




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Coal Mining & Traditional American Folk Music w/ Jay Smar 11:00 Lunch 12:00 Walking with Friends 1:30 Pretty in Pink 2:00 Sip and Make 3:00 Beauty Pageant Crossword 4:00 Dinner 5:30 Visit a National Park: Washington/Oregon 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Church Services 10:30 Hymns 11:00 Lunch 12:00 Walking with Friends 1:30 Memory Magic 2:00 Sip and Mingle 3:00 Piggy Banker 4:00 Dinner 5:30 Classic Movies: Carnival Story 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice 10:30 Karaoke 11:00 Lunch 12:00 Walking with Friends 1:30 Sip and Dance 2:30 Singing w/ Dave Powers 3:00 Balloon Burst 4:00 Dinner 5:30 Inspirational Videos 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Fittersitter 10:30 Name that Tune 11:00 Lunch 12:00 Walking with Friends 1:30 Gardening Club 2:00 Sip and Share 3:00 Who Wants to be a Millionaire 4:00 Dinner 5:30 Short Stories: The Cat and the Fiddle 7:00 Evening Wind Down
5	6	7	8	9	10	11
6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Aromatherapy 10:30 Hymns 11:00 Lunch 12:00 Walking with Friends 1:30 Balloon Ball 2:00 Piano Playing w/ Bryan Herber 3:00 Church Services 4:00 Dinner 5:30 Alaska Bears Webcam 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Sittercise 10:30 Secret Occupation 11:00 Lunch 12:00 Walking with Friends 1:30 Crafty Creations: Patriotic Windsock 2:00 Sip and Share 3:00 Bible Study 4:00 Dinner 5:30 The Sound of Music 7:00 Evening Wind Down  Labor Day	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 KPETS 10:30 Labor Trivia 11:00 Lunch 12:00 Walking with Friends 1:30 Kitchen Creation: R-W-B Deviled Eggs 2:00 Labor Day Social 3:00 The History Behind Labor day 4:00 Dinner 5:30 Classic Movies: Rain 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Yoga 10:30 Music with Mary Sue 11:00 Lunch 12:00 Walking with Friends 1:30 Pretty in Pink 2:00 Sip and Be Social 3:00 Jessica Snyder Perform 4:00 Dinner 5:30 Let's Travel to Virginia 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Church Services 10:30 Hymns 11:00 Lunch 12:00 Walking with Friends 1:30 Timeslips 2:00 Sip and Discuss 3:00 One Man Band featuring Nicholas DiSanto 4:00 Dinner 5:30 Classic TV: Bonanza 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice 10:30 Sing with Susie 11:00 Lunch 12:00 Walking with Friends 1:30 Mountain Men Club 2:00 Sip and Mingle 3:00 Family Feud 4:00 Dinner 5:30 Ted ED: Forest Sharks 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Stretches 10:30 Reminiscing: Commercials 11:00 Lunch 12:00 Walking with Friends 1:30 9/11 Memorial 2:00 Sip and Discuss 3:00 Scrapbook Memories 4:00 Dinner 5:30 Funny Videos 7:00 Evening Wind Down

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Meditation Time 10:30 Hymn 11:00 Lunch 12:00 Walking with Friends 1:30 Create Grow a Hug with Family 2:00 Chocolate Milkshake Hour 3:00 Church Services 4:00 Dinner 5:30 Surprise Video 7:00 Evening Wind Down	13 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Light and Lively 10:30 Word Boggle 11:00 Lunch 12:00 Walking with Friends 1:30 Pretty In Pink 2:00 Cocktails with Caregiver 3:00 Bible Study 4:00 Dinner 5:30 The King and I 7:00 Evening Wind Down	14 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Dancing Through the Decades 10:30 Ray Durkee's SATM 11:00 Lunch 12:00 Walking with Friends 1:30 Crafty Creation: Painting Inspiration Rock 2:00 Sip and Show 3:00 Grandparents Alphabet Code 4:00 Dinner 5:30 Classic TV: Ozzie & Harriet 7:00 Evening Wind Down	15 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Simply Stretch 10:30 Brain Games 11:00 Lunch 12:00 Walking with Friends 1:30 Kitchen Creation: Pocket Pies 2:00 Sip and Taste 3:00 Word-a-Thon 4:00 Dinner 5:30 Visit a National Park: N. Carolina/Tennessee 7:00 Evening Wind Down	16 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Church