

Focus on Wellness

Updates to our Reopening Guidelines

Pennsylvania has officially ended its mask mandate and other distancing precautions as of the end of June. We have made great progress in combatting COVID and are proud of our residents, team members and families for helping the cause through vaccinations. Now that cases are significantly diminished, we are happy to provide updated procedures as of 7/1/21:

- Testing limited to symptomatic residents/team & monthly surveillance of non-vaccinated team members
- Fully-vaccinated residents are not required to wear masks

We believe in the importance of socializing and family visits for the well-being of all of our communities. **Welcome Back!**

Assisted Living Guidelines

rev. 6/30/21

REQUIRED PRECAUTIONS

- Dining rooms, Community Life Programs & Internal services remain open
- Fully-vaccinated residents may remove masks
 - Team members & visitors to wear masks in the facilities
- Off-campus outings & family visits permitted for residents
 - Open visitation to residents is available in each community
- Testing only for symptomatic residents or staff
 - Non-vaccinated team members surveillance tested monthly
- New residents can receive the vaccine from our pharmacy

Please Note: Above guidelines are subject to Pennsylvania state mandates & procedures. Additional precautions may be taken if any significant outbreak occurs.

Q3: August 2021



Dimensions of Wellness

A Note from the Executive Director

Summer has arrived! With our campus being fully-vaccinated, please take advantage of the outside spaces when you have visits with family and friends. Don't forget the great walking trail that goes around the building – and be sure to check out and utilize our center courtyard. We have new seating areas and will be holding socials and gardening clubs in the courtyard.

See the activity calendar for details and for some great trips out and about.

We will begin renovations soon on our 100 patio.... completion should be in September. Also, in September we will be holding our annual Luau, be on the lookout for more information to come!

Visits with family and friends are welcomed & encouraged, just make sure guest check in at the front desk. All visits must be in your private apartment or outside, please no visits in common areas unless designated visiting area has been scheduled.

Our staff would be more than happy to continue to assist with virtual visits such as FaceTime, Zoom, and Skype if you prefer.

Thank you for your cooperation, and enjoy your Summer,

Howard Holben

Executive Director

Highlighted Events

- 4th & 18th – **Swing Dance Lessons** @ 6pm
- 5 – **Poolside Social** @ 1:15pm
- 5 – **Paint & Sip Event** @ 6pm
- 11 – **Cookie Baking for our local police officers** @ 1pm
- 16th & 17th – **Chili Cook-Off** (Residents vs. Staff) @ 2pm

August

Resident Birthdays

September

Eugene Spahr
Alverta Downs
Mariam Warner
Helen Byers
Margaret Thoman
Ann Sheffer
Elizabeth Scarsella
Eva Wolf
Ralph Miller
Nancy Gmeiner
Paul Aikens
Jacqueline Landis

Charlotte Rohrbaugh
Yvonne Lyter
Dale Zinn
Russell Grim
Louella Schaffer
Maryemma Londis
Grace Warner
Norma Jean Crone
Janet Deardorff

Eleanor Loftus
Mildred Becker
Bertha Alwine
Sally Messenger
Fairy Carver
Helen Kathleen Waters
Patricia Myers
Joann Lehman
Deloris Crone

