

Focus on Wellness

Updates to our Reopening Guidelines

Pennsylvania has officially ended its mask mandate and other distancing precautions as of the end of June. We have made great progress in combatting COVID and are proud of our residents, team members and families for helping the cause through vaccinations. Now that cases are significantly diminished, we are happy to provide updated procedures as of 7/2/21.

We believe in the importance of socializing and family visits for the well-being of all of our communities.
Welcome Back!

Assisted Living Guidelines

rev. 6/30/21

REQUIRED PRECAUTIONS

- Dining rooms, Community Life Programs & Internal services remain open
- Fully-vaccinated residents may remove masks
 - Team members & visitors to wear masks in the facilities
- Off-campus outings & family visits permitted for residents
 - Open visitation to residents is available in each community
- Testing only for symptomatic residents or staff
 - Non-vaccinated team members surveillance tested monthly
- New residents can receive the vaccine from our pharmacy

Please Note: Above guidelines are subject to Pennsylvania state mandates & procedures. Additional precautions may be taken if any significant outbreak occurs.



Dimensions of Wellness

Resident Birthdays

July

Paul Burns
Martha Hause
Laura Martin
Jean Stambaugh
Merle Cordell
Chester Garman
Barbara Danner
Sarah Pryor
Charles Galbraith
Elizabeth McCoy
Agnes Maurello
Susan Downin
Mary Funk

August

Edward Klotz
Peggy McNew
Paul Barnes
Helen Dagenhart
Joyce Bright
Helen Lander
Elizabeth Fedele
Anne Handzlik
Kay Stake
Susan McCarl
Eleanor Whelan
Amy Keifman
Helen Small
John Hazlinsky
Margaret Bowen

September

Lois Garman
Earl McClain
Sally Ann McCleary
John Hampton
Virginia Federhoof
Earl Robinson
Dorothy Miner
Kathryn Shaffer
Vivian Calimer
Bonita Mearkle

Q3: July 2021

A Note from the Executive Director

Summer is in full swing! I hope everyone enjoyed the car show that was hosted here last month. A total of 69 cars were registered and everyone also enjoyed food and retail vendors and terrific weather. We had an amazing turn out and everyone is hoping we can do it again next year. The proceeds will go towards our Co-Worker Foundation which is a non-profit charity to aid team members facing difficult financial struggles caused by natural disasters or other life altering events.

As you know, last year due to COVID, we fell behind in several of our exterior projects. We will be sprucing up several areas of our community in the upcoming weeks to include window washing, cleaning of the gazebos and also the fence that surrounds our memory care courtyard. Please be patient as we work through improvements of the appearance of our community and your home.

Stay safe & healthy,

Holly Townsend, Executive Director

Highlighted Events

- 1 – **Vet to Vet Café @ 10am**
Hosted by Heartland Hospice
- 14 – **Wonders Beyond our Solar System** with Penn State @ 6:30pm
- 14 – **Memory Support Group @ 3pm**
Connections
- 16 – **Night Wonders of Astronomy @ 2pm**
(Connections)
- 23 – **PP Summer Olympics Celebration @ 2pm**

Welcome New Residents

Charles Galbraith
Alice Galbraith
Nancy Black
E. Mae Dagenhart
Mary Hocker
Ronald Hocker
George Proulx



