

Focus on Wellness

Centers for Disease Control (CDC) recommends everyone 6 months and older receive a yearly flu vaccine as the first and most important step for protection. While there are many different flu strands, the flu vaccine protects against the viruses that research suggests will circulate the most this season. Even healthy people can get the flu, and it can be serious. Let's each do our part.

Each Providence Place campus will be hosting vaccination clinics to make it easy for our residents and co-workers to participate. Please feel free to reach out to your Executive Director or Director of Wellness for specific details regarding your clinic & upcoming booster opportunities.

Cynthia Avant, RN
Director of Clinical Services

Flu Clinic (Dover)

Tuesday, October 19th
1pm – 3:30pm



Providence Place SENIOR LIVING News

Q4: October 2021

A Note from the Executive Director

Soon we will see the fall colors on the trees and feel the cool refreshing air. There is a lot of planning going on to celebrate autumn with new menus and activities. Please review the calendar for the upcoming weeks!

We have been monitoring the COVID positivity rates in York County. We continue to see a rise in the rates so we need to be diligent in our prevention measures. Please always wear a mask when visiting and check in at the front desk for required screening questions. We continue to follow all COVID guidelines. If any new information is available, Providence Place will be certain to notify you.

Many of our residents participated in some fun activities for National Assisted Living Week and thank you to everyone who joined us for our Luau in September.

We look forward to continued events for our residents and families.

Enjoy Fall,

Howard Holben

Executive Director

Highlighted Events

- 5 – **Norlo Park Picnic & Bingo Outing** @ 4pm - *Connections Club*
- 7 – **Fall Festival** @ 1pm – 3:30pm
- 14 – **Lunch at Manchester Cafe**
Connections Club
- 26 – **Pumpkin Spice Social Hour**
@ 2:30 pm
- 29 – **Resident Trick-or-Treating**
@ 2pm

Welcome New Residents

Dona Grimm



*Dimensions
of Wellness*

October

Arthur Tomlinson
Mary Finch
Betty Collier
Jean Neiman
Dorothy Eberly
Janet Becker
Jean Jacobs
Anna Mary Nace
Betty Ruth
Frederick Langham
Virginia Angel
Mary Anna Ferree
William Shroyer
Clyde Livingston
Helen Bosserman

Resident Birthdays

November

Budd Lookingbill
Eugene Hilt
Frances Callahan
Joan Miller
Gloria Hively
Janet Stine
Robert Hughlett
Nancy Brunk
Carol Figdore

December

Virginia Maloy
Marjorie Zinn
Grayson Starner
Verna Wentz
Betty Gingerich
Dorothy Hartman
Norma Malsky
Sharon Warnecke
Christine Koehnlein
Lois Smith
Mary Lou Rowlands



