

# Focus on Wellness

## Updates to our Reopening Guidelines

Pennsylvania has officially ended its mask mandate and other distancing precautions as of the end of June. We have made great progress in combatting COVID and are proud of our residents, team members and families for helping the cause through vaccinations. Now that cases are significantly diminished, we are happy to provide updated procedures as of 7/2/21.

We believe in the importance of socializing and family visits for the well-being of all of our communities. **Welcome Back!**

### Assisted Living Guidelines

rev. 6/30/21

**REQUIRED PRECAUTIONS**

- Dining rooms, Community Life Programs & Internal services remain open
- Fully-vaccinated residents may remove masks
  - Team members & visitors to wear masks in the facilities
- Off-campus outings & family visits permitted for residents
  - Open visitation to residents is available in each community
- Testing only for symptomatic residents or staff
  - Non-vaccinated team members surveillance tested monthly
- New residents can receive the vaccine from our pharmacy

Please Note: Above guidelines are subject to Pennsylvania state mandates & procedures. Additional precautions may be taken if any significant outbreak occurs.



# Providence Place

SENIOR LIVING

# News

Q3: July 2021

## A Note from the Executive Director

Greetings – it is hard to believe we are halfway through 2021! The weather is beautiful and our days are brighter. This year started off with much uncertainty, but has moved in the right direction. The team at Providence Place is delighted to see the residents enjoying things they have missed, and to see family & friends visiting.

I have met so many great people in my first month. The Meet & Greet in June was wonderful. We were delighted to have so many families attending. I have also enjoyed visiting with the residents and hearing what is truly important to them. There is so much to share and know!

Our Connections Program expansion is now complete. There are apartments on the south side of the 2<sup>nd</sup> floor to better serve our greater community.

COVID vaccinations are still accessible. Providence Place had their last vaccination clinic; however, there are community resources available. Please contact us for details & available clinics.

It was an honor to celebrate our mothers, fathers, and fallen veterans in May and June. We held several events to recognize them and show our appreciation. They especially loved the Father's Day breakfast. Thank you, Community Life staff, for your tasty cooking!

Community Life is hard at work to finalize all of our upcoming events. The Summer Concert Series kicked off with the M&J band, which was outstanding. I heard so many requests to have them return. In July, we are having Denny Heckard as Elvis, and August, John Stanky & the Coal Miners. The concerts are outdoor public events and all are welcome. With July 4<sup>th</sup> just upon us, Community Life has great celebrations in store. It will be such a bang!

Please see the calendar and highlights for all that is being offered and contact us with any concerns or questions. We want to provide our residents, families, and friends their most vibrant and fulfilling experiences.

Best,

*Tracy Mason, Executive Director*

## Highlighted Events

8 – **Harley Davidson Motorcycle Parade** @ 3pm

10 – **Outdoor Movie Under the Stars** @ 7 pm (Wizard of Oz)

*Family members are welcome to join!*

18<sup>th</sup>-23<sup>rd</sup> – **PP Summer Olympic Events & Celebration**

*(see calendar)*

22 – **Summer Concert Series**

Elvis Tribute @ 7pm

28 – **Picnic Lunch at Heisler's Dairy** @ 11am (*Connections Club*)



*Dimensions of Wellness*

## Resident Birthdays

### July

Joseph Monsulich  
Jennie Wargo  
Gladys Santee  
Daniel Nagle  
James Antonio  
Arthur Kelly  
Russ Fidler  
JoAnne McCann  
Elizabeth Cremo

### August

Molly Daubert  
Jane DiCasimirro  
William Angelo  
Frances McGrath  
Margaret Snyder  
Marie Kilmer  
Nancy Mahall  
Jeffery Walters  
Loretta Dallazia  
Jack Carroll  
Rosemary Czulada  
Mollie Katchur

### September

Katherine Lord  
Agnes Leffler  
Sang O'Reilly  
Clara Mason  
Joanne Kinder  
Dave Rich  
Anna Upton  
Chester Arnold  
Gladys Bachman  
Bill Davidson

Cecelia Muench  
Audrey Serrian  
Elizabeth Lavenberg  
Mary Bowman  
Wilbur Brokenshire  
Nancy Reese  
Sandra Coyle



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at [www.Facebook.com/ProvPlace](http://www.Facebook.com/ProvPlace).