J. Morgan Stobie
Ruth Laughman
Claire Papenberg
Carol Murphy
William Wendel



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1 9:30 Chair Fitness (AR) 10:00 Be Kind to Our Plants (AR) 1:15 Culinary Creations: DIY Blueberry Lemon Pie Bars (AR) 2:00 Blueberry Lemon Bars Social (AR) 3:00 Church Service (CR) 6:00 Resident Hosted: Poker Night (AR)	2 9:30 Chair Fitness (AR) 9:45 Songs with Sunshine Gang (P) 10:30 House of Café & Devotions (AR) 1:15 Sun Kiss Stroll (OOB) 2:00 Create & Design: Sun Catcher (AR) 3:00 Ice Cream Sandwich Social (AR) 5:30 Table Top Games (AR) 6:00 Fresh Air & Conversations (OOB)	3 9:30 Chair Fitness (AR) 10:00 GriefShare Support Group (P) 10:00 Retail Shopping: Burlington**\$\$ (OOB) 10:30 Yoga with Alison (FR) 11:00 Men's Lunch: Brewvino (OOB) 1:15 Sun Kiss Stroll (OOB) 2:00 Happy Hour with Joe Crispell (P) 3:15 Balance Class (FR) 6:00 Bingo & Mocktails (AR)	4 9:30 Chair Fitness (AR) 10:00 Worship Service (CH) 10:00 Kings In The Corner (AR) 11:00 Birthday Lunch Celebration-1 (P) 1:30 Birthday Lunch Celebration-2 (P) 2:30 Songs with Alexa (AR) 3:00 Bingo (AR) 6:00 Swing Dance 101 by Randi (CR)	5 9:30 Chair Fitness (AR) 10:00 Bible Study & Refreshments (P) 10:30 Rosary (AR) 11:00 Lunch Bunch: Chick-Fil-A (AR) 1:15 Poolside Happy Hour (P) 3:00 Hymns with Chaplain Armando (CR) 6:00 Paint & Sip (AR)	6 9:30 Chair Fitness (AR) 10:00 Chef's Food Demo (AR) 1:15 Table Top Games (AR) 2:00 Root Beer Float Social (P) 3:00 Songs of the Heart: Suzie Q (AR) 5:30 Tunes & Mingle (AR) 6:00 Fresh Pages Circle Book Club (AR)	7 9:30 Chair Fitness (AR) 10:00 House of Café & Current Events (AR) 1:15 Country Ride** (OOB) 2:30 Hats & Bingo (AR) 3:30 Mingle & Tunes With Alexa (AR) 5:30 Tunes & Card Games (AR) 6:15 Resident Hosted: Adult Coloring (AR)	
8 9:30 Chair Fitness (AR) 10:00 Gentleman's Circle; Topic: Emotions & How To Cope 1:15 Culinary Creation; DIY Acai Bowls (AR) 2:00 Acai Bowls Social (AR) 3:00 Church Service (CR) 6:00 Resident Hosted; Poker Night (AR)	9 9:30 Chair Fitness (AR) 9:45 Sing-along by Sunshine Gang (P) 10:30 House Of Café & Daily Devotional (AR) 1:00 Sun Kiss Stroll (OOB) 1:30 Fresh Pages; Choose Book (AR) 2:00 Create & Design; Cardboard Lemonade Craft (AR) 3:00 Lemonade Slushy Social (AR) 5:30 Tabletop Games (AR) 6:00 Fresh Air & Conversations (OOB)	10 9:30 Chair Fitness (AR) 10:00 Grief Share Support Group (P) 10:00 Gentlemen's Brunch (P) 10:30 Yoga with Alison (FR) 2:00 Happy Hour & Ted Talk by Sam Barnes (P) 2:00 Neighbor Visit; PA State Food Connections Neighborhood 6:00 Bingo & Mocktails (AR)	11 9:30 Chair Fitness (AR) 10:00 Worship Service (CH) 10:00 Rummikub (AR) 11:00 Ladies Luncheon (AR) 1:00 Chocolate Chip Cookie Baking For Local Police Department (AR) 3:00 Bingo (AR) 5:30 Tabletop Games (AR) 6:00 Knit Pickers (AR)	12 9:30 Chair Fitness (AR) 10:00 Bible Study & Refreshments (P) 10:30 Rosary (AR) 1:15 World Religion Trivia (AR) 2:00 Sock Hop Happy Hour (P) 3:00 Performance By Lady Birds (P) 3:00 Hymns with Chaplain Armando (CR) 4:00 Hibachi Night*** (OOB) 6:00 Comedy Night With IN2L & Mocktails (P)	13 9:30 Chair Fitness (AR) 10:00 Chefs Pairing (AR) 1:15 Table Top Air Hockey (AR) 2:15 Music Therapy Hosted by Lindsey (AR) 3:00 Pokeno (AR) 5:30 Tunes & Mingle (AR) 6:00 Fresh Pages Circle; Book Discussion (AR)	14 9:30 Chair Fitness (AR) 10:00 House of Café & Current Events (AR) 1:15 Country Ride** (OOB) 2:30 Small Bites Social (P) 3:00 Musical Entertainment Featuring Mick Cochran (P) 5:30 Tunes & Card Games (AR) 6:15 Resident Hosted; Knit Pickers (AR)	
