h1>2021</h1>		<h1>THE</h1> <h1>Club</h1>		