

Focus on Wellness

Updates to our Reopening Guidelines

Pennsylvania has officially ended its mask mandate and other distancing precautions as of the end of June. We have made great progress in combatting COVID and are proud of our residents, team members and families for helping the cause through vaccinations. Now that cases are significantly diminished, we are happy to provide updated procedures as of 7/2/21.

We believe in the importance of socializing and family visits for the well-being of all of our communities.
Welcome Back!

Assisted Living Guidelines

rev. 6/30/21

REQUIRED PRECAUTIONS

- Dining rooms, Community Life Programs & Internal services remain open
- Fully-vaccinated residents may remove masks
 - Team members & visitors to wear masks in the facilities
- Off-campus outings & family visits permitted for residents
 - Open visitation to residents is available in each community
- Testing only for symptomatic residents or staff
 - Non-vaccinated team members surveillance tested monthly
- New residents can receive the vaccine from our pharmacy

Please Note: Above guidelines are subject to Pennsylvania state mandates & procedures. Additional precautions may be taken if any significant outbreak occurs.



Providence Place

SENIOR LIVING

News

Q3: July 2021

A Note from the Executive Director

Summer has arrived! With our campus being fully-vaccinated, please take advantage of the indoor and outdoor spaces when you have visits with family and friends. Don't forget the great walking trail that goes around the building – and be sure to check out and utilize our center courtyard. We have new seating areas and will be holding socials and gardening clubs in the courtyard.

See the activity calendar for details and for some great trips out and about.

We will begin renovations soon on our 100 patio.... completion should be in September. Also, in September we will be holding our annual Luau, be on the lookout for more information to come!

Visits with family and friends are welcomed & encouraged, just make sure guests check in at the front desk.

Our staff would be more than happy to continue to assist with virtual visits such as FaceTime, Zoom, and Skype if you prefer.

Thank you for your cooperation, and enjoy your Summer,

Howard Holben

Executive Director

Highlighted Events

- 7 – **Brown's Orchard Market Outing & Lunch @ 10am**
- 10 – **Happy Hour @ 3pm**
Musical entertainment by Mick Cockran
- 13 – **Park Picnic & Bingo**
Connections Club with Chambersburg
- 13 – **Gentleman's Social @ 2pm**
Bow Ties & Martinis
- 23 – **Bee Presentation & Honey Tasting - Connections Club**
- 23 – **PP Olympics Closing Ceremony Celebration @ 2pm**

Welcome New Residents

- Myke Krout
- Sharon Warnecke
- Virginia Maloy
- Fred Langkam
- Mary Landis
- Harold Rishel
- Carolyn Rishel
- Mary Carolyn Marsh
- Janet Deardorff
- Jean Myers
- John Malsky
- Mary Kibler
- Colleen Ekstrom



Dimensions of Wellness

Resident Birthdays

July

Roland Garvin
Dorothy Limbert
Shirley Hursh
Marguerite Senft
Nelson Zimmerman
Charles Peters
Pat Strine
George Carlson Jr.
June Shutt
Dolores McCarty
Regina Morgan

August

Eugene Spahr
Mariam Warner
Helen Byers
Margaret Thoman
Ann Sheffer
Elizabeth Scarsella
Eva Wolf
Ralph Miller
Nancy Gmeiner
Jacqueline Landis

September

Charlotte Rohrbaugh
Yvonne Lyter
Dale Zinn
Russell Grim
Louella Schaffer
Maryemma Londis
Grace Warner
Norma Jean Crone
Janet Deardorff

Eleanor Loftus
Mildred Becker
Bertha Alwine
Sally Messenger
Fairy Carver
Helen Kathleen Waters
Patricia Myers
Joann Lehman
Deloris Crone
J. Morgan Stobie
Claire Papenberg
Carol Murphy
William Wendel



