

Focus on Wellness

Updates to our Reopening Guidelines

Pennsylvania has officially ended its mask mandate and other distancing precautions as of the end of June. We have made great progress in combatting COVID and are proud of our residents, team members and families for helping the cause through vaccinations. Now that cases are significantly diminished, we are happy to provide updated procedures as of 7/1/21:

- Testing limited to symptomatic residents/team & monthly surveillance of non-vaccinated team members
- Fully-vaccinated residents are not required to wear masks

We believe in the importance of socializing and family visits for the well-being of all of our communities. **Welcome Back!**

Assisted Living Guidelines

rev. 6/30/21

REQUIRED PRECAUTIONS

- Dining rooms, Community Life Programs & Internal services remain open
- Fully-vaccinated residents may remove masks
 - Team members & visitors to wear masks in the facilities
- Off-campus outings & family visits permitted for residents
 - Open visitation to residents is available in each community
- Testing only for symptomatic residents or staff
 - Non-vaccinated team members surveillance tested monthly
- New residents can receive the vaccine from our pharmacy

Please Note: Above guidelines are subject to Pennsylvania state mandates & procedures. Additional precautions may be taken if any significant outbreak occurs.



Dimensions of Wellness

A Note from the Executive Director

Summer has arrived! With our campus being fully-vaccinated, please take advantage of the outside spaces when you have visits with family and friends. Don't forget the great walking trail that goes around the building – and be sure to check out and utilize our center courtyard. We have new seating areas and will be holding socials and gardening clubs in the courtyard.

See the activity calendar for details and for some great trips out and about.

We will begin renovations soon on our 100 patio.... completion should be in September. Also, in September we will be holding our annual Luau, be on the lookout for more information to come!

Visits with family and friends are welcomed & encouraged, just make sure guest check in at the front desk. All visits must be in your private apartment or outside, please no visits in common areas unless designated visiting area has been scheduled.

Our staff would be more than happy to continue to assist with virtual visits such as FaceTime, Zoom, and Skype if you prefer.

Thank you for your cooperation, and enjoy your Summer,

Howard Holben

Executive Director

Highlighted Events

- 4th & 18th – **Swing Dance Lessons** @ 6pm
- 5 – **Poolside Social** @ 1:15pm
- 5 – **Paint & Sip Event** @ 6pm
- 11 – **Cookie Baking for our local police officers** @ 1pm
- 16th & 17th – **Chili Cook-Off** (Residents vs. Staff) @ 2pm

Resident Birthdays

August

September

Eugene Spahr
Alverta Downs
Mariam Warner
Helen Byers
Margaret Thoman
Ann Sheffer
Elizabeth Scarsella
Eva Wolf
Ralph Miller
Nancy Gmeiner
Paul Aikens
Jacqueline Landis

Charlotte Rohrbaugh
Yvonne Lyter
Dale Zinn
Russell Grim
Louella Schaffer
Maryemma Londis
Grace Warner
Norma Jean Crone
Janet Deardorff

Eleanor Loftus
Mildred Becker
Bertha Alwine
Sally Messenger
Fairy Carver
Helen Kathleen Waters
Patricia Myers
Joann Lehman
Deloris Crone

