

# Focus on Wellness

## Updates to our Reopening Guidelines

Pennsylvania has officially ended its mask mandate and other distancing precautions as of the end of June. We have made great progress in combatting COVID and are proud of our residents, team members and families for helping the cause through vaccinations. Now that cases are significantly diminished, we are happy to provide updated procedures as of 7/1/21:

- Testing limited to symptomatic residents/team & monthly surveillance of non-vaccinated team members
- Fully-vaccinated residents are not required to wear masks

We believe in the importance of socializing and family visits for the well-being of all of our communities. **Welcome Back!**

### Assisted Living Guidelines

rev. 6/30/21

**REQUIRED PRECAUTIONS**

- Dining rooms, Community Life Programs & Internal services remain open
- Fully-vaccinated residents may remove masks
  - Team members & visitors to wear masks in the facilities
- Off-campus outings & family visits permitted for residents
  - Open visitation to residents is available in each community
- Testing only for symptomatic residents or staff
  - Non-vaccinated team members surveillance tested monthly
- New residents can receive the vaccine from our pharmacy

Please Note: Above guidelines are subject to Pennsylvania state mandates & procedures. Additional precautions may be taken if any significant outbreak occurs.

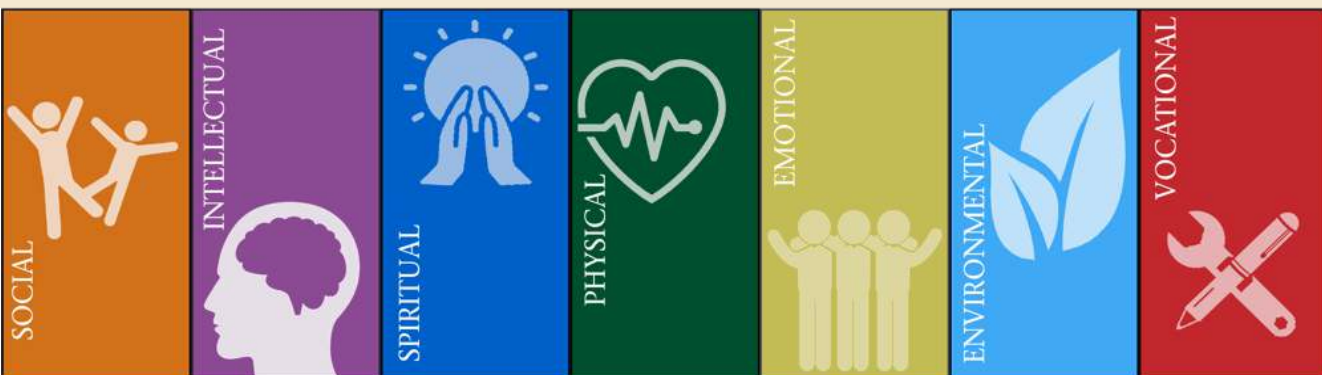


# Providence Place

SENIOR LIVING

# News

Q3: August 2021



Dimensions  
of Wellness

## Resident Birthdays

### August

C. Jane Culley  
Delroy Wolfe  
Helen Miller  
Carol Tripp  
Anna D'Allensandra  
Geraldine Zubowicz

### September

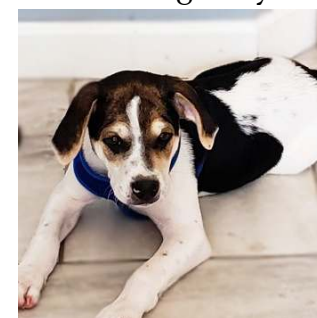
Joan Fede  
Emma Wolfe  
Dorothy Snell  
Jacob Jamison  
Jessie Wesner

## A Note from the Executive Director

Summer has arrived in the Grove and brought with it many changes. We are COVID-free and open for visitation once again. Residents and families alike are excited beyond words.

