

Focus on Wellness

As amazing as it sounds, fall is upon us. With the fall season, also comes flu season and the need to take care of ourselves and others. The Centers for Disease Control (CDC) recommends everyone 6 months and older receive a yearly flu vaccine as the first and most important step for protection. While there are many different flu strands, the flu vaccine protects against the viruses that research suggests will circulate the most this season. Even healthy people can get the flu, and it can be serious. Let's each do our part.

Each Providence Place campus will be hosting vaccination clinics to make it easy for our residents and co-workers to participate. Please feel free to reach out to your Executive Director or Director of Wellness for specific details regarding your community clinic and upcoming booster opportunities.

Cynthia Avant, RN
Director of Clinical Services



*Dimensions
of Wellness*

Resident Birthdays

September

Katherine Lord
Agnes Leffler
Sang O'Reilly
Kenneth Frie
Clara Mason
Joanne Kinder
Dorothy Zeigenfuse
Dave Rich
Anna Upton
Chester Arnold

Gladys Bachman
Bill Davidson
Cecelia Muench
Audrey Serrian
Elizabeth Lavenberg
Mary Bowman
Wilbur Brokenshire
Joan Fredricks
David Mumma
Sandra Coyle



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com



Providence Place SENIOR LIVING News

Q3: September 2021

A Note from the Executive Director

2021 is just flying by! Schools have just opened and I feel a tinge of autumn in the air. Many people say the Fall is their favorite season. It is exciting to think of all the great Fall activities Community Life has in store. Please review the calendar of activities and stay engaged!

I am pleased to announce we have hired several new colleagues recently. They are adjusting to their roles and look forward to getting to know everyone. John Schaeffer has been promoted to Maintenance Director. John has worked as Maintenance Associate since 2017. He is very familiar with the needs of the facility and looks forward to keeping the building beautiful.

We have been monitoring the COVID positivity rates in Schuylkill County. Even though we have seen a rise in the rates, we are trying to be cautious, yet remain open to the residents and visitors. Just recently, we have transitioned dining services to one seating. This change will be welcomed by many of our residents; however, it required us to modify some table assignments. I do think it is going well and residents are enjoying their time dining together. We continue to follow all COVID guidelines. If any new information is available, Providence Place will be certain to notify you.

Many of our residents participated in some fun competition in July for the Providence Place Olympics. They competed in many events, including an Opening Ceremony, lawn Games, and trivia. Our community also collected food donations that were given to a local food pantry. We have many champions and medal winners living here in Pottsville Providence Place. The summer concert series was a huge success! Our Community Life staff did an outstanding job with the entertainers and the treats.

I look forward to continued service for our residents and families. There is so much more in store and I am excited to see what the future holds!

Thankfully,
Tracy Mason, Executive Director

Highlighted Events

- 1 – **Outing @ Irish Creek Sunflower Farm & Lunch @ 11am**
Connections Club
- 9 – **Outing to Second Mountain Sunflower Farm @ 2pm**
- 13 – **Jay Smar: History through Folk Music @ 2:30pm**
- 16 – **Art Class with Kim @ 3 pm**
Connections Club
- 17 – **Historical Society Presentation: History of Schuylkill County @ 10:30am**
- 22 – **Country Junction outing @ 12:30 pm – Connections Club**