J. Morgan Stobie
Ruth Laughman
Claire Papenberg
Carol Murphy
William Wendel



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1 9:30 Daily Reading and Drinks (P) 9:30 Chair Exercise (AR) 9:45 Song and Scripture (P) 10:15 Digit Dexterity (P) 10:30 Name that Tune & Menu Review (P) 1:15 History of William Clark (P) 2:00 Blueberry Lemon Pie Bar Social (P) 3:00 Church Service (CR/CH)	2 9:30 Daily Reading and Drinks (P) 9:40 5 Minute Exercises (P) 9:45 Sing along with Sonshine Gang (P) 10:30 House of Café and Daily Devotional (AR) 10:45 Menu Review (P) 1:30 Social with Friends (CN) 2:45 Take a Penny Leave a Penny Game (CR/CH)	3 9:30 Daily Reading and Drinks (CR/CH) 9:45 Peaches all Day (CR/CH) 10:00 Grief Share with the Pastor (P) 10:15 Imagery Fitness (CR/CH) 10:45 Menu Review (CR/CH) 1:30 Circle of Friends (P) 1:30 Memories in the Making (CR/CH) 3:15 Balance Class (FR) 6:00 Bingo and Mocktails (AR)	4 9:30 Daily Reading and Drinks (P) 9:45 What am I ? (P) 10:00 Church Service with Pastor (CR/CH) 10:15 Table Top Game (CR/CH) 10:45 Menu Review (CR/CH) 1:15 History of Martins Potato Chips & Tasting (CR/CH) 2:00 Ice Cream Bar (P) 3:00 Bingo (AR)	5 9:30 Daily Reading and Drinks (CR/CH) 9:45 IN2L Fitness (CR/CH) 10:00 Bible Study (P) 10:00 Explore the World (CR/CH) 10:45 Menu Review (CR/CH) 1:15 Poolside Happy Hour (P) 1:30 Culinary Creations with Friends (CN) 3:00 Hymn Sings with Pastor (CR/CH) 4:00 Dinner and a Show (CR/CH)	6 9:30 Daily Reading and Drinks (CR/CH) 9:45 Word Game (CR/CH) 10:15 Fitness Dice (CR/CH) 10:30 Timed Trivia (CR/CH) 10:45 Menu Review (CR/CH) 1:15 I love Lucy Birthday Party (CR/CH) 2:15 Lucille Ball facts and trivia (CR/CH) 3:00 Jingo (AR) 3:15 Root Beer Floats (CR/CH)	7 9:30 Daily Reading and Drinks (P) 9:30 Chair Exercise (AR) 10:00 Coffee and Current Events (AR) 9:45 Discussion and Danish (P) 10:15 Resistance Band Stretching (P) 1:15 Country Ride (LB) 2:15 History of Base Ball (P) 3:15 Oreo Cookie Base Ball (
8 9:30 Daily Reading and Drinks (P) 9:30 Chair Exercise (AR) 9:45 Song and Scripture (P) 10:15 Digit Dexterity (P) 10:30 Name that Tune & Menu Review (P) 1:15 Make and Take Craft (P) 2:00 Acai Bowl Social (P) 3:00 Church Service (CR/CH)	9 9:30 Daily Reading and Drinks (P) 9:40 5 Minute Exercises (P) 9:45 Sing along with Sonshine Gang (P) 10:30 House of Café and Daily Devotional (AR) 10:45 Menu Review (P) 1:30 Social with Friends (CN) 2:45 How many types of Melon can you name (CR/CH)	10 9:30 Daily Reading and Drinks (CR/CH) 9:45 Sun Visor Creating (CR/CH) 10:00 Grief Share with the Pastor (P) 10:15 Imagery Fitness (CR/CH) 10:45 Menu Review (CR/CH) 1:30 Circle of Friends (P) 1:30 Finish the Phrase (CR/CH) 3:15 Paw print cookies (AR)	11 9:30 Daily Reading and Drinks (P) 9:45 Read Round (P) 10:00 Church Service with Pastor (CR/CH) 10:15 