Community life has rolled out the red carpet with vendors coming inside and outside to engage our residents in exciting ways. Our residents are preparing to create their very own cookbook and are having a contest to design the cover. You still have time to send in any of your Grandma's or Mother's favorite recipes to include in the book. We are looking to have a fall craft show to sell the cook books. Anyone interested in joining us for the event, please speak to Lori Henne.

Finally, I wanted to introduce everyone to our newest member to the Pine Grove Family, Hank. Hank was adopted by Lori and she has graciously shared him with us. He is at the campus most days to everyone's delight. Please stop by and see the joy that Hank brings to your loved ones.



Sincerely,

*Julie Wallace*

*Executive Director*

## Highlighted Events

- 11 – **Diner's Caravan: Pottsville Food Trucks @ 11am**
- 17 – **Mr. Softee Ice Cream Truck @ 2pm**
- 18 – **EdU Presentation @ 2pm**  
Hawk Mountain Sanctuary
- 19 – **EdU Tour: Stone Mountain Wine Cellars @ 11am**
- 27 – **Picnic Lunch at Sweet Arrow Lake @ 11am**
- 30 – **Trip to Bernie's Ice Cream Bar**

## Welcome New Residents

Joanne Moyer  
Arlean Teter  
Delroy Wolfe  
Herman Clemens



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at [www.Facebook.com/ProvPlace](http://www.Facebook.com/ProvPlace).



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at [ProvidenceRetirement@gmail.com](mailto:ProvidenceRetirement@gmail.com).