Football Fridays – every Friday in September at 2:30pm

Welcome New Residents

Margaret Angelozzi
Robert Long
Margot Marks
Paul Wagner
Lois Comisac

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1 9:30 Trinity Lutheran Church: Live Stream (PUB) 10:00 Stretches to the Polkas (A) 1:00 Video Chat with Families (1:1) 1:30 Intergenerational Readings for Friendship Day (PUB) 2:00 Five Facts about the Dog Days of Summer (P) 3:00 Communion Service (C) 6:15 Kings in the Corner (PUB)	2 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:30 Yoga with Michele (PUB) 1:00 Fruit Smoothie Social (A) 1:30 iN2L: Funny Dog Video Clips (A) 2:00 Drama Club (P) 3:00 Communion Service (C) 3:30 Ice Cream Sandwich Cocktail Hour (PUB) 6:30 Bridge Club (PUB)	3 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:00 Visit with Harley the Dog (ML) 10:15 Virtual Tour of Farmer's Market: Fresh Fruit & Vegetable Cart (CN) 10:30 Hydration & Healthy Bites (CN) 1:30 Garden Club (P) 2:00 Making of Dog Biscuits (A) 3:00 Finish My Line (P) 6:15 Nickel Bingo \$\$ (PUB)	4 8:30 Ladies Breakfast (A) 9:00 Morning Meeting & Inspirations (P) 9:30 Regatta Day Around the World (P) 10:00 Virtual Boat Race for Prizes (P) 10:30 Church with Pastor Randy (C) 11:00 Walk for Heart Health (ML) 1:00 Appreciation Club: Delivering Dog Biscuits to Ruth Steinert SPCA (OOB) 3:30 Video Chat with Families (1:1) 6:15 Nickle Po-Ke-No \$\$ (PUB)	5 9:00 Morning Meeting & Inspirations (P) 9:30 Daily Chronicle & Discussions (P) 10:00 Walk for Heart Health (OOB) 1:00 Meditation for Inner Peace (P) 1:30 Reminiscing: Dogs as Pets (A) 2:00 Wall Scrabble (A) 2:30 Hydration & Healthy Bites (P) 3:00 Color & Create: Dog Life (A) 3:30 Walk for Heart Health (ML) 6:15 Nickel Polish Bingo \$\$ (PUB)	6 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:15 Dog Trivia (CN) 11:00 Walk for Heart Health (ML) 1:00 UNO (A) 1:30 Zumba with Michele (PUB) 2:00 Book of Miracles & RB Floats (A) 3:00 Communion Service (C) 3:30 Cocktail Hour: PA Beers (PUB) 6:15 Scrabble Club (PUB)	7 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussion (A) 10:00 Baking Club (A) 10:30 Talk & Taste (A) 1:30 Brain Games (P) 2:00 Bingo for Prizes (P) 2:30 Hydration & Healthy Bites (P) 3:00 iN2L Discovery: Visit US Lighthouses 3:30 Walk for Heart Health (ML) 6:15 Card Games: 500 Rummy (PUB)	
8 9:00 Morning Meeting & Inspirations (A) 9:30 Trinity Lutheran Church: Live Stream (PUB) 10:00 Kickball to Polkas (A) 10:30 Hydration & Healthy Bites (A) 1:00 Video Chat with Families (1:1) 1:00 Movie: <i>The Notebook</i> (A) 3:00 Communion Service (C) 3:30 Walk for Heart Health (OOB) 6:15 Yahtzee (PUB)	9 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:15 Memory Magic (CN) 1:15 Cranium Crunches (A) 2:00 Manicures & Hand Massages (A) 2:30 Hydration & Healthy Bites (A) 3:00 Communion Service (C) 3:30 Dog Days of Summer Cocktail Hour (PUB) 6:30 Bridge Club (PUB)	10 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:15 Travelin' Tuesday Tunes (CN) 10:30 Hydration & Healthy Bites (CN) 12:00 Picnic on the Patio (1FP) 1:00 Meditation