

# Focus on Wellness

## Updates to our Reopening Guidelines

Pennsylvania has officially ended its mask mandate and other distancing precautions as of the end of June. We have made great progress in combatting COVID and are proud of our residents, team members and families for helping the cause through vaccinations. Now that cases are significantly diminished, we are happy to provide updated procedures as of 7/2/21.

We believe in the importance of socializing and family visits for the well-being of all of our communities.

**Welcome Back!**

## Assisted Living Guidelines

rev. 6/30/21

### REQUIRED PRECAUTIONS

- Dining rooms, Community Life Programs & Internal services remain open
- Fully-vaccinated residents may remove masks
  - Team members & visitors to wear masks in the facilities
- Off-campus outings & family visits permitted for residents
  - Open visitation to residents is available in each community
- Testing only for symptomatic residents or staff
  - Non-vaccinated team members surveillance tested monthly
- New residents can receive the vaccine from our pharmacy

Please Note: Above guidelines are subject to Pennsylvania state mandates & procedures. Additional precautions may be taken if any significant outbreak occurs.



# Providence Place SENIOR LIVING News

Q3: July 2021

## A Note from the Executive Director

Summer is a time to celebrate! It brings warm weather, festivities, good food, and a plethora of activities to our community. Make sure to check out our July calendar to stay up-to-date with current happenings.

We're looking forward to our Summer Providence Place Olympics, motivational speakers, line dancing, and Christmas in July (just to name a few)!

Until further notice, masking is still required throughout the community. As restrictions are updated, we will communicate any changes to everyone. Please continue to visit your loved one in their apartment, outdoors and/or in the lobby!

Wishing you health & happiness,

*Donna O'Leary, Executive Director*

## Highlighted Events

### 3 – Musical Entertainment

Dana Edsall & Ukelele Players

### 4 – Christmas in July Celebration

@ 2pm

### 16 – Fireside Chat with Donna @ 2pm

### 18-23 – Summer Olympics Events & Celebration → See calendar details

### 27 – Men's Club Lunch & EdU

Presentation with Vet. Thom Weller

@ 12pm

### Tuesdays In July: Line Dancing

with Country Dave @ 10:30am

## Welcome New Residents

Roseann Cohen

Michael Miller

Gail Schroeder



Dimensions  
of Wellness

## Resident Birthdays

### July

Gordon Myers  
Evelyn Reese  
Mary Zukovich

### August

Guy Conover  
Suzanne Hammel  
Thelma Kauffman  
Shirley Shuffelbottom  
Regina Moyer  
Roseann Cohen  
Nancy Love  
Joann Gallagher  
Jan Rutt

### September

Naomi Nagy  
Evelyn Houck  
Betty Hess  
Patricia Coller  
Norma Fink




For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at [www.Facebook.com/ProvPlace](http://www.Facebook.com/ProvPlace).



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at [ProvidenceRetirement@gmail.com](mailto:ProvidenceRetirement@gmail.com).