[www.Providence-Place.com](http://www.Providence-Place.com)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1 9:30 Stretch & Tone (2F) 10:00 Activities for the Soul (2F) 10:30 World Religion Trivia (2F) 11:00 Outdoor Walk (OOB) 12:00 Wine & Dine (DR) 1:30 Hymn Sing Along (2F) 2:00 iN2L: Methodist Service (2F) 3:30 Card Club: Rummy (1F) 6:30 iN2L: Catholic Service (2F)	2 9:30 Core Strength (2F) 10:00 Planning Committee (2F) 10:30 Mass with Deacon Henninger (1F) 11:00 Word Search (FP) 1:30 Shirley's Aromatherapy Hand & Neck Massages (2F) 3:00 Manicures (2F) 6:30 Game Night: Scrabble (1F)	3 9:30 Stretch & Tone (2F) 10:00 Planning Committee (1F) 10:30 Wii Bowling Team (2F) 11:00 Pat Sajak's Trivia Challenge (2F) 1:30 Scenic Country Ride (OOB) 3:30 Ice Cream Cones (FP) 6:30 Mindful Color & Music (1F)	4 9:30 Target Leg Strength Exercise (2F) 10:00 Fireside Chat with Julie (2F) 10:30 Giant Crossword Puzzle (2F) 11:00 iN2L: Word Grid (2F) 1:30 Helping Hands: Set up for Activity (2F) 2:00 Memory Magic (2F) 3:30 Peach Tea Social (2F) 6:30 Film Fest: <i>Terms of Endearment</i> (2F)	5 9:30 Genesis Exercise (2F) 10:00 Christmas Bazaar Planning Committee (2F) 10:30 iN2L Craft Search (2F) 11:00 Rosary EWNT 49 1:30 Helping Hands: Snow Cones (FP) 3:30 Horse Shoes (FP) 6:30 Game of Dominos (1F)	6 9:30 Move2Music (2F) 10:00 Market Run: Boyer's **\$\$ (OOB) 10:30 Today in History (2F) 11:00 iN2L Leisure: Fashion (2F) 1:30 Wii Bowling League (2F) 2:00 Outdoor Walking Path (OOB) 3:30 Coffee & Conversation (FP) 6:30 Scripture Reading EWTN 49	7 9:30 Whole Body Stretch (2F) 10:00 Garden Club Tomato Harvest (OOB) 10:30 Iced Coffee & Brain Games (RP) 11:00 Mother Teresa EWNT 49 2:00 Prize Bingo (2F) 3:30 Ice Cream Social (2F) 4:00 Word Search (2F) 5:30 Jeopardy (2F) 6:30 Pennsylvania Polka (1F)	
8 9:30 Stretch & Tone (2F) 10:00 Activities for the Soul (2F) 10:30 World Religion Trivia (2F) 11:00 Outdoor Walk (OOB) 12:00 Wine & Dine (DR) 1:30 Hymn Sing Along (2F) 2:00 Volunteer Marie's 99th Birthday Party (DR) 6:30 iN2L: Catholic Service (2F)	9 9:30 Core Strength (2F) 10:00 Inspiration of the Day & Discuss (2F) 10:30 Mass with Deacon Henninger (1F) 11:00 Men's Club: Pine Grove Diner **\$\$ (OOB) 1:30 Shirley's Aromatherapy Hand & Neck Massages (2F) 3:00 Manicures (2F) 6:30 Game Night: Scrabble (1F)	10 9:30 Stretch & Tone (2F) 10:00 Garden Club: Picking Lavender (OOB) 10:30 Coffee & Conversation (FP) 11:00 August Trivia (FP) 2:00 Yoga with Leah (2F) 3:30 Karaoke with Alexa (2F) 6:30 Mindful Color & Music (1F)	11 9:30 Target Leg Strength Exercise (2F) 10:00 Dining Committee (2F) 10:30 Giant Crossword Puzzle (2F) 11:00 iN2L: Word Grid (2F) 1:30 Ed-U Presentation: Residents Rights With Eileen Barlow (2F) 2:30 Prize Bingo with Eileen (2F) 3:30 Peach Tea Social (2F) 6:30 Film Fest: <i>Steele Magnolias</i> (2F)	12 9:30 Bodypump (2F) 10:00 Christmas Bazaar Planning Committee (2F) 10:30 iN2L Craft Search (2F) 11:00 Rosary EWNT 49 12:00 Resident Birthday Celebration (1F) 1:30 Piano Songs with Brian (DR) 3:30 Wine and Cheese Social (DR) 6:30 Game of Dominos (1F)	13 9:30 Move2Music (2F) 10:00 Market Run: Boyer's **\$\$ (OOB) 10:30 Today in History (2F) 11:00 iN2L Leisure: Fashion (2F) 1:30 New Resident Ambassador Social (1F) 3:00 Outdoor Walking Path (OOB) 3:30 Coffee & Conversation (FP) 6:30 Scripture Reading EWTN 49	14 9:30 Whole Body Stretch (2F) 10:00 Garden Club Tomato Harvest (OOB) 10:30 Iced Coffee & Brain Games (RP) 11:00 Mother Teresa EWNT 49 2:00 Prize Bingo (2F) 3:30 Ice Cream Social (2F) 4:00 Word Search (2F) 5:30 Jeopardy (2F) 6:30 Pennsylvania Polka (1F)	