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>THE <i>Club</i></p>		<p>Calendar Key: ** Registration Required \$\$ Cost Involved Pub (P) Community Room/Chapel (CR/CH) Activity Room (AR) Connections Neighborhood (CN) 100 Hall Patio (100 Hall) Court Yard (CY) Lobby (LB)</p>	<p>July 2021</p>	1	2	3
				<p>9:30 Daily Reading and Drinks (CR/CH) 9:45 IN2L Fitness (CR/CH) 10:00 Bible Study (P) 10:15 Explore the World (CR/CH) 10:45 Menu Review (P) 2:00 Culinary Creations with friends (CN) 2:00 Happy Hour (P) 3:00 Jingo (P) 3:00 Hymn Sing with the Pastor (CR/CH)</p>	<p>9:30 Daily Reading and Drinks (CR/CH) 9:45 Word Game (CR/CH) 10:15 Fitness Dice (CR/CH) 10:30 Dog Trivia (CR/CH) 10:45 Menu Review (CR/CH) 1:30 What is yellow? (P) 2:00 Color Me Yellow Social (P)</p>	<p>9:30 Daily Reading and Drinks (CR/CH) 9:45 Discussion and Danish (CR/CH) 10:15 Resistance Band Stretching (CR/CH) 1:30 What am I ? (CR/CH) 2:15 Crafting a Firework (CR/CH) 3:00 July Trivia (CR/CH)</p>
4	5	6	7	8	9	10
<p>9:30 Daily Reading and Drinks (P) 9:45 Song and Scripture (P) 10:15 Digit Dexterity (P) 10:45 Menu Review (P) 1:30 Today's History (P) 3:00 Church Service (CR/CH)</p> <p>Independence Day</p>	<p>9:30 Daily Reading and Drinks (CR/CH) 9:40 10 Minute Exercises (CR/CH) 10:00 Sing Along with Sunshine Bunch (P) 10:45 Menu Review (CR/CH) 1:30 Memories in the Making-Summer time Fun (CR/CH) 2:45 Moving to Music (100 Hall)</p>	<p>9:30 Daily Reading and Drinks (CR/CH) 9:45 Celebrity Spotlight (CR/CH) 10:00 Grief Share with the Pastor (P) 10:15 Imagery Fitness (CR/CH) 10:45 Menu Review (CR/CH) 1:30 Circle of Friends (P) 2:00 Happy Hour (P) 3:00 Social in Connections (CN) 3:15 Read Round (P)</p>	<p>9:30 Daily Reading and Drinks (P) 9:45 Quotes of Positivity (P) 10:00 Church Service (CR/CH) 10:15 Table Top Tiddly Winks (P) 10:45 Menu Review (P) 1:15 Court Yard Cranium Crunches (CY) 3:00 Bingo (AR)</p>	<p>9:30 Daily Reading and Drinks (CR/CH) 9:45 IN2L Fitness (CR/CH) 10:00 Bible Study (P) 10:15 Explore the World (CR/CH) 10:45 Menu Review (P) 2:00 Culinary Creations with friends (CN) 2:00 Happy Hour (P) 3:00 Jingo (P) 3:00 Hymn Sing with the Pastor (CR/CH)</p>	<p>9:30 Daily Reading and Drinks (CR/CH) 9:45 Word Game (CR/CH) 10:15 Fitness Dice (CR/CH) 10:30 Farm Trivia (CR/CH) 10:45 Menu Review (CR/CH) 1:30 Outside Ball Game and Refreshments (100 Hall)</p>	<p>9:30 Daily Reading and Drinks (CR/CH) 9:45 Discussion and Danish (CR/CH) 10:15 Resistance Band Stretching (CR/CH) 1:15 County Ride to Hanover Sonic for Slushies (OOB) LB 3:00 What is missing game (CR/CH)</p>
11	12	13	14	15	16	17
<p>9:30 Daily Reading and Drinks (P) 9:45 Song and Scripture (P) 10:15 Digit Dexterity (P) 10:45 Menu Review (P) 1:30 Memory Magic (P) 3:00 Church Service (CR/CH)</p>	<p>9:30 Daily Reading and Drinks (CR/CH) 9:40 10 Minute Exercises (CR/CH) 10:00 Sing Along with Sunshine Bunch (P) 10:45 Menu Review (CR/CH) 1:30 Finish the Phrase (CR/CH) 2:45 Moving to Music (100 Hall)</p>	<p>9:30 Daily Reading and Drinks (CR/CH) 9:45 Celebrity Spotlight (CR/CH) 9:45 Norlo Park Luncheon (OOB) 10:00 Grief Share with the Pastor (P) 10:15 Imagery Fitness (CR/CH) 10:45 Menu Review (CR/CH) 1:30 Circle of Friends (P) 2:00 Gentleman's Club –Bowties and Martinis (P)</p>	<p>9:30 Daily Reading and Drinks (P) 9:45 Poems by Emily Dickinson Read Round (P) 10:00 Church Service (CR/CH) 10:15 Table Top Help Your Neighbor (P) 10:45 Menu Review (P) 1:15 Court Yard Cranium Crunches (CY) 2:00 Bake Off 3:00 Bingo (AR)</p>	<p>9:30 Daily Reading and Drinks (CR/CH) 9:45 IN2L Fitness (CR/CH) 10:00 Bible Study (P) 10:15 Explore the