To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at [ProvidenceRetirement@gmail.com](mailto:ProvidenceRetirement@gmail.com).



[www.Providence-Place.com](http://www.Providence-Place.com)

## Welcome New Residents

William Angelo  
Agnes Leffler  
Gretchen Ulmer  
Mae Berger  
Elizabeth Cremo  
Jack Carroll

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
		<b>Calendar Key:</b> ** Registration Required \$\$ Cost Involved ML Main Lobby 1FP 1st Floor Patio A Activity Room L Lobby FL Florida Room	<h1>July 2021</h1>		<sup>1</sup> 10:00 Entertainment: Lester Hirsch (PUB) 10:30 Gifts of Service: Postal Workers Gifts (A) 1:30 iN2L: World Religion-Judaism (PUB) 2:00 Ladies' Bridge Club (FL) 2:30 Banks & Post Office Run (OOB) 3:00 Card Games: UNO (PUB) 3:30 Community Life Planning Committee (ML) 6:15 Nickel Polish Bingo (PUB)	<sup>2</sup> 9:00 Walking Warriors (ML) 10:00 Artist In Depth: Georgia O'Keeffe (PUB) 10:30 Life Happens Support Group (CH) 1:30 Zumba Exercise with Michelle (PUB) 2:30 iN2L: History of UFO's (PUB) 3:00 Communion Service (CH) 3:30 Out of This World Cocktail Hour (PUB) 7:00 Men's Poker Night (FL)	<sup>3</sup> 9:00 Retail Shopping: Fairlane Village Mall*** (OOB) 10:00 Puzzle Club (3FL) 1:30 Helping Hands: Setting up Bingo (PUB) 2:00 Nickle Bingo (PUB) 3:00 Put Your Heart in Art: Georgia O'Keeffe Flower Painting (A) 6:15 Card Games: War (PUB)
		<sup>4</sup> 9:30 Trinity Lutheran Church: Live Stream (PUB) 10:00 Walking Warriors (ML) 11:00 4th of July Picnic (1FLP & DR) 1:00 Popcorn & Movie: <i>Forrest Gump</i> (PUB) 2:00 Independence Day Trivia (ML) 3:00 Communion Service (CH) 6:15 Kings in the Corner (PUB) Independence Day			<sup>5</sup> 9:00 Walking Warriors (ML) 10:30 Yoga Fitness with Michele (PUB) 1:15 Circle of Friends (CH) 2:00 Ed-U Presentation by Missy Amburn, BSS, ABA on <i>Power of Positivity</i> (PUB) 3:00 Communion Service (CH) 3:30 Bathing Beauties & Gents Cocktail Hour (PUB) 6:30 Bridge Club (A)	<sup>6</sup> 9:00 Gentle Stretching (3FL) 10:00 Green Thumbs: Watering Plants (1FP) 10:30 Lawn Games: Bowling (1FP) 12:00 Picnic on Patio** (1FP) 2:00 Finish My Line (ML) 2:30 Craft Corner: Summer Door Décor (A) 3:00 Providence Place Foodies: Chocolate Pretzels (A) 6:15 Nickel Bingo \$\$ (PUB)	<sup>7</sup> 8:30 Ladies' Breakfast (A) 10:00 Chair Exercises (PUB) 10:30 Worship Service with Pastor Randy (CH) 1:30 Manicures & Mimosas (L) 2:00 Chocolate Trivia (PUB) 3:00 Chocolate Cocktail Hour (PUB) 6:15 Nickel Po-Ke-No \$\$ (PUB)