[www.Providence-Place.com](http://www.Providence-Place.com)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
		<b>Calendar Key:</b> (CH) Chapel, (TR) Therapy Room, (AR) Activity Room, (GL) Governor's Lounge, (2FL) 2nd Floor, (PR) Pool Table Room, (***) Registration Required, (\$\$) Cost Involved ( FP) Fireplace Room (NHP) North Hall Porch (OOB) Out Of Building , (L) Lobby (LIB) Library	<h1>July</h1> <h2>2021</h2>		<sup>1</sup> 10:00 <i>GriefShare</i> Support Group (CH) 11:00 Art: Wood Painting (AR) 1:30 Tai Chi Exercise Class by Laura Redden (CH) 2:15 Healthy Cooking Demonstration by Chef Jeff (AR) 3:00 LCR Game (AR) 6:15 Cards & Coffee (AR)	<sup>2</sup> 9:30 Church Tour with Chaplain/ Wegman's Drop Off (OOB) *** 1:00 Tater Trots Walking Club (TR) 2:00 Community Life Plan Committee (AR) 3:00 The Dime Store (CH) 4:30 Fine Dining Music : Mike McGrath (DR) 6:15 Conversation On The Porch (NHP)	<sup>3</sup> 9:15 Mindfulness Exercises (CH) 9:45 Scripture Readings (CH) 10:00 Bingo (CH) 11:00 Canvas Fireworks Painting (AR) 1:00 Rummikub Club (AR) 2:00 Music For Everyone: Ukulele Players (CH) 3:00 Independence Weekend Happy Hour (GL) 6:15 Billiards (PR)
		<sup>4</sup> 10:00 Grand Canyon National Park (CH) 10:30 The Dime Store (L) 11:00 Decorate Meals on Wheels Bags (AR) 1:00 Independence @ TheWhite House (CH) 2:00 Christmas in July Celebration with Special Surprise Guest (CH) 3:00 Sunday Church Service (CH) 3:30 4th of July Trivia & Brain Games (CH) 6:15 Movie: <i>The Pursuit of Happiness</i> (CH)	<sup>5</sup> 11:00 Garden Club (L) 11:00 <i>The Chosen</i> —Episode 5 (CH) 1:00 Wii Bowling (CH) 2:00 The Pottery Works (AR) 3:00 Upper Body-Balloon Volleyball (CH) 6:15 Horse Racing Game (AR)	<sup>6</sup> 9:15 Morning News & Conversation (FP) 9:30 Hymn Sing (CH) 10:00 Bible Study (CH) 10:30 <i>Seated Line Dancing Fitness</i> by Country Dave (CH) 1:30 Wii Bowling (CH) 3:00 Olympic Flag Making (AR) 6:15 Movie: <i>Made of Honor</i> (CH)	<sup>7</sup> 10:00 Midweek Church Service (CH) 10:30 Exploring IN2L(CH) 11:00 Memory Games (CH) 1:30 World Religion Trivia IN2L (CH) 2:00 Ed-U Presentation by Leroya Ryan <i>Be An Expert At Being You</i> (CH) 3:00 Bingo IN2L(CH) 6:15 Dominoes (AR)	<sup>8</sup> 10:00 <i>GriefShare</i> Support Group (CH) 11:00 Art: Wood Painting (AR) 1:30 Tai Chi Exercise Class by Laura Redden (CH) 2:15 LCR Game (AR) 3:15 Happy Hour (GL) 6:15 UNO (AR)	<sup>9</sup> 9:30 Church Tour with Chaplain/ Wegman's Drop Off (OOB)** 1:00 Tater Trots Walking Club (TR) 2:30 Ambassador Planning Committee (CH) 3:00 The Dime Store (CH) 6:15 Conversation On The Porch (NHP)
<sup>11</sup> 10:30 The Dime Store (L) 11:00 Decorate Meals on Wheels Bags (AR) 1:00 Zion & Bryce National Parks (CH) 2:00 Ice Cream Social (GL) 3:00 Sunday Church Service (CH) 3:30 Brain Games (CH) 6:15 Movie: <i>Phantom Thread</i> by Daniel Day-Lewis (CH)	<sup>12</sup> 11:00 <i>The Chosen</i> –Episode 6 (CH) 11:00 Garden Club (L) 1:00 Wii Bowling (CH) 2:00 Entertainer: Don Chico (CH) 3:00 Upper Body-Balloon Volleyball (CH) 6:15 July Babies Birthday Party (2FL)	<sup>13</sup> 9:15 Morning News & Conversation (FP) 9:30 Hymn Sing (CH) 10:00 Bible Study (CH) 10:30 <i>Seated Line Dancing Fitness</i> by Country Dave (CH) 1:30 Wii Bowling (CH) 3:00 Olympic Flag Making (AR) 6:15 Movie: <i>Home Alone</i> (CH)	<sup>14</sup> 10:00 Midweek Church Service (CH) 10:30 Edu Presentation: <i>Let's Talk About Diabetes</i> presented by Bayada (CH) 1:30 World Religion Trivia IN2L (CH) 2:30 Dining Committee with Chef (DR) 3:00 Bingo IN2L (CH) 6:15 Rummikub (AR)	<sup>15</sup> 10:00 <i>GriefShare</i> Support Group (CH) 11:00 Art: Wood Painting (AR) 1:30 Tai Chi Exercise Class by Laura Redden (CH) 2:15 LCR Game (AR) 3:00 Happy Hour (GL) 6:15 Rummikub (AR)	<sup>16</sup> 9:30 Dining Out :Tequila's Restaurant & Country Ride (OOB).***\$\$ 1:00 Tater Trots Walking Club (TR) 2:00 Fireside Chat with E.D. Donna (CH) 3:00 The Dime Store (L) 6:15 Conversation On The Porch (NHP)	<sup>17</sup> 9:15 Scripture Readings (CH) 9:30 Mindfulness Exercises (CH) 10:00 Bingo (CH) 11:00 Jeopardy Game (CH) 1:00 Rummikub Club (AR) 2:00 Max Lucado Book Club (LIB) 3:00 Musical Organist: Gary Collier (CH) 6:15 Magazines (AR)	
