

Focus on Wellness

Updates to our Reopening Guidelines

Pennsylvania has officially ended its mask mandate and other distancing precautions as of the end of June. We have made great progress in combatting COVID and are proud of our residents, team members and families for helping the cause through vaccinations. Now that cases are significantly diminished, we are happy to provide updated procedures as of 7/2/21.

We believe in the importance of socializing and family visits for the well-being of all of our communities.

Welcome Back!

Assisted Living Guidelines

rev. 6/30/21

REQUIRED PRECAUTIONS

- Dining rooms, Community Life Programs & Internal services remain open
- Fully-vaccinated residents may remove masks
 - Team members & visitors to wear masks in the facilities
- Off-campus outings & family visits permitted for residents
 - Open visitation to residents is available in each community
- Testing only for symptomatic residents or staff
 - Non-vaccinated team members surveillance tested monthly
- New residents can receive the vaccine from our pharmacy

Please Note: Above guidelines are subject to Pennsylvania state mandates & procedures. Additional precautions may be taken if any significant outbreak occurs.



Providence Place SENIOR LIVING News

Q3: July 2021



*Dimensions
of Wellness*

Resident Birthdays

July

Kathryn Hepler
Richard Bilinski
Delphine Reed
Betty Root

August

C. Jane Culley
Helen Miller
Carol Tripp
Anna D'Allensandra
Geraldine Zubowicz

September

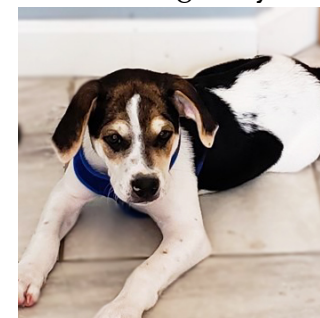
Joan Fede
Emma Wolfe
Dorothy Snell
Jessie Wesner

A Note from the Executive Director

Summer has arrived in the Grove and brought with it many changes. We are COVID-free and open for visitation once again. Residents and families alike are excited beyond words.

Community life has rolled out the red carpet with vendors coming inside and outside to engage our residents in exciting ways. Our residents are preparing to create their very own cookbook and are having a contest to design the cover. You still have time to send in any of your Grandma's or Mother's favorite recipes to include in the book. We are looking to have a fall craft show to sell the cook books. Anyone interested in joining us for the event, please speak to Lori Henne.

Finally, I wanted to introduce everyone to our newest member to the Pine Grove Family, Hank. Hank was adopted by Lori and she has graciously shared him with us. He is at the campus most days to everyone's delight. Please stop by and see the joy that Hank brings to your loved ones.



Sincerely,

Julie Wallace

Executive Director

Highlighted Events

- 1 – **Art Exploration** @ 2pm
Firework Paintings
- 2 – **Fourth of July Celebration**
Entertainment by Lee Moyer @ 2pm
- 6 – **EdU Presentation** @ 2pm
Maroons Football team
- 14 – **Paint & Sip EdU** @ 5:30pm
Led by St. Clair Area Art teacher
- 15 – **Diner's Caravan** @ 11am
Long Run Diner
- 23 – **Olympic Celebration** @ 3pm