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>THE</p> <h1>Club</h1>		<p>Calendar Key: Pub (P), Café (C), 2nd Floor Activity Room (2A), 3rd Floor Activity Room (3A), 3rd Floor Exercise Room (3E), Front Lobby (FL), Dining Room (DR), Meditation Room (MR) Conference Room (CR), Loading Dock (LD), Library (L), Private Dining Room (PDR), Out of Building (OOB), Connections (CN)</p>	<h1>July</h1> <h1>2021</h1>	<p>1 9:00 Morning Meeting and Inspirations (P) 10:00 Daily Chronicle & Discussion (3A) 1:30 Art Exploration (C) 2:00 Independence Day Social Featuring: Nick Disanto (P) 3:00 Book Club: Chicken Soup (3A) 3:30 Walk & Roll Walking Club (FL) 6:00 Chit Chat On The Porch (FL)</p>	<p>3 9:00 Morning Meeting and Inspirations (3A) 9:30 Shopping Trip: North Square Farmers Market \$(OOB) 1:30 Independence Day Celebration (CN) 2:30 Daily Chronicle & Discussion (3A) 3:00 Game Club: Uno (3A) 3:30 Hydration Station (3A) 6:00 Puzzle Club (L)</p>	
		<p>4 9:00 Morning Meeting and Inspirations (P) 10:00 Worship services (2A) 2:00 Patriotic Concert Premiering Adylnnn Wood (2A) 3:00 Bomb Pop Cool Off On The Deck (P) 6:15 National Independence Day Parade (2A) 6:30 Songs & Scripture (Ch. 809) 7:00 Catholic Mass (Channel 291) Independence Day</p>		<p>5 9:00 iN2L: Independence Day History (3A) 9:30 iN2L: Independence Day Parade (3A) 10:00 Hymn Sing (2A) 1:30 Seated Chair Exercise (2A) 2:00 Summer Olympics: World Religion Trivia (2A) 3:00 Bible Study (CN) 3:00 Red, White & Blue Bingo (3A) 6:00 Card Club (2A)</p>	<p>6 9:00 Morning Meeting And Inspirations (P) 9:30 Laugh Therapy (P) 10:00 Daily Chronicle and Discussion (P) 1:30 Acrylic Canvas Painting (C) 2:00 Book Club: Chicken Soup (3A) 2:30 Recycling Club (3A) 3:00 Stretch & Hold (3A) 3:30 Brain Games (3A) 6:00 Game Shows (Channel 78)</p>	<p>7 9:00 Morning Meeting and Inspirations (P) 9:30 Daily Chronicle & Discussion (P) 10:00 Land Of The Little Horses \$ (OOB) 1:00 Walk & Roll Walking Club (FL) 1:30 Friends Making Friends: Bowling (CN) 1:30 Balance & Action (3E) 2:30 Aromatherapy and Nail Care (3A) 3:00 Bible Study (PDR) 3:30 Hydration Station (3A) 6:00 Horseshoes (3E)</p>
<p>11 9:00 Morning Meeting and Inspirations (P) 9:30 Helping Hands: Recycling Club (3A) 10:00 Bible Study Around The World (3A) 1:00 Aromatherapy and Nail Care (3A) 2:00 Worship Service (2A) 3:00 Sitcom: <i>I love Lucy</i> (3A) 3:00 Summer Olympics: Jeopardy (C) 6:30 Songs & Scripture (Ch. 809) 7:00 Catholic Mass (Channel 291)</p>	<p>12 9:00 iN2L: Science 101 (3A) 9:30 iN2L: Fact Vs Myth: The Plants (3A) 10:00 Hymn Sing (2A) 1:30 Seated Chair Exercise (2A) 2:00 Summer Olympics: World Religion Trivia (2A) 3:00 Bible Study (CN) 3:30 Hydration Station (LD) 6:15 Horseshoes (3E)</p>	<p>13 9:00 Morning Meeting And Inspirations (P) 9:30 Laugh Therapy (P) 10:30 Friends Making Friends: Picnic At Norlo Park With Dover (OOB) 12:30 Bingo At The Park (OOB) 1:30 Acrylic Canvas Painting (C) 2:00 Book Club: Chicken Soup (3A) 2:30 Brain Games: Word Search (3A) 3:00 Prize Bingo (3A) 6:00 Card Club (2A)</p>	<p>14 9:00 Morning Meeting and Inspirations (P) 9:30 Daily Chronicle & Discussion (P) 10:00 Craft Corner: Wooden Constellation (3A) 10:00 Dining Committee Meeting (DR) 1:30 Friends Making Friends: Chair Dancing (CN) 2:00 Kitchen Creations: Astronaut Ice Cream (C) 3:00 Musial Entertainment: Jessica Snyder (CN) 3:00 Memory Support Group (CN) 3:00 Bible Study (PDR) 6:00 Horseshoes (3E)</p>	<p>15 9:00 Morning Meeting and Inspirations (P) 10:00 Aromatherapy and Nail Care (P) 1:30 Art Exploration (C) 2:00 Worship Services (2A) 3:00 Book Club: Chicken Soup (3A) 3:30 Hydration On The Deck (P) 6:00 Chit Chat On The Porch (FL)</p>	<p>16 9:00 Morning Meeting and Inspirations (P) 9:30 Daily Chronicle and Discussion (P) 10:00 Brain Games (3A) 1:30 Memory Magic (3A) 2:00 Night Wonders of Astronomy (2A) 3:00 Out of This World Soiree (3A) 6:00 Movie: <i>Apollo 13</i> (3A)</p>	<p>17 9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle Discussion (3A) 10:00 Old Market Days \$(OOB) 1:30 Game Club: Would You Rather (3A) 2:00 Country Bus Ride: Rod & Gun Club Fish Hatchery (OOB) 3:30 Hydration Station (3A) 6:00 Puzzle Club (L)</p>
