

# Focus on Wellness

## Updates to our Reopening Guidelines

Pennsylvania has officially ended its mask mandate and other distancing precautions as of the end of June. We have made great progress in combatting COVID and are proud of our residents, team members and families for helping the cause through vaccinations. Now that cases are significantly diminished, we are happy to provide updated procedures as of 7/1/21:

- Testing limited to symptomatic residents/team & monthly surveillance of non-vaccinated team members
- Fully-vaccinated residents are not required to wear masks

We believe in the importance of socializing and family visits for the well-being of all of our communities. **Welcome Back!**

## Assisted Living Guidelines

rev. 6/30/21

### REQUIRED PRECAUTIONS

- Dining rooms, Community Life Programs & Internal services remain open
- Fully-vaccinated residents may remove masks
  - Team members & visitors to wear masks in the facilities
- Off-campus outings & family visits permitted for residents
  - Open visitation to residents is available in each community
- Testing only for symptomatic residents or staff
  - Non-vaccinated team members surveillance tested monthly
- New residents can receive the vaccine from our pharmacy

Please Note: Above guidelines are subject to Pennsylvania state mandates & procedures. Additional precautions may be taken if any significant outbreak occurs.



# Providence Place SENIOR LIVING News

Q3: August 2021

## A Note from the Executive Director

What a beautiful summer we are having. We are so happy to see so many residents and families enjoying our outdoor spaces and enjoying time together.

We have welcomed many new residents to our community this month. What a great opportunity it has been for our residents to expand their friendship circles.

The Providence Place Olympics has been the highlight of our Community Life Program in July with the opening ceremony, trivia events and a corn hole competition. We are handing out medals and having lots of fun!

Hope you are enjoying your summer and we look forward to a fantastic fall.

Best,

*Francie Hoch*

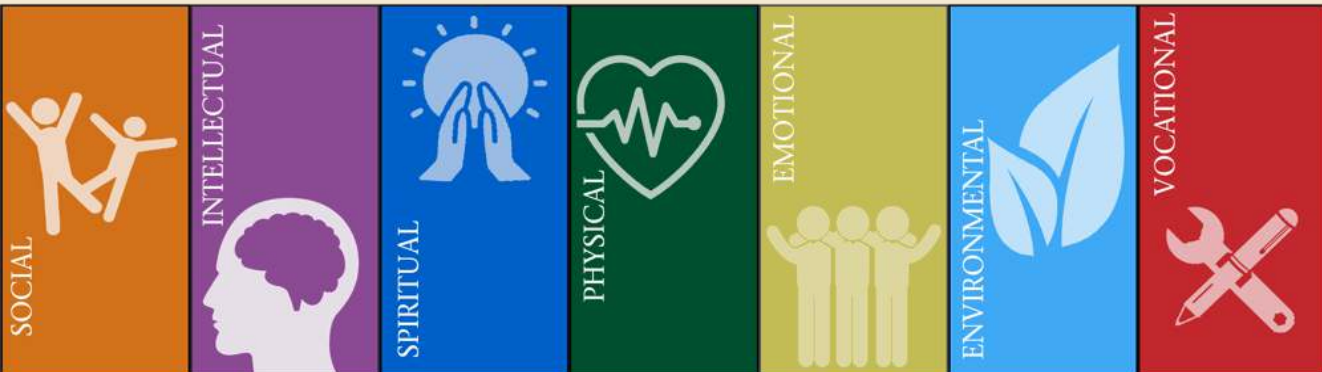
*Executive Director*

## Highlighted Events

- 5 – EdU Pearl Harbor Attack  
Presentation by Ray Rossa @ 1pm
- 12 – Fireside Chat with Francie @ 1pm
- 19 – Hawaiian Luau Dinner Party @  
5pm: Entertainment by Lori & Jim
- 25 – Edu Awesome Owls with Indian  
Run Environment Center @ 1:15pm
- 31 – Lunch Trip to Mission BBQ  
@ 11am

## Welcome New Residents

Patricia Hogue  
Noreen Coary  
Barbara Scully  
Mona Peterman  
Walter Kilkuskie



*Dimensions  
of Wellness*

## Resident Birthdays

### August

Joseph Fritz  
Marilyn Rivers  
Richard O'Brien  
Grace Scull

### September

Jean Lacy



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at [www.Facebook.com/ProvPlace](http://www.Facebook.com/ProvPlace).



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at [ProvidenceRetirement@gmail.com](mailto:ProvidenceRetirement@gmail.com).