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>31</p> <p>9:30 Daily Reading (P) 9:45 Song and Scripture (P) 10:45 Menu Review (P) 11:00 Spooky Lunch (DR) 1:30 Halloween Trivia (AR) 2:00 Halloween Prize Bingo (AR) 3:00 Church Service (CR/H)</p> <p>Halloween</p>	<p>THE <i>Club</i></p>		<p>Calendar Key: ** Registration Required \$\$ Cost Involved Community Room / Chapel (CR/CH) Connections Neighborhood (CN) Lobby (LB) 100 Hall Patio (100 Hall) Pub (P) Activity Room (AR) 100 Hall Living Room (100 LR) Out of Building (OOB)</p>	<p>October 2021</p>	<p>1</p> <p>9:30 Daily Reading (CR/CH) 9:45 Fitness Dice (CR/CH) 10:45 Menu Review (CR/CH) 1:15 Culinary Creations (100 LR) 6:00 Socialize in the Lobby (LB)</p>	<p>2</p> <p>9:30 Daily Reading (P) 9:45 Discussion and Danish (P) 1:15 Scenic Drive Around Town (LB) 3:15 Name 5 Game- (CR/CH) 6:00 Socialize in the Lobby (LB)</p>
<p>3</p> <p>9:30 Daily Reading (P) 9:45 Song and Scripture (P) 10:45 Menu Review (P) 1:15 Baking for Sweet Life (AR) 3:00 Church Service (CR/CH) 3:05 Table Top Game (P) 6:00 Socialize in the Lobby (LB)</p>	<p>4</p> <p>9:30 Daily Reading (CR/CH) 9:45 Card Crunch Fitness (CR/CH) 10:20 Themed Trivia (CR/CH) 10:45 Menu Review (CR/CH) 1:30 Who Am I ?- (P) 2:00 Sweet Life & Sweets (P) 3:15 Afternoon Exercise (CR/CH) 6:00 Socialize in the Lobby (LB)</p>	<p>5</p> <p>9:15 Picnic and Bingo at Norlo Park (OOB) 9:30 Daily Reading (CR/CH) 10:30 Yoga with Alison (FR) 10:45 Menu Review (CR/CH) 1:30 Creating a Fall Wreath (AR) 2:00 Social Hour (P) 3:00 Memory Magic (CR/CH) 6:00 Socialize in the Lobby (LB)</p>	<p>6</p> <p>9:30 Daily Reading (CR/CH) 9:45 Working with Words (CR/CH) 10:45 Menu Review (CR/CH) 1:15 Painting for a Purpose (CR/CH) 2:30 Bingo (AR) 6:00 Socialize in the Lobby (LB)</p>	<p>7</p> <p>9:30 Daily Reading (CR/CH) 9:45 Sit and Get Fit with IN2L (CR/CH) 10:00 Explore the World CR/CH) 10:45 Menu Review (CR/CH) 1:00 Fall Festival (100 Hall) 3:00 Hymn Sing (CR/CH) 6:00 Socialize in the Lobby (LB)</p>	<p>8</p> <p>9:30 Daily Reading (CR/CH) 9:45 Fitness Dice (CR/CH) 10:45 Menu Review (CR/CH) 1:15 Culinary Creations (100 LR) 6:00 Socialize in the Lobby (LB)</p>	<p>9</p> <p>9:30 Daily Reading (P) 9:45 Discussion and Danish (P) 1:30 Create a Craft (P) 6:00 Socialize in the Lobby (LB)</p>
<p>10</p> <p>9:30 Daily Reading (P) 9:45 Song and Scripture (P) 10:45 Menu Review (P) 1:30 Bingo and Funny Faces (AR) 3:00 Church Service (CR/CH) 3:05 Table Top Game (P) 6:00 Socialize in the Lobby (LB)</p>	<p>11</p> <p>9:30 Daily Reading (CR/CH) 9:45 Card Crunch Fitness (CR/CH) 10:20 Themed Trivia (CR/CH) 10:45 Menu Review (CR/CH) 1:30 Bingo with Friends (CN) 3:15 Afternoon Exercise (CR/CH) 6:00 Socialize in the Lobby (LB)</p>	<p>12</p> <p>9:30 Bats and Boxes with Amber (AR) 1:15 Daily Reading (CR/CH) 1:45 Create a Bat (CR/CH) 2:00 Social Hour (P) 3:00 Finish the Phrase (CR/CH) 5:00 Gentleman's Bar and Show (P) 6:00 Socialize in the Lobby (LB)</p>	<p>13</p> <p>9:30 Chair Exercise (AR) 10:00 Salvation Store Outing \$\$ (OOB) 10:45 Menu Review (CR/CH) 2:30 Bingo (AR) 6:00 Socialize in the Lobby (LB)</p>	<p>14</p> <p>9:30 Daily Reading (CR/CH) 9:45 Sit and Get Fit with IN2L (CR/CH) 10:00 Explore the World (CR/CH) 10:45 Menu Review (CR/CH) 11:00 Lunch With Friends (OOB) 1:00 Frightful Figurines (AR) 2:00 Social Hour (P) 3:00 Hymn Sing (CR/CH) 6:00 Socialize in the Lobby (LB)</p>	<p>15</p> <p>9:30 Daily Reading (CR/CH) 9:45 Fitness Dice (CR/CH) 10:45 Menu Review (CR/CH) 1:30 Dover Alzheimer Walk (CN) 6:00 Socialize in the Lobby (LB)</p>	<p>16</p> <p>9:30 Daily Reading (P) 9:45 Discussion and Danish (P) 1:15 Scenic Drive Around Town (LB) 3:15 Name 5 Game (CR/CH) 6:00 Socialize in the Lobby (LB)</p>