<sup>11</sup> 9:30 Trinity Lutheran Church: Live Steam (PUB) 10:00 Walking Warriors (ML) 11:00 Wine & Dine (DR) 1:00 Popcorn & Movie: <i>A Dog's Purpose</i> (PUB) 3:00 Communion Service (CH) 3:30 Reminisce & Refreshments (1FP) 6:15 Board Games: Yahtzee (PUB)	<sup>12</sup> 9:00 Walking Warriors (ML) 10:30 Yoga Fitness with Michele (PUB) 1:15 Circle of Friends (CH) 2:00 Pen Pal Letter Writing to Freedom of Christ Church Youth Group (PUB) 3:00 Communion Service (CH) 3:30 Pecan Pie Cocktail Hour (PUB) 6:30 Bridge Club (A)	<sup>13</sup> 9:00 Keep Kicking Kickball (PUB) 10:00 Green Thumbs: Watering and Tending the Plants (ML) 10:30 Meditation on the Patio (1FP) 12:00 Picnic on the Patio ** (1FP) 1:30 iN2L: History of the Barbershop Quartet (PUB) 2:00 French Fry Face Off (A) 3:30 Lawn Games: Darts (1FP) 6:15 Nickel Bingo \$\$ (PUB)	<sup>14</sup> 9:00 Coffee, Donuts, & Discussion (PUB) 10:00 Chair Exercise (PUB) 10:30 Worship Service with Pastor Randy (CH) 1:30 Manicures & Mimosas (L) 2:00 iN2L NatGeo Wild Documentary: <i>Sharks</i> (PUB) 3:00 Shark Bite Cocktail Hour (PUB) 6:15 Nickel Po-Ke-No (PUB)	<sup>15</sup> 9:00 Walking Warriors (ML) 10:30 Puzzle Club (3F) 11:00 Picnic at Stoyer's Dam** (OOB) 2:00 Ladies' Bridge Club (FL) 2:00 Drumming with Joe (PUB) 3:00 Probing Science: <i>The Human Brain</i> (PUB) 6:15 Nickel Polish Bingo \$\$ (PUB)	<sup>16</sup> 9:00 Walking Warriors (ML) 10:30 Life Happens Support Group (CH) 10:30 Trivia: U.S. Presidents (ML) 1:30 Zumba Exercise with Michele (PUB) 3:00 Communion Service (CH) 3:30 Baseball Cocktail Hour (PUB) 6:15 Board Games: Monopoly (PUB) 7:00 Men's Poker Game (FL)	<sup>17</sup> 9:00 Retail Shopping: Fairlane Village Mall **\$\$ (OOB) 10:30 Board Games: Connect Four (PUB) 1:30 Helping Hands: Setting Up for Bingo (PUB) 2:00 Nickel Bingo (PUB) 3:30 Discovery Earth: Acadia National Park (PUB) 6:15 Puzzle Club (3F)	
<sup>18</sup> 9:30 Trinity Lutheran Church: Live Steam (PUB) 10:00 Walking Warriors (ML) 11:00 Wine & Dine (DR) 1:00 Popcorn & Movie: <i>Cool Runnings</i> (PUB) 3:00 Communion Service (CH) 3:30 Providence Place Olympics Opening Event (ML) 6:15 Kings in the Corner (PUB)	<sup>19</sup> 9:00 Walking Olympians (ML) 10:30 Yoga Fitness with Michele (PUB) 1:15 Circle of Friends (CH) 2:00 Ed-U Scholar: <i>Mind, Body                Connection; How Thoughts Feelings &amp;                Behaviors Interact</i> (PUB) 3:00 Communion Service (CH) 3:30 Olympic Countries Cocktail Hour: Europe (PUB) 6:30 Bridge Club (A)	<sup>20</sup> 9:00 Basketball Free Throw (1FP) 10:00 Green Thumbs: Watering Plants (1FP) 10:30 Meditation on the Patio (1FP) 1:30 Olympic Word Within a Word (PUB) 3:00 World Religion Trivia (CH) 3:30 Walking Olympians (ML) 6:15 Nickel Bingo \$\$ (PUB)	<sup>21</sup> 8:30 Men's Breakfast (A) 10:00 Seated Soccer (PUB) 10:30 Worship with Pastor Randy (CH) 1:30 Manicures & Mimosas (ML) 2:00 Olympic Countries Cocktail Hour & Food For Thought