15 9:30 Chair Fitness (AR) 10:00 Ladies Circle; Topic: Pretty Hands (AR) 1:15 Culinary Creation; DIY Banana Splits (AR) 2:00 Banana Split Social (AR) 3:00 Church Service (CR) 6:00 Resident Hosted; Poker Night (AR)	16 9:30 Chair Fitness (AR) 9:45 Sing-along by Sunshine Gang (P) 10:30 House Of Café & Daily Devotional (AR) 1:15 Sun Kiss Stroll (OOB) 2:00 Culinary Creation; Chili For Cook-off (AR) 5:30 Tabletop Games (AR) 6:00 Fresh Air & Conversations (OOB)	17 9:30 Chair Fitness (AR) 10:00 Grief Share Support Group (P) 10:00 Amish Market **\$\$ (OOB) 10:30 Yoga with Alison (FR) 1:15 Sun Kiss Stroll (OOB) 2:00 Chili Cook-Off (P) 4:00 Gentleman's Dinner in Bowties (P) 6:00 Bingo & Mocktails (AR)	18 9:30 Chair Fitness (AR) 10:00 Worship Service (CH) 10:00 Monopoly (AR) 1:30 Clowning Around With Sonnie; Snow Cones & Carnival Games (P) 3:00 Bingo (AR) 6:00 Swing Dancing Lessons With Randi (CR)	19 9:30 Chair Fitness (AR) 10:00 Bible Study & Refreshments (P) 10:30 Rosary (AR) 11:00 Lunch Bunch; Gyros (AR) 1:15 Sun-kiss Stroll (OOB) 2:00 Magic Show by Michael Thomas & Cocktails (P) 3:00 Hymns with Chaplain Armando (CR) 4:00 Dinner & A Show (CR) 5:00 Hollywood Casino York*** (OOB)	20 9:30 Chair Fitness (AR) 10:00 Kings in the Corner (AR) 11:30 Lunch Bunch (AR) 1:15 Jewelry Creation (AR) 2:00 Meet The Chef (AR) 3:00 Name That Tune With In2l 5:30 Tunes & Mingle (AR) 6:00 Fresh Pages Circle; Book Discussion (AR)	21 9:30 Chair Fitness (AR) 10:00 House Of Café & Current Events (AR) 1:15 Country Ride** (OOB) 2:00 Musical Entertainment Featuring Tom & Randy (P) 3:00 Wii Bowling (AR) 5:30 Tunes With Alexa & Card Games 6:15 Resident Hosted; Kings In A Corner (AR) Senior Citizen's Day	
22 9:30 Chair Fitness (AR) 10:00 Be Kind to Our Plants & Refreshments (AR) 1:15 Culinary Creation; Fancy Pancakes (AR) 2:00 Fancy Pancake Social (AR) 3:00 Church Service (CR) 6:00 Resident Hosted; Poker Night (AR)	23 9:30 Chair Fitness (AR) 9:45 Sing-along by Sunshine Gang (P) 10:30 House Of Café & Daily Devotional (AR) 1:15 Sun Kiss Stroll (OOB) 2:00 Manicures & Martinis (AR) 3:30 Mingle & Tunes With Alexa (AR) 5:30 Tabletop Games (AR) 6:00 Fresh Air & Conversations (OOB)	24 9:30 Chair Exercise with IN2L (AR) 10:00 Grief Share Support Group (P) 10:00 Dollar Tree*** (OOB) 10:30 Yoga with Alison (FR) 11:00 Gentleman's Lunch (Pub) 1:15 Gentlemen's Social Beer Tasting (P) 2:00 Mini Waffles & Ice Cream (AR) 3:15 Balance Class (FR) 6:00 Bingo & Mocktails (AR)	25 9:30 Chair Exercise with IN2L (AR) 10:00 Worship Service (CR) 10:00 Uno (AR) 1:30 Movie Cinema (CR) 3:00 Bingo Blast (AR) 5:30 Tabletop Games (AR) 6:00 Knit Pickers (AR)	26 9:30 Chair Exercise (AR) 10:00 Bible Study & Refreshments (P) 10:30 Rosary (AR) 1:15 World Religion Trivia (AR) 2:00 Happy Hour (P) 3:00 Hymns with Chaplain Armando (CR) 3:30 Fireside Chat With ED Howard 6:00 Freeze-Pops Social (AR)	27 9:30 Chair Exercise (AR) 10:00 Kings in the Corner (AR) 1:15 Jenga (AR) 2:15 Music Therapy Hosted by Lindsey (AR) 3:00 Jeopardy (AR) 5:30 Tunes & Mingle (AR) 6:00 Fresh Pages Circle; Book Discussion (AR)	28 9:30 Chair Exercise with IN2L (AR) 10:00 House Of Café & Current Events (AR) 1:30 Nat'l Senior Citizens Day Pizza & Ice Cream Party (P) 5:30 Tunes With Alexa (AR) 6:15 Resident Hosted Poker Night (AR)	
29 9:30 Chair Exercise (AR) 10:00 Ladies Circle; Topic: Powerful Women (AR) 1:15 Culinary Creation; Watermelon Pizza (AR) 2:00 Watermelon Pizza Social (AR) 3:00 Church Service (CR) 6:00 Resident Hosted; Poker Night (AR)	30 9:30 Chair Exercise (AR) 9:45 Sing-along by Sunshine Gang (P) 10:30 House Of Café & Daily Devotional (AR) 1:15 Sun Kiss Stroll (OOB) 2:00 Create & Design; Bean Art (AR) 3:30 Tunes & Popsicles (AR) 5:30 Tabletop Games (AR) 6:00 Fresh Air & Conversations (OOB)	31 9:30 Chair Exercise with IN2L (AR) 10:00 Grief Share Support Group (P) 10:00 Weis Market **\$\$ (OOB) 10:30 Yoga with Alison (FR) 1:15 Sun Kiss Stroll (OOB) 2:00 Happy Hour & Musical Entertainment By Joe (AR) 3:00 Gentleman's Social; Wood Work 6:00 Bingo & Mocktails (AR)	<h1>August</h1> <h2>2021</h2>			Calendar Key: **Registration Required, \$\$ Cost Involved	