[www.Providence-Place.com](http://www.Providence-Place.com)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1 8:00 Televised Catholic Mass (Ch 291) 9:30 Distribution of Communion (CR) 10:00 The Daily Chronicle (CR) 1:00 Sunday Movie Matinee (T) <i>Life As We Know It</i> 2:00 Racko Card Club (P) 3:30 Pinochle Club (AR)	2 9:00 Walk and Roll Club (L) 10:30 Watermelon Sculpting (AR) 11:30 Current Events (CR) 1:00 Bingo (AR) 2:00 Nutrition for Seniors w/ Genesis (AR) 3:00 August Facts and Trivia (CR) 4:00 Happy Hour Featuring Watermelon Cocktails (P)	3 10:00 Wii Bowling (CR) 11:00 Lunch Trip to Olive Garden **\$\$ 11:30 Walking and Roll w/ Genesis (L) 1:00 Card Club (AR) 2:00 Green Thumbs Tending to plants (OL) 3:00 Make-A-Word (CR) 4:00 Rosary (T)	4 9:00 Walk and Roll Club (L) 10:00 Rosary and Spiritual Prayer Group w/ St. Eleanor's Legion of Mary (T) 1:15 Afternoon Stretch w/ Joe (CR) 2:00 Crafty Crew: Beach Paintings (AR) 3:30 Pinochle Club (CR) 4:00 Back Deck Chat	5 9:00 Walk and Roll Club (L) 10:30 Scenic Drive** 11:00 Crossword Puzzle (CR) 1:00 ED-U Pearl Harbor Attack (CR) w/ Guest Speaker Ray Rossa 2:00 Ladderball (CR) 3:00 Comedy Hour (T) 6:00 Happy Hour Featuring Craft Beers (P)	6 9:00 Walk and Roll Club (L) 10:00 Those Were the Days (CR) 11:00 Rummy Club (AR) 1:00 Wii Bowling (CR) 2:00 Racko Card Game (P) 3:30 Pinochle Club (AR) 4:00 Outdoor Walk (L)	7 9:00 Walk and Roll Club (L) 10:00 Wii Bowling (CR) 11:00 The Daily Chronicle (CR) 1:00 Bingo (AR) 2:15 Word Games (CR) 3:00 Pinochle Club (AR) 4:00 Happy Hour (P)	
8 8:00 Televised Catholic Mass (Ch 291) 9:30 Distribution of Communion (CR) 10:00 The Daily Chronicle (CR) 1:00 Sunday Movie Matinee (T) <i>Nights In Rodanthe</i> 2:00 Racko Card Club (P) 3:30 Pinochle Club (AR)	9 9:00 Walk and Roll (L) 10:30 Wii Bowling (CR) 11:00 The Daily Chronicle (CR) 1:00 Resident Run Bingo (AR) 2:15 Polonaise Dancing w/ Nadine (CR) 3:00 Pinochle Club (AR) 4:00 Resident Run Happy Hour (P)	10 10:00 Retail Shopping at Wal-Mart **\$\$ 11:00 Wii Bowling (CR) 11:30 Walk and Roll w/ Genesis (L) 1:00 Card Club (AR) 2:00 Green Thumbs Tending to Plants (OL) 3:00 Scrabble (CR) 4:00 Rosary (T)	11 9:00 Walk and Roll Club (L) 10:00 Rosary and Spiritual Prayer Group w/ St. Eleanor's Legion of Mary (T) 11:45 Singer Jerry Trecoce Performs During Lunch (DR) 1:15 Balance Fitness w/ Nadine (CR) 3:30 Pinochle Club (CR) 4:00 Back Deck Chat	12 9:00 Walk and Roll Club (L) 10:30 Scenic Drive** 11:00 Those Were the Days (CR) 1:00 Fireside Chat (CR) 2:00 Racko Card Game 3:00 Rummy Club (AR) 4:00 Afternoon Walk (L) 6:00 Resident Run Bingo (AR)	13 9:00 Walk and Roll Club (L) 10:00 Wii Bowling (CR) 11:00 Scrabble (CR) 1:00 Wii Bowling (CR) 2:00 Racko Card Game (P) 3:30 Pinochle Club (AR) 4:00 Outdoor Walk (L)	14 9:00 Walk and Roll Club (L) 10:00 Those Were the Days (CR) 11:00 Racko Card Club (P) 1:00 Wii Bowling (CR) 2:00 Green Thumbs Tending to Plants (OL) 3:30 Pinochle Club (AR) 4:00 Outdoor Walk (L)	