in the Garden (P) 2:00 Making of Smore's (P) 3:30 Lawn Games: Magnetic Darts (P) 6:15 Nickle Bingo \$\$ (PUB)	11 9:00 Morning Meeting & Inspirations (PUB) 9:30 Coffee, Donuts & Discussions (PUB) 10:30 Church with Pastor Randy (C) 11:00 Walk for Heart Health (AF) 1:00 Buddy's & Bison Farm (OOB) 3:30 Cocktail Hour (PUB) 4:00 Video Chat with Families (1:1) 6:15 Nickel Po-Ke-No \$\$ (PUB)	12 9:00 Morning Meeting & Inspirations (P) 9:30 Daily Chronicle & Discussions (P) 10:00 Walk for Heart Health (OOB) 1:30 Short Stories (A) 2:00 Grave Tour of Inventors by Schlitzer Allen & Pugh (PUB) 3:00 Xbox Bowling (A) 3:30 Hydration & Healthy Bites (A) 6:15 Nickel Polish Bingo \$\$ (PUB)	13 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:15 Fun Facts about Friday the 13th (CN) 10:30 Hydration & Healthy Bites (CN) 1:30 Zumba with Michele (A) 2:00 10 Name Game (ML) 3:00 Communion Service (C) 3:30 Cocktail Hour 6:15 Scrabble Club (PUB)	14 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussion (A) 10:00 Baking Club (A) 10:30 Talk & Taste (A) 1:30 Walk for Heart Health (OOB) 2:00 Bingo for Prizes (P) 2:30 Hydration & Healthy Bites (A) 3:15 iN2L Discovery Earth: Canada (PUB) 6:15 Card Games: War (A)	
15 9:00 Morning Meeting & Inspirations (A) 9:30 Trinity Lutheran Church: Live Stream (PUB) 10:00 Stretches to the Polkas (A) 1:00 Video Chat with Families (1:1) 2:00 Movie: <i>The Great Outdoors</i> (PUB) 3:00 Communion Service (C) 3:30 Walk for Heart Health (OOB) 6:15 Kings in the Corner (PUB)	16 9:00 Morning Meeting & Inspirations (SL) 9:30 Daily Chronicle & Discussions (SL) 10:30 Yoga with Michele (PUB) 11:00 Walk for Heart Health (ML) 1:00 Word Search (A) 2:00 Music Videos: Elvis (A) 2:30 PB & Banana Sandwiches (A) 3:00 Communion Service (C) 3:30 Tell A Joke (ML) 6:35 Bridge Club (PUB)	17 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:15 Front Porch Vacation Memories (CN) 10:30 Hydration & Healthy Bites (CN) 12:00-2:00 Food Truck Tasting: Leiby's 1:30 Coca-Cola Ice Cream Floats (P) 2:00 Nature Exploration (OOB) 2:30 Exercise in the Gazebo (OOB) 3:00 iN2L Exploration (A) 6:15 Nickel Bingo \$\$ (PUB)	18 9:00 Morning Meeting & Inspirations (A) 9:30 Coffee & Donuts & Discussions (PUB) 10:00 Chair Exercises (PUB) 10:30 Church with Pastor Randy (C) 11:00 Walk for Heart Health (AF) 1:00 Watermelon Social (P) 2:00 Providence Food: Zucchini Bleenies & Cocktails (PUB) 3:00 Video Chat with Families (1:1) 6:15 Nickel Po-Ke-No \$\$ (PUB)	19 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:00 Lite & Lively (A) 10:30 Hydration & Healthy Bites (A) 2:00 Drum Circle with Joe (PUB) 2:30 Helping Hands: Set Up (P) 3:00 Art Class with Kim (P) 3:30 Walk for Heart Health (OOB) 6:15 Nickel Polish Bingo \$\$ (PUB)	20 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:15 Table Ball Toss (CN) 10:30 Fresh Lemon & Orangeade (CN) 1:30 Zumba with Michele (PUB) 2:00 Walk for Heart Health (OOB) 3:00 Communion Service (C) 3:30 Cocktail Hour 6:15 Scrabble Club (PUB)	21 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussion (A) 10:00 Baking Club (A) 10:30 Talk & Taste (A) 11:00 Walk for Heart Health (ML) 2:00 John Stevens Polka Band (PL) 2:30 Hydration & Healthy Bites (A) 3:15 iN2L Discovery Earth: Mexico (PUB) 6:15 Puzzle Club (PUB) Senior Citizen's Day	