World (CR/CH) 10:45 Menu Review (P) 2:00 Culinary Creations with friends (CN) 2:00 Happy Hour (P) 3:00 Jingo (P) 3:00 Hymn Sing with the Pastor (CR/CH)</p>	<p>9:30 Daily Reading and Drinks (CR/CH) 9:45 Word Game (CR/CH) 10:15 Fitness Dice (CR/CH) 10:30 State Trivia (CR/CH) 10:45 Menu Review (CR/CH) 1:30 Get to know the State Jingo (100 Hall) 3:00 Pop sickles on the Patio (100 Hall)</p>	<p>9:30 Daily Reading and Drinks (CR/CH) 9:45 Discussion and Danish (CR/CH) 10:15 Resistance Band Stretching (CR/CH) 1:30 Who am I? (CR/CH) 2:15 Summertime Hangman (CR/CH) 3:00 Drinks on the Patio (CR/CH)</p>
18	19	20	21	22	23	24
<p>9:30 Daily Reading and Drinks (P) 9:45 Song and Scripture (P) 10:15 Digit Dexterity (P) 10:45 Menu Review (P) 1:30 Christmas Cookie Making (AR) 3:00 Church Service (CR/CH)</p>	<p>9:30 Daily Reading and Drinks (CR/CH) 9:40 10 Minute Exercises (CR/CH) 10:00 Sing Along with Sunshine Bunch (P) 10:45 Menu Review (CR/CH) 1:30 Christmas Time Slips (CR/CH) 2:45 Moving to Music (100 Hall)</p>	<p>9:30 Daily Reading and Drinks (CR/CH) 9:45 Reindeer Games (CR/CH) 10:00 Grief Share with the Pastor (P) 10:15 Imagery Fitness (CR/CH) 10:45 Menu Review (CR/CH) 1:30 Circle of Friends (P) 2:00 Happy Hour (P) 3:00 Social in Connections (CN)</p>	<p>9:30 Daily Reading and Drinks (P) 9:45 Christmas Crafting (P) 10:00 Church Service (CR/CH) 10:15 Table Top Dominos (P) 10:45 Menu Review (P) 1:15 Court Yard Cranium Crunches (CY) 3:00 Bingo (AR)</p>	<p>Christmas in July Day ALL Day !!</p>	<p>9:30 Daily Reading and Drinks (CR/CH) 9:30 Boards and Bees at Ambers (OOB) 9:45 Word Game (CR/CH) 10:15 Fitness Dice (CR/CH) 10:30 Beach Quizlet (CR/CH) 10:45 Menu Review (CR/CH) 1:30 Nature Scavenger Hunt (100 Hall) 3:00 Ice Cream Sandwiches and Sixties</p>	<p>9:30 Daily Reading and Drinks (CR/CH) 9:45 Discussion and Danish (CR/CH) 10:15 Resistance Band Stretching (CR/CH) 1:30 Who am I ? (CR/CH) 2:00 Walk Outside (LB) 3:00 Drinks on the Patio (100 Hall)</p>
25	26	27	28	29	30	31
<p>9:30 Daily Reading and Drinks (P) 9:45 Song and Scripture (P) 10:15 Digit Dexterity (P) 10:45 Menu Review (P) 1:30 Name that Tune (P) 3:00 Church Service (CR/CH)</p>	<p>9:30 Daily Reading and Drinks (CR/CH) 9:40 Making Meat Ball hors d'oeuvre (CR/CH) 10:00 Sing Along with Sunshine Bunch (P) 10:45 Menu Review (CR/CH) 1:30 Last Monday of the Month movie (CR/CH): Mama Mia –Staring Meryl Streep and Pierce Brosnan</p>	<p>9:30 Daily Reading and Drinks (CR/CH) 9:45 Celebrity Spotlight (CR/CH) 10:00 Grief Share with the Pastor (P) 10:15 Imagery Fitness (CR/CH) 10:45 Menu Review (CR/CH) 1:30 Circle of Friends (P) 2:00 Happy Hour (P) 3:00 Social in Connections (CN) 3:15 Read Round (P)</p>	<p>9:30 Daily Reading and Drinks (P) 9:45 Ways to clean up the Oceans (P) 10:00 Church Service (CR/CH) 10:15 Table Top Uno Game (P) 10:45 Menu Review (P) 1:15 Court Yard Cranium Crunches (CY) 3:00 BINGO BLAST !! (AR)</p>	<p>9:30 Daily Reading and Drinks (CR/CH) 9:45 IN2L Fitness (CR/CH) 10:00 Bible Study (P) 10:15 Explore the World (CR/CH) 10:45 Menu Review (P) 1:30 Connect with Friends (CN) 2:00 Super Happy Hour (P) 3:00 Jingo (P) 3:00 Hymn Sing with the Pastor (CR/CH)</p>	<p>9:30 Daily Reading and Drinks (CR/CH) 9:45 Word Game (CR/CH) 10:15 Fitness Dice (CR/CH) 10:30 July Trivia (CR/CH) 10:45 Menu Review (CR/CH) 1:30 Sunshine Sing along (100 Hall) 3:00 History of how Lemonade came to be (100 Hall)</p>	<p>9:30 Daily Reading and Drinks (CR/CH) 9:45 Discussion and Danish (CR/CH) 10:15 Resistance Band Stretching (CR/CH) 1:30 Who am I ? (CR/CH) 2:00 Walk Outside (LB) 3:00 Drinks on the Patio (100 Hall)</p>