Welcome New Residents

Geraldine Zubowicz
Gerald Long
Anna D'Allensandra
Elaine Long




For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
		Calendar Key: ** Registration Required \$\$ Cost Involved (OOB) Out of Building (1F) First Floor Community Room (2F) Second Floor Community Room (DR) Dining Room (FP) Front Patio (RP) Rear Patio	<h1>July</h1> <h2>2021</h2>		1	2	3
			9:30 Genesis Exercise (2F) 10:00 Market Run **\$\$ (OOB) 10:30 Giant Crossword Puzzle (2F) 11:00 Mother Teresa EWTN 49 1:30 Art Exploration: Firework Painting (2F) 3:30 Grape Slushy Social (RP) 6:30 Outdoor Putting Practice (RP)	9:30 Bodypump (2F) 10:00 Wii Bowling Practice (2F) 10:30 Thomas Jefferson Nickel Pitch (FP) 11:00 Outdoor Walking Trail (OOB) 2:00 Fourth of July Celebration Patriotic Music by Lee Moyer (DR) 3:30 Cherry Bomb Mimosas Social (1F) 6:30 Film Fest: <i>Independence Day</i> (2F)	9:30 Whole Body Stretches (2F) 10:00 Outdoor Walking Trail (OOB) 10:30 Iced Coffee and Brain Games (FP) 11:00 Mother Teresa EWNT 49 2:00 Prize Bingo (2F) 3:30 Ice Cream Social (2F) 4:00 Garden Club (OOB) 6:30 Jeopardy (1F) 8:00 Pennsylvania Polka (1F)		
4	5	6	7	8	9	10	
9:30 Move2Music (2F) 10:00 Activities For the Soul (2F) 10:30 World Religion Quiz (FP) 11:00 Card Club: Rummy (FP) 12:00 Wine & Dine (DR) 1:30 Outdoor Lawn Games (OOB) 3:30 Beans & Weenies (OOB) 6:30 iN2L: Catholic Service (2F) Independence Day	9:30 Stretch & Tone (2F) 10:00 Planning Committee (2F) 10:30 Wii Bowling Practice (2F) 11:00 Mass with Deacon Henninger (1F) 1:00 Shirley's Aromatherapy Hand & Neck Massages (2F) 3:30 Manicures (2F) 6:30 Game Night: Monopoly (1F)	9:30 Balance in Action (2F) 10:00 Garden Club (OOB) 10:30 Wonderful & Odd Wizard of Oz Trivia (RP) 11:00 Outdoor Walking Trail (OOB) 1:30 Ed-U Presentation: Schuylkill County Historical Society Maroons Team (2F) 3:30 Orange Crush Social (2F) 6:30 Rosary EWNT 49	9:30 Core Strength (2F) 10:00 Fireside Chat with Julie (2F) 11:00 Ed-U Tour: The Big Catch Antique & Collectables **\$(OOB) 2:00 Jigsaw Puzzle Team (2F) 3:30 iN2L Discussion Starters: Have You Ever? 6:30 Card Club: Phase 10 (1F)	9:30 Target Leg Strength Exercise (2F) 10:00 Dining Committee (2F) 10:30 iN2L Spiritual: Amish Life (2F) 11:00 Getting to Know Your Neighbor (1F) 1:30 Ed-U Presentation: Rich Nichels Travel Series Polar Bears 3:30 Coffee & Conversation (2F) 6:30 Outdoor Putting Practice (RP)	9:30 Bodypump (2F) 10:00 Wii Bowling Practice (2F) 10:30 Today in History (2F) 11:00 Outdoor Walking Trail (OOB) 2:00 Creative Corner: Making String Art with Adrianna (2F) 3:30 Card Club: Rummy (1F) 6:30 Film Fest: <i>Top Gun</i> (2F)	9:30 Whole Body Stretches (2F) 10:00 Outdoor Walking Trail (OOB) 10:30 Iced Coffee and Brain Games (FP) 11:00 Mother Teresa EWNT 49 2:00 Prize Bingo (2F) 3:30 Ice Cream Social (2F) 4:00 Garden Club (OOB) 6:30 Jeopardy (1F) 8:00 Pennsylvania Polka (1F)	
11	12	13	14	15	16	17	
9:30 Move2Music (2F) 10:00 Activities For the Soul (2F) 10:30 World Religion Quiz (FP) 11:00 Card Club: Rummy (FP) 12:00 Wine & Dine (DR) 2:00 Church of God Service (DR) 3:30 Fellowship Social (DR) 6:30 iN2L: Catholic Service (2F)	9:30 Stretch & Tone (2F) 10:00 Thomas Jefferson Nickel Pitch (2F) 10:30 Wii Bowling Practice (2F) 11:00 Mass with Deacon Henninger (1F) 1:00 Shirley's Aromatherapy Hand & Neck Massages (2F) 3:30 Manicures (2F) 6:30 Game Night: Monopoly (1F)	9:30 Balance in Action (2F) 10:00 Kitchen Krew: Nut Protein Treats (2F) 10:30 Ted Talk: Matthiue Ricard Habits of Happiness (2F) 11:00 Outdoor Walking Trail (OOB) 1:30 Yoga with Leah (2F) 3:30 Karaoke with Alexa (2F) 6:30 Rosary EWNT 49	9:30 Core Strength (2F) 10:00 Coffee & Brain Games (2F) 10:30 iN2L: BBC Earth Jungle Animal Rescue (2F) 1:30 Penny Ante (2F) 3:30 Helping Hands: Prep for Paint & Sip (2F) 5:30 Ed-U: St. Clair Area Art Teacher Paint & Sip Party (2F)	9:30 Target Leg Strength Exercise (2F) 10:00 Market Run **\$\$ (OOB) 10:30 