22 9:00 Morning Meeting & Inspirations (A) 9:15 Trinity Lutheran Church: Live Stream (PUB) 10:00 Drum Stick Exercise to the Polkas (A) 1:00 Video Chat with Families (1:1) 1:00 Popcorn & Movie: <i>The Locket</i> (PUB) 3:00 Communion Service (C) 6:15 Puzzle Club (PUB)	23 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:15 Memory Magic (CN) 10:30 Hydration & Healthy Bites (CN) 11:00 Walk for Heart Health (ML) 1:30 Jigsaw Puzzle Competition (P) 2:30 Chair Exercise (A) 3:00 Communion Service (C) 3:30 Mind Joggers (A) 6:30 Bridge Club (PUB)	24 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:15 Sing-A-Long (CN) 10:30 Hydration & Healthy Bites (CN) 12:00 Picnic on the Patio (1st FP) 1:30 Name That Capital (P) 2:00 Walk for Heart Health (OOB) 3:30 Helping Hands: Set Up (PL) 7:00 Summer Concert: Stanky & the Coal Miner's (PL)	25 9:00 Morning Meeting & Inspirations 9:30 Coffee, Donuts & Discussions (PUB) 10:00 Chair Exercises (PUB) 10:30 Worship with Pastor Randy 11:00 Picnic Lunch & Discovering Covered Bridges (OOB) 3:00 Video Chat with Families (1:1) 3:30 Cocktail Hour (PUB) 6:15 Nickel Po-Ke-No \$\$ (PUB)	26 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:00 Walk for Heart Health (OOB) 1:30 Name 5 Game (A) 2:00 Make Your Own Banana Split (A) 3:00 Spelling Challenge (A) 3:30 iN2L: Country Line Dancing (A) 6:15 Nickle Polish Bingo \$\$ (PUB)	27 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:00 iN2L Exploration (CN) 10:30 Hydration & Healthy Bites (CN) 1:30 Zumba with Michele (PUB) 2:00 iN2L: Price Is Right 3:00 Communion Service (C) 3:30 Cocktail Hour 6:15 Scrabble Club (PUB)	28 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussion (A) 10:00 Baking Club (A) 10:30 Talk & Taste (A) 11:00 Walk for Heart Health (ML) 2:00 Bingo for Prizes (A) 2:30 Hydration & Healthy Bites (A) 3:15 iN2L Discovery Earth: Puerto Rico (PUB) 6:15 UNO (PUB)	
29 9:00 Morning Meeting & Inspirations (A) 9:15 Trinity Lutheran Church: Live Stream (PUB) 10:00 Chair Exercise to the Polkas (A) 1:00 Video Chat with Families (1:1) 1:00 Popcorn & Movie: <i>The Magic of Ordinary Days</i> (PUB) 3:00 Communion Service (C) 6:15 Puzzle Club (PUB)	30 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:15 Yoga with Michele (PUB) 10:30 Hydration & Healthy Bites (CN) 11:00 Walk for Heart Health (ML) 1:30 Hairstyles by Niki (A) 2:30 Hand Massages (A) 3:00 Communion Service (C) 3:30 Mind Joggers (A)	31 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:15 Sing-A-Long (CN) 10:30 Hydration & Healthy Bites (CN) 2:00 The Game of Things (A) 2:30 Card Games (A) 3:00 Walk for Heart Health (OOB) 6:15 Nickel Bingo \$\$ (PUB)	August 2021			Calendar Key: (A) Activity Room (LIB) Library (1:1) 1 on 1 (C) Chapel (OOB) Out of Building (PUB) Pub (CN) Connections (FP) Front Porch (AF) All Floors (ML) Main Lobby (P) Patio (PL) Parking Lot (\$\$) Cost Involved	

THE
Club