<p>18 9:00 Morning Meeting and Inspirations (P) 9:30 Helping Hands: Recycling Club (3A) 10:00 Bible Study Around The World (3A) 1:00 Aromatherapy and Nail Care (3A) 2:00 Worship Service (2A) 3:00 Sitcom: <i>Shirley Temple</i> (3A) 3:00 Summer Olympics: Jeopardy Final Round (C) 6:30 Songs & Scripture (Ch. 809) 7:00 Catholic Mass (Channel 291)</p>	<p>19 9:00 iN2L: Fun Facts About The Olympics (3A) 9:30 iN2L: Summer Olympic Videos (3A) 10:00 Hymn Sing (2A) 1:30 Seated Chair Exercise (2A) 2:00 Summer Olympics: World Religion Trivia (2A) 3:00 Bible Study (CN) 6:00 Game Shows (Ch.73) 6:15 Horseshoes (3E)</p>	<p>20 9:00 Morning Meeting And Inspirations (P) 9:30 Laugh Therapy (P) 10:00 Daily Chronicle and Discussion (P) 1:30 Acrylic Canvas Painting (C) 2:00 Prize Bingo (3A) 3:00 Book Club: Chicken Soup (3A) 3:30 Brain Games: Word Search (3A) 6:00 Card Club (2A)</p>	<p>21 9:00 Morning Meeting and Inspirations (P) 9:30 Daily Chronicle & Discussion (P) 10:00 Shopping Trip: Giant \$(OOB) 10:00 Memory Magic (3A) 1:30 Celebrating July Birthdays (CN) 2:00 Friends Making Friends: Balloon Ball (CN) 3:00 Bible Study (PDR) 3:00 Game Club: Cards (3A) 3:30 Walk & Roll Walking Club (FL) 6:00 Horseshoes (3E)</p>	<p>22 9:00 Morning Meeting and Inspirations (P) 10:00 Daily Chronicle & Discussion (P) 1:00 Aromatherapy and Nail Care (3A) 1:30 Art Exploration (C) 2:00 Worship Services (2A) 3:00 Chef's Table Featuring: Moon Pies (C) 3:00 Book Club: Chicken Soup (3A) 3:30 Hydration On The Deck (P) 6:00 Chit Chat On The Porch (FL)</p>	<p>23 9:00 Morning Meeting and Inspirations (P) 9:30 Daily Chronicle and Discussion (P) 10:00 Musical Therapy With Ron (CN) 1:30 Memory Magic (3A) 2:00 Daily Chronicle and Discussion (P) 2:30 Flower Oasis: Plant Checkup (3A) 3:00 Hydration: Drinks on the Deck (P) 3:30 Walk & Roll Walking Club (FL) 6:00 Movie: <i>Cool Running</i> (3A)</p>	<p>24 9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle Discussion (3A) 10:00 Game Club: Cards (3A) 1:30 Movie Madness: Track Town (3A) 3:00 Walk & Roll Walking Club (FL) 3:30 Hydration Station (LD) 6:00 Puzzle Club (L)</p>
<p>25 9:00 Morning Meeting and Inspirations (P) 9:30 Helping Hands: Recycling Club (3A) 10:00 Bible Study Around The World (3A) 1:30 Brain Games: Word Search (3A) 2:00 Worship Service (2A) 3:00 Summer Olympics: Jeopardy (C) 6:30 Songs & Scripture (Ch. 809) 7:00 Catholic Mass (Channel 291)</p>	<p>26 9:00 iN2L: Virtual Tour Of Hawaii (3A) 9:30 iN2L: Fun Facts About Hawaii (3A) 10:00 Hymn Sing (2A) 1:30 Seated Chair Exercise (2A) 2:00 Hearing Care Presentation with Vinny from Beltone (2A) 3:00 Bible Study (CN) 3:30 Hydration Station (LD) 6:15 Musical Entertainment by Joyful Noise (2A)</p>	<p>27 9:00 Morning Meeting And Inspirations (P) 9:30 Laugh Therapy (P) 10:00 Daily Chronicle and Discussion (P) 10:00 Shopping Trip: Giant \$ (OOB) 1:00 Aromatherapy and Nail Care (3A) 1:30 Acrylic Canvas Painting (C) 2:00 Prize Bingo (3A) 3:30 Book Club: Chicken Soup (3A) 6:00 Card Club (2A)</p>	<p>28 9:00 Morning Meeting and Inspirations (P) 9:30 Daily Chronicle & Discussion (P) 10:00 Craft Corner: Beach Canvas Painting (3A) 12:30 Educational Outing: Army Heritage & Education Center (OOB) 2:00 Puerto Rico Jewel of the Caribbean (2A) 3:00 Bible Study (PDR) 3:30 Walk & Roll Walking Club (FL) 6:00 Horseshoes (3E)</p>	<p>29 9:00 Morning Meeting and Inspirations (P) 10:00 Daily Chronicle & Discussion (P) 10:00 Kitchen Creations: Smores Snack Dip (C) 1:30 Art Exploration (C) 2:00 Worship Services (2A) 3:00 Chef's Pairing: Grilled Snacks (P) 3:30 Book Club: Chicken Soup (3A) 6:00 Chit Chat On The Porch (FL)</p>	<p>30 9:00 Morning Meeting and Inspirations (P) 9:30 Daily Chronicle and Discussion (P) 10:00 Musical Therapy With Ron (CN) 1:30 Balance & Action (3E) 2:00 Destination Trivia (3A) 3:00 Hydration: Drinks on the Deck (P) 3:30 Walk & Roll Walking Club (FL) 6:00 Movie:</p>	<p>31 9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle Discussion (3A) 10:00 Game Club: Sequence (3A) 1:30 Country Bus Ride: Antrim Township Park (OOB) 3:30 Hydration Station (3A) 6:00 Puzzle Club (L)</p>