with Chef Tuan: Asia (DR) 3:00 iN2L: The 1st Olympic Competition (PUB) 6:15 Nickel Po-Ke-No (PUB)	<sup>22</sup> 9:00 Walking Olympians (ML) 10:00 Jeopardy (PUB) 1:30 Balloon Volleyball (PUB) 2:30 Olympics Food Drive Drop Off (OOB) 3:00 XBOX Bowling (A) 7:00 Summer Concert Series: Elvis (FP)	<sup>23</sup> 9:00 Walking Olympians (ML) 10:30 Life Happens Support Group (CH) 10:30 Javelin Throwing (1FP) 1:30 Zumba Exercise with Michele (PUB) 2:00 Olympics Award Ceremony (PUB) 3:00 Communion Service (CH) 3:30 Olympic Countries Cocktail Hour: USA (PUB) 6:15 Card Games: UNO (PUB) 7:00 Men's Poker Game (FL)	<sup>24</sup> 9:00 Retail Shopping: Fairlane Village Mall **\$\$ (OOB) 10:30 Board Games: Scrabble (PUB) 1:30 Helping Hands: Setting Up for Bingo (PUB) 2:00 Nickel Bingo (PUB) 3:30 Discovery Earth: Exploring Yosemite National Park (PUB) 6:15 Board Games: Connect Four	
<sup>25</sup> 9:30 Trinity Lutheran Church: Live Steam (PUB) 10:00 Walking Warriors (ML) 11:00 Wine & Dine (DR) 1:00 Popcorn & Movie: <i>Beach Blanket Bingo</i> (PUB) 3:00 Communion Service (CH) 3:30 Reminisce & Refreshments (1FP) 6:15 Board Games: Yahtzee (PUB)	<sup>26</sup> 9:00 Walking Warriors (ML) 10:30 Yoga Fitness with Michele (PUB) 1:15 Circle of Friends (CH) 2:00 Cranium Crunches (L) 3:00 Communion Service (CH) 3:30 Appalachian Brewery Beer Tasting Cocktail Hour (PUB) 6:30 Bridge Club (A)	<sup>27</sup> 9:00 Gentle Stretching (PUB) 10:00 Green Thumbs: Watering Plants (1FP) 10:30 Lawn Games: Bowling (1FP) 1:30 Brain Game: Name 10 (L) 3:00 Probing Science: Black Holes (PUB) 6:30 Nickel Bingo \$\$ (PUB)	<sup>28</sup> 9:00 Coffee, Donuts, & Discussion (PUB) 10:00 Chair Exercises (PUB) 10:30 Worship Service with Pastor Randy (CH) 1:30 Manicures & Mimosas (ML) 2:00 Taste of the World with Chef Tuan & Cocktail Hour (DR) 3:00 Cranium Crunches (DR) 6:15 Nickel Po-Ke-No (PUB)	<sup>29</sup> 9:00 Retail Shopping: Walmart **\$\$ (OOB) 10:00 Card Games: 500 Rummy (PUB) 11-2 Food Truck Tasting: Mr. E's Eatz (PL) 2:00 Ladies' Bridge Club (FL) 2:30 Drum Exercise (PUB) 3:00 Health Talk by Ashley Vigoda, DOW: Alleviating Joint Stiffness (PUB) 4:15 July Birthday Celebration Dinner (PUB) 6:15 Nickel Polish Bingo (PUB)	<sup>30</sup> 9:00 Walking Warriors (ML) 10:30 Life Happens Support Group (CH) 1:30 Zumba Exercise with Michele (PUB) 3:00 Communion Service (CH) 3:30 Wine & Cheese Pairing Cocktail Hour (PUB) 6:15 Board Games: Connect Four (PUB) 7:00 Men's Poker Night (FL)	<sup>31</sup> 9:00 Retail Shopping: Fairlane Village Mall **\$\$ (OOB) 10:30 Board Games: Yahtzee (PUB) 1:30 Helping Hands: Setting Up for Bingo (PUB) 2:00 Nickel Bingo \$\$ (PUB) 3:30 Discovery Earth: Arches National Park in Utah (PUB) 6:15 Puzzle Club (3F)	