<sup>18</sup> 10:30 The Dime Store (L) 11:00 Opening Olympics Ceremony & Walker Parade (L) 1:00 National Parks of The Southwest (CH) 2:00 Ice Cream Social (GL) 3:00 Sunday Church Service (CH) 3:30 Brain Games (CH) 6:15 Movie: <i>Birdie &amp; Bogey</i> (CH)	<sup>19</sup> 11:00 <i>The Chosen</i> –Episode 7(CH) 11:00 The Garden Club (L) 1:00 Largest Zucchini : Final Measurements (CH) 2:00 The Bead Works ( Marcie & Bobby from The Pottery Works ) (AR) 3:00 Upper Body-Balloon Volleyball (CH) 6:15 Horse Racing Game (AR)	<sup>20</sup> 9:15 Morning News & Conversation (FP) 9:30 Hymn Sing (CH) 10:00 Bible Study (CH) 10:30 <i>Seated Line Dancing Fitness</i> (CH) 1:30 Read & Recall (CH) 2:00 Entertainment: Bonnie Koonz (DR) 3:00 World Religion Final Round (CH) 6:15 At The Movies: <i>Wild Hogs</i> (CH)	<sup>21</sup> 10:00 Wii Bowling Finals CH) 1:30 Midweek Church Service (CH) 2:00 Word in a Word (CH) 3:00 Bingo IN2L (CH) 6:15 Adult Coloring (AR)	<sup>22</sup> 10:00 Providence Place Summer Olympics Jeopardy Final Round (CH) 1:30 Tai Chi Exercise Class by Laura Redden (CH) 2:15 LCR Game (AR) 3:00 Happy Hour (GL) 6:15 Coffee & Chatter (AR)	<sup>23</sup> 9:30 Church Tour with Chaplain/ Community Aid Drop Off (OOB) *** 1:00 Tater Trots Walking Club (TR) 2:00 Summer Olympics Celebration (CH) 3:00 The Dime Store (L) 6:15 Conversation On The Porch (NHP)	<sup>24</sup> 9:15 Morning Devotions (CH) 9:30 Mindfulness Exercises (CH) 10:00 Bingo (CH) 11:00 Jeopardy Games (CH) 1:00 Rummikub Club (AR) 2:00 Max Lucado Book Club (LIB) 3:00 Happy Hour (GL) 6:15 Adult Coloring (AR)	
<sup>25</sup> 10:30 The Dime Store (L) 11:00 Decorate Meals on Wheels Bags (AR) 1:00 Wood Painting (AR) 2:00 Ice Cream Social (CH) 3:00 Sunday Church Service (CH) 3:30 Brain Games (CH) 6:15 Movie: <i>Must Love Dogs</i> (CH)	<sup>26</sup> 11:00 <i>The Chosen</i> – Episode 8 (CH) 11:00 Garden Club (L) 1:00 Strengthening Exercises (CH) 2:00 Tea & Conversation (AR) 3:00 Upper Body-Balloon Volleyball (CH) 6:45 Intergenerational: <i>Trail Life Boys Club</i> Flag Retiring Ceremony (L)	<sup>27</sup> 9:15 Morning News & Conversation (FP) 9:30 Hymn Sing (CH) 10:00 Bible Study (CH) 10:30 <i>Seated Line Dancing Fitness</i> (CH) 12:00 Men's Club Lunch & Ed-U by speaker Vet. Thom Weller (CH) 1:30 Wii Games(CH) 3:00 Jeopardy (AR) 6:15 Movie: <i>Letters To Juliet</i> (CH)	<sup>28</sup> 10:00 Midweek Church Service (CH) 10:30 Exploring IN2L (CH) 11:00 IN2L Memory Games (CH) 1:30 Musical Entertainer: Dann Pell (CH) 2:30 Bingo IN2L (CH) 3:30 Upper Body–Balloon Volleyball (CH) 6:15 Cards (AR)	<sup>29</sup> 10:00 <i>Griefshare</i> (CH) 11:00 Art: Wood Painting (AR) 1:30 Tai Chi Exercise Class by Laura Redden (CH) 2:15 LCR Game (AR) 3:00 Happy Hour (GL) 6:15 Magazines & Conversation (AR)	<sup>30</sup> 9:30 Church Tour with Chaplain/ Wegman's Drop Off (OOB) *** 1:00 Tater Trots Walking Club (TR) 2:00 Ed-U Presentation: Naturalist Lisa Sanchez from Lancaster Parks/ Recs presents <i>Summer Surprises</i> (CH) 3:00 The Dime Store (L) 6:15 Conversation On The Porch (NHP)	<sup>31</sup> 9:15 Morning Prayer (CH) 9:30 Mindfulness Exercises (CH) 10:00 Bingo (CH) 11:00 Roy Rogers Episodes (CH) 1:00 Rummikub Club (AR) 2:00 Max Lucado Book Club (LIB) 3:00 Happy Hour (GL) 6:15 Music & Coffee (AR)	