Table Top Game (P) 10:45 Menu Review (P) 1:15 Instant Coffee and History (CR/CH) 2:00 3:00	12 9:30 Daily Reading and Drinks (CR/CH) 9:45 IN2L Fitness (CR/CH) 10:00 Bible Study (P) 10:00 Explore the World (CR/CH) 10:45 Menu Review (CR/CH) 1:30 Swing Dance Presentation (CN) 2:00 Sock Hop Happy Hour (P) 3:00 Performance by Lady Birds (P) 3:00 Hymn Sings with Pastor (CR/CH)	13 9:30 Daily Reading and Drinks (CR/CH) 9:45 Word Game (CR/CH) 10:15 Fitness Dice (CR/CH) 10:30 Timed Trivia (CR/CH) 10:45 Menu Review (CR/CH) 1:15 Spooky Stories with Dot and Eerie Edibles (CR/CH) 2:30 Music Therapy (P) 3:00 Pokeno (AR)	14 9:30 Daily Reading and Drinks (P) 9:30 Chair Exercise (AR) 10:00 Coffee and Current Events (AR) 9:45 Discussion and Danish (P) 10:15 Resistance Band Stretching (P) 1:15 Making Good Old GORP (CR/CH) 1:15 Country Ride (LB) 2:30 Small Bite Social (P) 3:00 Music with Mick (P)	
15 9:30 Daily Reading and Drinks (P) 9:30 Chair Exercise (AR) 9:45 Song and Scripture (P) 10:15 Digit Dexterity (P) 10:30 Name that Tune & Menu Review (P) 1:15 Working out to Wood Stock (P) 2:00 Banana Split Social (P) 3:00 Church Service (CR/CH)	16 9:30 Daily Reading and Drinks (P) 9:40 5 Minute Exercises (P) 9:45 Sing along with Sonshine Gang (P) 10:00 House of Café and Daily Devotional (AR) 10:45 Menu Review (P) 1:30 Social with Friends (CN) 2:45 Light House Bingo (CR/CH) 3:30 Light House Facts (CR/CH)	17 9:30 Daily Reading and Drinks (CR/CH) 9:45 Creating a Hot Air Balloon (CR/CH) 10:00 Grief Share with the Pastor (P) 10:15 Imagery Fitness (CR/CH) 10:30 Yoga with Alison (FR) 10:45 Menu Review (CR/CH) 1:30 Circle of Friends (P) 1:30 Memory Magic (CR/CH) 3:15 Balance Class (FR)	18 9:30 Daily Reading and Drinks (P) 9:45 Junk Drawer Detective (P) 10:00 Church Service with Pastor (CR/CH) 10:15 Table Top Game (CR/CH) 10:45 Menu Review (CR/CH) 1:15 Ten interesting about Ashura 2021 (CR/CH) 2:00 Smoothie Social (P) 3:00 Bingo (AR)	19 9:30 Daily Reading and Drinks (CR/CH) 9:45 IN2L Fitness (CR/CH) 10:00 Bible Study (P) 10:00 Explore the World (CR/CH) 10:45 Menu Review (CR/CH) 1:15 History of Magic (P) 1:30 Culinary Creations with Friends (CN) 2:00 Magic Show and Cocktails (P) 3:00 Hymn Sings with Pastor (CR/CH)	20 9:30 Daily Reading and Drinks (CR/CH) 9:45 Word Game (CR/CH) 10:15 Fitness Dice (CR/CH) 10:30 Timed Trivia (CR/CH) 10:45 Menu Review (CR/CH) 1:15 Shake Rattle and Roll to Rock 'n' Roll Music with Dot (CR/CH) 1:45 Beach themed trivia (CR/CH) 3:00 Jingo (AR)	Senior Citizen's Day 21 9:30 Daily Reading and Drinks (P) 9:30 Chair Exercise (AR) 10:00 Coffee and Current Events (AR) 9:45 Discussion and Danish (P) 10:15 Resistance Band Stretching (P) 1:15 What's the Buzz about Honey Bees? (CR/CH) 2:00 Music with Tom and Randy (P)	