Giant Crossword Puzzle (2F) 11:00 Diner's Caravan: Long Run Diner **\$(OOB) 2:00 iN2L:Wii Bowling Team (2F) 3:30 Orange Crush Floats (RP) 6:30 Outdoor Putting Practice (RP)	9:30 Bodypump (2F) 10:00 Wii Bowling Practice (2F) 10:30 Ring Toss (FP) 11:00 Outdoor Walking Trail (OOB) 2:00 Helping Hands: Making Hot Fudge Sundaes (1F) 2:30 Hot Fudge Social (RP) 6:30 Film Fest: <i>Air Force One</i> (2F)	9:30 Whole Body Stretches (2F) 10:00 Outdoor Walking Trail (OOB) 10:30 Iced Coffee and Brain Games (FP) 11:00 Mother Teresa EWNT 49 2:00 Prize Bingo (2F) 3:30 Ice Cream Social (2F) 4:00 Garden Club (OOB) 6:30 Jeopardy (1F) 8:00 Pennsylvania Polka (1F)	
18	19	20	21	22	23	24	
9:30 Move2Music (2F) 10:00 Activities For the Soul (2F) 10:30 World Religion Quiz (FP) 11:00 Card Club: Rummy (FP) 12:00 Wine & Dine (DR) 1:30 Hymn Sing Along (2F) 2:30 iN2L: Methodist Service (2F) 6:30 iN2L: Catholic Service (2F)	9:30 Stretch & Tone (2F) 10:00 Daily Chronical & Discuss (2F) 10:30 Jeopardy Final (2F) 11:00 Mass with Deacon Henninger (1F) 1:00 Shirley's Aromatherapy Hand & Neck Massages (2F) 3:30 Manicures (2F) 6:30 Game Night: Monopoly (1F)	9:30 Balance in Action (2F) 10:00 Garden Club (OOB) 10:30 World Religion Practice (RP) 11:00 Men's Club: Trip to Benny's **\$(OOB) 1:30 Jigsaw Team (2F) 3:30 World Religion Final (2F) 6:30 Rosary EWNT 49	9:30 Core Strength (2F) 10:00 Coffee & Brain Games (2F) 10:30 Wii Bowling Practice (2F) 12:00 Birthday Meal Celebration (DR) 1:30 Outdoor Walk (OOB) 2:00 Ambassador Welcome Social (1F) 6:30 Game Night: Scrabble (2F)	9:30 Target Leg Strength Exercise (2F) 10:00 Virtual Jeopardy Quiz (2F) 10:30 Wii Bowling League (2F) 11:00 Garden Club (OOB) 1:30 Mindful Colors & Music (2F) 3:30 iN2L Brain Fitness: Easy Logic (2F) 6:30 Outdoor Putting Practice (RP)	9:30 Bodypump (2F) 10:00 Helping Hands: Set up for Olympic Celebration (2F) 11:00 Outdoor Walking Trail (OOB) 2:00 iN2L Brain Fitness: Always or Never (2F) 3:00 Olympic Celebration (2F) 6:30 <i>Film Fest: Glory</i> (2F)	9:30 Whole Body Stretches (2F) 10:00 Outdoor Walking Trail (OOB) 10:30 Iced Coffee and Brain Games (FP) 11:00 Mother Teresa EWNT 49 2:00 Prize Bingo (2F) 3:30 Ice Cream Social (2F) 4:00 Garden Club (OOB) 6:30 Jeopardy (1F) 8:00 Pennsylvania Polka (1F)	
25	26	27	28	29	30	31	
9:30 Move2Music (2F) 10:00 Activities For the Soul (2F) 10:30 World Religion Quiz (FP) 11:00 Card Club: Rummy (FP) 12:00 Wine & Dine (DR) 2:00 Church of God Service (DR) 3:30 Fellowship Social (DR) 6:30 iN2L: Catholic Service (2F)	9:30 Stretch & Tone (2F) 10:00 Anything Goes Trivia (2F) 10:30 Mindful Colors & Music (RP) 11:00 Mass with Deacon Henninger (1F) 1:00 Shirley's Aromatherapy Hand & Neck Massages (2F) 3:30 Manicures (2F) 6:30 Game Night: Monopoly (1F)	9:30 Balance in Action (2F) 10:00 Coffee & Donuts (RP) 10:30 Word Search (RP) 11:00 Outdoor Walking Trail (OOB) 1:30 Yoga with Leah (2F) 3:30 Karaoke with Alexa (2F) 6:30 Rosary EWNT 49	9:30 Core Strength (2F) 10:00 Coffee & Brain Games (2F) 10:30 Code Letter Trivia (2F) 2:00 Ed-U Presentation: Schuylkill Headwaters Representatives: Fly Casting Demo with Prizes (OOB) 3:30 Hot Dog Roast (OOB) 6:30 Card Club: Phase 10 (1F)	9:30 Target Leg Strength Exercise (2F) 10:00 Code Letter Trivia (2F) 10:30 Make the List Trivia (2F) 11:00 Rosary EWTN 49 1:30 Drum Class with Joe (2F) 3:30 iN2L Brain Fitness: 3 of a Kind (2F) 6:30 Outdoor Putting Practice (RP)	9:30 Bodypump (2F) 10:00 Daily Chronical & Discuss (2F) 10:30 Word Fit Challenge (2F) 11:00 Outdoor Walking Trail (OOB) 2:00 Ed-U Wellness: Arthritis Awareness With DOW Megan (2F) 3:30 iN2L Spiritual: Quaker Religion (2F) 6:30 Film Fest: <i>Yankee Doodle Dandy</i> (2F)	9:30 Whole Body Stretches (2F) 10:00 Outdoor Walking Trail (OOB) 10:30 Iced Coffee and Brain Games (FP) 11:00 Mother Teresa EWNT 49 2:00 Prize Bingo (2F) 3:30 Ice Cream Social (2F) 4:00 Garden Club (OOB) 6:30 Jeopardy (1F) 8:00 Pennsylvania Polka (1F)	