<p>17</p> <p>9:30 Daily Reading (P) 9:45 Song and Scripture (P) 10:45 Menu Review (P) 1:30 Manicures and Hand Massages (P) 3:00 Church Service (CR/CH) 3:05 Table Top Game (P) 6:00 Socialize in the Lobby (LB)</p>	<p>18</p> <p>9:30 Daily Reading (CR/CH) 9:45 Card Crunch Fitness (CR/CH) 10:20 Themed Trivia (CR/CH) 10:45 Menu Review (CR/CH) 1:30 Bingo with Friends (CN) 3:15 Afternoon Exercise (CR/CH) 6:00 Socialize in the Lobby (LB)</p>	<p>19</p> <p>9:30 Daily Reading (P) 9:45 Starting Ghoul Caravan Cart (P) 10:30 Yoga with Alison (FR) 11:30 Gentleman's Lunch (P) 1:00 Painting Pumpkins (AR) 2:00 Social Hour (P) 3:00 Daily Reading (CR/CH) 3:15 Read Round Table (CR/CH) 6:00 Socialize in the Lobby (LB)</p>	<p>20</p> <p>9:30 Daily Reading (CR/CH) 9:45 Working with Words (CR/CH) 10:45 Menu Review (CR/CH) 2:30 Bingo Blast (AR) 6:00 Socialize in the Lobby (LB)</p>	<p>21</p> <p>9:30 Daily Reading (CR/CH) 9:45 Sit and Get Fit with IN2L (CR/CH) 10:00 Explore the World (CR/CH) 10:45 Menu Review (CR/CH) 1:15 Candy Caravan Parade throughout the building 2:00 Social Hour (P) 3:00 Hymn Sing (CR/CH) 6:00 Socialize in the Lobby (LB)</p>	<p>22</p> <p>9:30 Daily Reading (CR/CH) 9:45 Fitness Dice (CR/CH) 10:45 Menu Review (CR/CH) 1:15 Culinary Creations (100 LR) 6:00 Socialize in the Lobby (LB)</p>	<p>23</p> <p>9:30 Daily Reading (P) 9:45 Discussion and Danish (P) 1:30 October Trivia (P) 2:30 Apple Cider and Tunes (P) 6:00 Socialize in the Lobby (LB)</p>
<p>24</p> <p>9:30 Daily Reading (P) 9:45 Song and Scripture (P) 10:45 Menu Review (P) 1:30 Manicures and Hand Massages (P) 3:00 Church Service (CR/CH) 3:05 Table Top Game (P) 6:00 Socialize in the Lobby (LB)</p>	<p>25</p> <p>9:30 Daily Reading (CR/CH) 9:45 Card Crunch Fitness (CR/CH) 10:00 Food Prep for the Matinee (CR/CH) 10:45 Menu Review (CR/CH) 1:30 Monday Matinee: Beetlejuice with Junk Foods (CR/CH) 6:00 Socialize in the Lobby</p>	<p>26</p> <p>9:30 Daily Reading (CR/CH) 10:45 Menu Review (CR/CH) 1:30 Pumpkin Judging (P) 2:30 Pumpkin Spice Social Hour (P) 6:00 Socialize in the Lobby (LB)</p>	<p>27</p> <p>9:30 Daily Reading (CR/CH) 9:45 Working with Words (CR/CH) 10:45 Menu Review (CR/CH) 1:15 Making Worms (CR/CH) 2:30 Halloween Jingo (AR) 6:00 Socialize in the Lobby (LB)</p>	<p>28</p> <p>9:30 Daily Reading (CR/CH) 9:45 Sit and Get Fit with IN2L (CR/CH) 10:00 Explore the World (CR/CH) 10:45 Menu Review (CR/CH) 1:00 Halloween Social Hour (P) 2:00 Candy Apple Making (P) 6:00 Socialize in the Lobby (LB)</p>	<p>29</p> <p>9:30 Daily Reading (CR/CH) 9:45 Fitness Dice (CR/CH) 10:45 Menu Review (CR/CH) 1:15 Culinary Creations (100 LR) 2:00 Resident Trick or Treating in the Building 3:00 Co-worker Costume Contest (P) 6:00 Socialize in the Lobby (LB)</p>	<p>30</p> <p>9:30 Daily Reading (P) 9:45 Discussion and Danish (P) 1:15 Scenic Drive Around Town (LB) 3:15 Name 5 Game (P) 6:00 Socialize in the Lobby (LB)</p>