22 9:30 Daily Reading and Drinks (P) 9:30 Chair Exercise (AR) 9:45 Song and Scripture (P) 10:15 Digit Dexterity (P) 10:30 Name that Tune & Menu Review (P) 1:15 Simple Sign Language (P) 2:15 Creative arts : Sunflower Window Sun-Catcher (P) 3:00 Church Service (CR/CH)	23 9:30 Daily Reading and Drinks (P) 9:40 5 Minute Exercises (P) 9:45 Sing along with Sonshine Gang (P) 10:00 House of Café and Daily Devotional (AR) 10:45 Menu Review (P) 1:30 Social with Friends (CN) 2:45 Gene Kelly Read Round (CR/CH) 3:30 Honey and Graham Crackers (CR/CH)	24 9:30 Daily Reading and Drinks (CR/CH) 9:45 Peach Pie Making (CR/CH) 10:00 Grief Share with the Pastor (P) 10:15 Imagery Fitness (CR/CH) 10:45 Menu Review (CR/CH) 1:30 Circle of Friends (P) 1:30 Beaches and Ocean Pudding Cups (CR/CH) 3:15 Balance Class (FR)	25 9:30 Daily Reading and Drinks (P) 9:45 Name 5 game (P) 10:00 Church Service with Pastor (CR/CH) 10:15 Table Top Game (CR/CH) 10:45 Menu Review (CR/CH) 1:15 Creating the Yellow Brick Road (CR/CH) 2:00 Coffee Bar Social (P) 3:00 Bingo (AR)	26 9:30 Daily Reading and Drinks (CR/CH) 9:45 IN2L Fitness (CR/CH) 10:00 Bible Study (P) 10:00 Explore the World (CR/CH) 10:45 Menu Review (CR/CH) 1:30 Culinary Creations with Friends (CN) 1:30 Cherry Pops on the Porch (FP) 3:00 Hymn Sings with Pastor (CR/CH)	27 9:30 Daily Reading and Drinks (CR/CH) 9:45 Word Game (CR/CH) 10:15 Fitness Dice (CR/CH) 10:30 Timed Trivia (CR/CH) 10:45 Menu Review (CR/CH) 1:15 Golfing on the Wii (AR) 2:30 Music Therapy (P) 3:00 Jingo (AR)	28 9:30 Daily Reading and Drinks (P) 9:30 Chair Exercise (AR) 10:00 Coffee and Current Events (AR) 9:45 Discussion and Danish (P) 10:15 Resistance Band Stretching (P) 1:15 Fresh Squeezed Lemonade (P) 2:15 Sing Along and Drinks (AR) 3:30 Brain Games with IN2L (AR)	
29 9:30 Daily Reading and Drinks (P) 9:30 Chair Exercise (AR) 9:45 Song and Scripture (P) 10:15 Digit Dexterity (P) 10:30 Name that Tune & Menu Review (P) 1:15 Caramel Apple Bits Making (AR) 2:15 Finishing Sun Flower Window Sun-Catchers (P) 3:00 Church Service (CR/CH)	30 9:30 Daily Reading and Drinks (P) 9:40 5 Minute Exercises (P) 9:45 Sing along with Sonshine Gang (P) 10:00 House of Café and Daily Devotional (AR) 10:45 Menu Review (P) 1:15 Last Monday of Month Movie: Mary Poppins and Caramel Apple Bits (CR/CH) 3:30 Who was Mary Poppins ? (CR/CH)	31 9:30 Daily Reading and Drinks (CR/CH) 9:45 August Trivia (CR/CH) 10:00 Grief Share with the Pastor (P) 10:15 Imagery Fitness (CR/CH) 10:45 Make your own Lunch (CR/CH) 11:00 Club Luncheon on the Dinning Room Deck (DRD) 1:30 Circle of Friends (P) 1:30 Read Round (CR/CH)	<h1>August</h1> <h2>2021</h2>			Calendar Key: ** Registration Required \$\$ Cost Involved Activity Room (AR) Community Room/ Chapel (CR/CH) Pub (P) Lobby (LB) Connections Neighborhood (CN) 100 Hall Patio (100 Hall) Court Yard (CY) Front Porch (FP)	

THE
Club