Services 10:30 Hymns 11:00 Lunch 12:00 Walking with Friends 1:30 Tell a Joke 2:00 Bus Trip: Sonic for Milkshakes 3:00 How to Cope with Stress 4:00 Dinner 5:30 Art with Bob Ross 7:00 Evening Wind Down	17 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice 10:30 Karaoke 11:00 Lunch 12:00 Walking with Friends 1:30 Mountain Man Club 2:00 Sip and Be Social 3:00 Native Americans History 4:00 Dinner 5:30 Ted ED: Greek Oracle 7:00 Evening Wind Down	18 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 ALZ Walk at Gettysburg 10:30 Train Your Brain 11:00 Lunch 12:00 Walking with Friends 1:30 Gardening Club 2:00 Sip and Lounge 3:00 Family Feud 4:00 Dinner 5:30 Classic Radio: Paul Harvey 7:00 Evening Wind Down
19 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Aromatherapy 10:30 Hymns 11:00 Lunch 12:00 Walking with Friends 1:30 Cuisine Panel Meeting 2:00 Sip and Discuss 3:00 Church Services 4:00 Dinner 5:30 Puppies Webcam 7:00 Evening Wind Down	20 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Sittercise 10:30 Sharpen Your Senses 11:00 Lunch 12:00 Walking with Friends 1:30 Pretty in Pink 2:00 Iced Tea Time with Charmaine 3:00 Bible Study 4:00 Dinner 5:30 Oklahoma 7:00 Evening Wind Down	21 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Dancing 10:30 Music with Mary Sue 11:00 Lunch 12:00 Walking with Friends 1:30 Crafty Creation: Dream Catches 2:00 Sip and Show 3:00 Parachute Game 4:00 Dinner 5:30 Classic Movies: Bells of San Angelo	22 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Yoga 10:30 Mind Fitness 11:00 Lunch 12:00 Walking with Friends 1:30 Kitchen Creation: Fry Bread Tacos 2:00 Sip and Taste 3:00 Secret Autumn Quote 4:00 Dinner 5:30 Let's Travel to Vermont 7:00 Evening Wind Down	23 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Church Services 10:30 Hymns 11:00 Lunch 12:00 Walking with Friends 1:30 Bottle Ring Toss 2:00 Celebrating September Birthdays 3:00 Balloon Burst 4:00 Dinner 5:30 Classic TV: One Step Beyond 7:00 Evening Wind Down	24 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice 10:30 Sing with Susie 11:00 Lunch 12:00 Walking with Friends 1:30 Mountain Men Club 2:00 Sip and Make a New Friend 3:00 Pictionary 4:00 Dinner 5:30 Classic Radio: Bob Hope 7:00 Evening Wind Down	25 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Stretches 10:30 Happy Neuron 11:00 Lunch 12:00 Walking with Friends 1:30 Memories in the Making 2:00 Sip and Share 3:00 Bingo 4:00 Dinner 5:30 Short Stories: The Pet 7:00 Evening Wind Down
26 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Meditation Time 10:30 Hymns 11:00 Lunch 12:00 Walking with Friends 1:30 Shake Loose a Memory 2:00 Sip and Share 3:00 Church Services 4:00 Dinner 5:30 Broadway Musicals 7:00 Evening Wind Down	27 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Light and Lively 10:30 Dominoes 11:00 Lunch 12:00 Walking with Friends 1:30 Pretty in Pink 2:00 Sip and Be Social 3:00 Bible Study 4:00 Dinner 5:30 Back to the Wild 7:00 Evening Wind Down	28 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Dancing Through the Decades 10:30 Ray Durkee's SATM 11:00 Lunch 12:00 Walking with Friends 1:30 Crafty Creation: Create Our Sunflowers 2:00 Sip and Show 3:00 Cranium: Analogies 4:00 Dinner 5:30 Classic TV: Mickey Rooney	29 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Simply Stretch 10:30 Finish the Lyrics 11:00 Lunch 12:00 Walking with Friends 1:30 Kitchen Creation: Roast our Sunflower Seeds 2:00 Sip and Taste 3:00 Pastimes: Gardens 4:00 Dinner 5:30 Visit a National Park: Maine 7:00 Evening Wind Down	30 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Church Services 10:30 Hymns 11:00 Lunch 12:00 Walking with Friends 1:30 Mountain Men Club 2:00 Sip and Mingle 3:00 Word-A-Thon 4:00 Dinner 5:30 Explore Virtual Museums 7:00 Evening Wind Down	<h1>CONNECTIONS</h1>  <h1>SEPTEMBER 2021</h1>	