15 8:00 Televised Catholic Mass (Ch 291) 9:30 Distribution of Communion (CR) 10:00 The Daily Chronicle (CR) 1:00 Sunday Movie Matinee (T) <i>Safe Haven</i> 2:00 Racko Card Club (P) 3:30 Pinochle Club (AR)	16 9:00 Walk and Roll Club (L) 10:30 Baking Club: Sour Cream Pound Cake (AR) 11:30 Current Events (CR) 1:00 Bingo (AR) 2:15 Polonaise Dancing w/ Nadine (CR) 3:00 Pinochle Club (AR) 4:00 Happy Hour Featuring Rum & Coke (P)	17 10:00 Shopping Trip to Dollar Tree**\$\$ 11:00 Wii Bowling (CR) 11:30 Walk and Roll w/ Genesis (L) 1:00 Card Club (AR) 2:00 Green Thumbs Tending to Plants (OL) 3:00 Scrabble (CR) 4:00 Rosary (T)	18 9:00 Walk and Roll Club (L) 10:00 Catholic Mass Rosary and Spiritual Prayer Group w/ St. Eleanor's Legion of Mary (T) 11:00 Cooking Demo w/ Chef Chad (AR) 1:15 Balance Fitness w/ Nadine (CR) 3:30 Pinochle Club (CR) 4:00 Outdoor Walk (L)	19 9:00 Walk and Roll Club (L) 10:00 Trip to Giant**\$\$ 11:00 Crossword Puzzle (CR) 1:00 Exploring Hawaii Google Earth (CR) 2:00 Ladderball (CR) 3:00 Comedy Hour (L) 5:00 Hawaiian Luau Dinner Party w/ Entertainers Lori and Jim (DR)	20 9:00 Walk and Roll Club (L) 10:00 Wii Bowling (CR) 11:00 Scrabble (CR) 1:00 Wii Bowling (CR) 2:00 Racko Card Game (P) 3:30 Pinochle Club (AR) 4:00 Outdoor Walk (L)	21 9:00 Walk and Roll Club (L) 10:00 Therapy Dogs International Visits 11:00 Current Events (CR) 1:00 Bingo (AR) 2:15 Crossword Puzzle (CR) 3:00 Rummy Club (AR) 4:00 Celebrating Our Seniors Happy Hour  Senior Citizen's Day	
22 8:00 Televised Catholic Mass (Ch 291) 9:30 Distribution of Communion (CR) 10:00 The Daily Chronicle (CR) 1:00 Sunday Movie Matinee (T) <i>The Proposal</i> 2:00 Racko Card Club (P) 3:30 Pinochle Club (AR)	23 9:00 Walk and Roll Club (L) 10:30 Baking Club: Peach Cobbler (AR) 11:30 Current Events (CR) 1:00 Community Life Committee (AR) 1:30 Bingo (AR) 2:15 Polonaise Dancing w/ Nadine (CR) 3:00 Pinochle Club (AR) 4:00 Happy Hour (P)	24 10:00 Retail Shopping Trip to Ross**\$\$ 11:00 Wii Bowling (CR) 11:30 Walk and Roll w/ Genesis (L) 1:00 Card Club (AR) 2:00 Green Thumbs Tending to Plants (OL) 3:00 Checkers (CR) 4:00 Rosary (T)	25 9:00 Walk and Roll Club (L) 10:00 Rosary and Spiritual Prayer Group w/ St. Eleanor's Legion of Mary (T) 11:00 Exploring Greece Google Earth (CR) 1:15 Balance Fitness w/ Nadine (CR) 3:30 Cooking Demo w/ Chef Chad (P) 4:00 Pinochle Club (AR)	26 9:00 Walk and Roll Club (L) 10:00 Scenic Drive** 11:00 Wii Bowling (CR) 1:15 ED-U Awesome Owls w/ Indian Run Environmental Education Center (CR) 2:00 Racko Card Club (P) 3:00 Comedy Hour (T) 6:00 Bingo (CR)	27 9:00 Walk and Roll (L) 10:00 Wii Bowling (CR) 11:00 Current Events (CR) 1:00 Bingo (AR) 2:15 Education Committee (CR) 3:00 Afternoon Stretch (CR) 4:00 Happy Hour (P)	28 9:00 Walk and Roll (L) 10:00 Those Were the Days (CR) 11:00 Racko Card Club (P) 1:00 Wii Bowling (CR) 2:00 Green Thumbs Tending to Plants (OL) 3:30 Pinochle Club (AR) 4:00 Outdoor Walk (L)	
29 8:00 Televised Catholic Mass (Ch 291) 9:30 Distribution of Communion (CR) 10:00 The Daily Chronicle (CR) 1:00 Sunday Movie Matinee (T) <i>Dances with Wolves</i> 2:00 Racko Card Club (P) 3:30 Pinochle Club (AR)	30 9:00 Walk and Roll Club (L) 10:30 Baking Club: Sand Castle Cake (AR) 11:30 Current Events (CR) 1:00 Dining Services Committee (AR) 1:30 Beach Blanket Bingo (AR) 2:15 Polonaise Dancing w/ Nadine (CR) 3:00 Pinochle Club (AR) 4:00 Beach Themed Happy Hour (P)	31 10:00 Wii Bowling (CR) 11:00 Lunch Trip to Mission BBQ**\$\$ 11:30 Walk and Roll w/ Genesis (L) 1:00 Card Club (AR) 2:00 Green Thumbs Tending to Plants (OL) 3:00 Scrabble (CR) 4:00 Rosary (T)	<h1>August</h1> <h2>2021</h2>			<b>Calendar Key:</b> **Registration Required, \$\$ Cost Involved (AR) Activity Room (CR) Community Room (DR) Dining Room (L) Lobby (OL) Old Lobby (P) Pub	