15 9:30 Stretch & Tone (2F) 10:00 Activities for the Soul (2F) 10:30 World Religion Trivia (2F) 11:00 Outdoor Walk (OOB) 12:00 Wine & Dine (DR) 1:30 Hymn Sing Along (2F) 2:00 iN2L: Methodist Service (2F) 3:30 Card Club: Rummy (1F) 6:30 iN2L: Catholic Service (2F)	16 9:30 Core Strength (2F) 10:00 Inspiration of the Day & Discuss (2F) 10:30 Mass with Deacon Henninger (1F) 11:00 Wishes Come True: Water Aerobics With Joan Pine Grove Public Pool (OOB) 1:30 Shirley's Aromatherapy Hand & Neck Massages (2F) 6:30 Game Night: Scrabble (1F)	17 9:30 Stretch & Tone (2F) 10:00 Garden Club: Tomato Harvest (OOB) 10:30 Coffee & Conversation (RP) 11:00 Diner's Caravan: Pottsville Food Trucks **\$\$ (OOB) 2:30 iN2L: Brain Aerobics (2F) 3:30 Wii Bowling League (2F) 6:30 Mindful Color & Music (1F)	18 9:30 Target Leg Strength Exercise (2F) 10:00 Today in History (2F) 10:30 Giant Crossword Puzzle (2F) 11:00 iN2L: Word Grid (2F) 1:30 Ed-U Presentation: Hawk Mountain Sanctuary "Rapture Over the Ridge" Featuring Live Red Tale Owl (2F) 4:00 Rosary EWNT 49 6:30 Film Fest: <i>Wild Oats</i> (2F)	19 9:30 Bodypump (2F) 10:00 Christmas Bazaar Planning Committee (2F) 10:30 iN2L Craft Search (2F) 11:00 Ed-U Tour: Stone Mountain Wine Cellars **\$\$ (OOB) 2:00 Jigsaw Puzzle Team (2F) 3:30 Outdoor Walk (OOB) 6:30 Game of Dominos (1F)	20 9:30 Move2Music (2F) 10:00 Dollar Store **\$\$ (OOB) 10:30 Today in History (2F) 11:00 iN2L Leisure: Weddings (2F) 1:30 Wii Bowling League (2F) 2:00 Outdoor Walking Path (OOB) 3:30 Coffee & Conversation (FP) 6:30 Scripture Reading EWTN 49	21 9:30 Whole Body Stretch (2F) 10:00 Garden Club Tomato Harvest (OOB) 10:30 Iced Coffee & Brain Games (RP) 11:00 Mother Teresa EWNT 49 2:00 Prize Bingo (2F) 3:30 Ice Cream Social (2F) 5:30 Jeopardy (2F) 6:30 Pennsylvania Polka (1F) Senior Citizen's Day	
22 9:30 Stretch & Tone (2F) 10:00 Activities for the Soul (2F) 10:30 World Religion Trivia (2F) 11:00 Outdoor Walk (OOB) 12:00 Wine & Dine (DR) 1:30 Hymn Sing Along (2F) 2:00 Church of God Service (DR) 3:30 Memorial (DR) 6:30 iN2L: Catholic Service (2F)	23 9:30 Core Strength (2F) 10:00 Inspiration of the Day & Discuss (2F) 10:30 Mass with Deacon Henninger (1F) 11:00 Word Search (FP) 1:30 Shirley's Aromatherapy Hand & Neck Massages (2F) 3:00 Manicures (2F) 6:30 Game Night: Scrabble (1F)	24 9:30 Stretch & Tone (2F) 10:00 Garden Club: Making Lavender Sachets (FP) 10:30 Coffee & Conversation (FP) 11:00 August Trivia (FP) 2:00 Yoga with Leah (2F) 3:30 Karaoke with Alexa (2F) 6:30 Mindful Color & Music (1F)	25 9:30 Target Leg Strength Exercise (2F) 10:00 iN2L: Recipe Search (2F) 10:30 Giant Crossword Puzzle (2F) 11:00 iN2L: Word Grid (2F) 1:30 Kitchen Krew: Blueberry Tarts (2F) 3:30 Caring is Sharing Social (FP) 6:30 Film Fest: <i>The Last Word</i> (2F)	26 9:30 Bodypump (2F) 10:00 Christmas Bazaar Planning Committee (2F) 10:30 iN2L Craft Search (2F) 11:00 Diner's Caravan: Friedensburg Country Kitchen **\$\$ (OOB) 3:30 Horse Shoes (FP) 6:30 Game of Dominos (1F)	27 9:30 Ed-U Tour with Schuylkill Headwaters Representatives Fishing Trip to Sweet Arrow Lake ** (OOB) 10:00 Jigsaw Puzzle Team (2F) 11:00 Picnic Lunch At Sweet Arrow Lake ** (OOB) 2:00 Outdoor Walking Path (OOB) 6:30 Scripture Reading EWTN 49	28 9:30 Whole Body Stretch (2F) 10:00 Garden Club Tomato Harvest (OOB) 10:30 Iced Coffee & Brain Games (RP) 11:00 Mother Teresa EWNT 49 2:00 Prize Bingo (2F) 3:30 Ice Cream Social (2F) 4:00 Word Search (2F) 5:30 Jeopardy (2F) 6:30 Pennsylvania Polka (1F)	
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